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The Duke and Duchess of Cambridge's visit has left the city **"positively invigorated"**



Royal visit

Image courtesy of Kensington Palace

The mood of Bradford was positively invigorated during Will and Kate's royal visit to one of the UK's most diverse and unique cities.

Greeted by hundreds of loud, cheering well-wishers, William and Kate emerged from their Range Rover to a rapturous welcome on Centenary Square in Bradford on Wednesday 15th January.

At their first stop at City Hall, they spoke with young people about

life in Bradford. They also were given some insight of the commercial value of the city by local employers, such as Younis Choudhry – CEO of Regal Foods.

Exiting City Hall, the relaxed royal couple greeted many from the crowds. Often stopping to speak with young children, they were told by one young boy that he was celebrating his birthday. Prince William, in a jovial tone, said that



had he known he would have brought a present along for him.

Next, they visited MyLahore's flagship site, where they were received by CEO Asghar Ali and Managing Director Shakoor Ahmed.

Their Royal Highnesses visited the restaurant's kitchen where they met students from Bradford College who are on a kitchen apprenticeship scheme at MyLahore.

They next joined in making kulfi milkshakes and mango milkshakes before sitting down to meet representatives from the UK Women's Muslim Council. They heard about those who have benefitted from the Council's Curry Circle.

Continued on
pages 2 & 3

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fanoosh
THE INDIAN

Royal visit

The Duke and Duchess of Cambridge's visit has left the city "positively invigorated"



Image courtesy of Kensington Palace

Cover story continued

The Curry Circle, which is sponsored by MyLahore, is an initiative that provides a hot two-course meal for people who are homeless or struggling to feed themselves.

Before leaving, they tucked into a private, freshly cooked mixed grill with chicken and vegetables, amongst other delicious items at the restaurant.

The third and final leg of the royal

visit was at the Khidmat Centre in Spencer Road – right in the heart of Bradford's South Asian community.

Hundreds had turned out to warmly welcome the royal couple to the throbbing and infectious beat of dhol players.

Joining the crowd were beaming, cheering and enthusiastic children from Farnham and Horton Grange Primary schools and the Co-op Academy Delius.

Will and Kate, again happily obliged to the enthusiastic crowd,

shaking hands, greeting people and even stopping for some selfies as they made their way inside the building.

Will was particularly interested in the dhol and tried his hand at drumming a beat himself.

Once inside, at the foyer, the royal couple were taken aback by the sight of an impressive and huge cake decorated beautifully with images of them and their family, along with dozens of hand-crafted fairy cakes.



Image courtesy of Kensington Palace



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Image courtesy of Kensington Palace

Saima Ali, who runs her own company 'Cup Caker', spent three-days baking, embellishing and assembling the impressive giant five-tier confection.

At the centre, they met representatives of community groups, praising the welcome they received in the city and how impressed they were with the friendliness of everyone they had met.

Khidmat Centre's various activity groups (which the centre hosts), had a chance to answer a few inquisitive questions from Will and Kate. This included youngsters with learning disabilities, a ladies creative crafts group.

Tutor Bushra Siddique and her trainees Nirmala, Hafsa and Hajira Bi presented the couple with knitted and crochet hats for the royal children. Kate laughingly said that she had attempted knitting in the past, but had made quite a mess of it, as she praised and accepted the beautiful gifts.

Later, they joined grandparents, parents and their babies and toddlers from Little Dots – a music and playgroup funded by Better Start Bradford's Parents. Run by Shine West Bowling, the charity is a local community organisation based at St Stephen's Church in West Bowling.

Before leaving, the couple met

with The Bishop of Bradford Toby Howarth and the Near Neighbours charity, which works to create a network of different faith and ethnic communities living and working next to each other.

They also took part in a workshop on mental health. They heard from three women who have experienced mental health issues.

On their departure, William and Kate praised the warm welcome they had received by the people in the city, saying they had been impressed on their tour of Bradford.

Mr Ishtiaq Ahmed, Policy and Strategic Support Manager at Khidmat Centre said: "Bradford is home to thriving and diverse communities making huge contributions to modern British life including a large Pakistani diaspora.

"The Duke and Duchess of Cambridge's visit to Bradford has positively left a recharged vibe in the city, and we're so proud that we were able to host the royal couple on what has been an invigorating and defining moment for the city and its people."



“Bradford is home to thriving and diverse communities making huge contributions to modern British life including a large Pakistani diaspora.”



Image courtesy of Kensington Palace

Committed employer

Bradford businessman Saj Shah employs 350 people across his three local McDonald's restaurants.

He says that people are at the heart of his business and, as a responsible and proud employer, he is committed to investing in them.

Says Saj: "Reward and recognition for our people and their contribution is a key priority.

"To help ensure we can attract and retain the best people, we regularly review pay, benefits and training opportunities. We are

proud to also offer a suite of additional benefits that can include free lunches and access to a range of discounts at high street and online retailers.

"All contracts offered are permanent contracts regardless of whether the number of hours is flexible or has a minimum guaranteed - a decision we took in April 2017.

"80% of our employees have chosen to stay on flexible contracts, valuing the ability to work around their other commitments - but a growing

number also tell us a minimum number of hours guaranteed would help them get better access to financial products such as mobile phone contracts or car loans.

"We are absolutely committed to diversity and inclusion. Our people make McDonald's what it is, which is why we have worked hard to create jobs and opportunities that work for them, irrespective of gender, age or life stage."

Each year McDonald's in the UK invest over £43 million in staff training.

Meet a key member of the team at McDonald's in Ingleby Road, Bradford

Fozia

- Been at McDonald's for 3 years, works as dining area crew
- Loves interacting with customers, working on dining area and being customers first point of contact. "I enjoy that genuine warmth you get from customers as you interact with them about how they are."
- Describes the culture at this McDonald's group as: "Friendly positive atmosphere towards everyone who comes in. 99% of customers coming in are friendly and it's a pleasure speaking with them."
- What else have you pursued outside your job because of flexible working at

McDonald's? "The flexibility allows me to spend time with my grandchildren and family, I have a large family that lives all over the world and this job allows me to spend time I need with them and never miss a moment."

• How has working at McDonald's helped you develop as a person?

"Confidence, I have gained so much confidence from different interactions with customers, confidence."

• What are your hopes for your career at McDonald's or outside? "Progress within McDonalds, McDonalds is my job and I wouldn't want to do anything different."



Fozia, 50 (Wishes she could fly)

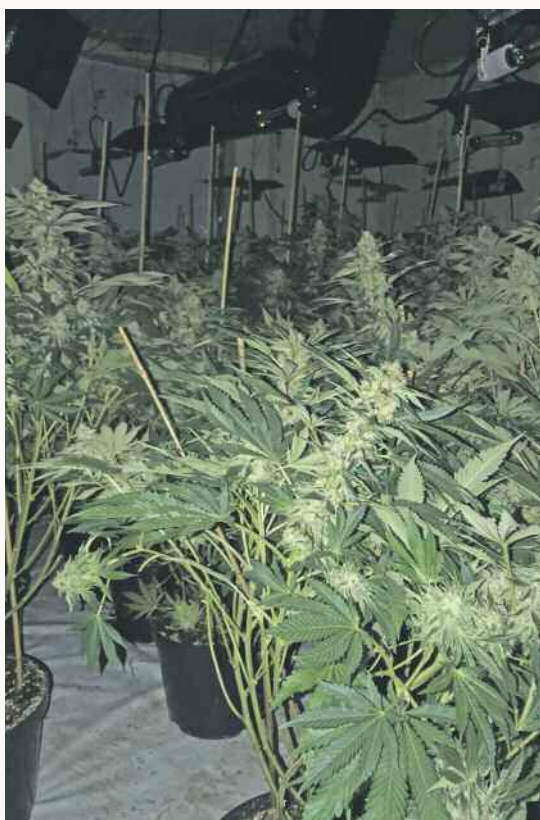


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WAKEFIELD: Arrests made after 400 cannabis plants discovered

Police have arrested two men after a cannabis farm was discovered at a property on Cross Square.

Officers from Wakefield NPT attended the area on Saturday 11th January to make enquires after receiving intelligence from the community.

More than 400 plants were found at the property. The two men arrested have been released under investigation.

Enquiries are ongoing.

Inspector Helen Brear of Wakefield NPT said: "This was a significant seizure and we would always encourage members of the public to contact us if they have information about possible drug production in our communities. We will always investigate any information received."

"Information can always be given to police via 101 or the contact us options at www.westyorkshire.police.uk/contactus or anonymously via Crimestoppers on 0800 555 111

Man arrested in connection with fatal stabbing of 'Britain's worst paedophile'

A man has been arrested in connection with the fatal stabbing of "Britain's worst paedophile" at an East Yorkshire prison.

Richard Huckle, one of Britain's worst paedophiles who abused up to 200 Malaysian children, was stabbed to death at HMP Full Sutton, near Pocklington on October 13, last year.

The 33-year-old was serving 22 life terms for horrific crimes against Malaysian children as young as six months.

Huckle, from Ashford in Kent was jailed back in June 2016 after admitting 71 charges of sex abuse against children under 12.

He was being held at Full Sutton, prison for men in categories A and B about 10 miles east of York.

Huckle, who studied IT at university in Malaysia, was arrested by National Crime Agency officials as he arrived at Gatwick Airport en route to spend Christmas with his family in 2014.

Officers seized Huckle's encrypted laptop and managed to uncover more than 20,000 indecent pictures and videos although there were other files they were unable to crack.

Bradford-born police chief behind the jailing of Britain's most-prolific serial rapist



Reynhard Sinaga

Bradford-born Assistant Chief Constable Mabs Hussain, who led a landmark investigation sending Britain's most-prolific serial rapist behind bars, talks about the sinister facade of the man who raped over 190 men.

PHD student Reynhard Sinaga, 36, who filmed himself attacking his victims after drugging them at his Manchester home, has been sentenced to life imprisonment. He was found guilty of 159 counts of sexual offences against 48 different men.

Sinaga has been linked to more than 190 potential victims – 70 of whom police have yet to identify. He will serve a minimum of 30 years before being considered for release.

ACC Mabs Hussain MBE - a former West Yorkshire Chief Superintendent who ranks as one of the country's most senior Muslim officers, says that not much was known about Reynhard Sinaga prior to his final victim telling police of his ordeal. Before this, Sinaga had never previously come to the attention of the police with regards to any criminal incidents.

Mabs explains: "He would strike up a conversation with them [victim] before leading them back to his flat under a false premise and drugging them before subjecting them to sickening abuse, all the while recording the attacks as they took place."

"The true scale of Sinaga's offending may never be known, but we established 195 men were filmed by the defendant while unconscious."

Prowler

The court heard how Sinaga would prowl the streets targeting mainly heterosexual men who were alone and potentially vulnerable before approaching them.

Sinaga would then strike up a conversation with his intended victim, acting as a good samaritan and convincing them to come back to his home under false pretences, taking advantage of their trusting nature. Once inside he would offer them a drink which, unbeknownst to the men, would contain a substance – believed to be GHB – that would render them unconscious.

With his victim unconscious, Sinaga would rape and sexually assault the men whilst filming his horrific acts. Many left his flat unaware they'd even been attacked.

Sinaga was completely unknown to police and his offending only came to light, when one of his victims woke up during one of the sickening attacks and fought him off.

After the incident was reported to police, the scale of his offending soon became apparent and he was swiftly arrested and charged before being remanded into custody.

Although the majority of these victims have been identified, there remain around 70 who have not yet been identified and detectives are keen to speak with them

to ensure they have any support needed.

Top cop led on the case

Mabs, who now works for Greater Manchester Police says: "Reynhard Sinaga is a depraved individual, who targeted potentially vulnerable men that he had spotted walking on their own after a night out."

"To the rest of the world he came across as an engaged member of society who was studying for a PHD qualification and had a small circle of law-abiding friends that he would socialise with."

"However beneath that façade was a serial sex offender, who we now believe to be Britain's most prolific rapist. The fact that he was able to cover-up his true nature for so long, just serves as further evidence of his calculating criminal nature."

The ACC also paid tribute to Sinaga's victims, many of whom did not know for certain what had happened to them until they received a visit from the police, after they had been identified from the videos taken by their abuser.

"I can only imagine how devastating this news must have been for them but the bravery that these men have shown in engaging with officers and support workers in an effort to come to terms with what happened is nothing short of incredible," comments Mr Hussain.

"Many of these men

have stood up in court and provided evidence, which detailed the significant impact these offences have had on their lives. We appreciate this can be a daunting experience and it truly does take a lot of courage to stand up in court and tell your story."

DEDICATED:
Assistant Chief
Constable Mabs
Hussain – Greater
Manchester
Police senior
officer on patrol
in Manchester
City Centre



Deeply disturbing case

"Finally, I would like to thank the investigation team, led by Detective Inspector Zed Ali, for the meticulous work that they have put in since this inquiry was launched."

"They, along with colleagues from the Crown Prosecution Service, St Mary's Sexual Assault Referral Centre and Survivors Manchester, have made supporting and seeking justice for those affected by Sinaga their absolute priority."

"Even with the video evidence, this was not a straight forward case and it required round the clock work, including consulting with subject matter experts, carrying out detailed research, arranging pre-trial court visits for witnesses and other vital tasks."

"Many of the team also had to sit and watch the horrifying videos that Sinaga created, which has undoubtedly had a personal impact on them."

"Without their work, there would be more victims out there who were unaware of exactly what had happened to them and without any specialist support being provided."

"I hope the work of the investigation team sends out a clear message that Greater Manchester Police is prepared to invest time and resources into bringing those who carry out sex offences to justice as well as work alongside partner agencies to provide victims with any support they need."

Are you a victim?

If you have been affected by this case or believe that you may have been a victim of Reynhard Sinaga, then please contact police or specialist support agencies.

If you wish to speak to police and make a report relating to Reynhard Sinaga, then please contact: 0800 092 0410 (calls made from within the UK) / 0207158 0124 (international calls).

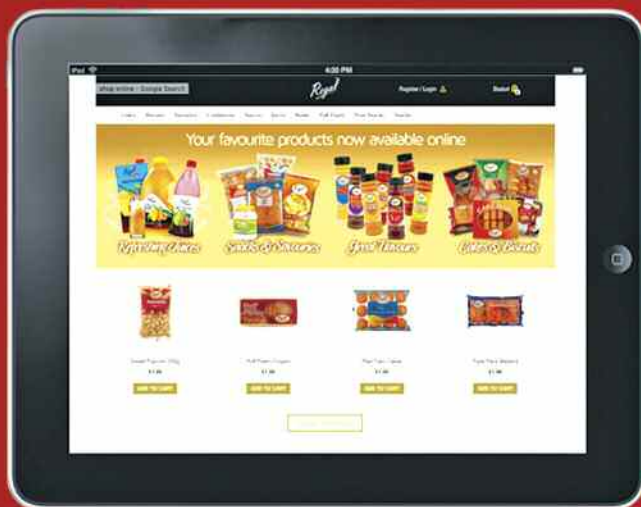
If you have been affected by this case and would like to seek support from specialist agencies, then please contact: 0800 056 0154

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Cochlear implants change the life of young boy

The family of a schoolboy whose life was transformed following cochlear implant surgery are raising funds to say 'thank you'.

Swain House Primary School pupil Binyaameen Ali had the devices surgically implanted in both ears aged two at Bradford Teaching Hospital NHS Foundation Trust's (BTHFT) Listening for Life Centre.

Three years on Binyaameen, now five, is a happy, bright schoolboy on par with his peers.

As a way of showing their gratitude, Binyaameen's parents, Muhammad and Renu Ali, of Bradford, have started fundraising to raise £3,000 for the Listening for Life Centre's Cone Beam Scanner Appeal.

The quest is now on to raise the £190,000 needed to buy a cone beam scanner, which will be used to scan the ears of patients and identify the best possible position for a cochlear implant's electrodes. Cutting-edge cone beam scanners provide significantly more accurate results than standard CT scanners and create less irradiation.

