



The way to a man's – and woman's - heart really IS through their stomach



Nadiya Hussain launches appeal to help generations of girls the chance to build a better future

Author and TV chef Nadiya Author and TV chef Nadiya Hussain MBE has launched a new appeal, 'Thirst for Knowledge'. She's hoping to help bring clean water, decent toilets and good hygiene to schools worldwide, giving generations of girls the chance to build a better future. Nadiya, an ambassador for

Nadiya, an ambassador for WaterAid, the international charity behind the scheme, is adding her support to the campaign alongside the launch of her latest exciting ventures her new BBC2 television series and book, both called Nadiya's Fast Flavours. Through

THE UK'S LARGEST ASIAN DEPARTMENT STORE

its appeal,

WaterAid will help bring clean water, decent toilets and good hygiene to communities in Nepal and around the world, transforming tens of thousands of lives.

Continued on page 8

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Colombia: Conflict ISIS I PUMA

FA AND

Nearly 5 million Colombians remain displaced, according to IDMC. The Government of Colombia recognises the displacement of more than 8 million people.

Nearly 110,000 people have been displaced or confined by the armed conflict in 2021 alone, according to UNOCHA. In the first nine months of 2021, 188 monthly attacks

against civilians were registered by UNOCHA. That is six daily attacks against civilians.

Colombia continues to be in the top 10 countries with the most landmine causalities and accidents, and it is the country where most environmental activists are killed worldwide.

NRC assisted nearly 150,000 people affected by the conflict so far this year.

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OSCAR IS JUST 19 YEARS OLD (PHOTO: CHRISTIAN JEPSEN/NRC) SIX MONTHS AGO HE STEPPED ON A LANDMINE. HIS FRIEND HEARD THE BLAST, PUT OSCAR IN THE BACK OF A TRUCK AND

THE BACK OF A TRUCK AND DROVE TWO HOURS TO THE NEAREST HOSPITAL. OSCAR WAS IN AND OUT OF CONSCIOUSNESS. HE HAD NO PAIN RELIEF AND THOUGHT HE WAS GOING TO DIE. HE'S NOW LIVING IN TUMACO WITH HIS SISTER WHO HAS MOVED HERE FROM ECUADOR TO SUPPORT HIM. "I DON'T GO OUT MUCH," SAYS OSCAR. " I FEEL ASHAMED. I AM NEW AND PEOPLE STARE AT ME. I FEEL STARE AT ME. I FEEL

EMBARRASSED." THE USE OF LANDMINES IS ON THE RISE IN NARIÑO.



LEFT WITH?"

LEIDY, 53, AND NELVER, 13 (PHOTO: CHRISTIAN JEPSEN/NRC) LEIDY AND NELVER LIVE IN ONE OF THE MOST VULNERABLE NEICHDOUDHOONG OF VULNERABLE NEIGHBOURHOODS OF TUMACO, WEST OF COLOMBA. "THIS WILL BE A SAD CHRISTMAS FOR ME. ONE OF MY CHILDREN IS NO LONGER WITH US," SAYS LEIDY. HER 21 YEAR OLD SON WAS KILLED AT THE BEGINNING OF THE YEAR DUE TO ARMED CONFLICT AND VIOLENCE IN TUMACO. THIS HAS DEVASTATED LEIDY. "I FEEL EMPTY," SHE SAYS. "MY OTHER CHILDREN TELL ME 'YOU HAVE TO KEEP GOING IF YOU DIE OF SADNESS, WHO WILL WE BE

LEFT WITH?"" LEIDY IS PROUD OF HER YOUNGEST SON, NELVER, 13. HE IS A SHY BOY, HE LIKES TO READ, GOES OUT TO FISH AND STUDIES IN THE SMALL SCHOOL THAT NRC HAS SUPPORTED IN HIS NEIGHBOURHOOD. HE DEFAMS OF RECOMING A

NEIGHBOURHOOD. HE DREAMS OF BECOMING A FOOTBALL PLAYER AND IS EXCITED EVERY TIME THEY STUDY SPORTS IN SCHOOL. "NELVER RESEMBLES MY OTHER SON," SAYS LEIDY. "BOTH ARE KIND AND RESPECTFUL. I TELL NELVER, YOU HAVE TO STUDY BECAUSE EVEN A FOOTBALL PLAYER HAS TO KNOW HOW TO WRITE."

Five years after Colombia's historic peace deal, close to five million people are still displaced by armed conflict.

Charities increased say international support is needed to alleviate the escalating humanitarian crisis.

Today, Colombia is home to the world's third-largest internally displaced population, surpassed only by DR Congo and Syria

NRC has been calling on the Government of Colombia and United Nations to do more to reach out to those who need it most. With humanitarian needs on the rise, all Id be persists across the country. As a help result, mass displacement almost humanitarian agencies should be increasing resources to

vulnerable rural communities caught in the crossfire.

There is nothing to celebrate for the hundreds of children, women and men in rural Colombia who flee their homes every day to escape armed violence. For them, peace is still a distant dream. Now is the time to scale up, not down, humanitarian support to Colombia," said Jan Egeland, Secretary General of the Norwegian Refugee Council (NRC). Despite a peace deal signed between the Government and the Revolutionary Armed Forces of Colombia (FARC-EP) on 24th November 2016, armed violence

tripled this year compared to 2020. The violence is also a direct consequence of the government not moving fast enough to guarantee the permanent presence of Colombian institutions in hard-to-reach zones after the FARC-EP's withdrawal. average, two community leaders have been killed each day since the signing of the peace agreement.

'The Colombian Government is primarily responsible for protecting its people. It must do more for vulnerable communities that are

Colombia's humanitarian aid appeal asks for US\$174 million to assist 1.4 million people in 2021. It is only a third funded as the year ends. and humanitarian needs continue to



MARÍA, 40, IS A FEMALE COMMUNITY LEADER (PHOTO: CHRISTIAN JEPSEN/NRC) COMMUNITY LEADERS ARE OFTEN TARGETED BY ARMED GROUPS WHO WISH TO CRUSH ANY SENSE OF HOPE WITHIN THE COMMUNITIES. THEREFORE, LEADERS ARE OFTEN RELUCTANT TO SPEAK OUT. BUT MARÍA BRAVELY SHARES HER STORY TO RAISE AWARENESS OF THE ISSUES THAT DISPLACED WOMEN IN ROBERTO PAYAN ARE FACING. MARÍA IS LIVING IN A ONE-ROOM SHELTER PROVIDED BY THE TOWN MAYOR WITH FOUR OTHER FAMILIES. THIN SHEETS HANG FROM THE CEILING TO GIVE EACH FAMILY A SMALL SENSE OF PRIVACY. SENSE OF PRIVACY.

MARÍA IS THE MOTHER OF FIVE CHILDREN AND HAS ONE GRANDCHILD. THE FAMILY HAS BEEN LIVING IN ROBERTO PAYAN FOR FOUR MONTHS. ON THE DAY THEY FLED, THERE WAS NO TIME TO TAKE ANYTHING FROM THEIR HOUSE DUE TO THE SHOTS BEING FIRED. TO DATE, SHE HAD NOT BEEN ABLE TO RETURN TO RETRIEVE ANY OF HER POSSESSIONS. THIS IS THE FIFTH TIME

POSSESSIONS. THIS IS THE FIFTH TIME THEY'VE BEEN FORCED TO FLEE, AND SHE'S HAD ENOUGH. SHE NOW WANTS TO STAY IN ROBERTO PAYAN AND BUILD A HOME HERE. "WHAT I NEED RIGHT NOW IS TO SETTLE DOWN HERE AND HAVE MY KIDS GO TO SCHOOL," SAYS MARÍA.



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A new £5 coin to commemorate the life and legacy of Mahatma Gandhi has been unveiled by the Chancellor.

4

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Available in a range of standards including gold and silver, the special collectors' coin was designed by Heena Glover and features an image of a lotus, India's national flower, alongside one of Gandhi's most famous quotes - 'My life is my message'.

Building on the enduring relationship and cultural connections between the UK and India, it is the first time that Gandhi has been commemorated on an official UK coin with the final design chosen by Rishi Sunak, who is the Master of the Mint.

Chancellor Rishi Sunak said: "This coin is a fitting tribute to an influential leader who inspired millions of people around the world.

"As a practicing Hindu, I am proud to unveil this coin.

"Mahatma Gandhi was instrumental in the movement for Indian independence and it is fantastic to have a UK con commemorating his remarkable life for the first time.'

"This coin is a fitting tribute to an influential leader who inspired millions of people around the world. As a practicing Hindu, I am proud to unveil this coin."

The £5 coin, which goes on sale today, is part of the Royal Mint's wider Diwali collection, which includes 1g and 5g gold bars in henna-style packaging, and the UK's first gold bar depicting Lakshmi –

MY MESSAGE

the Hindu goddess of wealth. The 20g gold Lakshmi bar was designed in partnership with the Hindu comunity in South Wales, where the Royal Mint is based. The Mint will join the celebrations at the Shree Swaminarayan Temple in Cardiff, where worshippers will offer prayers to goddess Lakshmi and lord Ganesha for the coming year. Nicola Howell, Chief Customer Officer for The Royal Mint, said: "We are delighted to unveil the first official UK

coin commemorating the life and legacy of Mahatma Gandhi. "The beautiful design builds on the

enduring relationship and cultural connections between the UK and India." Last year, the Chancellor commissioned the new "Diversity Built Britain" 50p coin following discussion with the 'We Too Built Britain' campaign, which works for fair

representation of minority communities contributions across all walks of life. Around 10 million of the coins, which recognise and celebrate Britain's diverse history, went into circulation in October 2020.



The coin features image of India's national flower and is part of the Royal Mint's wider Diwali collection, including the UK's first gold bar depicting an image of the Hindu goddess Lakshmi

'My life is my messag

Chancellor Rishi Sunak reveals new £5 collectors coin to celebrate the life of Mahatma Gandhi

Commemorative coin marking Mahatma Gandhi's life unveiled by Rishi Sunak

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Time fo change

MPs demand action during Islamophobia **Awareness Month**

Afzal Khan MP has demanded the Government take action to tackle Islamophobia Awareness Month is held every November and is now in Islamophobia during a debate in Parliament.

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The debate on Tuesday 23rd November, tabled by Mr Khan, marked this year's Islamophobia Awareness Month.

In attendance were Members of Parliament from across the political Naz Shah MP, Jim Shannon MP, Kirsten Oswald MP, Wera Hobhouse MP, Paul Bristow MP and James Daly MP

Islamophobia is a pervasive hatred in our society which manifests in violent hate crimes, targeted prevalent online, and during the discrimination, and loss of pandemic, hate crime monitoring opportunity for many Muslims. charity, Tell Mama, recorded a 40% in our society which manifests in violent hate crimes, targeted discrimination, and loss of

its ninth year.

Year after year, British Muslims are victims of the highest proportion of religiously motivated hate crime. This trend shows no sign of abating under the Conservative Government.

Home Office statistics show over 45% of religious motivated hate crime in England and Wales were targeted against Muslims this past year. Even in recent weeks, there have been attacks or planned attacks on mosques in Manchester, East London and Scotland.

spike in online Islamophobia connected to far-right propaganda blaming Muslims for spreading coronavirus.

Chair of the Labour Muslim Network, Afzal Khan MP, and Chair of the Labour Party, Anneliese Dodds MP, wrote to the Conservative Party expressing concern over the spike in hate crime following the terror incident in Liverpool.



Afzal Khan MP said: "As a Muslim. I am often subjected to Islamophobic abuse – whether it is through offensive messages online holding me accountable for 'grooming gangs' or conflating Islam to terrorism.

"As Muslims we are targeted because of faith, our practices, and the way we dress. Our places of worship are threatened, and our young people fear Islamophobic bullying in schools and on the streets.

'Yet, to many Muslims it feels like this Government simply doesn't care. "The theme of this year's Islamophobia Awareness Month is

'Time for Change', and it is high time the Government changed its ways – first and foremost the Government must adopt the widely-accepted definition of Islamophobia. political

After all, as political representatives it is our responsibility to safeguard all communities, no

anter their race or religion". Anneliese Dodds MP, Shadow Secretary of State for Women and Equalities, said: "45% of all hate crimes last year were targeted at Muslims

Muslims. "This Islamophobia Awareness Month, it's Time for Change and that starts at the top. The Labour Party has adopted the APPG on British Muslims definition of Islamophobia. It's time the Conservatives followed suit".

Zara Mohammed, Secretary General of the Muslim Council of Britain, commented: "Over the years we have had tepid responses to the growing threat of Islamophobia. At worse it is normalised in our media and public discourse, at best, there is a grudging reduced advector to the acknowledgment that this form of hatred exists.

"The victims here are real people. Visibly Muslim women, in

particular, must contend with the anxiety of being verbally abused or physically attacked, for example.

"For meaningful change to occur, we must see a commitment to action from our political leadership. "The Conservatives, as the party of

Government, must take the first step by adopting the APPG on British Muslim's definition of Islamophobia, the most widely endorsed definition to date. Furthermore, they must make good on recommendations from the Singh investigation and engage a cross-section of Muslim-led organisations on the issue going forth.