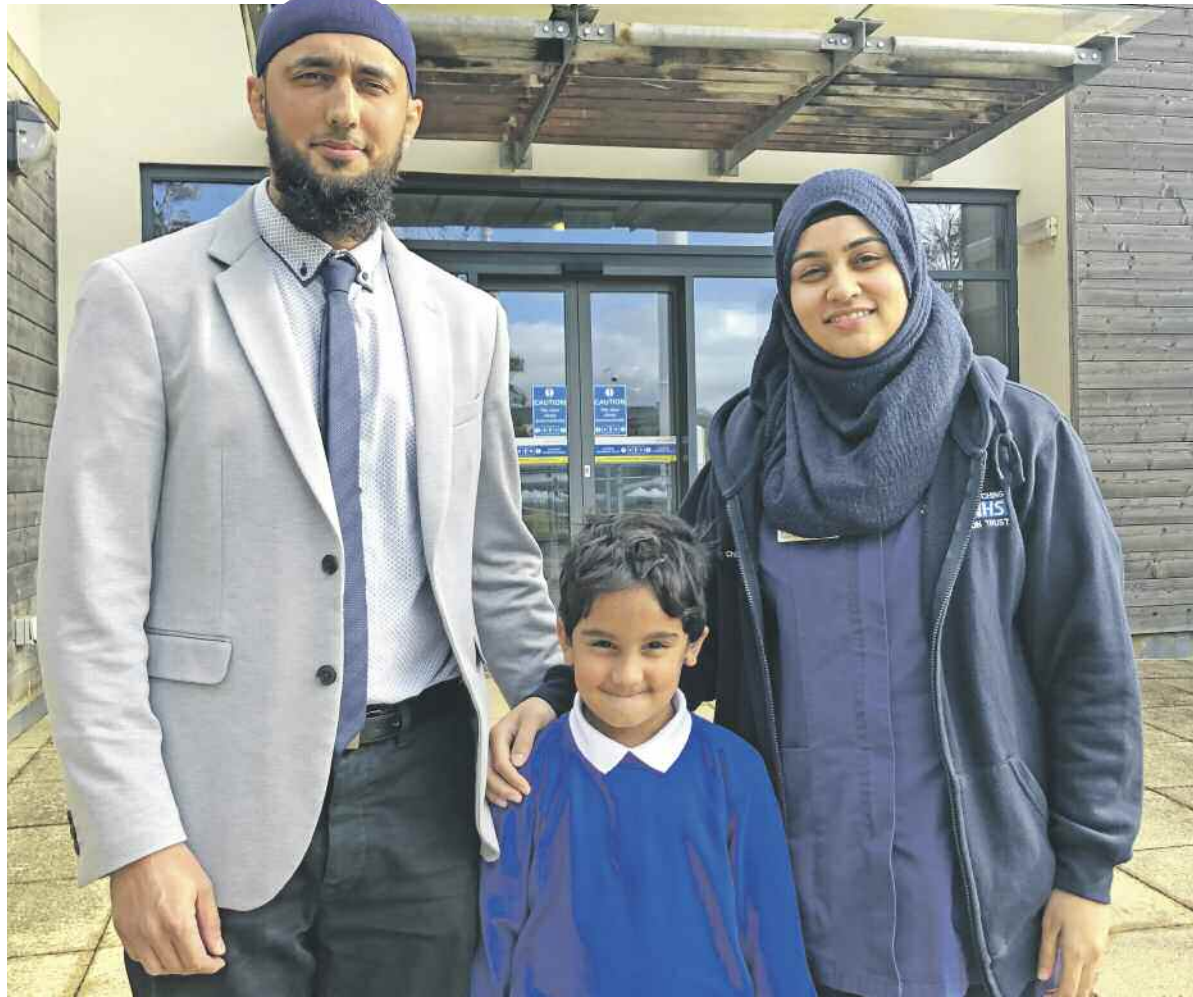
Mr Ali, an Islamic Consultant, said: "Having cochlear implants fitted has been life-changing for Binyaameen. His hearing deteriorated from birth, but thanks to the cochlear implants he is able to hear and speak very well.

"If he had not had the cochlear implants he would be communicating via sign language. Hearing and speech are linked, and thanks to the cochlear implants, his speech and comprehension is improving on a daily basis.

"The support, help and guidance we have received from the whole team at the Listening for Life Centre has been amazing. In line with our Islamic teaching of 'Like for others what you like for yourself', we just want to show our appreciation and help others benefit, like we have."

Binyaameen failed his newborn hearing screening and was referred to the ENT team at Bradford Royal Infirmary, part of BTHFT.

Initially, he was given one hearing aid as his right ear was fine, but after further testing audiologists discovered the hearing in this ear was deteriorating too, which led to him wearing hearing aids on both sides.



Help the family of Binyaameen Ali fundraise for high-tech ear scanning equipment for the deaf

Soon after, however, Binyaameen was found to have enlarged vestibular aqueducts in both ears, and was referred to Professor Chris Raine MBE, a Consultant ENT Surgeon at BTHFT, to discuss having cochlear implants fitted.

Mr Ali said: "Because things kept changing it was more difficult. At one moment Binyaameen had one hearing aid, then two and then even they were no good for him. We were constantly reviewing where we were.

"Discovering he could have

cochlear implants was a big relief. We were fairly anxious about whether he could have them, but then Professor Raine said they were made for kids like him. We were really grateful."

Binyaameen had cochlear implants fitted in both ears at BRI in 2016.

"We were a bit anxious regarding the operation but we had to look at the long term," said Mr Ali. "The implants were switched on a month after the operation and within about three months they were fully operational.

"Binyaameen wears them during all waking hours. We don't see not wearing them as an option.

"He goes out and meets people, talks to everyone, loves cars and is learning Arabic too! He also attends weekly football training and swimming lessons. During his swimming lessons he uses an aqua kit which allows him to hear whilst in the pool.

"His confidence comes from the ability to speak which, of course, is connected to the ability to hear. The cochlear implants don't stop him from doing anything – they are there to enable him to live a normal life.

"We recently went to his parents' evening at school and were told he is performing at the same level as his peers, who are fully hearing. He is often recognised for outstanding work too.

"People think cochlear implants are restricting, but Binyaameen is developing well and thriving and there is nothing holding him back. We are very proud of him."

Mr Ali and his wife Renu, a Paediatric Diabetes Clinical Nurse Specialist at BTHFT, have now set up a JustGiving page to raise funds for the Cone Beam Scanner Appeal via the Ear Trust, which funded the Listening for Life Centre and supports its work.

"We are very grateful to the whole team at the centre, including Professor Raine, audiological scientists, speech and language therapists and the technical unit, and we'd like to raise awareness of the amazing job they and cochlear implants do," says mum Renu.

"We'd like other children to benefit from the same great care that Binyaameen has had."

The hi-tech £2.8million Listening for Life Centre, based in the grounds of BRI, is currently the only centre of its kind in Yorkshire, and one of only a handful throughout the UK.

Over the past 10 years it has become the home of cochlear implant technology in the north of England, which transforms the lives of patients with profound deafness.

To make a donation to the Ali family's JustGiving page, please visit www.justgiving.com/fundraising/muhammad-ali17

A new study to understand how our skin develops from birth aims to identify the early risk factors for the development of eczema.

The Skin Testing for Atopic eczema Risk (STAR) study will monitor 175 babies during their first year of life to see how their skin matures, and identify which of them are most at risk of developing eczema.

The new study is a collaboration between the Sheffield Dermatology Research Group at the University of Sheffield and the University of Manchester.

Cases of chronic skin conditions, including atopic eczema (also known as atopic dermatitis), can seriously affect the quality of life for people living with them. In the UK alone, one in five children and one in 12 adults have atopic eczema, while atopic eczema and contact dermatitis

New study of newborn babies seeks to prevent eczema

account for 84 to 90 per cent of occupational skin disease.¹

Dr Simon Danby, the lead researcher of the STAR study and Research Fellow at the University of Sheffield, said: "A growing body of evidence suggests a critical role for the skin barrier in the development and course of atopic eczema.

"A greater understanding of the skin we are born with prevents eczema means we will be able to identify susceptible individuals early on, and enable novel therapeutic options to improve standards of neonatal skincare and prevent clinical eczema development."

Babies will be monitored throughout their first 12 months using specialist, non-invasive fourier-transform infrared (FTIR) spectroscopy technology provided by Agilent, industry partners of the collaborative study.

"Following birth our skin takes a number of years to mature before it gives us the protection we need from our environment, but without adequate protection our bodies are exposed to irritants, allergens and bacteria that can trigger a range of skin problems including eczema.

"The early identification of high-risk babies opens up the opportunity to

prevent eczema development, and could potentially prevent the development of other allergies too," added Dr Danby.

The research learnings will also provide the opportunity for the medical community to diagnose as early as possible, to administer the right care and promote effective management of eczema.

Dr Alison Cooke, co-investigator from The University of Manchester, said: "Apart from the importance of early identification of high risk babies, the STAR study also provides a comprehensive dataset of skincare practices from birth, which will inform

consistency in clinical practice for newborn skincare."

Phil Binns, Vice President and General Manager of Agilent Spectroscopy Division, said: "The STAR study represents a perfect example of the combination of a pioneering medical research approach, collaboration and application of cutting-edge technology to overcome barriers to research.

"The research will help academics realise the potential of a clinical research idea and move fields of research forward, ultimately helping patients and their parents."



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“It increases the convenience for witnesses and also allows them to remain in an environment, which is entirely comfortable”

West Yorkshire Police has launched a brand new and innovative approach allowing witnesses of crime to provide their statements over the phone.

Initially being piloted across the Leeds and Bradford Districts, it will offer greater convenience and accessibility.

The service requires the consent of the witness, who must be over 18 years old. An individual's vulnerability is also taken into full consideration.

It will be available across a range of different offences and incidents, with each case individually assessed for its suitability.

Those who agree will be able to relay information about an offence 'down the line', which is then compiled by an officer directly into Force systems.

The witness will subsequently receive an online link via e-mail, which is retrievable from any computer or device.

To view and approve the content of the statement, it will require specific personal details and a security code provided by the officer.

West Yorkshire Police, Assistant Chief Constable Catherine Hankinson said: "As a victim and witness focused organisation, we are doing everything we can to make the experience of engaging with the police as positive as possible.

"By offering this service, it increases the convenience for witnesses and also allows them to remain in an environment, which is entirely comfortable.

"Not only does it remove the need to visit a police station to provide a statement, but similarly the journey of an officer in visiting an address.

"We are also saving thousands of pounds a year, having developed this

Telephone witness statement initiative launches in Leeds and Bradford

system entirely 'in house'.

"Behind the scenes, the technology we have adopted will bring about further efficiencies in processing the information itself, which will again benefit the speed of any investigation.

"The security of the process has also been a paramount consideration throughout and is in keeping with national policing requirements and practices.

"We are initially trialling this approach in the Districts containing our biggest cities and if successful, we will look towards a roll-out across the rest of the county."

Mark Burns-Williamson, West Yorkshire's Police and Crime Commissioner, said: "Victims and witnesses remain at the heart of the services we provide and this new system aligns with that vision.

"Maintaining pace with technological advances is an important part of our approach to keeping our communities safe, which in the past has included the creation of a live chat facility on the West Yorkshire Police website along with other online reporting tools.

"This latest step, which is entirely optional, can bring a number of benefits where the witness feels it is appropriate. I will of course be keeping an eye on the results of the pilot as well as seeking feedback from partners."



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Sad goodbye



It certainly is a very sad goodbye to Bradford's oldest woman who passed away recently.

Kartari Kaur had decorated the Asian Express for numerous years. Not only was she the city's oldest resident, but also enjoyed the status of longest married woman in Britain during her 90-year-long marriage to husband Karam Chand. Mr Chand passed away in 2016 aged 110.

Mrs Kaur's funeral was an elegant gathering, where she was taken by horse drawn carriage from the family home to Scholemoor Cemetery.

Dozens of relatives from across Mrs Kaur's four generations attended the funeral ceremony.

She leaves behind eight children and 27 grandchildren and dozens of great-grandchildren.

Her son Paul spoke to Asian Express with great love for his mother.

"She has left a huge hole in our hearts and lives," said Paul.

"My mother was very well-respected in Bradford, she was always very warmly received by everyone.

"While my father was still alive they were guests-of-honour at many community events and were invited

Bradford's oldest woman Kartari Kaur dies at grand old age of 107

to open The Broadway shopping centre in 2015.

"They even had the honour of attending Her Majesty's tea party

held at Buckingham Palace in May 2013, where they met the Queen and other members of the Royal Family.

"I speak for our entire family when

I say that we are incredibly proud of our parents, and will miss them sorely as they have played such an important role in our lives. We will

forever cherish their memories."

Mrs Kaur and Mr Chand were regular celebrities in the Asian Express newspaper, and found international acclaim by broad media coverage.

In a recent interview Mrs Kaur had revealed to Asian Express her secret to her health and long-life. She had said: "I have always eaten good wholesome food, there's nothing artificial in my diet. Things like butter, milk and fresh yoghurt are what I like."

Her husband Mr Chand was born in a small rural village in the Punjab, northern India, in 1905, going on to marry his wife in an arranged Sikh ceremony at the age of 20.

The couple travelled to Bradford in 1965 as Mr Chand began working in the local wool mills before the pair retired in Gillington in the city.



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Body found in hidden in Batley bank identified as missing Bradford man

The grim discovery of a body found in a former bank in Batley has been identified as a missing man – Asghar Badshah, 39, from Bradford.

Police officers were forced to break into the disused Yorkshire Bank building on Commercial Street after being called to the scene.

His family say they have been left devastated by his death.

Two men, aged 27 and 30, and a 41-year-old woman have been arrested on suspicion of conspiracy to murder. Both men have since been released under investigation, while the woman is on bail pending further inquiries.

DCI Heather Whoriskey, from West Yorkshire police, said: "We believe he was last seen in the early hours of 30th November and I would appeal to anyone who has witnessed any suspicious activity in Commercial Street around that time or since to contact my team, so we can establish if this is linked to our investigation."

In a statement, his family said: "We as a family are deeply shocked and devastated by the loss of our dear brother Asghar Badshah.

"His beautiful smile and charisma, as well as his generosity will never be forgotten.

"We ask for privacy during our time of grief as our elderly mother is deeply upset at this time. We pray for justice for Asghar and appeal to the public for any assistance they can provide to the police in this investigation."

The building on Commercial Street had been previously occupied by Yorkshire Bank, but has been disused since the branch closed in 2016. Neighbouring shops and businesses were temporarily closed following the discovery.

Mr Badshah was last seen in the early hours of 30th November and reported missing on 4th December.

Detective Chief Inspector Heather Whoriskey, of the Homicide and Major Enquiry Team, said: "Enquiries are continuing into the death of Mr Badshah, who was reported missing on 4th December.

"We believe he was last seen in the early hours of November 30th and I would appeal to anyone who has witnessed any suspicious activity in Commercial Street around that time or since to contact my team, so we can establish if this is linked to our investigation."

Both men have been released under investigation and the woman is on bail pending further enquiries.

Mr Badshah's family say they are "devastated" after being informed of his death and they have paid tribute to the 39-year-old.



Murder investigation launched in Huddersfield

Police are appealing for witnesses following the launch of a murder investigation after two men were attacked in Huddersfield.

The Homicide and Major Enquiry Team are appealing for witnesses to the incident which took place at about 11.45pm on Thursday January 16 outside a business on Manchester Road in Linthwaite.

Officers were called to the location to a report that two men had been attacked outside the premises by several persons.

A 53-year-old man suffered fatal injuries at the scene and a 39-year-old man suffered a serious injury. He is currently being treated in hospital.

Four males and a female have been arrested on suspicion of murder and of attempted murder in connection with the incident and remain in police custody for questioning.

Assistant Chief Constable Mark Ridley of West Yorkshire Police, said: "This has clearly been an extremely serious incident and the investigation is in its early stages to determine exactly what has taken place.

"We have arrested five people in connection with the attacks on both men and they remain in custody for questioning.

"I wish to thank witnesses who have come forwards so far and I would appeal to anyone who has information or footage showing the incident or persons behaving suspiciously on the road just prior to it taking place to contact us."

Anyone who has information can contact the Homicide and Major Enquiry Team on 101 referencing police crime number 13200028683.

Information can also be given in confidence to the independent Crimestoppers charity on 0800 555 111.

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“Bubbly personality” honoured with national award

A young Bradford student who works tirelessly with children with special needs and disabilities has won national acclaim for her uplifting nature and sheer dedication.

Khadeeja Bashir, 21, volunteers with Barnardo's Bradford SENDIASS (Special Educational Needs and Disabilities Information Advice and Support Service), was awarded the nationwide Marsh Trust Young Volunteer of the Year Award.

Barnardo's Chief Executive Javed Khan presented Khadeeja with the award at a special celebratory event at the HQ of Sainsbury's in London for demonstrating an exceptional level of support and commitment.

Barnardo's SENDIASS helps parents and children with special educational needs to navigate the system, so that people can get the best for their children.

Khadeeja says: "I started at Barnardo's for just two weeks when I had a placement from my degree at the University of Bradford. I liked the atmosphere in the team so much that I stayed on as a volunteer and that was nearly two years ago. I knew I wanted to work with families so it made sense to carry on.

"I shadowed the case workers going to different schools and meetings with parents and children. I do administrative office work, so I've helped the team to make their working lives a little easier. Everyone is there for each other and the team have been great."

On winning the prestigious award Khadeeja says: "I went to London not

knowing what to expect and it was just amazing.

"I'm so grateful to Barnardo's for giving me the opportunity and the experience. I'm just appreciative that out of the thousands of Barnardo's volunteers it was me who was selected as the Volunteer of the Year. My parents are very proud of me as it's a national award and I haven't even completed my degree yet."

And Khadeeja was especially pleased to be representing her home city at the awards in London.

"I'm very proud to be from Bradford - it's a big thing for me and I feel like I'm representing the city. It's such a great multicultural place and it's good to be recognised for making a difference and so that people can see Bradford in a different light."

Khadeeja was nominated by Debbie Jowett who manages the SENDIASS service. She says, "Khadeeja is an integral part of our team and she supports each and every team member - she always lifts the mood of the office with her bubbly personality.

"She has shown incredible commitment to the service and continues to do so, and it has been lovely to watch her learn and grow in confidence during her time here. She deserves recognition for her input, without which we wouldn't be able to dedicate the same amount of time to support families in the way we do."

Barnardo's Director for the North, Steve Oversby said, "I'd like to thank Khadeeja for all she has done

volunteering for Barnardo's and congratulate her on this richly deserved award.

"Every year, our staff and volunteers work tirelessly to support vulnerable children and young people who need our help the most. They put faith in children who may not have had the best start in life, as they know that incredible things can happen when you believe in children.

"Without our amazing workforce and volunteers, we wouldn't be able to keep making a difference to children's lives. These awards show our appreciation for everything they do to give some of the most disadvantaged children and young people in our society a better future."

Barnardo's has more than 8,000 committed staff and more than 20,000 dedicated volunteers, without whom, many children and young people would not get the vital support they need every day.

Anyone interested in volunteering can visit the dedicated volunteer's page on the Barnardo's website: www.barnardos.org.uk/get_involved/volunteering



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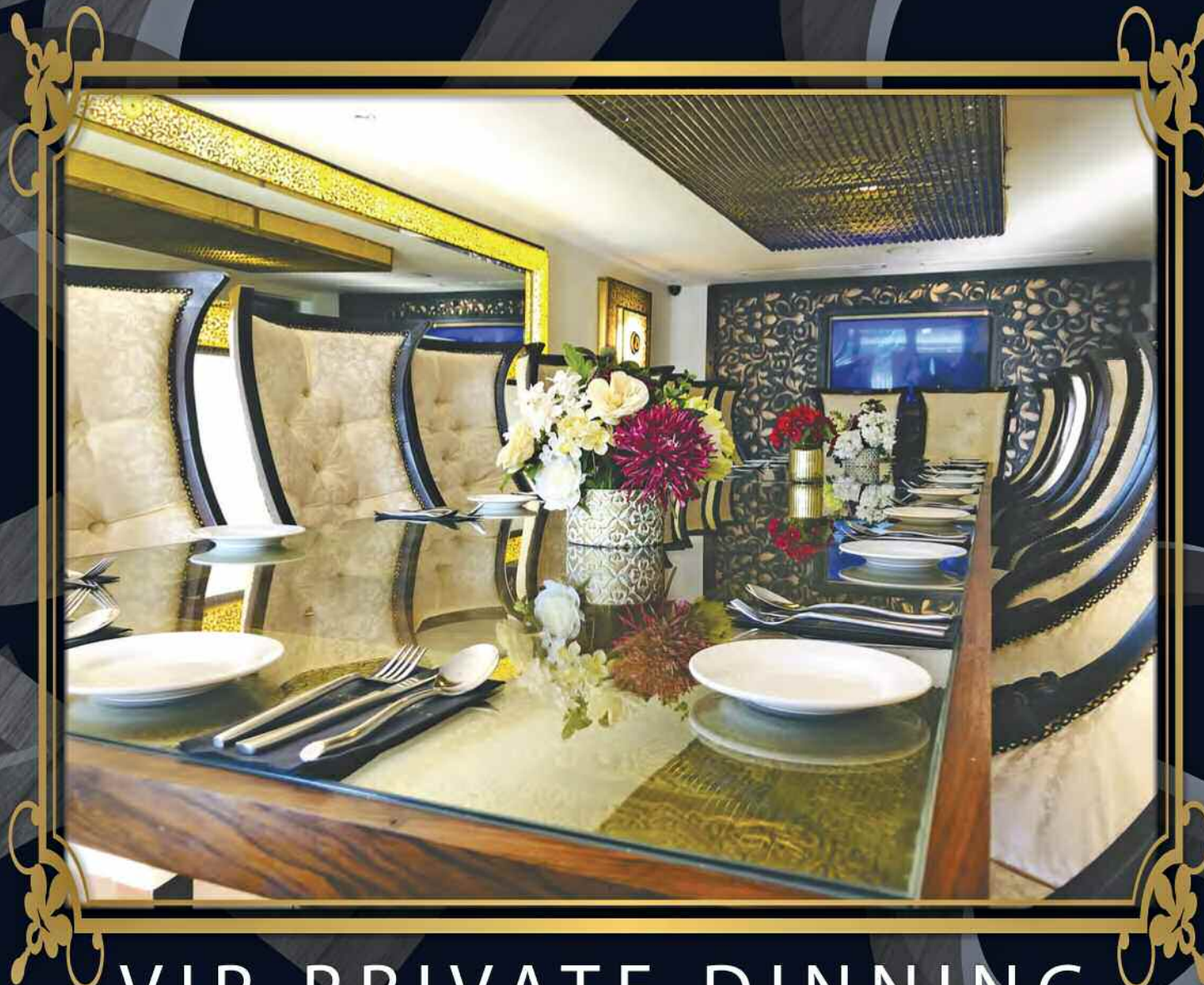
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Brothers lose appeals over jury tampering convictions

Man arrested in connection with police officer murder

A man wanted by police in connection with the murder of PC Sharon Beshenivsky has been arrested.

Piran Ditta Khan, aged 71, was arrested on Tuesday 14th January in Pakistan and has appeared at court in Islamabad where matters relating to his extradition were discussed.

He was remanded in custody to next appear at court on 29th January.

PC Beshenivsky was fatally shot when responding to a robbery at Universal Travel in Morley Street, Bradford on Friday, 18th November 2005.

Detective Superintendent Mark Swift, said: "I would like to thank the National Crime Agency officers and partners in Pakistan who have made this arrest possible.

"This is a major development in this long running investigation and their assistance in this matter cannot be understated.

"We are continuing to liaise with partners in Pakistan to process Khan's extradition with the intention of returning him to the UK to face court proceedings."

Six men have previously been convicted and sentenced in relation to the murder of PC Beshenivsky.



Three men serving prison sentences for trying to derail a Leeds manslaughter trial by offering bribes to jurors have failed in a bid to get their convictions overturned.

Brothers Raja Hussain and Jonaade Hussain, and a third man - Sahrear Islam-Miah were part of a gang which attempted to intimidate jury members as they left Leeds Crown Court during a trial in 2017.

A fire alarm in the court building was deliberately set off and jurors were filmed by gang members as they gathered at an assembly point outside.

Another juror was also followed through Leeds city centre and ran into a bar to ask for help after being followed one of the conspirators.

The Hussain brothers were also convicted of firearms and explosives offences at a separate trial during 2017.

Raja, 33, was sentenced to a total of 30 years in jail. Jonaade, 29, was jailed for 15 years and Islam-Miah, 29, received a six-year sentence.

The Court of Appeal have confirmed applications made for leave to appeal against convictions and sentences for all three defendants were rejected

earlier this month.

The jury tampering offences took place in February 2017 during a manslaughter trial over the death of 88-year-old great grandmother Betty Laird.

Mrs Laird died during a 'crash-for-cash' scam that went disastrously wrong.

She suffered fatal injuries when the Renault Kangoo she was a passenger in was struck on Old Lane, Beeston.

A VW Passat was driven into the side of the Kangoo in order to make fraudulent injury compensation claims from insurance companies.

Mrs Laird was in the vehicle with her friend Jeff Grimshaw, 77, at the time of the incident. She suffered multiple injuries in the collision and died that evening.

The court heard there was evidence that the defendants in the trial were involved in an organised crime network specialising in making fraudulent crash injury claims.

The attempts to interfere with the jury began on February 20, 2017, with the deliberate setting off of the fire alarm on the day Mr Justice Goss summed up the case after the court heard two weeks of evidence.

The following day - after the

jury had been sent out to deliberate - approaches were made to jury members as they left the court building for the day.

Mr Justice Goss later took the highly unusual step of dismissing the jury.

He then took advantage of rarely-used legal powers which allowed him to continue to hear the case without a jury.

In a separate trial, the Hussain brothers were sentenced over a 'deadly armoury' of guns and explosives which was uncovered by police at an industrial unit.

The pair were found guilty of possessing firearms and explosives. West Yorkshire Police made the discovery at Bad Boy Motors, in Hunslet.

The pair claimed throughout the trial that the weapons, ammunition and gunpowder had been planted at the premises by others.

Jonaade Hussain's barrister, Abba Lakha, QC, said his client was a former Leeds Grammar School pupil who had gone on to study law and computing at Huddersfield University.

Mr Lakha said Jonaade then obtained a contract as a trainee solicitor in Manchester but gave the profession up, in 2014, after just eight months.



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Presenter Samira Ahmed wins Sex Discrimination Equal Pay Case against BBC

A judge at the London Central Employment Tribunal has ruled in favour of Samira Ahmed which see her triumph in winning a sex discrimination and equal pay claim against the BBC.

The Newswatch presenter highlighted a “600% pay gap” in a row over unequal fees. She had claimed she was being paid a sixth of what Jeremy Vine received for a similar show.

The presenter’s case focussed on her contracts on the BBC News channel programme Newswatch, which she has presented since 2012.

She compared the £440 per episode she pocketed to Jeremy Vine’s salary of up to £3,000 for an episode of Points Of View.

The BBC had argued it was justified due to differences in news and entertainment shows.

Samira, 51, who also hosts Radio 4’s Front Row, said in a statement: “I love my job on Newswatch despite it being difficult and challenging.

“I know that it is an important part of demonstrating the BBC service to all its audiences and the licence fee payers.

“I have a sense of pride working for a public service broadcaster which seeks to represent the diversity of Britain and its licence fee payers.

“I have a sense of pride working for a public service broadcaster that seeks to represent the diversity of Britain and its licence fee payers.

“On the back of my BBC ID card are written the BBC values which include ‘we respect each other and celebrate our diversity’ and ‘we take pride in delivering quality and value for money’.

“I just ask why the BBC thinks I am worth only a sixth of the value of the work of a man for doing a very similar job.”

Ahmed has been among the female talents at the BBC to voice their concerns over pay equality following the scandal over former China editor Carrie Gracie’s salary.



‘Precious and Rare’ Islamic artwork to go on display in Bradford

An important collection of Islamic metalwork is to go on display at Cartwright Hall in Bradford as part of an exhibition, ‘Precious and Rare: Islamic Metalwork from The Courtauld Gallery’.

The collection of ten remarkable pieces of Islamic metalwork, dating from the 13th to the 16th centuries, includes some of the finest examples of this intricate craft from modern-day Iraq, Iran, Syria, Egypt and Turkey.

The objects are on loan from The Courtauld Gallery in London as part of a four-date touring exhibition whilst it is temporarily closed for a major restoration project. The exhibition will be on display at the Bradford Council-run art gallery from 25 January until 10 May 2020.

The Courtauld Gallery’s small but renowned collection of Islamic metalwork was formed by one of the great Victorian art collectors, Thomas Gambier Parry, to complement his acquisitions of precious medieval and early Renaissance paintings and decorative arts.

Many of the best pieces in the collection have been on permanent display in The

Courtauld Gallery since their bequest in 1966, and only a few pieces have ever been on loan before outside of London. The intricate objects have now been cleaned and conserved for the first time since the bequest was made, over fifty years ago.

The most spectacular piece in the collection is the Courtauld Bag, made in Mosul, present-day northern Iraq, for a noble lady of the Persian-Mongol court, around 1300-1330. It is recognised as one of the finest pieces of Islamic inlaid metalwork in existence, and is the only surviving object of its kind.

The free exhibition explores the origin and cultural context of these extraordinary objects, and offers an opportunity for visitors to learn more about a fascinating area of the arts of Islam. The objects will be displayed alongside paintings, photography, calligraphy and glassware from Bradford Museums and Galleries own collections.

Dr. Alexandra Gerstein, The Courtauld Gallery’s curator of sculpture and decorative arts, said: “We are thrilled to partner with Cartwright Hall to provide an opportunity for the local

community to experience and enjoy some of the most treasured art works from The Courtauld Gallery.”

A launch event where people can meet the team from The Courtauld Gallery will be held on Sunday 2 February 1pm to 3pm. This event is free and refreshments will be provided.

Dr. Sussan Babaie, Iranian-American art historian at The Courtauld and the President of the Historians of Islamic Art

Association, best known for her extensive research on Persian and Islamic art and architecture of the early modern period, will be giving a fascinating talk at Cartwright Hall on Sunday 9 February. To book a free ticket, telephone 01274 431212.

For more information about this exhibition and other events and exhibitions at Bradford Council run museums and galleries visit: www.bradfordmuseums.org.

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‘Islamophobia a bogus label’

The Jewish Chronicle has come under criticism from Jewish groups after it published an article by Melanie Phillips claiming that Islamophobia is a bogus term that ‘is used to silence criticism of the Islamic world’.

Phillips wrote in the newspaper that the entire concept of Islamophobia was “profoundly anti-Jew” and had been invented to mimic antisemitism, adding: “To equate it with the dehumanising, insane and essentially murderous outpourings of Jew-hatred is obscene.”

She said “the taunt of Islamophobia is used to silence any criticism of the Islamic world, including Islamic extremism” and “facilitates” antisemitism.

The Board of Deputies of British Jews said the publication of this piece was an error: “Anti-Muslim prejudice is very real and it is on the rise. Our community must stand as allies to all facing racism.”

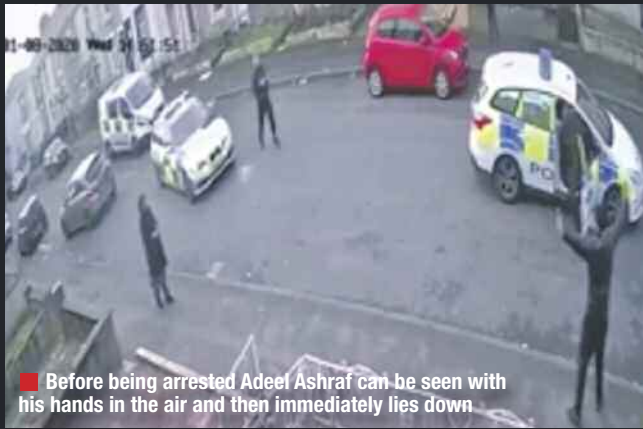
The Jewish Chronicle’s editor Stephen Pollard acknowledged that the article had been divisive.

He said: “The Jewish Chronicle does not seek to provoke but to inform and prompt sensible debate. So when there is such a reaction I take it very seriously and I apologise to any reader who is angered or upset by the piece.”

In November 2019, the newspaper was forced by the press regulator IPSO to issue a correction after it could not substantiate claims made in an article about alleged bullying of Jewish MP Louise Ellman, then with Labour, in Liverpool by a party activist.

The regulator concluded the Jewish Chronicle “had not been able to demonstrate that it had taken care over the accuracy of the article” on certain points, and its conduct during the subsequent investigation had been “unacceptable”.

Leaked video shows police officers kicking and punching man during arrest



■ Before being arrested Adeel Ashraf can be seen with his hands in the air and then immediately lies down

Lancashire police force has referred itself to the complaints watchdog after a leaked CCTV video was posted online, showing officers using disproportionate force being used on a man during his arrest.

The video clip shows officers from Lancashire Police approaching the man who immediately puts his hands in the air and lies on the floor after an officer asks him to do so.

The man being arrested has been identified as 34-

year-old Adeel Ashraf.

As he lies face down on the pavement and officers attempt to arrest him, one of the officers is showing repeatedly kicking Ashraf, while another punches him.

Ashraf is surrounded by up to five officers, with a police dog also being held a just a few feet away.

The arrested man has been charged with aggravated vehicle taking and dangerous driving. He has also been recalled to prison.

Lancashire Police confirmed that the incident

took place at 11am on 8th January on Lonsdale Street in Accrington.

A police spokesperson said: "The circumstances are that at around 11am on January 8th police received a report of a burglary at an address in Blackburn during which a Nissan Juke car was stolen.

"The car was later spotted by police in the Church area and pursued by officers to the Lonsdale Street area of Accrington where a stinger was deployed to bring the vehicle to a stop.

"A man got out of the car

and was then detained by officers and his arrest is what is seen in the footage which has been widely shared.

"We appreciate the concern that perceptions of the officer actions in this video have caused and we would like to reassure people that the incident is being fully reviewed by our Professional Standards Department.

"In the interests of openness and transparency we are also voluntarily referring the incident to the Independent Office for Police Conduct."

Breast cancer survivor marks her recovery

When 45-year-old Shamilla Mirza found a pea-shaped lump in her breast, she was shocked to be diagnosed with breast cancer.

It was a particularly difficult time for her family as Shamilla's dad had only died three months earlier from a brain haemorrhage.

Shamilla from Manchester, had a mastectomy and breast reconstruction, followed by chemotherapy treatment. She was treated at North Manchester General Hospital and The Christie.

Now, the brave breast cancer survivor has unveiled an engraved park bench – but one unlike any other.

In a twist to the 'in memoriam' benches that are a familiar site in beauty spots across the country, Shamilla's bench attests to her recovery from cancer and salutes the scientists, doctors and nurses who are making game-changing progress in tackling the disease.

The inscription reads: "Shamilla Mirza loved sitting here...and still does thanks to advances in cancer research."

The bench was revealed to launch the 'Re-Write Cancer' campaign – a £20m joint fundraising appeal from Cancer Research UK, The Christie Charitable Fund and The University of Manchester.

The campaign aims to help meet the cost of a new £150m cancer research facility. The new building will bring together the largest concentration of scientists, doctors and nurses in Europe to collaborate and accelerate progress for cancer patients.

The world-class facility is due to open in 2022. Adjoining The Christie NHS Foundation Trust, it has been purposefully designed to foster collaboration and speed up progress on behalf of cancer patients in the North West and across the world.

Shamilla's bench will be installed in Heaton Park where she enjoyed spending time during her recovery from cancer.

Shamilla, who works at a Tesco store, credits her family for their unparalleled support which gave her the strength to face the disease. Her mother Arshad Mirza and sister Nabila Mirza still attend every follow-

■ Cancer survivor Shamilla Mirza with commemorative bench



up medical appointment with her.

Her two sons Zakir Baig Mirza, 16, and Zain Baig Mirza, 18, have also proved to be a great source of comfort.

She said: "I can not thank my family enough for giving me the courage to face the disease and get on with the treatment.

"Plans for the new research

building sound exciting and it's amazing that such a world-leading facility will be built on my doorstep in the North West. Research into cancer is the key to changing lives now and in the future. Without it I simply wouldn't be standing – or sitting – here today."

The new purpose-built biomedical facility will house several hundred

members of staff and attract collaborators from far and wide. Its adjoining of The Christie will enable cells and samples from cancer patients to be taken to the research lab in a matter of minutes – facilitating world leading research which will lead to new cancer treatments.

Manchester is a place of world-firsts in cancer research, including the first

clinical use of Tamoxifen for breast cancer and the first single harvest blood stem-cell transplant.