Covid-19 vaccination: 95 million doses delivered

Professor Stephen Powis, National Medical Director of NHS England said: "In less than a year the NHS Covid Vaccination Programme has delivered a staggering 95 million life-saving Covid jabs across England, saving thousands of lives. "Thanks to the hard work of NHS staff and volunteers we have carried out almost two million vaccinations a week on average since the largest vaccination drive in NHS history began last December –with more sites than ever delivering jabs across the country, including in schools, pharmacies, hospital hubs and walk-in sites as we deliver hundreds of thousands of first and second doses, boosters and third doses every day. "Our offer to get the jab is always

open and I would urge everyone to get their vaccine - whether their first, second or top-up dose – as soon as possible for the best protection against Covid-19 going in to winter and the holiday season."

A total of 95,144,934 Covid vaccine doses have been delivered across England, including 13.7 million booster jabs and 1.2 million doses to 12 to 15-year-olds.



Wera Hobhouse MP, the Liberal Democrat Women and Equalities Spokesperson said, "Islamophobia is rising alongside media distortions about Muslims, rising far-right anti-Muslim sentiments and a lack of knowledge and understanding about Muslims and Islam. "Far too many people's lives are blighted by discrimination, hatred and abuse. It is unacceptable that, in the 21st Century, people

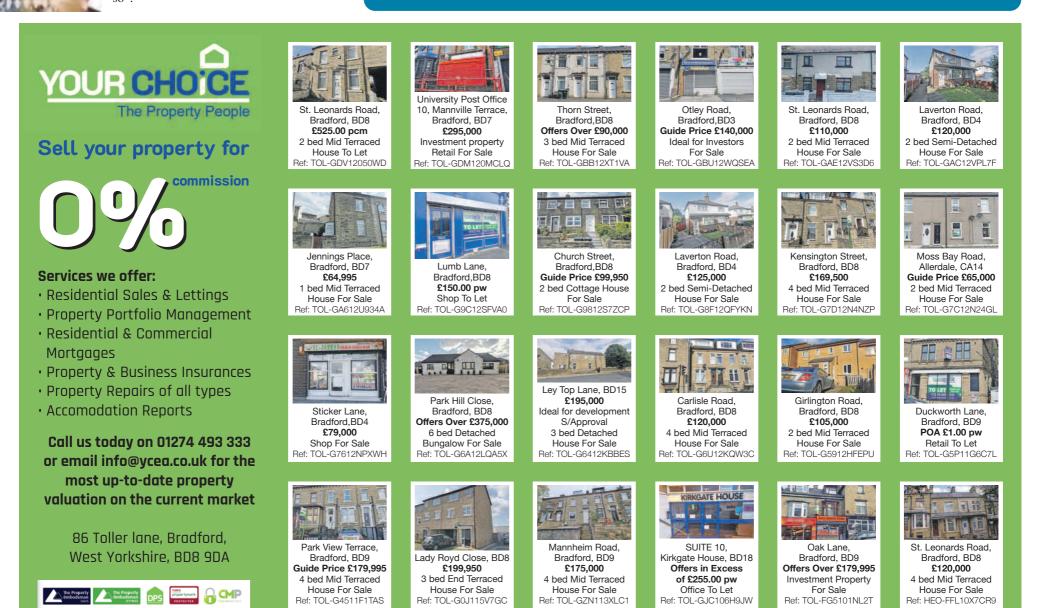
are still victimised simply because of their faith. "Thank you to my colleague Afzal Khan for calling this important debate. I am delighted to show my support for Afzal and Islamophobia Awareness Month."

Kirsten Oswald, the SNP Women and Equalities Spokesperson said, "There is no place for Islamophobia, and it must be challenged wherever and whenever it emerges. "Islamophobia Awareness Month is an important time to reflect on the realities of lived experience, and our collective responsibility in combatting prejudice and hatred.

"I am committed, along with my SNP colleagues, to working hard to combat Islamophobia, and to working with others to do so".



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Nadiya Hussain launches appeal to help generations of girls the chance to build a better future

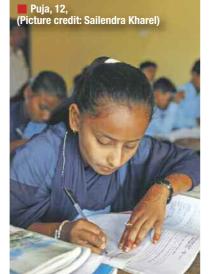
Thirst for Knowledge

Cover story continued

The UK government will match public donations made between 16 November 2021 and 15 February 2022 up to £2 million, helping bring these vital facilities to 28,000 people and 30 schools in the Bardiya district of Nepal.

The Thirst for Knowledge appeal will help school children like Puja who lives in Lahan, south-eastern Nepal, almost 100 miles east of Kathmandu. Nepal's extreme landscapes, earthquakes and changing climate all contribute to making it difficult to reach people with vital facilities. The water in Puja's school is vellow

The water in Puja's school is yellow and dirty, and there's only one toilet block, which, the headteacher says is in a 'critical' condition, meaning most children relieve themselves in the



fields. Many girls skip school when on their period due to the lack of facilities.

Puja, 12-years-old, explains the problems she faces at school: "There is water at the school, but it contains iron and stinks.

"I have fallen ill by drinking the water and [that] causes us to miss classes. I can't fulfil my aims if I don't study."

"I have fallen ill by drinking the water and [that] causes us to miss classes. I can't fulfil my aims if I don't study. Life is not possible without

water, since we need water to do everything like drink, cook, clean, wash, sanitation, and personal hygiene."

Women and girls are responsible for collecting water in four out of five households with water off the premises, putting their safety at risk and leaving little time to go to school or earn a living. Globally, 31% of schools have no

Globally, 31% of schools have no basic water supply, and just over a third do not have decent toilets. In Nepal, the lack of facilities contributes to the fact that more than one in three adolescent girls leave school after finishing primary education.

Nadiya Hussain has seen the reality of life without clean water when visiting Bangladesh. She said: "Every mother wants to provide their children with the best start in life, yet millions of parents around the world have no choice but to send their kids to a school with no clean water or toilets. Not only does this compromise their children's health; it has a particularly detrimental impact on girls and traps whole communities in poverty. Without these basic facilities, another generation of girls and young women are being left behind.

"The good news is that water can be an incredible catalyst for lasting change.

change. "With clean water, toilets and soap in schools, girls can complete their education and grow up on an equal Without these basic facilities, another generation of girls and young women are being left behind. The good news is that water can be an incredible catalyst for lasting change."

footing, with the chance to earn a higher income and build better futures for themselves and their families. That's why I'm so proud to support WaterAid's Thirst for Knowledge appeal; together we can help transform lives for good."

help transform lives for good." WaterAid's appeal will help construct new, sustainable school water systems, decent toilets, and drinking water stations with handwashing facilities, enabling children to easily wash, drink and go to the toilet without missing lessons. Provision will be made for girls to manage their periods safely and hygienically, so they no longer worry about missing out on their education or fetching water.

Puja, 12, right, with her friend Kiran, 15, holding their books outside their school in Lahan, Nepal (Picture credit: Sailendra Kharel)



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"If there is any evidence that companies like TikTok are actively promoting or inciting the abuse of teachers, this is wholly unacceptable and urgent action must be taken immediately by the Government."



Teachers are quitting their jobs because the latest TikTok craze is seeing them being falsely labelled as adulterers and paedophiles, unions have warned.

One Welsh school had to call the police after a meme was made of one teacher falsely suggesting they were an offender.

Schools also warned that the tech giant was so slow to respond to requests to take down the accusations, that parents were bringing in pupils' phones so teachers could conduct their could conduct their own investigations.

The incidents come as the Telegraph found TikTok's recommendation algorithms promoting hashtags accusing teachers of being paedophiles. The tech

The tech company said it "regretted" the slurs and that it was "proactively" searching for such malicious allegations.

The new phenomenon sees pupils posting images or videos of teachers with hashtags - a feature that lets users search for the different topics on TikTok - such as #paedo.

However, the paper found that when users looked at the hashtag, TikTok recommended they also looked at the hashtag #paedoteacher. Cyber Harassment Ruining Lives Teachers union, NASUWT, said

that trend was prompting teachers, who were already stressed after working through lockdown, to quit

the profession. Dr

er -Latest TikTok trend sees pupils posting images or videos of teachers with false 'paedophile' slurs

General Secretary, said: "If there is any evidence that companies like TikTok are actively promoting or inciting the abuse of teachers, this is wholly unacceptable and urgent Patrick Roach, NASUWT action must be taken immediately by

the Government.

"There is simply no excuse for abuse of teachers whose lives are being ruined as a result of the posting of malicious content on these social media platforms.

Another teaching union said it had also had reports of teachers being falsely accused of having affairs in anonymous social media videos. One incident at the Cwmtawe

Community School, in the Swansea

Valley, saw teachers contact the police to try and get a slanderous video taken down. Gemma Morgan, assistant head

teacher at the school, said the clip had been clandestinely shot of the teacher, despite the school's mobile

ban, and published on TikTok. The distressed child of the slandered teacher had originally alerted the school, who requested TikTok delete it. Ms Morgan said: "In one of the

reports we had back [from TikTok] said they didn't deem it as bullying. So the only way really that we could get these things taken down was to do our own investigation and find out the perpetrator and get them to take it down.

"We engaged with the parents and they were extremely supportive. They came in with the children's phones to go through them and identify who the different accounts were.'

TikTok said it now has a Professional Online Safety Helpline that lets teachers fast-track reports of

malicious posts. A TikTok spokesperson said: "We are crystal clear that hateful behaviour, bullying and harassment have no place on TikTok.

We regret the distress caused to some teachers as a result of abusive content posted to our platform. We've already deployed additional technical measures and guidance, and we continue to proactively detect and remove violative content and accounts."



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On top of his game Paul Chowdhry returns to the stage with new stand-up comedy tour

Multi-award-winning stand-up comedian, actor and writer Paul Chowdhry will embark on a brand-new stand-up tour this autumn, 'Family-Friendly Comedian'

Friendly Comedian'. After barely surviving the pandemic and with two pent-up years of killer material, Paul tackles the UK's handling of COVID-19, why the rules of six only worked for white people, England football fans, Tom Cruise's helicopter and Naked Attraction in the Middle East.

The new tour follows hot on the heels of Live Innit, his hit Amazon Prime stand-up special and record-breaking live tour show, which had a thrice extended nationwide tour, seeing Paul perform five nights at the Hammersmith Apollo and become the first British-Asian stand-up to sell out the 10,000 seater Wembley Arena.

Arena. Paul said: "We're living in troubled times, so once again I must put my cape on and save humanity. It'll be Family-Friendly but not in a Michael Jackson kind of way. See you on tour!"

Earlier this year Paul launched his brand-new podcast produced by Global Entertainment The Paul Chowdhry PudCast, interviewing celebrities on life's



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"We're living in troubled times, so once again I must put my cape on and save humanity. It'll be Family-Friendly but not in a Michael Jackson kind of way. See you on tour!"

turning points with guests including Russell Howard, London Hughes and Stewart Lee.

As an actor, he recently starred alongside Patrick Dempsey in the 10-part Sky Atlantic TV series Devils, soon to return for a second series, and featured in Disney's Cruella alongside Emma Stone. Paul is a prolific presence on social media, and his videos have been viewed over 50 million times on Facebook alone.

On TV, Paul hosted Stand Up for the Week (Channel 4) and has twice headlined Live at the Apollo (BBC One/Two). He was a much-loved contestant on the third series of multi-award-winning hit show Taskmaster (Channel 4/Dave), appeared four times on Channel 4's Comedy Gala, alongside comics including Lee Evans and Michael McIntyre, and has also regularly appeared on shows such as The Russell Howard Hour (Sky One), 8 Out Of 10 Cats (Channel 4), Sorry, I Didn't Know (ITV) and more.

Family-Friendly Comedian kicked off on 19th October at Hayes Beck Theatre, and finishes at Nottingham's Royal Concert Hall on 16th December. To support and promote regional comedy, Paul's opening act in each city he performs, gives a local talent and opportunity to perform at his shows.

Remaining tour dates

2nd Dec 21 PETERBOROUGH The Cresset
3rd Dec 21 LEICESTER De Montfort Hall
9th Dec 21 LONDON Eventim Apollo
10th Dec 21 MANCHESTER O2 Apollo
11th Dec 21 IPSWICH Corn Exchange
16th Dec 21 NOTTINGHAM Royal Concert Hall

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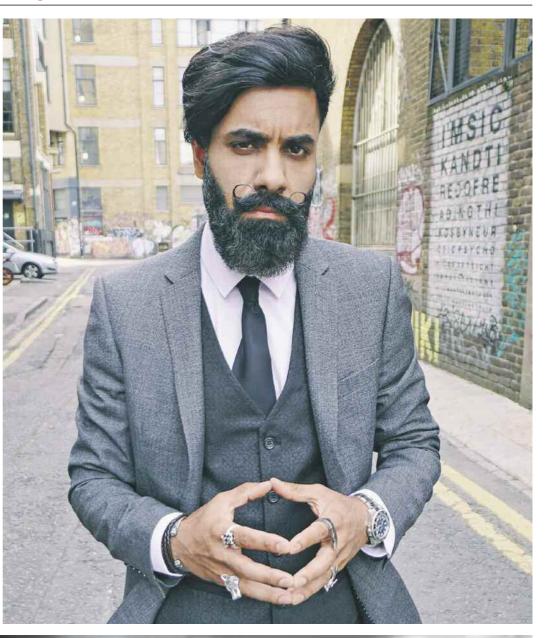
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The messages are sent from the compromised accounts of your friends, so they look as if they're coming from someone you know

People are being warned about fake WhatsApp messages and texts from friends they know claiming to be in need.