Cancer cases in Greater Manchester are significantly higher than anywhere else in the UK – every day 18 people die from the disease in Greater Manchester. This amounts to 6500 people a year – making the death toll around 10 per cent higher than the UK average.

Cancer Research UK chief executive, Michelle Mitchell said: "I'm thrilled at plans for the new research facility.

"We're in a 'golden age' of cancer research, with survival rates having doubled over the past 40 years. This has largely been driven by improvements in treatments and early diagnosis, but we still have a long way to go in the fight against the disease.

"By 2030, the building will be at the heart of our ambition to lead the world in clinical trial recruitment – supporting the development of new and kinder cancer therapies."

Roger Spencer, chief executive at The Christie, said: "This is a hugely exciting time for The Christie and its partners.

"We have an opportunity to create a truly unique research facility integrated within the hospital with scientists, researchers and consultants all working together in one place, developing and shaping treatment and research from basic scientific discoveries through to patient care. It will ensure our patients receive access to the very latest personalised and innovative cancer treatments alongside world-class clinical and scientific expertise."

President and Vice-Chancellor of The University of Manchester, Professor Dame Nancy Rothwell said: "As an institution and research community we were all deeply saddened by the fire of 2017, but the scope and vision outlined for the new project is very exciting. It is matched only by our ambition to enhance Manchester's reputation as a world-leading centre for cancer research.

"With our partners, Cancer Research UK and The Christie, we genuinely believe this facility will be at the epicentre of some of the world's most important cancer-related innovations in diagnosis, treatments and clinical trials."

Cancer Research UK, The Christie NHS Foundation Trust and The University of Manchester have worked together for more than a decade under the umbrella partnership of Manchester Cancer Research Centre (MCRC).

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Pakistan court throws out General Pervez Musharraf death sentence

A death sentence handed down to former president Pervez Musharraf has been overturned by Lahore High Court in Pakistan declaring the legal process was unconstitutional.

General Musharraf, who left Pakistan and sought exile in Dubai in 2016, had challenged the formation of the special court which found him guilty of treason last December.

At the time, the special three-member court sentenced him over a high treason charge that has been pending since 2013.

The charges against the 76-year-old surround his controversial decision to declare a state of emergency in 2007. At

the time, he had imposed emergency rule and placed several senior judges under house arrest in a move intended to extend his tenure.

On Monday 13th January the Lahore High Court sided with the exiled army general, who seized power in a 1999 coup and was president from 2001 to 2008.

However, the case could still be retried in another court, sources say.

The high treason charge has been pending since 2013. It relates to Gen Musharraf's suspension of the constitution in 2007, when he declared an emergency in a move intended to extend his tenure.





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Asian Express *Your National and Local Business Round-up*
Business news

Business Incubator Live



Intuition Academy to hold small business consultation event in Wakefield

A team of professional consultants with an ambition to help shape the future, say they can train anyone with a drive and ambition to launch a business – be it product or a service.

Author and business consultant Rashid Ullah, has spend 15-years working predominantly with corporate clients as well as running his own ventures in that timeline.

Now, along with his partners, he's launched the Intuition Academy to bring their combined experiences to help people develop enhance skills, find life changing opportunities and build a business be it a start-up or a going concern.

Now, along with his partners, he's launched the Intuition Academy to bring their combined experiences to assist start-ups and those struggling to make their business profitable.

Rashid says: "Our story after years of training and development from working in corporate to running our own businesses, developed as we got together as a team. Between us we have over 100-years of combined experience.

"We can help 6-figure businesses wanting to get to a 7-figure value.

"We've been around some of the greatest minds of our time, and have compiled masses of valuable content for our audience.

"We have refined this using all modern concepts, tools and techniques for our Product Launch Formula. We are the only company to come up with this great methodology – it works, it brings results its easy and simple to understand."

The Intuition Academy team are holding a Business Incubator Live consultation, where attendees can develop idea's and build strategies and ultimately tap into their 'Intuition'.

"Our cutting edge live workshop has been delivered to over 10,000 people over the last three-years," says Rashid, who has authored a book titled 'Exponential Potential'.

"Our mission is to help people globally to achieve their highest potential through our consulting experience."

Business Incubator Live will be held in Wakefield on Saturday 18th January 2020. Asian Express readers can use Discount Code 'AEXP'.

You can book your ticket by visiting:
www.eventbrite.co.uk/e/business-incubator-live-tickets-79636897103

Robert Respinger - Consultant

Robert Respinger is a specialist consultant has taken a company from being ranked number 129 in industry to number three in as many years, and has international links to investors and in China and Middle East.

Kathryn Rhodes - Consultant

Kathryn Rhodes is a solutions expert, warm and friendly and has over 30-years experience in working in many disciplines in the project management space.

Jill Westwood - Consultant

Mindset coach Jill Westwood specialises in uplifting peoples mindset and bringing them to the level they need to be to move things forward. Her goal is to help people stop procrastinating and support them to become an enhanced performer.

You can book your ticket by visiting: www.eventbrite.co.uk/e/business-incubator-live-tickets-79636897103

BUSINESS

YOUR LOCAL & BUSINESS ROUND-UP

Trustees Of A Charity Found To Be In Contempt Of Court

The High Court has found two former trustees of the Charity based in Bristol known as the Darren Wright Foundation which raises funds to support families of people with disabilities and life limiting illnesses to be in contempt of Court.

In the case of Charity Commission v Wright & Another the Charity Commission (the independent regulator of charities in England and Wales) had made an application to the High Court seeking a ruling that Susan and Raymond Wright had acted in contempt of court by failing to comply with an order to supply them with evidence and documentation.

Following complaints by members of the public, including from families of beneficiaries of the charity, that they faced difficulties in communicating with the charity and accessing funds which had been raised on behalf of their family members, the Commission opened a statutory enquiry into the charity in November 2017 and began investigating:

- The administration, governance and management of the charity by the trustees and specifically whether the trustees had:

- acted in the charity's best interests in accordance with their duties and responsibilities;

- responsibly managed the charity's finances; and

- worked to avoid or manage conflicts of interest.

- The extent to which the charity had operated in furtherance of its charitable purposes for the public benefit.

- Whether any issues or weaknesses in the administration of the charity were as a result of misconduct and/or mismanagement by the trustees.

As part of that investigation the Commission served Directions on the trustees requiring them to provide information and documentation about the charity and those Directions were endorsed with a penal notice. However, the trustees failed to comply and the Commission therefore brought proceedings against the trustees for acting in contempt of court.

The High Court has powers to deal with an individual found to be disobeying a Direction of the Commission as if they had disobeyed a High Court Order and they can be found to be in contempt of court and the same criminal penalties would apply (the Court can impose a custodial sentence of up to two years).

The Judge found that the trustees had failed to comply with most of the Commission's Directions and he also concluded that it was proper to hear the application in the trustees' absence (they had failed to attend the hearing) although he did adjourn the decision on the penalty to be imposed on the trustees to a further hearing thereby giving them another opportunity to comply with the Commission's Directions. The Judge also ordered that the trustees to be arrested and brought to court if they failed to attend at the further hearing.

This is the first time the Commission has pursued such a case through the courts. By pursuing contempt of court proceedings against the trustees, the Commission has shown that it is prepared to fully investigate wrongdoing by charities and their trustees.

If you are involved in any dispute relating to a charity then Blacks Solicitors have specialist lawyers who will be able to assist. Please contact Luke Patel on 0113 2279316 or by email at "L.Patel@LawBlacks.com".

PAPERWORK: Business owners feel 'overwhelmed'



Half of UK business owners feel 'overwhelmed' with the amount of paperwork they need to deal with.

One in five believe this has led to a slowing in the growth of their business, and 29 per cent have suffered a personal financial loss from not filing all the paperwork they can with the taxman.

Another fifth feel so bamboozled by mountains of forms they haven't claimed tax relief as a result, potentially costing their businesses thousands.

Directors of UK companies believe their businesses have lost an average of £17,907 each due to tax relief confusion.

While fifteen per cent haven't claimed in the past due to a complete lack of understanding of financial jargon.

The research of 500 businesses also found just under half of those polled don't believe they have made all the claims their business is entitled to.

And a quarter were unaware claiming business expenses could reduce their Corporation Tax bills.

The study found more than half of those running a limited company (1.3 million limited companies in the UK) didn't realise they could claim back money if their office was based in their home.

Six in 10 owners didn't know they could claim for relief on medical insurance or pension payments for employees.

While a further 47 per cent didn't realise they could claim for staff training, and 68 per cent wouldn't know to put through staff events.

More than 50 per cent also didn't realise charity donations, mileage or legal fees are also tax deductible

However, 18 per cent have mistakenly tried to put through everyday work clothes as tax relief – genuinely believing they were allowed.

While a further one in 20 cheeky owners polled via OnePoll have attempted to claim for home furniture, dental work – and even vet fees for the office pet.

ITEMS BUSINESS OWNERS DON'T KNOW THEY CAN CLAIM AS TAX RELIEF

Childcare costs – 89%

Gifts to employees – 88%

Eye Test - 79%

Life insurance for directors – 75%

Christmas party or staff events – 68%

Salaries – 66%

Medical insurance for employees – 63%

Pension payments for employees – 58%

Advertising and Marketing – 55%

Website costs and hosting – 55%

Bank fees / charges for a business account – 53%

Legal fees – 53%

Rent of an office – 52%

Use of the home as an office – 52%

Charity donations – 51%

Motor related costs – 51%

Insurance in the company name – 50%

Printing, postage and stationery – 49%

Software used within business – 49%

Professional subscriptions – 49%

Telephone / broadband – 48%

Training for staff – 47%

Uniform for work – 46%

Accountancy fees – 46%

Accommodation for business travel – 42%

Business mileage using a personal car – 40%

Computer equipment – 38%



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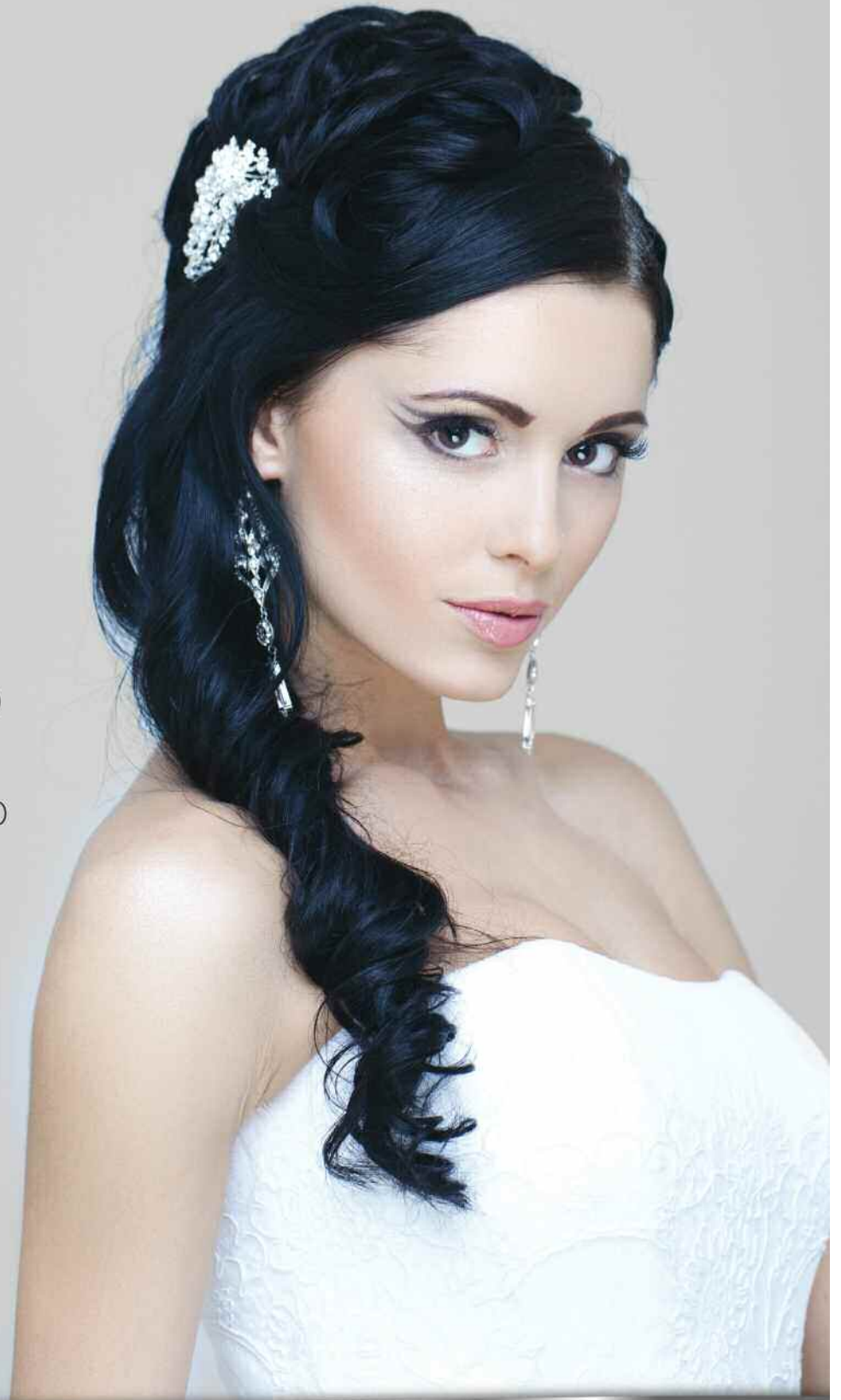
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...life & style

Inventions that changed our lives last decade

It was incredible decade. A decade of invention and immeasurable innovation. We learned how to resurrect the dead (via hologram), print vital organs, and order fresh bread from a vending machine.

Smart Watches adorned our wrists, mattresses came shipped in boxes, and that weird Boston Dynamics robot "dog" gave us the heebie jeebies.

Some delighted us, some inspired, and some unnerved us. Many of these inventions still face significant challenges, but the next decade will be critical in smoothing out the kinks, and usher in a new era of connectivity, innovation and, most likely, laziness.

better for it.

After all, it's a ton of fun to speak into your wrist like you're a spy.



Drones

Ok, drones were around long before 2010, but this was the decade when they really took off, literally. Now, a range of drones are available—from super high-tech models like the DJI Mavic Pro to the small, dinky spinners.

Their prevalence proved to be a challenge for several industries. Drones have shut down airports and even halted firefighting efforts across the West. With great power comes great responsibility. Regulators are now tightening restrictions, which could make it more difficult to own and operate the flying machines.

Artificial Intelligence

"I, for one, welcome our new computer overlords," Jeopardy champion Ken Jennings stated after being bested by IBM's Watson computer on the famed quiz show. Watson's appearance on Jeopardy introduced the public to the power and poise of artificial intelligence and computing. The brainiac computer did not play a perfect game, but its performance was striking in its ability to parse lexicological complexities. Scientists and engineers have been developing the field since the 1950s, but advances in artificial intelligence have surged in the past decade. It's being used to better predict weather, drive autonomous vehicles, and power voice assistants.

Virtual Reality Headsets

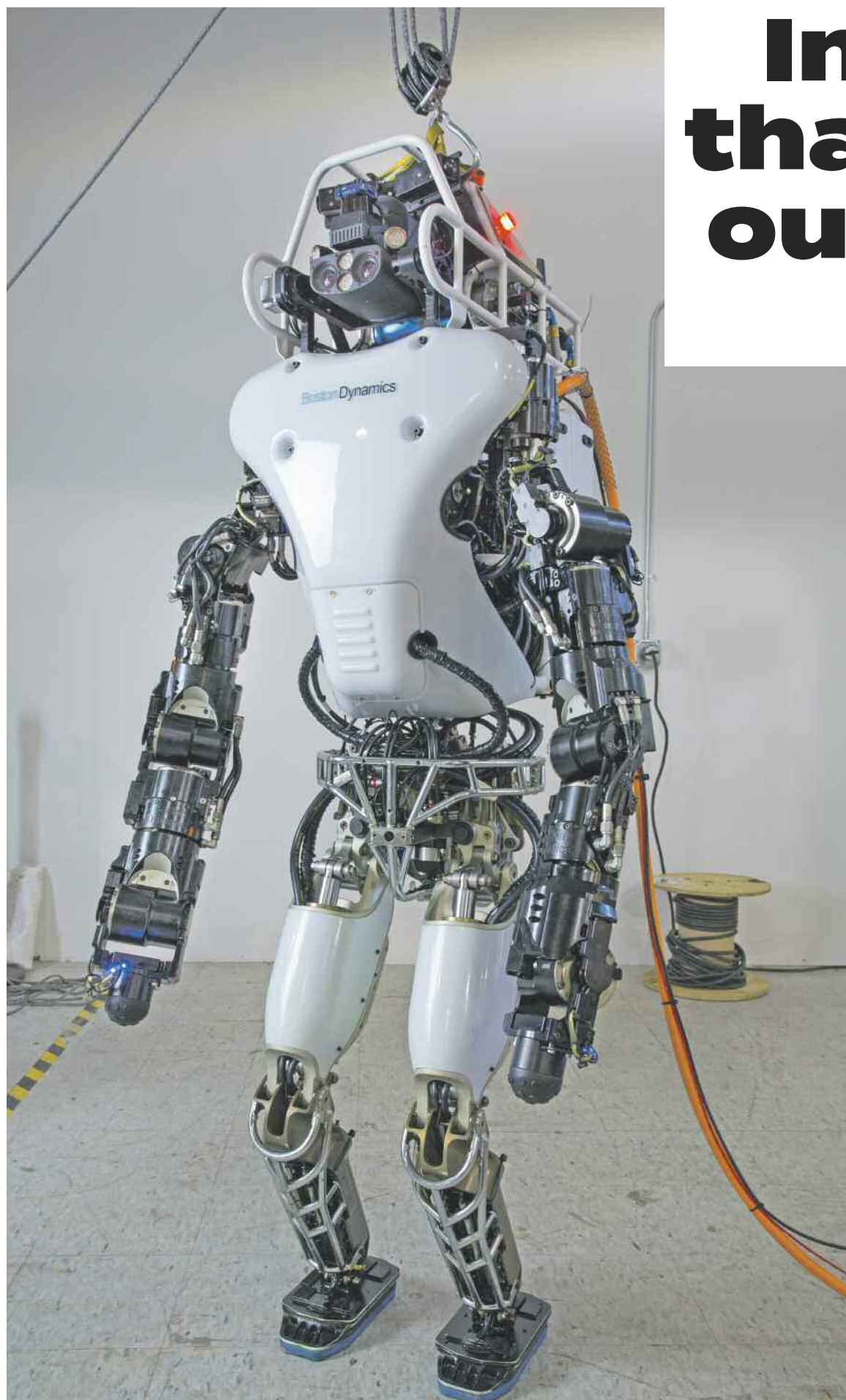
We can experience a multitude of incredible worlds, thanks to augmented and virtual reality. Companies like Oculus Rift, which was acquired by Facebook in 2017, helped usher in this new way of experiencing the world.

Augmented reality and virtual reality headsets have been used in education, military training, and drug addiction therapy. But now, they're available to the masses. (Thanks, Google!)

Smart Watches

Apple's smart watch is significant upgrade from watches that once adorned the wrists of James Bond. The rise of smart watches during the 2010s added one more screen to our oeuvre of gadgets, we're probably

Continued on page 30



Continued from page 29

Anything by Boston Dynamics

Their robots can run, jump, and chase you up a flight of stairs. Yes, Boston Dynamics dog and humanoid robots are technological marvels, feats of engineering, but they're also terrifying. This decade will be the decade we decide whether we, as a society, reckon with the monster robots we've created.

Virtual Assistants

Ok, Google—How do I get to Costco? Hey, Siri—Are we alone in the universe? Alexa—Why does my cat love butter so much? Virtual assistants have invariably changed our lives over the past decade. The technology has come a long way, answered many a question, but not without raising serious concerns. There have been countless examples recently of hackers who taken over these smart devices and harnessed it for nefarious purposes. Others are concerned that the assistants are recording conversations and feeding the contents of private conversations to the highest bidders.

Self-driving Cars

Autonomous vehicles aren't just on the horizon. They're here. Google is getting into the game. Ride-hailing companies like Uber have stepped up to the plate. A number of car manufacturers are interested in developing the futuristic technology, too. It's a fun idea, but engineers are still working out the kinks and pedestrians are paying the price. In 2018, one of Uber's autonomous vehicles struck and killed a woman crossing the street.

3-D Bioprinting

Each year, tens of thousands of people die while waiting for an organ transplant. Researchers hope to one day end the queue by 3-D printing organs like kidneys, hearts, lungs and even skin using a scaffold of biocompatible plastic and special human

cells.

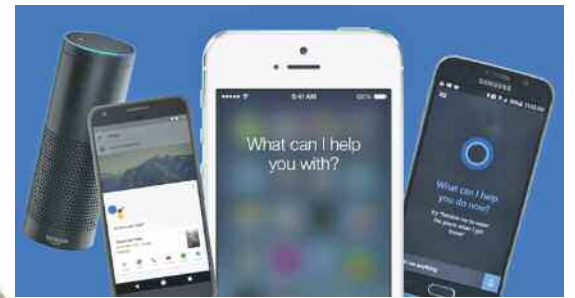
Selfie Stick

In 2014, Time Magazine dubbed the selfie stick one of the most important inventions of the year. It's hard to minimize the role that the ubiquitous sticks have played in our society. They say a picture is worth a thousand words. Now it's easier to snap one from just the right angle.

Electric Vehicle Charging Stations

Electric vehicles have come a long, long way in the past ten years, and so have their charging ports. Once relocated to large cities, there were now more than 20,000 electric vehicle charging stations in the U.S in 2018. That number is sure to grow. The race to green car and home has turned up a number of incredible inventions. From solar roof tiles to personalized wind turbines, we're excited to see where the democratization of green energy tech takes us.

Inventions that changed our lives last decade



Self-confessed



'night owls'

Apparently a third of us are self-confessed 'night owls', according to a study.

Researchers who explored the sleeping habits of 2,000 UK adults found this proportion of the population function better late at night than they do first thing in the morning.

Common traits of night owls include having to set multiple alarms in the morning to get them up, drinking coffee in the evening and happily starting a film at 9pm.

But in contrast, 33 per cent consider themselves to be 'morning people' - bright and breezy from the moment they wake.

Not relying on an alarm to wake them, going to the gym before work

and feeling more productive in the morning are typical signs someone is a morning person.

However, the remaining one in three claim they are neither an 'early bird' or a 'night owl'.

Commissioned by eve Sleep, the research also found 40 per cent of those in a relationship don't go to bed or get up at the same time as their other half.

Christine Hansen, holistic sleep expert and spokeswoman for eve Sleep said: "A great night's sleep is at the core of how we feel the following day.

"The average person needs six to eight hours sleep each night to ensure their body and mind has what it needs to reset and

recharge.

"This weekend's clock change is the perfect time for night owls to change their morning routine.

"From Sunday, embrace an earlier bedtime and morning alarm.

"Leave your blinds open, so your eyes are hit with sunlight and eat your breakfast straight away - your digestion will help your body to feel fully awake."

Other signs of being a morning person include never hitting snooze on the alarm, not getting up any later than 9am and waking in a chirpy and cheerful mood.

In contrast, preferring an evening in the shisha lounge to an early morning yoga session, regularly struggling to get to sleep and eating

dinner after 8pm suggest someone is a night owl.

The research also found those polled typically wake at 7:42am and are out of the house by 8:22am on average.

Brits tend to stay in bed for 11 minutes once awake - one in 20 even snooze for as long as 30 minutes.

However, a quarter jump out of bed the second their alarm goes off. And the same proportion admit they're completely useless until they've had a cup of coffee.

Around three in 10 revealed they've woken up in such a bad mood they've got into an argument - before they'd even gotten up out of the bed.

TOP 10 SIGNS SOMEONE IS A NIGHT OWL:

1. You'll happily start watching a film after 9pm
2. You do your best work at night
3. You're happy to have your dinner after 8pm
4. You find it hard to sleep
5. You'd much rather have a night in the pub than a morning yoga class
6. You never go to bed at the same time as your other half
7. You often snooze your alarm
8. You drink coffee any time
9. You must set multiple alarms
10. It annoys you when shops close - even if it's at 10pm

TOP 10 SIGNS SOMEONE IS A MORNING PERSON:

1. Feeling more productive in the morning
2. Not having to set an alarm because they're up anyway
3. Someone who's cheerful and chirpy with colleagues first thing in the morning
4. Feeling like the day is 'wasted' by staying in bed past 9am
5. Never snoozing an alarm
6. Getting an early night
7. Someone who always has time for a proper breakfast
8. Feeling most peaceful in the morning
9. Someone who gets enough sleep
10. Going to the gym before work



Adversity, Friendship and Charity

How two women have formed an unusual bond due to a shared vision to help the needy

Supporting the needy has always been at the heart of award-winning salon owner Prity Farooq.

The Bradford based business-woman recently partnered up with Pathway Kitchen in Leeds, following a campaign on social media to donate bag of essentials for vulnerable and homeless women.

Prity has established a successful award-winning salon called Prity Skincare located within the heart of Bradford community. However, getting here hasn't been an easy ride. Prity who came to the UK from India in the 90's worked hard to raise her family. Doing double shifts and working all hours, she saved enough money to open her own flagship salon in 2005.

Prior to opening her salon, Prity revisited family in India in 2005 and an experience there really changed her outlook on life. During her travels she met an old woman in a nearby village. The woman approached Prity as she was passing by, with tears in her eyes pleaded with Prity if she could help her. The lady who was probably in her 70's or 80's had highly severe and inflamed skin on her head and was in need of medical care which she clearly didn't have the money for.

"I remember I couldn't sleep that night; I just couldn't stop thinking about the old lady, wondering how many others were going through similar hardships and struggles." Said Prity

"The next day I got in touch with an old friend who was doctor in the area. I told her what was on my mind and that I wanted to help those who was less fortunate than me for something as essential as medical treatment. From then on till today I have been fortunate and blessed to be able to donate money for the treatment of needy and poor patients in the downtrodden areas of India and Pakistan."

The patients in dire need of financial support for medical treatments are looked after with the help of contributions through a medical camp that is organised by the hospital. There are a couple of families in Pakistan who Prity and her husband support financially too and

have taken the financial responsibility of the children from both families and a water pump is fitted in different villages each year.

However, despite the support in India and Pakistan, Prity felt she wasn't reaching out and doing enough to give back. Learning from her own struggles she knew more needed to be done, especially as she began to learn that here at home in the UK more and more people are beginning to rely on foodbanks or are vulnerable below the poverty line.

Things really hit home recently when Prity's husband was admitted to Leeds General Hospital for an operation. While visiting her husband Prity would meet and interact with many homeless people.

"I saw many people who were homeless it was very saddening. It upset me." Said Prity

"I felt a need that I should do something, make a difference somehow even though at that moment in time I had no idea how. Whilst interacting with the homeless people the most common concerns I heard from them was the feeling of being invisible to the world is what really drags them down. For some a bit of human interaction with a stranger on the streets can give them



the mental and emotional lift so even if we're strapped for cash, we can still offer a few kind words."

The female entrepreneur returned to her salon that day and discussed her experience with her team, who then suggested to gift the vulnerable and homeless with a bag of essentials. Immediately with the help of her team 50 packs were made which consisted of; sanitary pads, soap, lip gloss, tissue pack, sweets and a toothbrush. A social media post was then created to ask anyone who is struggling or for any organisations who work with the vulnerable to get in touch and take these packs as a starting point to help the needy.

Prity was inundated with responses, and out of the many replies, she chose to work with Candy Nicholson who runs Pathway Kitchen in Leeds for the homeless and unfortunate.

The salon owner chose Candy because she herself had a remarkable story and as a result of her adversity is today helping the less fortunate.

Prity feels Candy is an inspiration in what she is going through and how she deals with her adversities. In 2012 Candy met with a serious brain condition where there was no cure. Candy has had extensive brain surgery with huge risks. Candy is herself living on borrowed time, as the surgery was completed but the illness remains. So, Candy decided to put her efforts into giving back. In 2013 Candy climbed Kilimanjaro

where she raised more than £7,500 for research of her condition which is called Chiari.

In 2014 Candy was to trek the Alps, three countries in three days but sadly it was cancelled, she did eventually achieve this in 2015 and raised more than £2,500 for Fanconi Anaemia, a life limiting condition which her neurosurgeon's son suffers from as a thank-you.

However, before achieving her goal trekking the Alps, Candy was disheartened when it was initially cancelled and felt useless. This gave her an urge to get back out there and do something else to help people. So, she took off on her own, driving from Wakefield into Leeds city centre, with a trolley full of food, flasks of hot coffee and hot tea, clothes and sleeping bags tied on her to try and make a difference.

She was inundated with messages after posting on social media warning her it wasn't safe out on the streets by herself this is when she encouraged others to come out and help. Candy built an amazing team of volunteers who come out week in week out no matter what the weather is like and that's how Pathway Kitchen was born.

Candy said: "Helping the homeless doesn't just mean handing out hot food sandwiches, clothes, tents and etc. It's about gaining their trust enough to get them off the streets. We've been lucky; we have been able

to get quite a few off the streets. One has moved away, lives in a flat and works full time, he's very happy."

Candy found her purpose in life and that is to help, inspire and encourage others to do the same, according to Prity Candy is an angel in disguise and has inspired her to want to do more.

The two women have now collaborated to do more with Pathway Kitchen, which kick started during the festive period where Prity was able to donate another 30 bags of essentials which were distributed on New Years Eve on the streets of Leeds. In addition, Prity made a cash donation which has been spent on socks, bras and boxer shorts, with some money left over which went towards buying bottles of water, snacks and biscuits to put in outreach packs that each homeless person takes.

Prity says that on reflection she has realised after meeting these individuals was that, homelessness can affect anybody, it's not just people that we believe may have fallen off the edge of the society. It can be you or me, or someone we once knew. She advises: "Please do not look away. There can be no greater cruelty."

Prity and Candy have formed a great friendship from their joint vision to help the needy and together they hope to continue working to support the work of Pathway Kitchen and are urging others to do the same.

For more information contact Prity Skincare on 01274 307 040 or visit Facebook page @Pathwaykitchenleeds



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G L I T Entertainment

THE LATEST ENTERTAINMENT AND CELEBRITY NEWS FROM BOLLYWOOD & HOLLYWOOD

In an age of shrill arguments and polarised debates, those trying to navigate the nuanced spaces in between are a disappearing tribe.

Director Ashvin Kumar's latest film, 'No Fathers in Kashmir', is doing just that by focusing his lens on one of the most heightened debates of India - Kashmir.

This is Oscar nominated director Kumar's third film on Kashmir and is a coming-of-age story about innocence and the exuberance of being young and hopeful.

Based on hundreds of true stories, this tender storm of first love and heartbreak tells a deeper story of truth, humanity and compassion set in this tragic yet beautiful land.

The film features talented up-and-coming young actors Zara

Webb and Shivam Raina alongside established stars of stage and screen including Natasha Mago, Kulbhushan Kharbanda and Soni Razdan.

The film follows the story of Noor - a selfie-obsessed British teen who journeys to conflict torn Kashmir to visit the grandparents she has never met. There she encounters Majid, a young local boy who is smitten by her exotic foreignness.

As a tender friendship blossoms between them, Noor makes a sinister discovery that explains what happened to both Majid's and her father who many years previously had become mere statistics amongst the tens of thousands of Kashmir's 'disappeared'. This revelation, which will change their lives

forever, leads them both into great peril when history looks like repeating itself.

Filmmaker Kumar, over the past two decades, has publically voiced many human rights issues that were crying out to be highlighted that each of the crises in Kashmir can have its own film.

He feels that the voices of rationality, including those in the opposition parties, failed to stand up and say that the act is unconstitutional and illegal, when the Central Government repealed Article 370 and put Kashmir under a communication blockade.

Kumar explains: "It is a blatant act of illegality that has taken place,

but it has the support of almost the entire country.

"I think Kashmir is a crisis of compassion, a lack of understanding of what the other person wants or even the lack of wanting to engage with the actual needs of the other person and only putting across one point of view," he adds.

"As a filmmaker, I guess a lot of the reason for me going back again and again to Kashmir was that one really never felt satisfied with the idea that the work one was doing

over there was enough, because

there is so much that has not been told. It is the tragedy of a remarkable people and a place of deep culture," he says.

The film has gained a following and support across the political and entertainment spectrum including Joanna Lumley who was born in the region and describes the film as: "quite wonderful: dark, unsettling, gripping, touching and stunningly shot, acted and edited."

"Its story is very cleverly framed by the sorrowful situation in Kashmir, giving a glimpse of the endless nightmare that has descended on that Himalayan paradise," she said.

First British Kashmiri film by Oscar-nominated director Ashvin Kumar set for release

'No Fathers in Kashmir' will be released in cinemas on 24th January



FILMMAKER: Ashvin Kumar

'No Fathers in Kashmir'

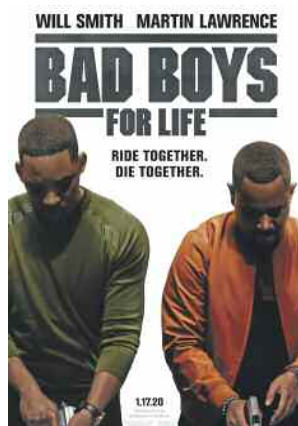
HOLLYWOOD PREVIEWS



BAD BOYS FOR LIFE

STARRING: WILL SMITH, MARTIN LAWRENCE, VANESSA HUDGENS, LEXANDER LUDWIG, CHARLES MELTON
DIRECTORS: ADIL & BILAL

15 CERT What you gonna do when they come for you? The highly anticipated bad boy cop duo are back! With die-hard fans frustrated with the endless years of on and off vibes for another sequel - it's taken 15 years for Will Smith and Martin Lawrence to bring the ruckus back. The third movie in the franchise sees the pair clash with a modern and highly specialised police unit, as a new threat emerges in Miami.



Now the wisecracking cops are finally back together after endless delays with 'Bad boys for Life'.