The messages are sent from the compromised accounts of your friends, so they look as if they're coming from someone you know, or they come from an unknown number claiming to be a friend who has lost their phone or been 'locked out' of their account.

Scammers can hijack WhatsApp accounts, often by using accounts they have already hijacked, to message friends and contacts asking for help.

Often these "friends in need" claim that they are sending their WhatsApp security code to the victim and ask for it to be sent back to them – however this security code belongs to the victim and enables the criminals to hijack their account.

Other scammers ask directly for money or personal information to be shared over the app. "If you receive a suspicious

message... making a phone call to them, or requesting a voice note is the fastest and simplest way to check someone is who

they say they are," said WhatsApp.

A new awareness campaign launched by WhatsApp and National Trading Standards says that 59% of people have either received a scam text in the last year or know someone who has.

The 'Stop. Think. Call.' campaign aims to inform potential victims about the scams and educate them on how to protect themselves and their WhatsApp accounts.

Louise Baxter, the head of the National Trading Standards scams team and Friends Against Scams, said reports of "friend-in-need" scams have been growing in recent months. Ms Baxter said: "Scammers send

messages that appear to come from a friend or family member asking for personal information, money or a sixdigit pin number.

"These kinds of scams are particularly cruel as they prey on our kindness and desire to help friends and family

Kathryn Harnett, policy manager at WhatsApp, said: "WhatsApp protects our users' personal messages with end-to-end encryption, but we want to remind people that we all have a role to play in keeping our accounts safe by remaining vigilant to the threat of scammers

We advise all users never to share their six-digit pin code with others, not even friends or family, and recommend that all users set up two-step verification for added security.

"If you receive a suspicious message (even if you think you know who it is from), calling or requesting a voice note is the fastest and simplest way to check someone is who they say they are. A friend in need is a friend worth calling.

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The University of Bradford has could open virtual shops, allowing been awarded a coveted Queen's Anniversary Prize for Higher and Further Education for its worldleading work in developing archaeological technology and techniques and its influence on practice, policy and society.

The announcement was made by the Royal Anniversary Trust by kind permission of Her Majesty The Queen at a reception at St James's Palace on Thursday 25th November 2021, attended by Bradford's Vice-Chancellor Professor Shirley Congdon.

The prestigious accolade, which honours world-class excellence and achievement, is the highest form of national recognition that UK higher education institutions can achieve.

The University has been honoured for its leadership and innovation in pioneering the techniques, technology and practices of archaeology both in the UK and worldwide worldwide.

customers to browse virtual aisles, artists could install virtual exhibitions and heritage trails could be created throughout the city.

The University has, for over 40 years, been at the forefront of archaeological development, from the establishment of the world's first course in archaeological science, to the pioneering and development of geophysical prospection as a fundamental activity.

More recently the exploitation of digital technology and the online opportunities to reconstruct, visualise and interpret heritage in new ways and to engage an everwider public, including as partner citizen scientists.

Professor Shirley Congdon, Vice-Chancellor of the University, said: "We are extremely proud and honoured to be awarded The Queen's Anniversary Prize for our achievements in leading the development of archaeological

About the Queen's Anniversary Prize

First awarded in 1994, the biennial Queen's Anniversary Prizes are awards within the nation's honours system. They recognise outstanding excellence, genuine innovation and practical benefit across a range of work taking place in UK higher and further education. The Royal Anniversary Trust administers the scheme and its Awards Council makes recommendations for awards to The Queen on the advice of the Prime Minister.

Among the projects included in the honour is Virtual Bradford, which will create a 'brick for brick' hi-resolution copy of the city centre – in effect a digital twin city - with potential to expand the area in the future.

The project is a collaboration between the University of Bradford and Bradford Council and is part of the EU funded SCORE project, which aims to improve public service through smart open-data solutions.

Bradford will Virtual revolutionise how the council deals with planning, air pollution and traffic management but will also enable a myriad of other potential uses, such as creation of heritage trails and mapping cultural assets in 3D.

It will also transform how people interact with the city - businesses

practice, and delivering tangible scientific, economic and societal impact.

"The University has an established record in carrying out truly great research that significantly impacts on the world. The Oueen's Anniversary Prize demonstrates the Aninversal y Fize defiloistrates the difference that the University of Bradford is making in influencing not only how archaeology is practised but how, like all our research, it can be applied to benefit real lives now, in the UK and across the world." the world." The Prize consists of a Prize

Medal naming the institution, a Prize Certificate signed by The Queen and the entitlement to use the Prize scheme logo. The Prize Medal and Certificate will be presented at a ceremony at Buckingham Palace in February 2022

Visualising Heritage

The University's research focuses on a number of key themes. It has pioneered digital capture and documentation with major contributions to landscape and geophysical surveying and has successfully established this as a mainstay of heritage research whether working with artefacts, human remains, or with sites, monuments and landscapes. Examples include ongoing work on townscape heritage via the 'Virtual Bradford' project – the first open data Digital City Twin, or UNESCO World Heritage Sites such as Kathmandu in Nepal, damaged by the catastrophic earthquake in 2015.

Within the Visualising Heritage theme are a number

of major projects, including: • Stonehenge Hidden Landscapes has, by looking outward from the monument, setting it in the context of a wider landscape and applying pioneering techniques, brought significant change in our understanding of both the distribution of new monuments and knowledge relating to previously known monuments. The work as led to the discovery of huge, previously unknown structures and features.

 Fragmented Heritage spans several projects that address heritage conservation and reconstruction, both virtual and real, ground-breaking use of citizen science and crowdsourcing of images, capacity-building in the world

heritage and tourism sectors, and contributions to social cohesion among displaced people

• Digitised diseases is a web resource that contains photo-realistic 3D models of bones, together with detailed descriptions, clinical synopses, radiographs and CT data. It is a fully open-access web resource, which is free to all. It addresses training needs in biological anthropology, history of medicine and for clinicians concerned with chronic conditions, neglected diseases and re-emerging conditions.

• BReaTHe: Building Resilience Through Heritage using digital heritage, along with intangible heritage (such as food, music and dance) for social cohesion and wellbeing among refugee and host communities, supporting wellbeing and resilience.

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New strengthened legislation for using your phone whilst at the wheel

Still using your mobile whilst driving?

Drivers who use handheld phones in any way while at the wheel will face a fine of **E200 and six** points on their licence

Road safety and breakdown organisation GEM Motoring Assist has welcomed the government announcement that the law on the use of a mobile phone while driving is to be strengthened from 2022.

Under the revised legislation, drivers who use hand-held phones in any way while at the wheel will face a fine of £200 and six points on their licence.

Making calls or texting on a hand-held mobile while driving is already against the law, however scrolling through music playlists, playing games or taking photographs have up until now not been included -and drivers have been able to exploit the legal loophole because these activities fell outside the scope of 'interactive communication'

GEM warned it is now vital for more roads policing officers to be available to ensure the new law would be effective. "The update to this law is welcome, because any activity involving a mobile phone while driving is a potentially fatal

distraction," they say. "The good news is that if police will no longer be required to prove that a call was being made or a message being sent at the time of an alleged offence, then it will open up the possibilities of remote detection - just as cameras already do with speeding.

"But along with all road safety groups, what we would really like are more police patrols out there looking for the drivers who continue to flout the rules, even with this strengthened deterrent. Action needs to be taken against anyone who is prepared to risk their own life – or someone else's – by selfishly using a hand-held phone while driving."

Specific mobile phone driving laws were introduced in December 2003 which saw motorists handed a £60 fine for an offence before rising to £100 in 2013. Fines increased to £200 and penalty points endorsements doubled in 2017, to act as a further deterrent.

Simple tips regarding mobile phones and driving

1. You're allowed to use a mobile phone when you are safely parked, with the engine off and the handbrake on and the key out.

2. Please do not pick up your phone in any other driving situation, including when you're stationary at traffic lights or queueing in traffic

3. The only exception to this is if it's an emergency and it would be unsafe or impractical to stop, in which case you may call 999.

4. Don't assume that using a hands-free kit means you have dealt with the risk. You are still allowing yourself to

be distracted from the task of safe driving, and you could still be prosecuted for not being in control (an offence that carries a £100 fine and

three penalty points). 5. Take a few minutes before a journey to make important calls or to check voice messages and emails. Work together with friends, family, colleagues and work contacts to remove the expectation that we should all be available, all the time.

6. Plan journeys to build in breaks from driving, where you can call, text or email or interact with social media in a safe environment.

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Priti Patel branded a 'moron' y own staff

The Home Secretary has been branded an 'idiot' with 'erratic and outlandish' ideas Home Secretary] is out for herself and only interested in how this plays out publicly.

by her own staff, according to reports. Priti Patel has long had a difficult relationship with her civil servants, having previously been accused of bullying her department's chief, who resigned and sued her department.

But now it appears staff in the Home Office consider their boss a 'moron' and are growing increasingly frustrated by what they see as Ms Patel only being interested in public perceptions.

interested in how this plays out publicly. 'If we worked collaboratively then we

could get things done but instead we just have cloud cuckoo land public statements.' They continued: 'She comes into meetings and her suggestions are erratic and outlandish. Any sensible, mature politician would know they are never

going to work, but she just comes out with it anyway.

'Officials come out of the meetings and the texts start flying, describing her as a

'If we worked collaboratively then we could get things done but instead we just have cloud cuckoo land public statements.'

The row comes as the Home Secretary was said to have branded her colleagues 'not fit for purpose' amid increasing numbers of people arriving in the UK from across The Channel.

Ms Patel has announced a series of initiatives aimed at stemming the flow of migrants, but despite increasingly harsh rhetoric and more than two years in the role, the number of people coming is still rising.

A senior Home Office official told press: 'What's become clear is that she [the

"moron" and an "idiot".

Ms Patel has previously been accused of being a bully, belittling officials and creating an 'atmosphere of fear' – allegations she denied.

The top civil servant in her department dramatically quit in February last year, claiming constructive dismissal – but dropped legal proceedings following a settlement reportedly worth between £300,000 and £370,000.

Home Secretary Priti Patel (Picture Credit: No 10 Downing Street)

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The UK must open the new Afghan Citizens Resettlement Scheme for Afghans at risk as a matter of urgency, the Law Society of England and Wales said, as it continues to receive pleas for help from judges, lawyers and prosecutors in fear for their lives under Taliban rule. "We have received scores of

desperate messages from people who dedicated their lives to building Afghanistan's justice system and upholding the rule of law and are now in hiding with their families Law Society president I. Stephanie Boyce said

Judges, lawyers, prosecutors and others who worked in the justice

UK must urgently open Afghan resettlement scheme

system tell us they are receiving death threats from the Taliban and prisoners they helped convict – many of them terrorists – who are now roaming the country seeking revenge on those who brought them

to justice. "Our Afghan colleagues are terrified, without work or money, and moving with their families from hiding place to hiding place in fear for their

"These champions of justice tell us they feel abandoned by the international community, including the UK, with which they worked with so closely to establish law and order

in pre-Taliban Afghanistan. "Since the onset of the crisis, which followed the withdrawal of coalition forces from Afghanistan, we have been working closely with the

UK government and international partners to assist in the evacuation of lawyers at risk. While the UK government may no longer be able to facilitate evacuation from Afghanistan, it should open viable routes to sanctuary for those who manage to escape. "It is unacceptable the Afghan Citizens Resettlement Scheme is still

not open for applications from those

at risk, more than three months after Kabul fell. Judges, lawyers, and prosecutors must be eligible for resettlement under this scheme and considered within the first 5,000 to be granted indefinite leave to remain under it.

"I want to say, on behalf of the UK legal profession, to each of you who worked so hard for justice in Afghanistan: We stand in solidarity with you. We recognise the work you have done to support the rule of law in your country and the particular risk you and your family face as a result of that work. We hope with all our hearts for your and your family's safety.

for the Uscars **Pakistani-American** film director Bob Ahmed's film has won numerous wards

The latest film by a Pakistani-American director who was brought up in the UK is in the running for the 2022 Oscars.

Bob Ahmed's Tikkun Olam has already won eight awards this year, and tells the story of a young boy who shows a homeless war veteran care and respect while adults choose to look the other way. It will be screened at the

Birmingham Film Festival on Saturday 27th November. The title is a Jewish concept for performing acts of kindness to repair the world.

Bob Ahmed is one of the few Pakistani directors to achieve success on the international stage.