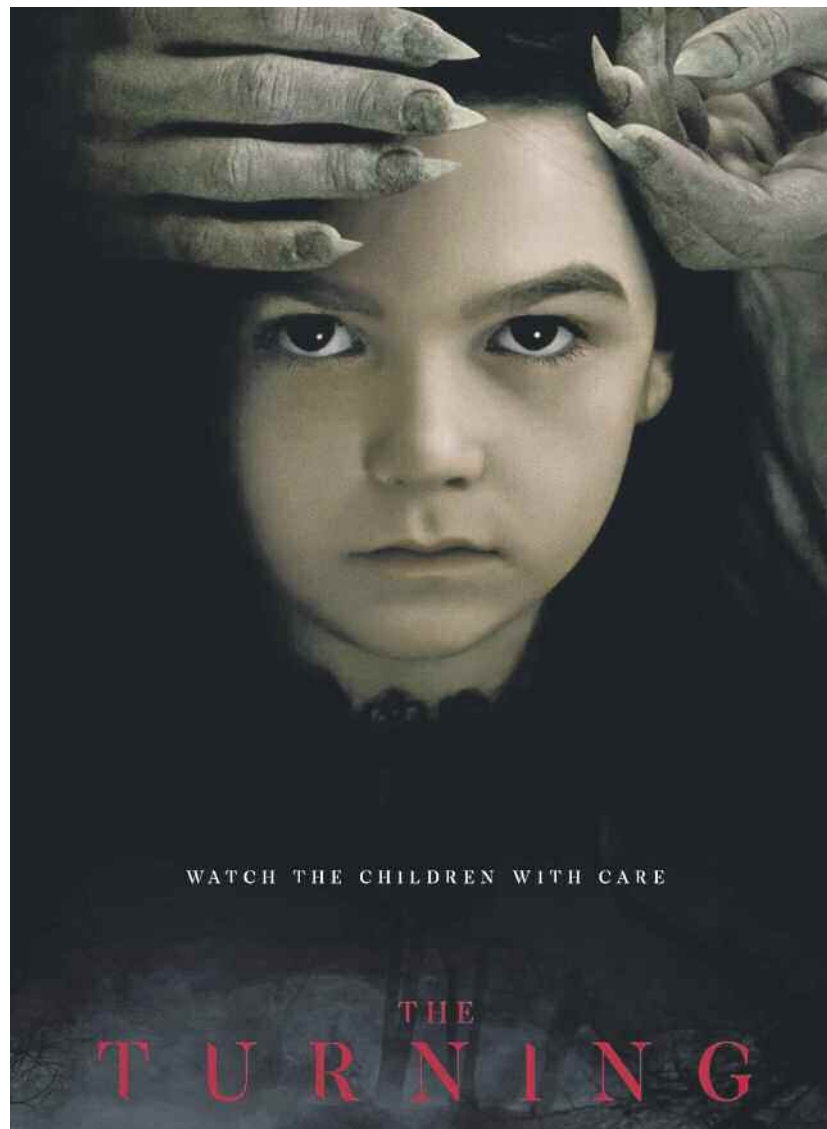
So buckle up and get ready for the bumpy ride as Mike Lowrey (Smith) and Marcus Burnett (Lawrence) work with the Miami PD's elite AMMO team to take down a drug cartel.

Their mission draws the attention of one of the most powerful drug lords in the world, who sends her assassin son Armando Armas (Some Girls' Jacob Scipio) to Miami to kill Mike.

The sequel brings back

Joe Pantoliano as the boys' old boss Captain Conrad Howard, along with adding newcomers like The Princess Switch's Vanessa Hudgens, The Son's Paola Núñez and Vikings' Alexander Ludwig.

DJ Khaled also recently revealed he'd been filming on the buddy cop action blockbuster, although it remains to be seen if he'll be playing himself or another character.



THE TURNING

STARRING: JOELY RICHARDSON, MACKENZIE DAVIS, FINN WOLFHARD, BROOKLYNN PRINCE
DIRECTOR: FLORIA SIGISMONDI

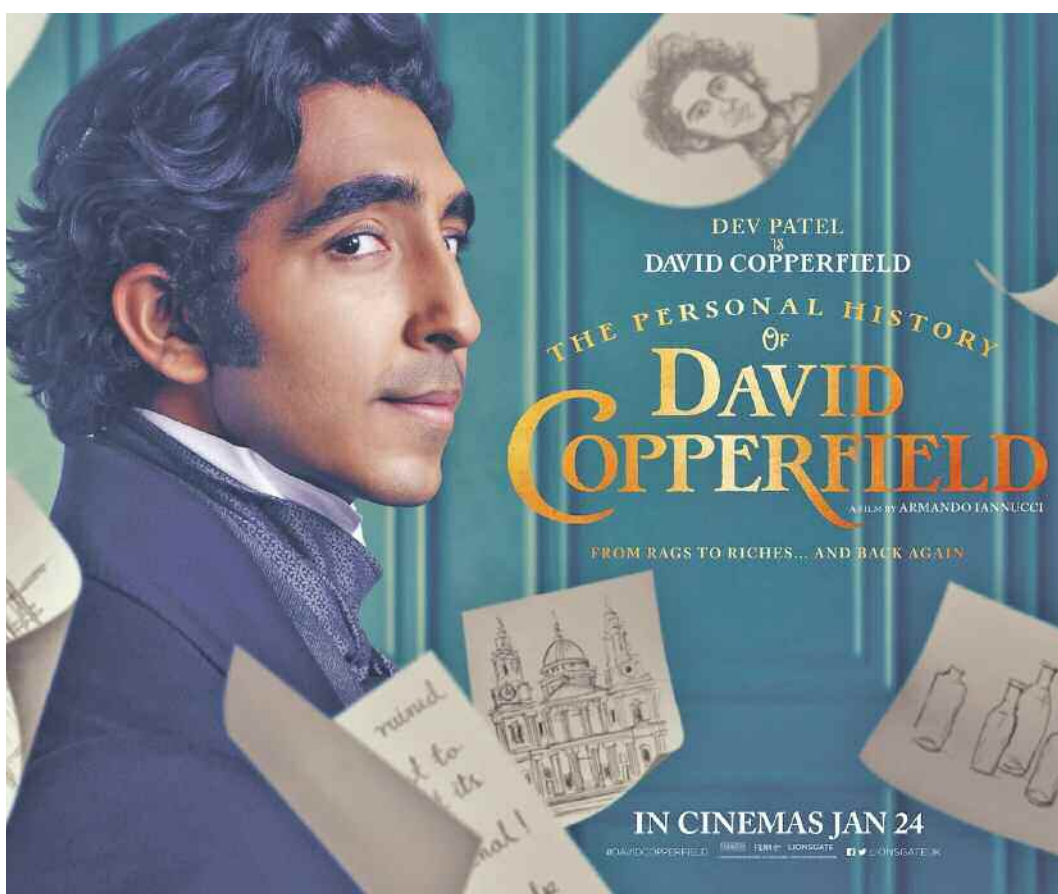
15 CERT For more than 100 years, a deeply haunting tale has been passed down to terrify audiences. The Turning takes us to a mysterious estate in the Maine countryside, where newly appointed nanny Kate is charged with the care of two disturbed orphans, Flora and Miles. Quickly though, she discovers that both the children and the house are harbouring dark secrets and things may not be as they appear.



MALEFICENT: MISTRESS OF EVIL

STARRING: ANGELINA JOLIE, ELLE FANNING, MICHELLE PFEIFFER
DIRECTOR: JOACHIM RØNNING

PG CERT The complex relationship of Maleficent and her goddaughter Aurora continues to be explored as they face new threats to the magical land of the Moors. They begin to question the complex family ties that bind them as they are pulled in different directions by impending nuptials, unexpected allies, and dark new forces at play.



THE PERSONAL HISTORY OF DAVID COPPERFIELD

STARRING: DEV PATEL, TILDA SWINTON, HUGH LAURIE, PETER CAPALDI, BEN WHISHAW, PAUL WHITEHOUSE AND GWENDOLINE CHRISTIE
DIRECTOR: ARMANDO IANNUCCI

PG CERT From birth to infancy, from adolescence to adulthood, the good-hearted David Copperfield is surrounded by kindness, wickedness, poverty and wealth, as he meets an array of remarkable characters in Victorian England. As David sets out to be a writer, in his quest for family, friendship, romance and status, the story of his life is the most seductive tale of all.





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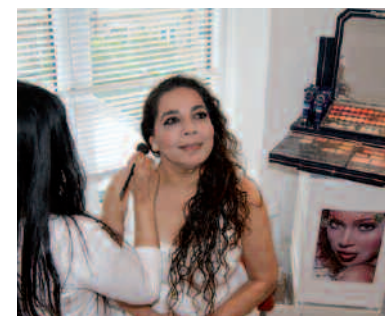
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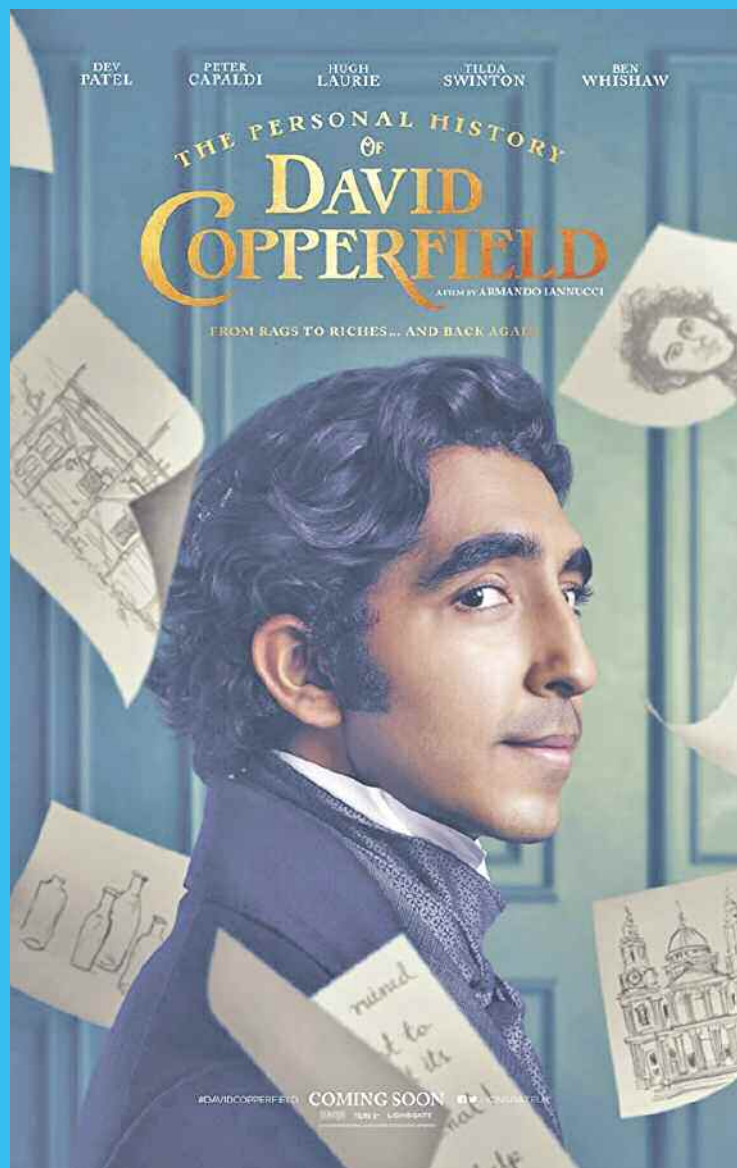
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Kia electrifies more of its line-up for 2020



Hot on the heels of the electrified versions of the Niro, Soul and Sportage, Kia is expanding the line-up even further with the launch of Plug-in Hybrid versions of the recently introduced all-new Kia XCeed and the stylish and practical Ceed Sportswagon.

The new Kia XCeed and Ceed Sportswagon Plug-in Hybrid offer a compelling alternative to conventional petrol and diesel

models.

Each is powered by a 1.6-litre GDi engine combined with an electric motor and 8.9kWh battery pack to produce 139bhp and 265Nm of torque.

The new powertrain combines a lithium-polymer battery pack, an electric motor, and an efficient 1.6-litre GDi (Gasoline Direct Injection) engine. The powertrain's total power and torque output are

139bhp and 265Nm.

The powertrain is paired with a six-speed dual-clutch auto transmission (6DCT), ensuring a more enjoyable drive than other hybrid vehicles equipped with electronic continuously variable transmissions (e-CVT).

Kia's six-speed dual clutch differs by allowing the full output of both the engine and motor to be transferred in parallel through the

transmission, with minimal loss of energy. Standard regenerative braking technology allows the new Plug-in Hybrid models to harvest kinetic energy and recharge their battery packs while coasting or braking, further enhancing the overall efficiency of the powertrain.

Both new models feature their own distinctive design features to differentiate them from other petrol and diesel models in the Kia

XCeed and Ceed Sportswagon line-ups.

Each car has a new closed 'tiger-nose' grille at the front of the car to aid aerodynamic efficiency and feature distinct 'eco plug-in' exterior badges. The charging port is integrated into the left front wing of each car.

Continued on page 40

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New Golf responds with intelligent climate control



“I’m cold”

Volkswagen models represent modern functionality and the brand’s typically easy orientation inside the vehicle.

With the new Golf, operation is now even more intuitive. A visible and tangible example is the control for the 3-zone automatic air conditioner “Air Care Climatronic”.

This newly designed air conditioning system has a Smart Climate menu that can be used to activate specific individual functions such as “Warm feet” or “Clear view” – not only at the press of a button, but also using voice control. The new model is therefore the first Golf to respond interactively to the wishes of the driver and passenger.

The temperature of the air conditioning system can be adjusted in the new Golf using a touchslider or voice input. The driver and passenger can access the menu control of the “Air Care Climatronic” with allergen filter and 3-zone control via the screen of the Infotainment

system or the touch field below with direct access buttons.

As an alternative to the classic controls, such as for the fan function or air recirculation mode (Classic Climate), the screen features the new Smart Climate menu. To access specific air conditioning settings in this menu, it is no longer necessary to spend time adjusting different parameters of the air conditioning system. You can now intuitively activate preconfigured scenarios with one touch or alternatively by using voice control.

Volkswagen has identified five frequently used scenarios and transferred them to the Smart Climate menu. The functions are “Clear view” (de-mist windows), “Warm feet” (warmer air to the footwell), “Warm hands” (warmer air via the vents of the dash panel), “Cool feet” (colder air into the footwell) and “Fresh air” (cool breeze flows through the vehicle interior).

The clever thing here is that the Smart Climate functions are

always only activated temporarily – they briefly enhance current well-being before reverting to the previously active settings of the automatic air conditioner.

It is also easier to change individual permanent settings of the “Air Care Climatronic” than ever before: As an alternative to classic operation in the air conditioning menu, this works using a touch-slider or voice control. The new digital microphones in the Golf also recognise whether it is the driver or the passenger speaking.

All you have to do is say “I am cold” or “I am warm” and the “Air Care Climatronic” will change the temperature on the driver side or passenger side for each command. It is also possible, for example, to say “Make it four degrees warmer” to change the temperature accordingly. Equally simply and effectively, statements such as “There’s a draught” or “It’s stuffy” can be used to adjust the settings of the automatic air conditioner.

Kia electrifies more of its line-up for 2020

Continued from page 39

Inside, there’s the same driver-oriented dashboard, low seating position and everyday ergonomics of the existing Ceed line-up.

However, the new Plug-in Hybrid models feature a range of new functions to enhance usability for owners looking to extract the most out of the new powertrain.

Both vehicles are equipped with a charging indicator, a visual aid to tell owners that their car is charging or when the battery is fully-charged. Its location on top of the dashboard means drivers can instantly ascertain the car’s state of charge at a glance from outside the car (for instance, when it is parked on the driveway at home and the owner hasn’t left the house yet).

Both cars offer Kia’s brand-new 10.25-inch touchscreen infotainment and navigation system with Kia’s UVO Connect telematics.

The instrument cluster features unique displays for the Plug-in Hybrid powertrain, displaying remaining charge levels, anticipated electric-only range and the flow of energy between the battery pack, engine and electric motor.

Standard on the Kia XCeed

‘First Edition’, Kia’s new fully-digital 12.3-inch ‘Supervision’ instrument cluster is designed to deliver information as clearly as possible with a range of unique graphics displays. The high-resolution 1920x720-pixel Supervision display replaces the conventional dials.

The ‘Driver Only’ heating, ventilation and air-conditioning system – activated with a new button on the dashboard – instantly de-activates airflow to all cabin vents except those nearest the driver. This is designed to reduce the draw on battery energy from the ventilation system, while still keeping the driver at their preferred temperature.

The 8.9 kWh battery pack is located alongside the 37-litre fuel tank beneath the rear bench, unlike many other plug-in hybrid vehicles, in which the battery pack takes up valuable boot space.

Safety has been given a high priority with six airbags (front, side and curtain with front passenger cut-off switch), Lane Keeping Assist (LKA), High Beam Assist (HBA), Driver Attention Warning (DAW), Hill Start Assist Control (HAC), Speed Limit Information Function (SLIF) and Forward Collision-Avoidance Assist – City and Pedestrian (FCA) all included as standard.