"South Asians are dangerously under-represented in film," he says.

"Unless we step up to the plate and become more involved in this field we will continue to be misunderstood and misrepresented in the diversity of who we are and what we need.

"Through films we can give voice to the South Asian community and represent our needs, our dreams and our contribution to the society we live in. But it's not easy. Having two or three famous actors or producers is by no means a success – that must come no means a success - that must come entries at the Nashville Film Festival.

from within the community at the grass roots

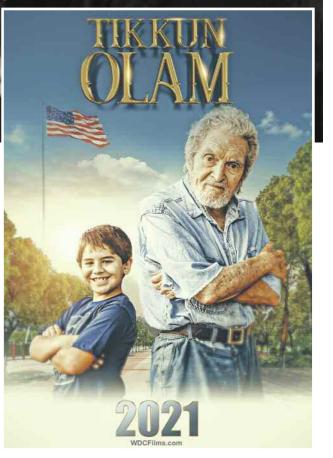
The Bradford-based charity QED has worked to help young people from these backgrounds to consider more diverse career paths for more than 30

"Traditionally our communities have favoured a limited choice of professions,' says chief executive Dr Mohammed Ali OBE.

"It is important for them to see role models like Bob Ahmed succeeding in creative fields because it gives young people the confidence to believe that they too can achieve success by making the most of their individual talents."

Bob Ahmed has also written and directed Amka and the Three Golden Rules, which released on Amazon Prime in November. It tells the story of a young Mongolian boy living in extreme poverty who is inspired by his uncle. It has won awards at festivals across the globe and was classified by Emirates Airlines as 'one of the four

"Through films we can give voice to the **South Asian** community and represent our needs, our dreams and our contribution to the society we live in."





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The study also found as many as 45 per cent of sixth form and college students have no idea what they want to pursue as a career



Research polling youngsters in further education found just shy of two-fifths would even feel like a failure' if they didn't progress to uni to study. Nearly half of sixth form and

college students feel the 'pressure' to go to university; and a third don't feel they have a choice on whether they progress to higher education if they

want to be deemed successful. More than a third don't think their parents would be completely supportive if they were to choose an apprenticeship over university studies.

The research, commissioned by IBM, found 47 per cent aren't aware of the option to pursue a degree apprenticeship – completing a degree and working simultaneously - instead

And just one in 10 could confidently name companies which confidently name companies which could offer them apprenticeship opportunities to further their knowledge while earning a salary. Tavlor, IBM's UK

Jenny Taylor, IBM's UK foundation leader, said: "It can be hard to know what you want to do when you're young, or even when you're older - your passions can much it cost, and 17 per cent have change, and it might mean you want qualms because they didn't enjoy

Nearly half of sixth form and college students feel pressure' to go to university

to change careers altogether."

"Young people either fail to receive the correct information on the routes available to them, or are presented with so much that it can become

overwhelming." "There are different ways to get into the same career path - it just depends on what's right for you and this does not always mean university

The research also surveyed 698 graduates and found 65 per cent admit to having regrets about going to university. More than a fifth don't feel they

got ahead' of their peers by doing a degree, and 23 per cent chose a subject unrelated to the career they are now in. A third regret their higher

education studies because of how much it cost, and 17 per cent have their experience.

graduates don't think their parents would have been supportive if they opted for the apprenticeship route

education also found nearly four in 10 wouldn't be completely supportive if

graduation and getting onto the career ladder, 44 per cent of graduates discovered there were alternative routes to get into the profession they ended up in, as opposed to university.

Yet 32 per cent believe people are more inclined to do a degree because they think it gives you skills you can ONLY get from higher education studies - while 47 per cent think it looks better on a job application.

A third said you won't get paid as much when you enter the world of work without a degree, and 16 per cent even think you won't learn how to be independent unless you study at university

The study also found as many as 45 per cent of sixth form and college students have no idea what they want to pursue as a career.

And of those who have thoughts on the profession they want to pursue, one in six aren't sure what route to take in order to achieve their goals.

Half are under the impression their chosen career path requires a university degree, yet 44 per cent don't know of the career prospects available through apprenticeships.

Jenny Taylor of IBM added: "Apprenticeships have proven incredibly effective for companies trying to bridge the skills gap and equip the future workforce with the right skills in a world of digital innovation.'

"The landscape of work has fundamentally changed even in the last few years.

Apprentices gain the relevant qualifications that equip them for the jobs of the future that require new skills; a huge opportunity for those who may prefer vocational training to traditional education alone.

"As technological progress accelerates and university costs continue to rise, it is time to banish the apprenticeship stigma, and present the workforce of tomorrow with more than one option for their future."

It also emerged nearly a fifth of

over a university degree. Additional research of 1000 parents of children currently in their offspring opted for an apprenticeship over university. In fact, 57 per cent of mums and

dads weren't aware of the option of a degree apprenticeship, and seven in 10 confessed they can't confidently name five companies that would offer apprenticeships.

More than a quarter of parents don't think you'll be paid as much without a degree.

And 35 per cent believe it is an expectation to go to university.

It also emerged that following



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Urging UK government to help deliver referendum for Kashn

The Green Party of England and

Mahmood from Bradford Green Party. Khalid Mahmood, the Green Party candidate for Heaton Ward in Bradford District, put forward a motion to the parties nat Birmingham. national conference in

The motion confirms the party's support for the right of self-determination for the Kashmiri people and urges the UK government to use its influence with the governments of India and Pakistan to deliver a referendum.

The party also condemned the decision by the Indian government to revoke the special status the region enjoyed under the Indian constitution – effectively ending the autonomy the region had. Khalid Mahmood said, "I am delighted

that Green Party members recognised how important this issue is to the large community of British-Kashmiris.

'This gives the Green Party a platform to put pressure in the British government the region."

to demand that India and Pakistan Wales has officially backed calls for a deliver a proper referendum in the referendum in the state of Jammu and region and allow Kashmiri's to Kashmir following calls by Khalid determine their own future."

The Green Party also condemned the decision earlier this year by the Indian government to revoked Article 370 – a long-standing agreement which gave Kashmir semi-autonomous status – leading to unrest as well as media blackouts, the cutting off of telephone networks and the banning of public gatherings. Khalid added: "In recent years we

have seen a real escalation in the region with the attacks on Kashmiri human rights by Narendra Modi's government as well as the change to the constitutional status of Kashmir. All of this will make access in the region much this will make peace in the region much harder."

"The people of Bradford has always provided one of the strongest voices when it comes to standing up for oppressed people throughout the world and I know many in our city want to see a peaceful resolution to the problems in



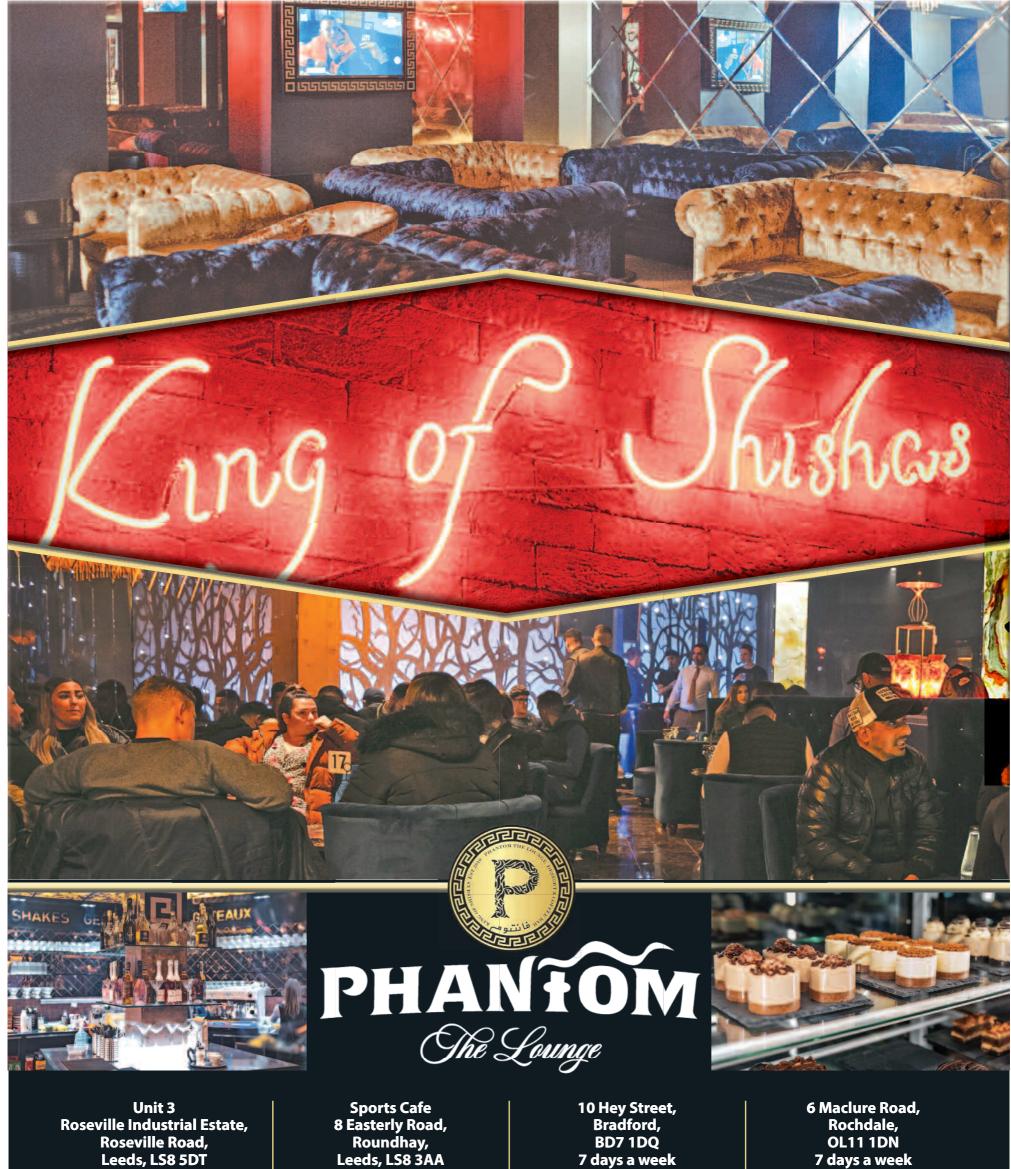


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The UK's favourite curry restaurants, as nominated for by the British Public, will once again be honoured at the trailblazing and foremost celebration of the industry, British Curry Awards in association with Just Eat, as it returns for its 17th year after the nandemic challenges

the pandemic challenges. The finest curry restaurateurs from across the UK will descend on the Capital in the hope of being recognised as the best restaurant in their region and honoured with a jewel in the crown of the UK curry restaurant industry award sector at the prestigious ceremony on Monday 29th November at Battersea Evolution.

Recognised globally as the original and most respected award ceremony in the UK curry industry and the 'Curry Oscars', British Curry Awards will once again welcome in person prominent personalities from the worlds of politics, sport, showbiz and entertainment alongside celebrity chefs and curry restaurant owners and their staff from across the country.

Last year's ceremony, which was live streamed due to pandemic restrictions, was attended virtually by Mayor of London, Sadiq Khan; Love Island contestants, Amy Hart, Nas Majeed and Eva Zapico; TOWIE star, Jess Wright; and model and TV personality, Caprice among others. TV comedian and impressionist, Rory Bremner, hosted the virtual event, which was live streamed to audiences globally.

As the foremost and pioneering celebration of the UK curry industry's achievements and the best restaurants across all regions, with awards deemed the most prized badge of honour across the entire industry for winning restaurants, British Curry Awards has established itself as a national institution, recognised internationally and a firm fixture of the UK's social calendar.

A nationwide nominations process to honour the nation's top curry houses is led by the local patrons of curry houses on the streets of Britain, annually invited to nominate their favourite Asian restaurants and takeaways.

The process of public nominations creates an authentic list of the nation's favourite Asian eateries, based on the opinions of residents, leading to a rigorous vetting process by an independent panel of judges.

This year's ceremony has particular significance, given the challenges faced by the industry over the past 18 months of the pandemic, and will acknowledge the industry's spirit and resilience through difficult business and personal circumstances. The industry has seen many leaders, pioneers, restaurateurs and staff tragically lose their lives to Covid. This year's ceremony will pay tribute to those that have passed away. Additionally, operational

Additionally, operational issues such as supply chain and staff shortages and the knockon effect of multiple lockdowns has had a lasting impact on business. Nevertheless, the entrepreneurial spirit and strong will of the UK curry community continues to work tirelessly to serve customers and diners across the UK with the nation's favourite dish.

British Curry Awards Founder, Enam Ali MBE says: "It gives me great joy that, after the challenges of the last 18 months, my industry friends in the UK curry fraternity and public figures will unite once again in person at the home of the British Curry Awards – Battersea Evolution . Not only are we celebrating the nation's favourite curry houses, we're also recognising the issues that we, as an industry and as a nation, have faced during the pandemic.

"Testament to the entrepreneurial spirit of the cross-generational migrant community that comprises the UK's curry industry, we have come back ever more determined to serve curry lovers up and down the country, continuing to take on all challenges head on and ensure the industry continues to thrive once again.

"At the same time, we will pay tribute to our industry colleagues that we have sadly lost to Covid. Their presence is deeply missed among us."





A Right Ding-Dong

he case of Fairhurst v Woodward recently made the national headlines regarding the use of domestic surveillance equipment and whether such equipment was an

invasion of privacy. The Claimant brought a claim for harassment, nuisance and breach of the General Data Protection Regulation ("GDPR") and the Data Protection Act 2018 ("the DPA") against her neighbour, the Defendant. The Claimant argued that the Defendant had invaded her privacy by installing several motion sensor video and audio surveillance cameras around his property, including a Ring video doorbell on his front door which was able to record audio and video beyond the boundary of the Defendant's property and which could be viewed at any time via an app on the Defendant's mobile phone. The Defendant argued that the installation of the surveillance devices

was necessary to protect his property following the attempted theft of his vehicle. Although the Claimant's claim

for nuisance caused by the loss of privacy was rejected by the Court, she did however succeed with her claim

harassment entitling her to damages for

Of more interest, the Court ruled that the Defendant had breached the GDPR and the DPA because it was found that the Defendant's cameras could view footage from the Claimant's car parking spaces, her driveway, her front door, her side wall and gate as well as part of the Claimant's garden. Further, and more significantly, the audio function of the cameras and the Ring doorbell could capture conversations in all of those locations, none of which were within the Defendant's property. The Court therefore found that the Defendant had breached both the GDPR and the DPA. The videos and conversations of the Claimant constituted personal data and, the fact that the data could be transmitted to the Defendant's mobile phone to view at his convenience meant that it amounted to the processing of personal data. The Judge ruled that although the data collection of video could be justified, the capture of audio data was not lawful due to the range of oudio entrue of the data collection

audio captured on the devices. Although this case has made headlines, it should be noted that it is a County Court Judgment and it is therefore not binding. However, the ruling does raise important considerations for property owners who have installed or who are considering installing surveillance equipment on their properties. Given the publicity surrounding this case, it is likely that further cases of this nature will follow between neighbours. It should also be noted

that guidance regarding the use of surveillance equipment in a domestic context has been provided by the Information Commissioner's Office for some time now. That guidance states that if a homeowner has a surveillance system that captures images of people beyond the boundary of their domestic property then the provisions of the GDPR and DPA would and DIA would apply. If you require advice or assistance regarding GDPR or are involved in any property dispute then Blacks Solicitors can assist. Please contact Luke Patel on 0113 227 9316 or by email at "LPatel@LawBlacks.com".

Please contact Luke Patel on 0113 227 9316 or by email at LPatel@LawBlacks.com



From New York to Bradford Bradford car boss partners with Bradford Stories to convert school bus into library space that takes children on reading adventure

Naveed Barugzai Khan and Bradford Stories have joined forces to transform a bright yellow American school bus into a mobile literacy space for Bradford communities to enjoy.

Travelling more than 3,000 miles from New York, the Bradford Stories bus will bring the magic of storytelling to life for children and young people across the city and promote the importance for reading

for pleasure. The bus is the latest offering from the National Literacy Trust and forms part of their Connecting Stories programme funded by Arts Council England.

The renovation project was a true community effort bringing together experts from across the city. Naveed Barugzai Khan, founder of EnKahnz vehicle restoration and car customisation,

impressively completed the renovation project within five days. He painted the faded bonnet, updated the grill and metal work bumpers, before refurbishing the wheels and polishing the guarant exterior. overall exterior. The bus's interior was transformed into a

functional library and storytelling space by Shred and Butta who added bookshelves, a magical archway and hardwood flooring.

Its exterior was completed with beautiful murals, designed by local artist Naureen Khawaja, that capture the backgrounds, experiences, traditions and values of different generations across the city. Automotive Artist Naveed recorded a

vlog showing the restoration journey from start to finish, ending with the launch and inaugural journey of the bus from October 23 to October 27



BUSINESS ROUND-U





The bus travelled from City Park, to Victoria Shopping Centre, Lady Hill Park, Attock Centre, Lady Hill Park, Attock Park, Parkside Community Centre, Wibsey Park, Bradford Moor Park, West Park and T.F.D Youth Club. It had guest appearances from the likes of poet and storyteller Dommy B and Bradford-born author Sairish Hussain.

The bus also supported the Light Festival on November 5 to 6, before kicking off a programme of school and Young Bradford Poets events on reading and writing for pleasure, translation and multilingualism.

Naveed said: "It's really important that we can give back to the community and inspire

the youth for their tomorrow. "The Bradford Stories bus has been a great project to get involved in for a good cause, promoting literacy and reading. "It's not the kind of vehicle we would usually use hot

would usually work on, but when I met the Bradford Stories team, and learned about their vision, I just had to take on the challenge. "It was a pleasure and I hope

to continue to stay involved through being on the bus and delivering inspirational talks."

Imran Hafeez, Hub Manager at Bradford Stories, said: "The bus has turned out better than

"It feels like the very best for those who deserve it the most; and who better than EnKahnz to make the Bradford Stories bus shine and gleam like new?

"They worked tirelessly day and night to get it turned around in time and its been an absolute pleasure to get to work with Nav. He's created something beautiful while carrying and amplifying the cause.

Richard Shaw, Bid Director of Bradford 2025 UK City of Culture Bid, said: "We've been following the ambition to bring the bus to Bradford for over a year now and Bradford 2025 City of Culture has been delighted to help the bus find a new lease of life.

"It's been such a labour of love by the team at Bradford Stories and the National

Stories and the National Literacy Trust, Connecting Stories and a host of other partners including all the craftspeople who have made this possible all working together to inspire a lifelong love of stories and reading." Supported by partners including Bradford 2025, 50 Things to do before 5, EnKahnz, My Lahore, Bradford Council, Friends of Bradford Moor Park and Arts Council England, the Bradford Stories Bus builds the literacy hub's community-level literacy hub's community-level partnerships with local businesses and artists to inspire school pupils and young people.



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Non-Stick Heart Springform Tin 11cm/4in - £6, 20cm / 8in £9 So, you decide to replace one or multiple Bakeware sets in your kitchen. But, hold on and check out these first...

ProCook has unveiled additions to its bakeware range in an exciting collaboration with The Great British Bake Off 2020 semi-finalist Hermine Dossou.

Continued on page 34

Beautiful bakeware sets in your kitchen. But, hold on and check out these first...

Continued from page 33

The newest high-quality baking products, including Non-Stick Loose Bottom Shallow Cake tins and Non-Stick Heart Springform tins, contribute to an already exceptional range of bakeware, from mixing bowls and specialist utensils to rolling pins and cake decorating equipment.

On ProCook bakeware range, Hermine said: "In baking, your choice of equipment makes a huge

The Great British Bake Off 2020 semifinalist Hermine shares Three 'Setting Up to Succeed' Tips to ensure a perfect bake

1. It's important to bake with good quality tins to ensure your bakes unmoulds beautifully. ProCook's Non-Stick Loose Bottom Shallow Cake Tins do a great job at this, without having to butter or flour them first.

2. Whenever I'm making a sponge that I want to be particularly light and fluffy, I find that substituting a third of the flour weight with cornflour makes a big difference.

3. A good palette knife will help you spread the cream and smooth the edges. I find that ProCook's Palette Knives are long enough to work with a tall bake and have a wide surface to make the job of spreading buttercream a piece of cake!

Non-Stick Baking Tray Set 4 Piece - £29

difference to the outcome of your dish.

"When you've gone to the trouble of choosing high-quality ingredients, the tools you use are equally important to ensure your cake unmoulds perfectly and that your sourdough bread slices beautifully.

"I choose to use ProCook products because you get a balance between quality and price." Visit www.procook.co.uk for the full bakeware range and more.

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The way to a man's – and woman's – heart really IS through their stomach

Research of 2,000 adults revealed more than half believe the age-old phrase 'the way to a man's heart is through his stomach' does ring true.

And when asked if this applies to themselves, 57 per cent of women and 62 per cent of men agreed.

Almost three in five admitted their mood can be improved with good food and more than a third said some of their most treasured memories are around eating.

memories are around eating. A further 27 per cent class themselves as a 'foodie' while 24 per cent feel they are a 'feeder'.

Similarly, people claim feeding others brings them happiness, while others do it because of a maternal or paternal instinct, or as they like to share their culinary creations.

The study was commissioned by brioche experts St Pierre and also found cooking from scratch, knowing how to make something without a recipe and not getting stressed in the kitchen are among the things that impress people about others.

A fifth also like it if someone knows the best spots for food in different cities, while a quarter are impressed if a host always has food on offer for guests.

On the flip side, those polled have tried to impress others with their great cooking skills (44 per cent), by creating a meal out of leftovers (34 per cent) and discussing food with a passion (14 per cent).

Almost three in five admitted their mood can be improved with good food and more than a third said some of their most treasured memories are around eating.

Paul Baker, founder of St Pierre said: "The study shows just how important food is to moods, relationships and memories.

"Foods often bring back nostalgic experiences such as eating with family or friends, trying new cuisines for the first time, going on a first date or being on holiday or in a different city.

"It's great to see how passionate the nation is about food and that the way to a person's heart really is through their stomach.

heart really is through their stomach. "Often the best pick-me-up is a simple home-cooked meal or baked treat and we can all relate to that – it's how we make everyday magnifique."

The study also found almost half believe sharing food brings people together and one in four said bonding over meals is key to their family dynamic.

And people typically have three conversations a day about food.

Reflecting their love for edibles, 31 per cent have been bought a food themed gift, while 37 per cent have been the giver of a such a present.

The study via OnePoll also found it's important to 62 per cent that a potential partner likes food.

If meeting up with a friend, relative or date 44 per cent said it's likely to involve eating and 35 per cent claim food is central to gatherings with their family.

A quarter struggle to understand people who don't get excited by food, 37 per cent confessed that fussy eaters annoy them and 39 per cent admit that they're always thinking about their next meal.

Paul added: "We've always maintained that great food is a joy to be shared and the results of this research show that we're not alone in our thinking.

"Whenever you ask someone about their favourite food, the reason for their answer is almost always linked to a treasured memory – and that's a beautiful thing."

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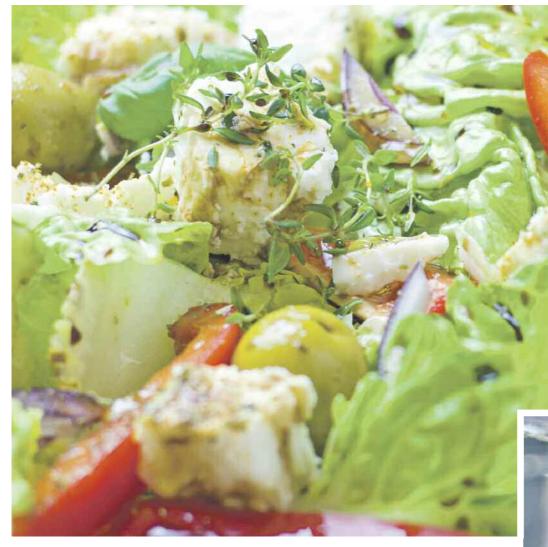
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Brits have no idea where many common foods come from – or whether they are sustainably sourced



Clueless

A third of the 2,000 adults polled had no idea feta cheese is made from sheep's milk and half did not know the main ingredient for black pudding was pig's blood.

And two thirds were unaware the humble peanut is grown underground, while 66 per cent didn't know the cashew is the seed of a fruit.

More than six in 10 also had no idea maple syrup comes from the tree itself - with nearly a quarter thinking it's made from tree bark.

The study, commissioned by Maple from Canada UK found that many are also confused by sustainability.

by sustainability. While 64 per cent of adults believe it's important to buy sustainably sourced food, 73 per cent admitted they don't actually know how to do their bit.

Chef James Golding, group chef director of a major UK hotel group and member of the Royal Academy of Culinary Arts sustainability committee, has teamed up with Maple from Canada UK, to campaign for better knowledge on foods and sustainability when cooking. James said: "The research has revealed some

interesting knowledge gaps around common foods that people consume every day. "The origins of some of these foods will

"The origins of some of these foods will certainly surprise people, despite eating them frequently – and similarly, knowing whether these items are sustainably sourced will be unknown to many.

"While people know sustainability is important, it can sometimes be one of those things that slips to the back of people's minds when they're doing their food shop."

The study also found that 30 per cent rarely think about how their food is produced, while 55 per cent also confessed to turning a blind eye and buying lower quality produce. Another 40 per cent often forget to think about whether their food is sustainably sourced. More than a quarter also admitted they rarely think about the impact food has on the

environment, according to the research carried out via OnePoll. But 47 per cent think that knowing the

positive impact of certain foods on the ecosystem would affect their shopping habits. It also emerged that 34 per cent would like to

live an environmentally friendly lifestyle but aren't sure how.