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82 GK OFFERS TEL: 07737 334 567	AMII AAD £2,000 (000) TEL: 01274 414141	ASIA NSX £15,000 (000) TEL: 07938 472 121	BHO4GUL OFFERS (BHOJUL) TEL: 07970 026 653	DR5ISHA £995 (DR. SHISHA / SHA) TEL: 07834 531 883	ETIANV £8,000 (DR HAYS) TEL: 07985 455 057	EVIIJAY £10,000 (E VIJAY) TEL: 07985 455 057	GUILAM OFFERS OVER £5,000 TEL: 07597 629 845	JIT7 VEE £1500 (000) (JAT VEE) TEL: 07774 246 877	KHII LAK £1,000 (000) (KHII LAK) TEL: 01274 414141	MSIALE £9,500 (MS HALE) TEL: 07985 455 057	NAS555A £29,000 (NEIL FOX) TEL: 07985 455 057	PAIISHA £9,000 (P AISHA) TEL: 07985 455 057	RSIIAUN £15,000 (R SHAIUN) TEL: 07985 455 057
A17JEO £5,000 (000) (AMJED) TEL: 07971 732 789	AMII EEN £5,000 (000) (ALI HASSAN) TEL: 07946 162 099	A SH42D £10,000 (000) TEL: 07976 024 735	BH54RAT OFFERS (BHARAT) TEL: 07970 026 653	DR 5 500D £8,000 (000) (DR 5) TEL: 07740 784 983	ETIANV £8,000 (DR HAYS) TEL: 07985 455 057	EVIIJAY £10,000 (E VIJAY) TEL: 07985 455 057	GUILAM OFFERS OVER £5,000 TEL: 07597 629 845	JIT7 VEE £1500 (000) (JAT VEE) TEL: 07774 246 877	KHII LAK £1,000 (000) (KHII LAK) TEL: 01274 414141	MSIALE £9,500 (MS HALE) TEL: 07985 455 057	NAS555A £29,000 (NEIL FOX) TEL: 07985 455 057	PAIISHA £9,000 (P AISHA) TEL: 07985 455 057	RSIIAUN £15,000 (R SHAIUN) TEL: 07985 455 057
A2SSM £1,499 (000) TEL: 07737 334 567	ANII SAR £5,000 (000) TEL: 01274 414141	ASKI £70,000+ TEL: 07984 012 093	BKIIAR £15,000 (B KUMAR) TEL: 07985 455 057	DSIIAUN £15,000 (D SHAIUN) TEL: 07985 455 057	ETIANV £8,000 (DR HAYS) TEL: 07985 455 057	EVIIJAY £10,000 (E VIJAY) TEL: 07985 455 057	GUILAM OFFERS OVER £5,000 TEL: 07597 629 845	JIT7 VEE £1500 (000) (JAT VEE) TEL: 07774 246 877	KHII LAK £1,000 (000) (KHII LAK) TEL: 01274 414141	MSIALE £9,500 (MS HALE) TEL: 07985 455 057	NAS555A £29,000 (NEIL FOX) TEL: 07985 455 057	PAIISHA £9,000 (P AISHA) TEL: 07985 455 057	RSIIAUN £15,000 (R SHAIUN) TEL: 07985 455 057
A212 JAN OFFERS OVER £5,000 TEL: 07815 114 201	ANII SAR £2,500 (000) (NO WITHHELD) TEL: 07786 424 251	ATT4H £8,500 (000) (NO WITHHELD) TEL: 07786 424 251	BSIIAUN £15,000 (B SHAIUN) TEL: 07985 455 057	DSIIAUN £15,000 (D SHAIUN) TEL: 07985 455 057	ETIANV £8,000 (DR HAYS) TEL: 07985 455 057	EVIIJAY £10,000 (E VIJAY) TEL: 07985 455 057	GUILAM OFFERS OVER £5,000 TEL: 07597 629 845	JIT7 VEE £1500 (000) (JAT VEE) TEL: 07774 246 877	KHII LAK £1,000 (000) (KHII LAK) TEL: 01274 414141	MSIALE £9,500 (MS HALE) TEL: 07985 455 057	NAS555A £29,000 (NEIL FOX) TEL: 07985 455 057	PAIISHA £9,000 (P AISHA) TEL: 07985 455 057	RSIIAUN £15,000 (R SHAIUN) TEL: 07985 455 057
AII LAM £1,500 (000) TEL: 01274 414141	ANII SER £5,000 (000) TEL: 01274 414141	AVIIJAY £10,000 (A VIJAY) TEL: 07985 455 057	BT55MLA £15,000 (B TISSMILA) TEL: 07971 732 789	DSIIAUN £15,000 (D SHAIUN) TEL: 07985 455 057	ETIANV £8,000 (DR HAYS) TEL: 07985 455 057	EVIIJAY £10,000 (E VIJAY) TEL: 07985 455 057	GUILAM OFFERS OVER £5,000 TEL: 07597 629 845	JIT7 VEE £1500 (000) (JAT VEE) TEL: 07774 246 877	KHII LAK £1,000 (000) (KHII LAK) TEL: 01274 414141	MSIALE £9,500 (MS HALE) TEL: 07985 455 057	NAS555A £29,000 (NEIL FOX) TEL: 07985 455 057	PAIISHA £9,000 (P AISHA) TEL: 07985 455 057	RSIIAUN £15,000 (R SHAIUN) TEL: 07985 455 057
AIIIMAD £15,000 (A AHMAD) TEL: 07985 455 057	ANS4AR N £1,500 (000) (ANSAR) TEL: 07946 162 099	AWSS5OM £10,000 (AWSSOM) TEL: 07985 254 294	BUS5TEO £5,000 (000) (BUSTED) TEL: 07985 455 057	DSIIAUN £15,000 (D SHAIUN) TEL: 07985 455 057	ETIANV £8,000 (DR HAYS) TEL: 07985 455 057	EVIIJAY £10,000 (E VIJAY) TEL: 07985 455 057	GUILAM OFFERS OVER £5,000 TEL: 07597 629 845	JIT7 VEE £1500 (000) (JAT VEE) TEL: 07774 246 877	KHII LAK £1,000 (000) (KHII LAK) TEL: 01274 414141	MSIALE £9,500 (MS HALE) TEL: 07985 455 057	NAS555A £29,000 (NEIL FOX) TEL: 07985 455 057	PAIISHA £9,000 (P AISHA) TEL: 07985 455 057	RSIIAUN £15,000 (R SHAIUN) TEL: 07985 455 057
AIIYAA £20,000 (AIIYAA) TEL: 07985 455 057	ANS5AR K £1,000 TEL: 07983 480 777	AYIINUS £9,500 (A YUNUS) TEL: 07985 455 057	BVIIJAY £10,000 (B VIJAY) TEL: 07985 455 057	DSIIAUN £15,000 (D SHAIUN) TEL: 07985 455 057	ETIANV £8,000 (DR HAYS) TEL: 07985 455 057	EVIIJAY £10,000 (E VIJAY) TEL: 07985 455 057	GUILAM OFFERS OVER £5,000 TEL: 07597 629 845	JIT7 VEE £1500 (000) (JAT VEE) TEL: 07774 246 877	KHII LAK £1,000 (000) (KHII LAK) TEL: 01274 414141	MSIALE £9,500 (MS HALE) TEL: 07985 455 057	NAS555A £29,000 (NEIL FOX) TEL: 07985 455 057	PAIISHA £9,000 (P AISHA) TEL: 07985 455 057	RSIIAUN £15,000 (R SHAIUN) TEL: 07985 455 057
AII2JAN £15,000 (ARJAN) TEL: 07731 464002	ANJ33M £4,995 TEL: 07867 861 193	ASIIAF £15,400 (A YUSAF) TEL: 07985 455 057	BYIIASF £15,400 (B YUSAF) TEL: 07985 455 057	DSIIAUN £15,000 (D SHAIUN) TEL: 07985 455 057	ETIANV £8,000 (DR HAYS) TEL: 07985 455 057	EVIIJAY £10,000 (E VIJAY) TEL: 07985 455 057	GUILAM OFFERS OVER £5,000 TEL: 07597 629 845	JIT7 VEE £1500 (000) (JAT VEE) TEL: 07774 246 877	KHII LAK £1,000 (000) (KHII LAK) TEL: 01274 414141	MSIALE £9,500 (MS HALE) TEL: 07985 455 057	NAS555A £29,000 (NEIL FOX) TEL: 07985 455 057	PAIISHA £9,000 (P AISHA) TEL: 07985 455 057	RSIIAUN £15,000 (R SHAIUN) TEL: 07985 455 057
AASIZAA £15,000 (A YUSAF) TEL: 07985 455 057	ANW444R £10,000 (A YUSAF) TEL: 07946 162 099	AYIISUF £15,000 (A YUSUF) TEL: 07985 455 057	BYIISUF £15,000 (B YUSUF) TEL: 07985 455 057	DSIIAUN £15,000 (D SHAIUN) TEL: 07985 455 057	ETIANV £8,000 (DR HAYS) TEL: 07985 455 057	EVIIJAY £10,000 (E VIJAY) TEL: 07985 455 057	GUILAM OFFERS OVER £5,000 TEL: 07597 629 845	JIT7 VEE £1500 (000) (JAT VEE) TEL: 07774 246 877	KHII LAK £1,000 (000) (KHII LAK) TEL: 01274 414141	MSIALE £9,500 (MS HALE) TEL: 07985 455 057	NAS555A £29,000 (NEIL FOX) TEL: 07985 455 057	PAIISHA £9,000 (P AISHA) TEL: 07985 455 057	RSIIAUN £15,000 (R SHAIUN) TEL: 07985 455 057
AA55HAK £8,995 (000) TEL: 07779 324 610	ANW444R £10,000 (000) (ANWAR) TEL: 07946 162 099	AYII UBS £2,000 (000) (AYII UBS) TEL: 01274 414141	CII EMY £2,500 TEL: 07764 656 667	DSIIAUN £15,000 (D SHAIUN) TEL: 07985 455 057	ETIANV £8,000 (DR HAYS) TEL: 07985 455 057	EVIIJAY £10,000 (E VIJAY) TEL: 07985 455 057	GUILAM OFFERS OVER £5,000 TEL: 07597 629 845	JIT7 VEE £1500 (000) (JAT VEE) TEL: 07774 246 877	KHII LAK £1,000 (000) (KHII LAK) TEL: 01274 414141	MSIALE £9,500 (MS HALE) TEL: 07985 455 057	NAS555A £29,000 (NEIL FOX) TEL: 07985 455 057	PAIISHA £9,000 (P AISHA) TEL: 07985 455 057	RSIIAUN £15,000 (R SHAIUN) TEL: 07985 455 057
AA55 RAF £1,250 TEL: 07858 326 444	ASII AHS £3,000 (A SHAH) TEL: 07815 114 201	BO55 KHN OFFERS TEL: 07971 850 490	CI4 SSE £7,500 (CLASSY) TEL: 07815 114 201	DSIIAUN £15,000 (D SHAIUN) TEL: 07985 455 057	ETIANV £8,000 (DR HAYS) TEL: 07985 455 057	EVIIJAY £10,000 (E VIJAY) TEL: 07985 455 057	GUILAM OFFERS OVER £5,000 TEL: 07597 629 845	JIT7 VEE £1500 (000) (JAT VEE) TEL: 07774 246 877	KHII LAK £1,000 (000) (KHII LAK) TEL: 01274 414141	MSIALE £9,500 (MS HALE) TEL: 07985 455 057	NAS555A £29,000 (NEIL FOX) TEL: 07985 455 057	PAIISHA £9,000 (P AISHA) TEL: 07985 455 057	RSIIAUN £15,000 (R SHAIUN) TEL: 07985 455 057
AALIS £15,000 TEL: 07733 244 444	ASII AKS £1,500 (000) TEL: 01274 414141	BO55Y BO £5,000 (000) (BO) TEL: 07740 784 983	C SKY W £999 (000) TEL: 07427 677 989	DSIIAUN £15,000 (D SHAIUN) TEL: 07985 455 057	ETIANV								

SH04 BEK £1,995 ONO TEL: 07764 656 667	SHA2D £25,000 TEL: 07867 861 193	TAIHAS £3,000 ONO (TALHA) TEL: 07946 162 099	TVIJAY £10,000 (T VIJAY) TEL: 07985 455 057	VY55 HAL £3,500 TEL: 07588 326 444	WDIIEEP £7,000 (W DILEEP) TEL: 07985 455 057	XX 56XY XX £8,000 ONO TEL: 07908 472 121
SHIOAEB £2,000 TEL: 07754 852 402 no withheld numbers	SOII BYA £2,000 TEL: 01274 414141 MON - FRI: 9-5.30	TAIIMAD £10,000 (T AHMAD) TEL: 07985 455 057	TYIISAF £15,400 (T YUSAF) TEL: 07985 455 057	VY55 HNU £3,500 TEL: 07588 326 444	WGIPTA £6,995 (W GUPTA) TEL: 07985 455 057	XYIISAF £15,400 (X YUSAF) TEL: 07985 455 057
SHIOABY £4,000 ONO TEL: 07828 695 464	SPIRTY £15,000 (SPORTY) TEL: 07985 455 057	TAIYRS £1,500 (TAHYRS) TEL: 07867 886 786	TYIISUF £15,000 (T YUSUF) TEL: 07985 455 057	WQIIVER £6,500 (W OLIVER) TEL: 07985 455 057	WKIIMAR £15,000 (W KUMAR) TEL: 07985 455 057	YIINIS £OFFERS (YOUNAS) TEL: 07834 016 393
SHIOMET £OFFERS T: 07754 852 402 no withheld numbers	STIIGGG £20,000 ONO TEL: 07786 510 000	TAI3BYS £1,600 ONO TEL: 07557 387 547	UAIIMAD £10,000 (U AHMAD) TEL: 07985 455 057	W2I JAS £1,200 ONO TEL: 07925 757 677	WMIILES £7,500 (W MILES) TEL: 07985 455 057	YSIILMA £4,000 ONO (SALMA) TEL: 07969 598 969
SHIOKUT £OFFERS T: 07754 852 402 no withheld numbers	SUR87IT £1,500 (SURBJIT) TEL: 07985 589 631	TA55LYM £4,995 ONO TEL: 07779 324 610	UDIIEEP £7,000 (U DILEEP) TEL: 07985 455 057	W33DDY £5,000 ONO TEL: 07779 994 695	WSIISAN £7,500 (W SUSAN) TEL: 07985 455 057	Y55ANA £OFFERS TEL: 07835 316 786
SHII AED £1,000 TEL: 01274 414141 MON - FRI: 9-5.30	SYIISAF £15,400 (S YUSAF) TEL: 07985 455 057	TA55TEE £5,000 T: 07740 784 983 privateplates@hotmail.co.uk	UKIORD £OFFERS TEL: 07522 199 997	W33DY K £5,000 ONO TEL: 07779 994 695	WYIISAF £15,400 (W YUSUF) TEL: 07985 455 057	Y9 ALT £30,000 TEL: 07525 817 453
SHII AFS £1,500 TEL: 01274 414141 MON - FRI: 9-5.30	SYIISUF £15,000 (S YUSUF) TEL: 07985 455 057	TA55TYE £4,995 T: 07740 784 983 privateplates@hotmail.co.uk	UMM444R £4,995 TEL: 07707 747 776	W33NTD £1,800 (WANTED) TEL: 01202 877 038	WYIISUF £15,000 (W YUSUF) TEL: 07985 455 057	YAIIMAD £10,000 (Y AHMAD) TEL: 07985 455 057
SHIIAHZ £5,000 TEL: 07921 576 971	TOYSR £15,000 ONO TEL: 07973 787 934	TA67 ETS £6,000 ONO TEL: 07908 472 121	UYIISAF £15,400 (U YUSAF) TEL: 07985 455 057	W4JLD £1,995 TEL: 07954 389 874	X3 SINGS £3,500 (SINGS) TEL: 07833 333 870	YAIYAA £15,000 (YAYYAA) TEL: 07985 455 057
SHII ANY £2,000 TEL: 01274 414141 MON - FRI: 9-5.30	TIUUCS £OFFERS TEL: 07581 169 231	TAHIR £100,000 (TAHIR) TEL: 07403 302 725	VOIIRAS £2,000 (VOHRA) TEL: 07867 886 786	W4KY R £10,000 TEL: 07786 615 234	X 7BY X £1,500 TEL: 07767 778 798	YEIICOM £49,000 (YELL COM) TEL: 07985 455 057
SHIIKEL £4,995 ONO (SHAKEL) TEL: 07863 845 709	TI4 REK £OFFERS (TARIC) TEL: 07508 066 661	TBIATT £7,000 (T BHATT) TEL: 07985 455 057	VOIIVER £6,500 (V OLIVER) TEL: 07985 455 057	W4LYT £2,000 (T BHATT) TEL: 07854 435 656	XAL IIX £15,000 TEL: 07733 244 444	YDIIEEP £7,000 (Y DILEEP) TEL: 07985 455 057
SHII OBY £1,000 TEL: 01274 414141 MON - FRI: 9-5.30	TI9 ARX £OFFERS (TIGER X) TEL: 07837 780 981	TDIIEEP £7,000 (T DILEEP) TEL: 07967 193 033	V 4RFN £1,000 TEL: 07967 193 033	WAIIEEM £15,000 (WAHEEM) TEL: 07985 455 057	X BAIG £50,000 TEL: 07947 979 777	YKIIMAR £15,000 (Y KUMAR) TEL: 07985 455 057
SHIIPER £15,000 (SHIPER) TEL: 07985 455 057	TILI 786 £1,500 ONO TEL: 07974 179 156	TERIK VALUED AT OVER £60K TEL: 07739 413 695	V 44MJD £850 ONO TEL: 07803 012 253	WAIISHA £9,000 (W AISHA) TEL: 07985 455 057	X K04SER £OFFERS TEL: 07811 146 312	YUIONES £OFFERS T: 07754 852 402 no withheld numbers
SHIYLA £10,000 TEL: 07969 914 041	T44 RKK £2,200 ONO TEL: 07926 095 168	TJIIDGE £15,500 (T JUDGE) TEL: 07985 455 057	VAIIMAD £10,000 (V AHMAD) TEL: 07985 455 057	WAIITAD £10,000 (WANTED) TEL: 07778 881 126	X KIIAN X £2,700 TEL: 07786 087 155	YVIIJAY £10,000 (Y VIJAY) TEL: 07985 455 057
SHI2ADH £3,000 ONO TEL: 07870 993 553	T444BYS £995 ONO TEL: 07886 606 431	TKIINGS £14,000 (T KINGS) TEL: 07985 455 057	VBIATT £7,000 (V BHATT) TEL: 07985 455 057	WAH330K £2,500 (WAHEED K) TEL: 07973 199 979	WKIIMAR £15,000 (W KUMAR) TEL: 07985 455 057	Y44SCR £2,500 ONO TEL: 07828 159 318
SHI2ANH £3,000 ONO TEL: 07870 993 553	T8WHD £15,000 (TAWHEED) TEL: 07842 955 147	TMILES £7,500 (T MILES) TEL: 07985 455 057	VDIIEEP £7,000 (V DILEEP) TEL: 07985 455 057	WAIJ33D £2,995 TEL: 07793 628 670	XMIILES £15,000 (X YUSUF) TEL: 07985 455 057	
SHI3 MLA £5,000+ (SHIMMLA) TEL: 07973 165 474	T9RYK £OFFERS TEL: 07863 289 625	TRII HAD £2,500 TEL: 01274 414141 MON - FRI: 9-5.30	VSIISAN £7,500 (V SUSAN) TEL: 07985 455 057	WAIJ33D £2,995 TEL: 07793 628 670	XSHIACS £4,500 (X SHAKS) TEL: 07985 455 057	
SH54ZHD £5,725 TEL: 07802 183 450	TAIATS £1,500 (TALLAT) TEL: 07867 886 786	TSIISAN £7,500 (T SUSAN) TEL: 07985 455 057	VYIISAF £15,400 (V YUSAF) TEL: 07985 455 057	WASIF £10,000 TEL: 07867 861 193	XXID MAR £OFFERS TEL: 07928 473 771	

5 NAS £30,000 TEL: 07540 176 854	CHIEFS £20,000 ONO TEL: 07786 615 234	PIINEM £2,995 ONO (PUNEM) TEL: 07305 700 800
ATT4H £8,500 ONO TEL: 07786 424 251	K7 PPA £3,995 ONO TEL: 07890 201 854	UK I IORD £OFFERS TEL: 07522 199 997
H4 SSB £12,995 ONO TEL: 07440 766 843	L99HOR £OFFERS TEL: 07850 706 930	YA55EEM £75,000 ONO TEL: 07887 837 553
J4 MEL £15,000 ONO TEL: 07870 496 535	NOO2HAT £2,000 ONO (NUZHAT) TEL: 07813 011 702	

AB4DLA £OFFERS TEL: 07522 173 297	AWA15S £OFFERS TEL: 07522 173 297	F9TMA £OFFERS TEL: 07522 173 297	K4HN.V £OFFERS TEL: 07522 173 297	M44YAT £OFFERS TEL: 07522 173 297	S4FTR £OFFERS TEL: 07522 173 297	SHIFYK £OFFERS TEL: 07522 173 297
AI.2GGY £OFFERS TEL: 07522 173 297	AWIIS.X £OFFERS TEL: 07522 173 297	FAIIZAM £OFFERS TEL: 07522 173 297	K4UR.X £OFFERS TEL: 07522 173 297	MAI4RYA £OFFERS TEL: 07522 173 297	S4JAO £OFFERS TEL: 07522 173 297	SIOOFYN £OFFERS TEL: 07522 173 297
AAI2OMA £OFFERS TEL: 07522 173 297	AY55HAS £OFFERS TEL: 07522 173 297	FI2ANA £OFFERS TEL: 07522 173 297	K44HNY £OFFERS TEL: 07522 173 297	MAI4RYM £OFFERS TEL: 07522 173 297	S4TPL £OFFERS TEL: 07522 173 297	T4RAK £OFFERS TEL: 07522 173 297
AAI3EZA £OFFERS TEL: 07522 173 297	BIG ACN £OFFERS TEL: 07522 173 297	FI2LAT £OFFERS TEL: 07522 173 297	KE55AR.B £OFFERS TEL: 07522 173 297	MAQ4DAS £OFFERS TEL: 07522 173 297	S500AAN £OFFERS TEL: 07522 173 297	T4SDK £OFFERS TEL: 07522 173 297
AA55HAD £OFFERS TEL: 07522 173 297	BAO.5HAN £OFFERS TEL: 07522 173 297	FI7RAN £OFFERS TEL: 07522 173 297	KA55YM.A £OFFERS TEL: 07522 173 297	MEIIZAN £OFFERS TEL: 07522 173 297	SAI4HYL £OFFERS TEL: 07522 173 297	T5PAN £OFFERS TEL: 07522 173 297
ABIIDLA £OFFERS TEL: 07522 173 297	BDS.7HUG £OFFERS TEL: 07522 173 297	HIGFSA £OFFERS TEL: 07522 173 297	KE55AR.J £OFFERS TEL: 07522 173 297	MUIIAMO £OFFERS TEL: 07522 173 297	SHO2ZEB £OFFERS TEL: 07522 173 297	TIGYUB £OFFERS TEL: 07522 173 297
AI3BYD £OFFERS TEL: 07522 173 297	BIG KNY £OFFERS TEL: 07522 173 297	HIBSNS £OFFERS TEL: 07522 173 297	KE55AR.X £OFFERS TEL: 07522 173 297	NAI3ELZ £OFFERS TEL: 07522 173 297	SHIIEZD £OFFERS TEL: 07522 173 297	TI7LAT £OFFERS TEL: 07522 173 297
ADI4AAM £OFFERS TEL: 07522 173 297	CHIARCO £OFFERS TEL: 07522 173 297	HAIIRUN £OFFERS TEL: 07522 173 297	KHO9KAR £OFFERS TEL: 07522 173 297	NAV330A £OFFERS TEL: 07522 173 297	SHIIFEK £OFFERS TEL: 07522 173 297	TA5IWAR £OFFERS TEL: 07522 173 297
ALIIMAH £OFFERS TEL: 07522 173 297	CHI4TAS £OFFERS TEL: 07522 173 297	HAI3EBB £OFFERS TEL: 07522 173 297	KIOMHL £OFFERS TEL: 07522 173 297	P44POO £OFFERS TEL: 07522 173 297	SHIIKOR £OFFERS TEL: 07522 173 297	TA54DAK £OFFERS TEL: 07522 173 297
ANIIAMS £OFFERS TEL: 07522 173 297	CH JAT £OFFERS TEL: 07522 173 297	JAI3ARZ £OFFERS TEL: 07522 173 297	KI5HVR £OFFERS TEL: 07522 173 297	RI4SYT £OFFERS TEL: 07522 173 297	SHIIMEM £OFFERS TEL: 07522 173 297	TA54WAR £OFFERS TEL: 07522 173 297
ANIIIEEK £OFFERS TEL: 07522 173 297	DI4TAA £OFFERS TEL: 07522 173 297	JA55 KOR £OFFERS TEL: 07522 173 297	KKI. 2AYN £OFFERS TEL: 07522 173 297	RI7MAJ £OFFERS TEL: 07522 173 297	SHIISAD £OFFERS TEL: 07522 173 297	V3JEY £OFFERS TEL: 07522 173 297
ANIIQUE £OFFERS TEL: 07522 173 297	EI3RAR £OFFERS TEL: 07522 173 297	JA5.5NGH £OFFERS TEL: 07522 173 297	LIGAYD £OFFERS TEL: 07522 173 297	RAI3 KHN £OFFERS TEL: 07522 173 297	SHI3KHE £OFFERS TEL: 07522 173 297	W4SAB £OFFERS TEL: 07522 173 297
A.RI3MHN £OFFERS TEL: 07522 173 297	ESIMYL £OFFERS TEL: 07522 173 297	JAIIBAR £OFFERS TEL: 07522 173 297	L4IIORE £OFFERS TEL: 07522 173 297	RAI3NWZ £OFFERS TEL: 07522 173 297	SHI3KHY £OFFERS TEL: 07522 173 297	WI4JYD £OFFERS TEL: 07522 173 297
ASIIWYN £OFFERS TEL: 07522 173 297	FBI2ANA £OFFERS (FARANA) TEL: 07522 173 297	JASS JAZ £OFFERS TEL: 07522 173 297	MI2NYR £OFFERS TEL: 07522 173 297	RAI4SHD £OFFERS TEL: 07522 173 297	SHI4KEL £OFFERS TEL: 07522 173 297	X.15AH.X £OFFERS TEL: 07522 173 297
ATIIQUE £OFFERS TEL: 07522 173 297	FBRHN £OFFERS TEL: 07522 173 297	KI55HYF £OFFERS TEL: 07522 173 297	M42RUF £OFFERS TEL: 07522 173 297	S3I ACN £OFFERS TEL: 07522 173 297	SHI4KYL £OFFERS TEL: 07522 173 297	

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University to play a part in Rugby League World Cup 2021

The University of Leeds is to host one of the training hubs for the Rugby League World Cup 2021.

The England women's team will be one of the squads to be based at the University during the competition. Other teams will also be using the training facilities but they have not yet been identified.

The players will have access to first-class training facilities, including a floodlit World 22 specification 3G rubber crumb pitch and high-quality grass pitches, strength and conditioning facilities, an eight-lane 25m swimming pool and accommodation.

Continued on page 46





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University to play a part in Rugby League World Cup 2021

Continued from page 45

The University will also look at ways, in collaboration with partners, of ensuring the event has a lasting impact by encouraging staff and students to get involved in sports volunteering or through the development of coaching skills.

This week the Duke of Sussex, made the draws for the three tournaments that make up the competition: the men's, women's and wheelchair World Cups.

Three of the men's and four of the women's matches will be played at the Emerald Headingley Stadium, home of Leeds Rhinos, and one of the men's semi-finals will take place at Elland Road. The event will be held in the autumn of 2021, with the finals weekend at the end of November.

Suzanne Glavin, Head of Sport and Physical Activity, said: "The University is proud to be associated with the tournament. It will showcase the very best of world Rugby League and the decision that we will host one of the training hubs is a fitting endorsement of the world-class facilities we have at the University.

"The pitches at Sports Park Weetwood and nearby Boddington are just a short

distance from the Leeds venues.

"The teams hosted at Leeds will also have access to the University's strength and conditioning suite and 25m swimming pool based on the main campus."

Those teams will be accommodated at Weetwood Hall, next to the training facilities.

Ms Glavin added: "It is also exciting that we are involved in creating a legacy to this event by getting staff and students involved, for them to feel inspired and motivated. We want to organise a volunteering programme around the event - and to develop coaching courses."

The University has recently spent £115,000 on a major refurbishment of the swimming pool at The Edge sports centre, on the main campus, and £250,000 on resurfacing and renewing the shock pad on one of the Astroturf pitches in addition to improving dugouts and scoreboards.

West Yorkshire is regarded by many fans as the home of Rugby League and the sport has gained popularity in the last decade. More than 19 million people watched global television coverage of the 2013 Rugby League World Cup.



Tackling youth violence

Back cover story continued

A joint initiative launched by the Hamara Centre and the Osmondthorpe Community Centre in Leeds will deliver a boxing project to tackle youth violence.

The government's response to England's knife crime surge has so far been to increase the use of stop-and-search without reasonable suspicion, introduce knife crime prevention orders and most recently to announce legislation requiring schools, hospitals and youth groups to report those young people at risk of being drawn into knife crime.

Academic research shows that punitive approaches such as these can actually alienate young people and make the problem worse.

Boxing, in particular, can provide an opportunity for young men in particular to escape a life of crime. The model has successfully been used in many cities across the country to tackle youth violence.

Speaking to the hamara Centre, one young person reported that Boxing gave them a break from feeling angry.

The Leeds project will consist of a boxing coach and a youth worker to support engagement

and well-being.

The Boxing coach will focus on the boxing element whereas the youth worker will focus on building relationships, managing emotions and exploring young people's attitudes and beliefs, as well as the opportunity to talk about goals and aspirations.

Volunteers from the community who are currently supporting youth sessions will also be involved in the delivery and support in engaging young people.

A spokesperson from Hamara Centre said: "With our boxing project, a youth worker will conduct one-to-one's - giving each young person the opportunity to build a positive relationship and speak confidentially.

"Relevant referrals and sign posting will be conducted for any additional support needs.

"Growth and development will be encouraged through goal setting.

"In addition to the boxing session we will recruit ten young people who will carry out a Gym Instructor Qualification enabling them to volunteer, run the boxing sessions and also supported to move in to paid work."

To find out more contact the Hamara Centre, Tempest Road, Leeds, LS11 6RD or call 0113 277 3330.

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Route for Tour de Yorkshire announced



The full routes for the 2020 Tour de Yorkshire and Asda Tour de Yorkshire Women's Race have been unveiled at Leeds Civic Hall.

Both routes will be the toughest in the history of the race and feature more climbing than ever before, including the Côtes de Buttertubs and Grinton Moor – both making their first appearances since the 2014 Tour de France – and the return of the infamous Shibden Wall.

The sixth edition of the men's race will take place between 30 April – 3 May and form part of the inaugural UCI ProSeries. Its new 2.Pro classification remains the highest-possible status for a multi-day race outside of the UCI WorldTour. It encompasses all four corners of the county and takes in 160 villages, towns and cities along the way.

The Asda Tour de Yorkshire Women's Race meanwhile, runs between 1-2 May and will once again be one of the most lucrative races in the sport.

James Mason, Chief Executive of Welcome to Yorkshire, said: "It's exciting for me to be involved with the Tour de Yorkshire for the very first time and this year's routes

look fantastic. Many of our county's iconic climbs are included, and we're particularly pleased to see Buttertubs and Grinton Moor making appearances after they were unfortunately cut from the World Championships route on account of the weather last September.

"Seeing the men and women tackle Shibden Wall will also be special, and we're delighted to be bringing the race to so many new places as well. We're lucky to have such a diversity of landscapes here in Yorkshire and these races will have something for every type of rider. I'm really looking forward to it and I'm sure we're in for some really exciting action."

Christian Prudhomme, ASO's Tour de France Director, said: "Once again, the team at Welcome to Yorkshire have done a tremendous job in designing such a beautiful, challenging and varied route and I am looking forward to seeing how both races play out.

"They are both harder than ever before, and when you factor in the millions of fans that will be lining the route, we know that the 2020 edition will be one to remember."

Thursday 30 April – Stage One Men (176.5km): The Yorkshire Coast Stage – Beverley to Redcar

The men's race gets going in Beverley and proceeds to Hornsea before following the coastline in a northerly direction. The first intermediate sprint will be contested in Flamborough, and Filey and Robin Hood's Bay both make welcome returns before the first mountains classification points are up for grabs on the Côte de Hooks House Farm. With those in the bag, a second intermediate sprint will take place at Whitby Abbey, and once the riders have passed through Sandsend they'll be faced with the second climb of the day – the Côte de Lythe Bank. Any riders that fall off the pace on there will have to work hard to get themselves back into contention before the action reaches a gripping conclusion in Redcar – the most northerly location the Tour has ever visited.

Friday 1 May – Stage Two Men,

Stage One Women (both 124.5km) The Three Peaks Stage – Skipton to Leyburn

The world's top female riders join the action in Skipton and start in the morning with the men following in the afternoon. Both routes are identical and feature two intermediate sprints in the opening 35km. The first comes in Settle with the other following in Horton in Ribblesdale. The route then heads past the Three Peaks and Ribbleshead Viaduct, and once the riders have exited Hawes, the Côte de Buttertubs will be immediately upon them. This rises to the highest point of the race and is one of two climbs that have not been visited since the 2014 Tour de France. The other is the Côte de Grinton Moor, and that fearsome double-header could see a few stragglers distanced before a fiercely contested finale in Leyburn.

Saturday 2 May – Stage Three Men (134km), Stage Two Women (114.5km)

The Heritage Stage – Barnsley to Huddersfield

The riders will loop around Barnsley Town Hall before heading out of town and the pace is likely to ramp up for the first intermediate sprint in Oxspring. Penistone and Holmfirth then both feature before the first categorised climb comes on the Côte de Netherthong. The Côte de Scapegoat Hill is next up, and once that's been crested the route continues towards Hebden Bridge. Here the two routes split. The women will immediately tackle the Côte de Hebden Bridge while the men commence an 18.6km loop which takes them into Todmorden and up a brutal climb bearing the town's name. They'll then drop back into Hebden Bridge and re-join the women's route before following it all the way to the finish. The Côte de Leeming's presence will prove taxing, but it's the Côte de Shibden Wall where the fireworks are most likely to be seen. This cobbled behemoth strikes fear into all those

who attempt it, and the fact it comes just 18km from the finish means it could prove a springboard for late attacks. Any sprinters still in contention will fancy their chances in the second intermediate sprint at Bank Top, but there's only likely to be a select bunch of stars who'll still be in contention when the race reaches Huddersfield. It is here that the winner of the Asda Tour de Yorkshire Women's Race will be crowned before the male riders battle it out for stage success.

Sunday 3 May – Stage Four Men (177.5km)

The Yorkshire Classic – Halifax to Leeds

Halifax's Piece Hall is a spectacular location for the start of this decisive stage for the men before they head into Brontë Country. Haworth's quaint cobbled Main Street will feature prior to the opening intermediate sprint in Oakworth. The first of seven categorised climbs is then looming large, and the Côte de Goose Eye

could catch a few riders unaware coming so early in the stage. The action then returns to Skipton before the next climb comes on the Côte de Barden Moor. Once that has been scaled it's on to Burnsall where the riders hit the Côte de Skyreholme. In Greenhow the route commences a 64km loop which includes the Côte de Lofthouse. Any stragglers that slip back on there will seek to regain parity on the subsequent descent into Masham, and then it's back to Pateley Bridge before the riders head back up the Côte de Greenhow Hill. A second intermediate sprint will be contested in Ilkley before the race hits the infamous Côte de Cow and Calf. The final climb will then be fought out on Otley Chevin and the race then sweeps into the outskirts of Leeds via Kirkstall Abbey. All the while the pace will be rising and the action promises to reach a rip-roaring conclusion once again along The Headrow.

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Tackling youth violence

Boxing is often praised as a way of teaching discipline, anger management and teamwork. Now, with violent crime on the rise - the sport is being used to support those at risk of being drawn into knife crime and gang activity.

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