And 54 per cent have attempted to grow their own produce, with eight in 10 doing this in their garden, and 18 per cent doing so on their windowsill.

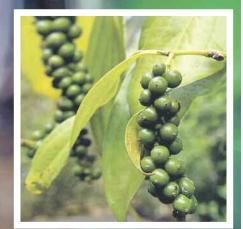
The research also revealed nearly seven in 10 adults were able to correctly identify Canada as the main producer of the world's supply of maple syrup – where forests play their own part in contributing positively to the planet's ecosystem.

James Golding, speaking on behalf of Maple from Canada UK, added: "Growing your own food, living from the land or even foraging for foods is a great way to do your bit for the planet.

"Maple syrup is actually a great example of sustainability – by tapping the trees, it's an effective way of producing a completely natural ingredient without damaging the environment. "Also, maple forests used for maple

"Also, maple forests used for maple production in Quebec, Canada, are generally protected by law and cannot be cut down.

"I would encourage anyone who hasn't done, or not recently grown their own produce to give it a try – as I think so many would not only get a kick out of it, but also taste the difference, too."



Black Pepper: 88 per cent didn't

BRITS DON'T KNOW WHERE THESE FOODS COME FROM

Black Pepper: 88 per cent didn't know it was created from a drupe fruit
Cashews: 66 per cent didn't know they're a seed from a from a tree
Peanuts: 66 per cent were unaware they're grown underground
Maple Syrup: 61 per cent didn't realise it is tapped from a maple tree

Black Pudding: 50 per cent didn't know it's created using pork blood
 Feta Cheese: 35 per cent didn't know it's made from sheep's milk
 Raisins: 15 per cent didn't know they're dried grapes







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Is stress written all over your face?

#CheckYourself for early signs of declining mental health

horizon; skincare, aesthetics and wellness expert Dr Yusra urges consumers to check their faces for early signs of a decline in their mental health

Dr Yusra, author of the newly released Beautified Britain Index: The Skin Report which found there was a 3,100% increase in Google searches for "skin anxiety" during the pandemic*, says that the link between mental health and skin has never been more apparent.

stress, anxiety and 'Chronic psychological distress often present first on the skin, even before we might

As we head into winter, with yet mental health and, after a couple of more COVID warnings on the very difficult years for us all, we need to be more mindful than ever of our mental health." says Dr Yusra. "In the same way that you regularly

#CheckYourself for cancerous lumps and bumps, it is important to do so for mental wellbeing. When we become stressed, anxious and depressed, we can easily become stuck in a vicious cycle, so it is vital to #CheckYourself for mental health, to stay on top of any potential issues." Dr Yusra Clinic is one of the only

clinics in the country to combine psychological wellness with aesthetics and employ a clinical psychologist to provide a holistic health service and realise we are suffering. Winter is a has a psychiatrist on the board of notoriously challenging time for clinical directors.

#CheckYourself quick and easy 'FACE' four point check.

Frowns and furrows - do you have frown lines and a furrowed brow, even at rest? 'Resting Stress Face' could be the first sign that

you're strained. Atrophy - a reduction in volumes in the face such as temple hollows, flattened cheeks and a gaunt appearance is known oc/lipoptrophy/of the fat pade and as 'lipoatrophy' of the fat pads and can be secondary to stress. **Changes** - Look out for sudden or significant changes such as blotchy, sensitised skin or acne breakouts. All of these could be linked to stress. Eyes - twitching eyes and

increased blinking could be a sign that you're spending too much time on screens. Dark circles and bags under the eyes can denote too little quality sleep or disrupted sleep patterns



David Attenborough has beaten Greta Thunberg to be crowned the nation's most inspirational 'green' celebrity - closely followed by **Prince William and Prince Charles**

The 95-year-old conservationist topped a list which included A-list stars like Leonardo di Caprio and Angelina Jolie.

However, it was teenage climate activist Greta Thunberg who placed second on the list and was also the youngest at the tender age of 18

The research also found a number of Royals placing within the top 10, including Prince William, Prince Charles and Kate Middleton. A spokesperson for Utilita, the energy supplier behind the eco list, said: "David has done so

much for this planet. For decades he has been gracing our TV screens and educating the nation on the beautiful wildlife that surrounds us; he's made a huge difference.

"But Mother Earth needs more of the same from us all - we all have an equal responsibility to take care of our planet.

"And it's important to note that every little action makes a difference; they all add up."

Elon Musk, founder of electric car manufacturer Tesla, placed at number 17 on the list, while eco-warrior and actor Leonardo di Caprio came in at seventh

It also emerged three in four adults agreed it's important for personalities to be kind to the planet, with 55 per cent saying it's because they need to set an example.

Whereas 61 per cent said public figures are

equally responsible as any other individual. In fact, nearly a quarter of those polled are more likely to make a change to their habits and be more sustainable to replicate what a celebrity has done.

And one-third have been inspired, at one time or another, to make a change in their life after witnessing the actions of a public figure.

The study, conducted via OnePoll.com, also found 71 per cent believe it's easier for celebrities to be sustainable because they have more money.

But 83 per cent said personalities are also a huge contributor of to the climate crisis, with 77 per cent saying they could do more than they already are.

Unplugging unused electricals, turning down

the temperature on a wash cycle and fixing broken items instead of replacing them with new ones are among the most common environmental actions Brits are making.

A spokesman for Utilita, the A spokesman for Ounta, the energy company created to help households use and waste less energy, added: "We are all equally responsible for looking after our planet and preventing further damage

"It's important to recognise that we all make a difference, whether it's as seemingly small as turning the heating down by a degree to something that requires bigger investment like installing solar panels on your roof, it all adds

up. "Celebrities are another powerful voice that can help pave the way for a greener future.'



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Entertainment

THE LATEST ENTERTAINMENT AND CELEBRITY NEWS FROM BOLLYWOOD & HOLLYWOOD

There's been an overwhelming response on the trailer, the makers of 'Antim: The Final Truth', and the filmmakers decided to bring the release date forward for international audiences.

the release date forward for international audiences. Headlining the cast, is none other than Salman Khan in a never-seen-before avatar playing a Sikh policeman for the first time. His character is ruthless and unforgivingly, bent on rooting out the gangsters and sprinkled with catchy dialogues.

Continued on page 41

iiiiii

Film: Antim: The Final Truth Director: Mahesh Manjrekar Starring: Salman Khan, Aayush Sharma Produced by: Salma Khan and Salman Khan Release date: 25/11/21

Qatil Haseenaon Ke Naam' is a show full of courage, sassiness and power



of view, the multi-starrer Zindagi original showcases the trans-formation of ordinary women into 'Qatil Haseenas' (femme fatale).

streaming platform for South Asian globally on ZEE5.

the Zindagi anthology, Qatil Haseenaon Ke Naam through an Qatil intriguing trailer.

The suspenseful desi noir series is ZEE5 Global, the world's largest slated for launch on 10th December

British-Indian director Meenu Gaur, Oatil Haseenaon Ke Naam is a sixpart anthology series featuring seven

The series boasts of an eclectic ensemble cast including Sanam

Saeed. Sarwat Mumtaz, Faiza Gillani, Beo Raana Zafar, Eman Suleman, Saleem Mairaj, Ahsan Khan, Osman Khalid Butt and Sheheryar Munawar.

COMING SOON

WRITERS FARJAD NABI & MEENU GAUR DIRECTOR MEENU GAUR PRODUCERS HASAN ABIDI & SHAILJA KEJRIWAL

A ZINDAGI ORIGINAL

While we have seen women as archetypes of patience often forgiving the treachery they have suffered, this show unearths their unapologetic, unforgiving side. The web series showcases what happens when a woman's limit is pushed.

Written by the dynamic writer duo - Farjad Nabi and Meenu Gaur, Qatil Haseenaon Ke Naam is set in a neighbourhoodrife with secrets and gives a glimpse of what happens when women decide to take charge of their destiny and not kneel before situations and society.

Speaking about the show, Shailja Kejriwal, Chief Creative Officer, Special Projects, Zee Entertainment Enterprises Ltd shares: "Qatil Haseenaon Ke Naam is an ode to women who dare to reclaim their powers despite all odds.

"The series explores reasons that can lead women to a point where they can go to any extent to avenge oppression. This is one of our most unconventional offerings, Poetic and deadly at the same time. We are excited to share a glimpse of it with our audience!'

Commenting on the series, Creator

Gilani Samiya and Director, Meenu Gaur said: "Lam excited that I got the chance to create a show which delivers on suspense, mystery, and entertainment while leaving the indelible stamp of a woman's point of view all over it.

ZEE5

"Giving film noir a South-Asian/desi and the feminist twist was definitely on my filmmaking bucket list. With this show, the femme fatale shake off several decades of the male gaze and play on their own terms.

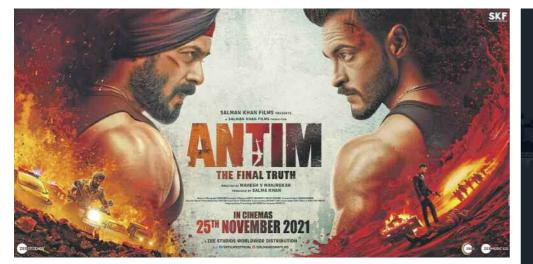
Sarwat Gilani, who plays Mehak, said, "This series showcases the essence of life through different people and characters. The series is empowering, and it highlights the issues women face in a very honest way instead of sugar-coating them.

'Oatil Haseenaon Ke Naam' is an important show for everyone as it portrays the consequences of trying to exploit and undermine women.

Sanam Saeed, who plays Zuvi, added: "I am extremely happy to collaborate with Zindagi in this very different and mazedaar (tasty) role compared to what I have done in the past. 'Qatil Haseenaon Ke Naam' is a show full of courage, sassiness and power.

"It was a delight to work on this show which tells the stories of strong and fearless women who go to any extent to get what they desire."

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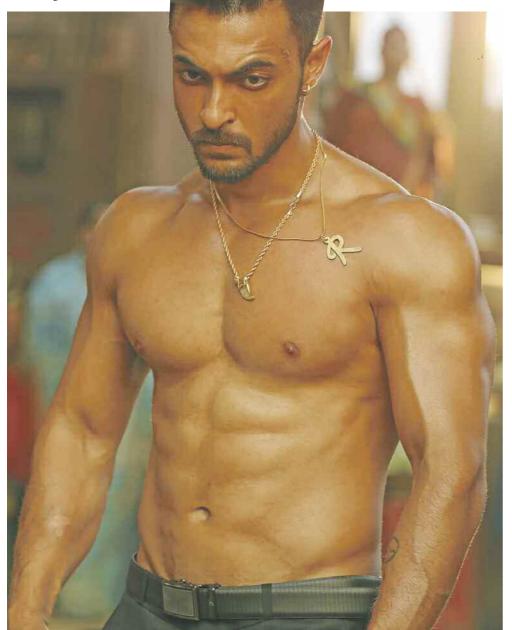
Salman Khan and Aayush Sharma starrer set for release

Continued from page 39

The film also sees Aayush as a gangster, with various shades to his character, making us simultaneously root both for and against him. Salman and Aayush have both worked upon

their physical appearances to come into character. They may be on opposing ends in the film, but the chemistry between the two is exceptional, something that the audience will look forward to watching on the big screen. The response from the audiences has been beyond phenomenal, making the film track at the top spot on IMDB. Audiences are eagerly awaiting to witness the biggest face-off between Salman Khan and Aayush on the big screen. Directed by Mahesh Manirekar and

Salman Khan and Aayush on the big screen. Directed by Mahesh Manjrekar and produced by Salman Khan Films, the movie revolves around the face-off between a Sikh police officer (Khan) and a gangster (Sharma), and like the original, it explores the hard conditions faced by farmers that pushes some of them towards crime.



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The fifth-generation luxury SUV takes Land Rover's modernist design philosophy to the next level, with a contemporary interpretation of its trademark profile to create an incredible design statement. It continues to lead, bringing breathtaking modernity, aesthetic grace and sophistication to Land Dependence in the statement of the

Rover's latest flagship. With a suite of efficient mild-hybrid and plug-in hybrid powertrains - and a pure-electric Range Rover set to join the line-up in 2024 – plus a choice of four five or 2024 - plus a choice of four, five or seven-seat interiors available across Standard and Long Wheelbase body designs, the New Range Rover is breathtaking.

Data generated by carwow, the UK's leading car marketplace, suggests that the global reveal of the all-new Range Rover could be one of the most significant new car launches of the year, and certainly the biggest launch of a new SUV.

Despite not being available until 2022, the new model is already having a material commercial impact.

Within 24 hours of the car's online debut on 26 October, more than 2,000 people had configured a current-generation Range Rover via the carwow platform, and more than 200 logged an enquiry with one of carwow's dealer partners. The day after the launch, more than three times the number of Range Rovers were bought via carwow compared to any previous day in October.

In addition, carwow's video review of the all-new Range Rover, presented by Mat Watson, is proving

New Range Rover is the 'most significant' SUV launch of 2021

to be one of the company's most live. popular of the past 12 months, During its first seven days, the securing over one million views on video clocked 2,434,637 YouTube During the same period, the second-most viewed piece of video content YouTube within 24 hours of going views, equivalent to 228,205 hours (or

just over 26 years) of viewing time. relating to the all-new Range Rover



was the official Land Rover video, which logged 1,551,129 views.

Carwow's Range Rover video is already its fifth most-watched on YouTube this year, and its most-watched SUV review. It is one of three videos released by the company in 2021 to achieve more than one million views within its first 24 hours.

"The sheer volume of viewers tuning in to watch our review of the new Range Rover is testament both to the popularity of the vehicle, and the trust that consumers have in carwow to provide honest and entertaining car-buying advice," explained Sepi Arani, Commercial Director at carwow.

"But when you look at the impact of the launch on buyer activity across the channel, it is clear to see the influence of the Range Rover as a brand halo, pushing a significant number of buyers to configure, enquire and order existing models. It has certainly been one of the most talked about launches, if not the most significant of the year," he adds. Prof Gerry McGovern OBE, Chief

Creative Officer, Jaguar Land Rover, said: "The New Range Rover is a vehicle with a peerless character, from the impeccable restraint of its exterior to the flawless tranquil sanctuary of its cabin.

"Informed by creative intellect and a desire for perfection, it doesn't follow fashion or trend, but by a modernist design philosophy, combined with over 50 years of evolution, it is quite simply the most desirable Range Rover ever created."

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Bentley's 21" winter wheel packages

Bentley is launching new winter wheel packages for the upcoming colder season.

Customers who are interested in a fresh new look for their Bentley can choose to prepare their car for winter, with an elegant 21" alloy wheel – bringing new visual appeal to match the enhanced winter performance offered by Bentley's Pirelli winter tyres.

There are four 21" winter wheel packages now available - one for Continental GT, GT Convertible and Flying Spur, one for Continental GT Speed and two for Bentayga.

Speed and two for Bentayga. Through specially developed winter tyres, owners of all models will have the confidence to enjoy the performance of their vehicles during the wintery conditions. Continental GT and GT Convertible owners are now able to select the beautiful twin10-spoke alloy wheel with a dark grey painted and bright-machined finish for the first time this winter.

The wheel packages provide the simplest method for swapping between summer and winter tyres and helps to prolong tyre wear whilst used in their optimum conditions. Winter tyres are far more effective

Winter tyres are far more effective than summers tyres in low temperatures (below 7°C / 45°F) and ensure maximum available traction and performance on cold tarmac, snow and ice. Three particular design features of winter tyres make this possible: **Tread Pattern** – The tyres have

Tread Pattern – The tyres have many additional grooves or recesses that help to displace water, but also dig into the snow and ice. The extra edges of the grooves help with providing traction into snow and can snare road debris acting like temporary studs. The tread is visually more open. **Tyre Compound** – Winter

Tyre Compound – Winter tyres have a softer compound than a summer tyre containing more silica allowing the blocks to stay soft and supple in colder temperatures. Summer tyres in wintery conditions become more rigid and do not mould to the road surface and therefore provide less grip.

Block and Groove Design – By design, the rubber blocks of winter tyres vibrate whilst

driving, shaking out any snow or road debris. The large open grooves allow water to drain and provide good lateral stability. In comparison, the small grooves on summer tyres would become clogged and less effective. Bentley's Pirelli winter tyres have

Bentley's Pirelli winter tyres have been designed specifically to ensure that the car achieves as much traction as possible during the cold winter months and provide a comparable experience to driving on a dry and warm day.

arm day. Grand Touring In All Seasons The four new winter wheel

packages offer customers piece of mind during the winter months and provides the highest level of performance and safety from their vehicle. Customers who require further information can contact their local retailer for availability.



New Daytona SP3 inspired by the legendary victories of Maranello's Sports Prototypes

lew 'Icona

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Continued from page 47

The bold choice of a 'Targa' body with a removable hard top was also inspired by the sports prototype world: consequently, the Daytona SP3 not only delivers exhilarating driving pleasure but also usable performance.

From a technical perspective, the Daytona SP3 takes its inspiration from the sophisticated engineering solutions already adopted in racing the 1960s: today as back then, maximum performance was achieved by working on the aforementioned three fundamental areas

The Daytona SP3 sports a naturally-aspirated V12, mid-rear-

mounted in typical racing car style. Undisputedly the most iconic of all Maranello's engines, this power unit delivers 840 cv – making it the most powerful engine ever built by Ferrari – along with 697 Nm of torque and maximum revs of 9500 rpm.

Undisputedly the most iconic of all Maranello's engines, this power unit delivers 840 cv – making it the most powerful engine ever built by Ferrari – along with 697 Nm of torque and maximum revs of 9500 rpm.

The chassis is built entirely from composite materials using Formula 1 technologies that have not been seen in a road car since the LaFerrari, Maranello's last supercar. The seat is an integral part of the

chassis to reduce weight and guarantee the driver a driving position similar to that of a competition car.

Just like the cars that inspired it, the aerodynamic research and design focused on achieving maximum efficiency purely using passive aero solutions.

Due to the clever integration of technical innovations, the car can accelerate from zero to 100km/h in

2.85s and from zero to 200km/h in just 7.4s: exhilarating performance, an extreme set-up, and the intoxicating V12 soundtrack deliver completely unparalleled driving pleasure.

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TEL. 07733 244 444 TEL. 07506 342 385	EL. 07983 590 591	TEL. 07954 389 874 BEIIOLD £19,000 (BEHOLD)		TEL. 07411 953 337 EYIISAF £15,400 (E YUSAF)	TEL. 07985 455 057	TEL. 07815 114 201	TEL. 07921 576 971	TEL. 07985 455 057	TEL. 07985 455 057	TÉL. 07946 162 099 NLIICAS £7,000 (N LUCAS)	MON - FRI: 9-5.30 PDIIEEP £7,000 (P DILEEP)	TEL: 07985 455 057
TEL_07587 690 098 TEL_07506 342 386 82 GK CALL CONTREMENTION FROM THE CONTREMENTION FROM THE SOLUTION		TEL: 07985 455 057 BH04GUL £0FFERS (BHOGUL) TEL: 07970 026 653	TEL. 07720 376 861 DR5ISHA £995 (DR. SHISHA / SHA) TEL. 07834 531 683	TEL. 07985 455 057 EYIISUF £15,000 (E YUSUF) TEL. 07985 455 057	TEL. 07985 455 057 GUISUF £15,000 (G YUSUF) TEL. 07985 455 057	TEL. 07954 389 874	TEL. 07970 281 994	TEL. 07867 886 786 MAII RYM £1,500 TEL: 01274 414141 MON - FRI: 9-5.30	TEL. 07985 455 057 MSIIAYS £9,500 (MS HAYS) TEL. 07985 455 057	TEL: 07985 455 057 NOII SHN £2,500 TEL: 01274 41414 MON - FRI: 9-5.30	TEL. 07985 455 057 PD55ESS £1,500 0N0 (POSSESS) TEL. 07971 732 789	TEL: 07985 455 057 SOIILJA £10,000 (SOULJA) TEL: 07786 615 234
AI7JEO AI7JEO 5,000 0N0 (AMJED) 75,000 TEL: 01274 414: MON - FRI: 9-5.30 MON - FRI: 9-5.30 		ELE 01910 020 033	DR 5 500D £8,000 T: 07740 784 983 privateplates@hotmail.co.u	FI 6UJR £2,500 (F1 GUJR)	EL. 07963 435 037	E10,000 (J AHMAD) TEL: 07985 455 057	EL 07985 455 057	MON PRI: 55.30 MAIITAB £18,000 (M AHTAB) TEL. 07985 455 057	MSIIUGH £15,000 (MS HUGH) TEL. 07985 455 057	£15,000 (N SHAUN) TEL. 07985 455 057	EL. 0/3/1/32 / 69 PHIIFOX E29,000 (PHIL FOX) TEL. 07985 455 057	SOC4R E0FFERS TEL. 07787 334 567
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E15,000 (A AHIMAD) Control (A AHIMAD) TEL. 07985 455 057 TEL. 07946 162 099	8) £10,000 (AWESOME) TEL. 07985 254 294	E5,000 0N0 (BUSTED) TEL. 07985 455 057	E15,400 (D YUSAF) TEL: 07985 455 057	FAIL RYD £1,000 TEL: 01274 414141 MON - FRI: 9-5.30	TEL. 07968 642 402	50 JDIIEEP £7,000 (J DILEEP) TEL. 07985 455 057	ESTIC: 107588 326 444	EL. 07990 116 644	EL. 07867 886 786	E15,400 (N YUSAF) TEL. 07985 455 057	ESERIOUS OFFERS TEL. 07707 146 047	EDITIES TEL. 07919 583 618
E AAIIYAA E20,000 (AAIIYAA) TEL. 07985 455 057 TEL. 07983 480 777 AAI2 JAN	£9,500 (A YUNUS) TEL. 07985 455 057	EVIIJAY £10,000 (B VIJAY) TEL. 07985 455 057	EI5,000 (D YUSUF) TEL 07985 455 057	FAIISHA £9,000 (FAISHA) TEL. 07985 455 057	EXAMPLE 12,000 (HAILEE X) TEL. 07985 455 057	EDUCTIONS	E KY55 HOR E3,500 TEL. 07588 326 444	MD04W0D £1400 (M DAWOOD) TEL. 07428 657 147	E10,000 (M VIJAY) TEL. 07985 455 057	20 NYIISUF 215,000 (N YUSUF) TEL. 07985 455 057	E15,000 (P WILSON) TEL. 07985 455 057	SI3AF X £1,200 0N0 TEL. 07791 919 237
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a A A 5 IZ A A a A NW444R £00FFERS £10,000 0N0 (ANWAA TEL. 07947 612 499 TEL. 07946 162 099 a A A 555HAK a A NW444R	TEL. 07985 455 057	BYIISUF £15,000 (B YUSUF) TEL. 07985 455 057	EAIIMED £15,000 (E AHMED) TEL. 07985 455 057 EA55TAL	FAIIMED £15,000 (F AHMED) TEL. 07985 455 057 FAH44D	E10,000 (H AHMAD) TEL. 07985 455 057	JKIIMAR £15,000 (J KUMAR) TEL. 07985 455 057 JSIISAN	E3,000 (U 4 USY / LUSY) TEL. 07786 424 251	MDIIAMD £2,500 (MOHAMMAD) TEL. 07867 886 786 MEIIBUB	MYIIPOD £3,000 (MY IPOD) TEL. 07985 455 057 MY5ISHA	NY55 HAA <u>£1,250</u> TEL. 07588 326 444 OOIIOYD	E15,000 (P YUSUF) TEL. 07985 455 057	s S44JED <u>EOFFERS</u> yourplate@yahoo.co.uk
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£10,000 TEL: 01274 414 TEL: 07733 244 444 AAZI5 ASIIOKB	141 £OFFERS	E9,000 (C AISHA) TEL. 07985 455 057	EBIIACK	E8,500 (F BLACK) TEL. 07985 455 057	EOFFERS TEL. 07866 947 665	£9,500 (J YUNUS) TEL. 07985 455 057	£7,000 (L DILEEP) TEL. 07985 455 057	E25,000 (M JUDGE) TEL. 07985 455 057	E1,500 ONO TEL. 07427 677 989	25,000 0N0 (QASSER) TEL. 07967 350 957	E12,500 (ROHAN X) TEL. 07985 455 057	E500 TEL. 07473 865 081
E0FFERS TEL. 07977 612 479 ABIOCHO ASIIOKC	EREASONABLE OFFERS TEL. 07834 016 393	E10,000 (C AHMAD) TEL. 07985 455 057	£8,500 (E BLACK) TEL. 07985 455 057	£7,000 (F DILEEP) TEL. 07985 455 057	£5,550 TEL. 07867 861 193	£15,400 (J YUSAF) TEL. 07985 455 057	£15,500 (L JUDGE) TEL. 07985 455 057	£20,000 (M KUMAR) TEL. 07985 455 057	£15,000 0N0 TEL. 07774 112 121	£8,500 (O BLACK) TEL. 07985 455 057	EOFFERS TEL. 07962 394 890	E2,995 0N0 TEL. 07949 891 313
EOFFERS NO WITHHELD NO TEL. 07754 852 402 E9,500 (ASHOK C) TEL. 07985 455 057 ABIOSAB ASIIOKD	TEL. 07405 763 319	EOFFERS T: 07740 784 983 privateplates@hotmail.co.uk		£2,495 TEL. 07954 389 874	216,000 (HEAVEN-HAVEN TEL. 07731 464002	£15,000 (J YUSUF) TEL. 07985 455 057	£4,500 (L LUONG) TEL. 07985 455 057	£1,495 TEL. 07794 820 437	£2,500 TEL. 07969 914 041	£9,000 (O CLARK) TEL. 07985 455 057	EOFFERS TEL. 07707 707 609	TEL. 07867 861 193
£3,250 0M0 (ABID SAB) TEL. 07773 995 142 £9,500 (ASHOK D) TEL. 07985 455 057 ABIIACK a SIIDKF	📕 BI7SH U	EOFFERS T: 07740 784 983 privateplates@hotmail.co.uk	EH55ANS	EL. 07846 480 112	£15,000 (HELEN H) TEL. 07985 455 057	E50,000 TEL. 07815 114 201	£7,500 (L SUSAN) TEL. 07985 455 057	£3,000 TEL: 01274 414141 MON - FRI: 9-5.30	EOFFERS TEL. 07751 427 106	£7,000 (O DILEEP) TEL. 07985 455 057	EOFFERS TEL. 07816 488 420	EOFFERS (SHEETAL) TEL. 07786 510 000
£8,500 (A BLACK) £9,500 (A SHOK F) TEL. 07985 455 057 TEL. 07985 455 057 TEL. 07985 455 057 ABIIDVL ASIIOKG	📕 BI9 ALY	EL. 07908 472 121	OFFERS OVER £4,000 TEL. 07513 257 029 EJIIDGE £15,500 (E JUDGE)	£6,995 (F GUPTA) TEL. 07985 455 057	£15,000 (HELEN M) TEL. 07985 455 057	E800 0N0 TEL. 07774 112 121 K4AHN	E10,000 (L VIJAY) TEL. 07985 455 057	E1,900 ONO (MR D ALLY) TEL. 07774 246 877	25,500 0N0 TEL. 07766 645 325	E20,000 (DELL BOY) TEL. 07815 114 201	OFFERS OVER £400 TEL. 07866 992 500	E1,500 0NO (SAIDAH) TEL. 07946 162 099
E0FFERS TEL 07707 146 047 ABI2AAR £3,500 0N0 (ABRAAR) £3,500 0N0 (ABRAAR) £9,500 (ABRAAR)	BI9 FRR	£7,000 (C BHATT) TEL. 07985 455 057	EKIIMAR £15,000 (E JUDGE) TEL. 07985 455 057 EKIIMAR £15,000 (E KUMAR)	£15,000 (F KUMAR) TEL. 07985 455 057	£15,000 (HELEN P) TEL. 07985 455 057	E100,000 0N0 TEL. 07506 342 385 K4JOL OFFERS OVER 55,000	£15,400 (L YUSAF) TEL. 07985 455 057	E0FFERS TEL. 07928 473 771 MRIIOOK E9,500 (MR HOOK)	SERIOUS OFFERS TEL. 07969 914 041	26,995 (O GUPTA) TEL. 07985 455 057	E3,000 ONO (RIZWANA) TEL. 07779 300 128 RI9SHS OVER £2.000 ONO	£1,500 0N0 (SALIHA) TEL. 07946 162 099 SAIIKAS £1,500 0N0 (SAIKA)
Lipito (ASHOK J) Eggino (ASHOK J) TEL. 07946 162 099 TEL. 07945 455 057 BBDIIIL Call ASHOK J) E10,000 0N0 (ABDUL) E9,500 (ASHOK J)	2995 (BIG FRR) TEL. 07971 850 490	TEL. 07985 455 057	TEL. 07985 455 057	£7,000 (F LUCAS) TEL. 07985 455 057	TEL. 07985 455 057	FAZ911@MSN.COM	TEL 07985 455 057	TEL. 07985 455 057	TEL. 07954 389 874	TEL. 07985 455 057	TEL. 07427 677 989	EL 07946 162 099
TEL. 07946 162 099 TEL. 07946 162 099 TEL. 07946 162 099 TEL. 07985 455 057 TEL. 07900 ABR44R TEL. 07966 455 057 TEL. 07900 000 (ABRAAR) TEL. 07966 455 057		Panaceshealthcare@hotmail.co.ul		TEL. 07867 861 193	TEL. 07985 455 057 HEIIOO X £1,500 0N0 (HELLO X)	TEL. 07815 114 201	TEL. 07787 334 567	TEL. 07985 455 057	TEL. 07896 699 241	TEL. 07985 455 057	TEL. 07962 394 890	TEL. 07985 455 057
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TEL. 07985 455 057 TEL. 07985 455 057 AESI4IT E0FFRS TEL. 07867 861 193 FEL. 07867 861 193	B4 RUF	E10,000+ (CHILLER)	TEL: 07985 455 057	TEL. 07985 455 057	TEL. 07985 455 057	TÉL. 07779 300 128 K77 MYE £0FFERS T: 07907 318 660	TEL. 07985 455 057	TEL. 07985 455 057	TEL. 07985 455 057	TEL. 07962 394 890	TEL. 07779 675 730	TEL. 07983 104 538
TEL. 07867 861 193 TEL. 07965 455 057	B4 WFA £1,195 0N0	TEL. 07973 165 474 CSIO NGH <u>£0FFERS</u> TEL. 07928 473 771	TEL: 07985 455 057 EMIIL YE £8,000 (EMILY E) TEL: 07985 455 057	TEL. 07985 455 057 G I30XD £0FFERS TEL. 07913 919 169	TEL: 07985 455 057 HKIIMAR £15,000 (H KUMAR) TEL: 07985 455 057	no withheld numbers K7 PPA £3,995 0N0 TEL. 07890 201 854	TEL: 07985 455 057 MO 5IDDK E0FFERS T. 07954 370 359 MOHAMMED SIDDIQUE	TEL. 07985 455 057 MRIIALE £9,500 (MR HALE) TEL. 07985 455 057	MON - FRI: 9-5.30	TEL. 07985 455 057 OVIIJAY £10,000 (O VIJAY) TEL. 07985 455 057	TEL. 07868 572 069 R44JA F £2,800 0N0 TEL. 07974 179 156	TEL. 07838 603 001
AFIL LAK 52,500 TEL: 01274 414141 MON - FRI: 95-30 E9,500 (ASHOK O) TEL: 0785 455 057	B45HAR £12,500	CSIISAN £7,500 (C SUSAN) TEL. 07985 455 057	EMILLYF 58,000 (EMILY F) TEL. 07985 455 057	GI3SAL 20FFERS TEL. 07977 802 112	EL. 07985 455 057	KAII DEM £1,500 TEL: 01274 414141 MON - FRI: 9-5.30	MIII NWR	MRIIAYE £9,500 (MR HAYE) TEL, 07985 455 057	TEL. 07985 455 057	E15,400 (O YUSAF) TEL. 07985 455 057	R6JJY E0FFERS TEL. 07968 163 510	SA55Y MS £5,000 T: 07740 784 983 privateplates@hotmail.co.uk
AFII SAN SAN SIJOOD TEL: 01274 414141 MON - FRI: 95.30 SOU (ASHOK P) TEL: 07985 455 057	B5 WAJ	EL 07000 100 001 CYIISAF £15,400 (C YUSAF) TEL. 07985 455 057	EMIILYM E8,000 (EMILY M) TEL. 07985 455 057	G23RGE SOFFERS TEL. 07501 292 802	EL 07000 400 000 HUIITER £21,000 (HUNTER) TEL. 07985 455 057	E2,000 TEL: 01274 41414 MON - FRI: 9-5.30	MIIIYAS	EB,500 (MR HAYS) TEL. 07985 455 057	NAII ZAM 23,000 TEL: 01274 414141 MON - FRI: 9-5.30	OYIISUF	R77JHA £2,500 (RAJHA) TEL. 07786 424 251	SADIIIA \$7,000 TEL. 07825 040 037
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Cricket Scotland over a 13-year period and made 209 racism says. "In 2015 I put out a tweet saying it's It would seem Yorkshire's Azeem Rafiq's

Majid Haq and Qasim Sheikh call for investigation into alleged institutional racism

publicity over his racism ordeal at YCCC has triggered a snowball effect.

Scotland's all-time leading wicket-taker Majid Haq says Cricket Scotland is "institutionally racist" after he and former team-mate Qasim Sheikh opened up about the abuse they suffered during their careers.

Cricket Scotland has said it will thoroughly investigate any allegations of racism or harassment, and has launched an Equality Action Plan which it hopes will create positive change. However, they said though they'd deal with any allegations of racism or harassment, they will not discuss individual cases.

Haq and Sheikh allege they were treated differently to team-mates due to the colour of their skin, and have called for an independent inquiry into the organisation.

Majid Haq, 38, who represented Scotland on page 54

appearances, never played again after posting a race-related tweet during the 2015 World Cup. "At the time, I was treated like a criminal," he

tougher in the minority. I was on the next flight home, that shows how tough it can be.

"I felt isolated and I felt I was right, but I was told by the organisation to delete the tweet and apologise. I never did, why should I apologise for something I believe in.

"Over the last six years, that's made m believe in things me even more. There needs to be some anonymity for those who are brave enough to speak up. Continued

Off-spinner Majid Haq took 60 one-day international wickets for Scotland after making 209 appearances, he remains Scotland's all-time leading wicket-taker



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Majid Haq and Qasim Sheikh call for investigation into alleged institutional racism

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Qasim Sheikh claims he has been targeted for 'jumping on a bandwagon' in the wake of Azeem Rafiq's ordeal, but says he first spoke out about rascal at Scotland around ten years ago (Picture credit: Sky Sports)

Continued from page 53

"I never played again, and that is something I used to love doing. I am still the leading wicket-taker of all time for Scotland.

"Three months later, a white player complained about being left out of a squad and they did a massive U-turn within a day. There were different rules for him and different rules for me.

"A lot of people have asked me if I think Cricket Scotland are institutionally racist – I think they are. An investigation would show that they are. "There are a lot of failings in the

processes and the opportunities Asian cricketers are getting compared to a white player."

Cricket Scotland issued a statement: "Cricket Scotland operates a zero-tolerance policy to all forms of racism and discrimination and condemns racism in all its forms.

"We know that there are longstanding issues both in sport and wider society around racism and racial inequalities that still exist and that negatively impact many individuals, and we know that we must play our part in addressing

those in our sport. "Last week we launched our Equality Action Plan, which has been in development for several months.

"An important part of that will be reaching out to all communities to understand their experiences of playing cricket in Scotland, both positive and negative, to better understand those experiences and inform our future actions.

"As announced, we will be appointing an independent expert to

run that crucial piece of work and are committed to acting upon its findings. "We won't discuss individual cases

at this stage, but we would re-iterate that any allegations of racism or other forms of harassment – whether recent or historic incidents – that come out of that consultation, or that are reported separately to Cricket Scotland, will be thoroughly and properly investigated and dealt with. We would encourage everyone to engage with those processes."

Haq said the treatment he suffered still affects him today. Speaking to Sky Sports, he said:

"For me it's about how we go forward now is important.

"The youngsters coming through need to see a pathway, and not be blocked politically. Parents need to see that as well.

"We need more Asian coaches coming in. Not just token Asian coaches, Asian coaches who have also played at the highest level who are

played at the highest level who are not afraid to voice their opinion. "We need people who will speak their mind and pick the best players. Coaches around Scotland don't have the knowledge or experience I have.'

37-year-old Qasim Sheikh also believes his Scotland career was brought to an end for speaking out after suffering alleged racist abuse when playing for Scotland.

He revealed that he's since been targeted for opening up about his

"My understanding of institutional racism was getting called the 'P word' or getting called other references," Sheikh said.

"I thought it had to be things like that or regular slurs towards you, which never happened on a regular basis.

"However, it's more like unfair treatment. I was 25 years old and had scored back-to-back centuries for my country.

'There were no other 25-year-olds who had delivered those kind of results. I was dropped from the team

'Cricket Scotland in denial'

Lawyer Aamer Anwar, who has been supporting both Majid Haq and Qasim Sheikh told Sky Sports: "I think Cricket Scotland are in denial and individuals involved with cricketing in Scotland are still in the dark ages. "They have failed to take action when individuals have chosen to speak out. "They have been victimised, they have been excluded. Some of the treatment is deeply shameful. "It's all very well now that the associations are doing reviews and passing policies and statements, that question I would ask is 'what action have to actually taken to deal with the past? What action have you taken to deal with

action have you taken to deal with the racists? What action have you taken to show you genuinely want to eradicate racism?

"Policies are all very well, but

"Policies are all very well, but they're on paper. "Cricketing in Scotland, I believe, is institutionally racist. Sanctions are robustly used against people of colour; individuals are not picked to play for the national or local side and there are always excuses. "You don't see diversity in coaching or on boards. Are they saying people of colour don't have talent? If they do have talent, why are they not selected? Why is there no diversity? "Why don't they start speaking to the ex-players who were vilified, abused, and humiliated? "Cricket in Scotland has not faced up to the fact it is institutionally racist, and they are not diverse as a body and they have failed to tackle it."

for two bad performances.

"I tried to get back in and it wasn't happening – so I spoke out in the national press. "What followed was no one spoke

to me for years, and I never played for my country again after the age of 25.

"I look at some other people who have spoken out and went on to have decorated careers. "I didn't do anything illegal, I

shared my feelings and never played again. That felt unfair."

Sheikh claims he has been "targeted for jumping on a bandwagon" following the allegations that have emerged in the wake of Rafiq's evidence. "I first spoke out about it around 2011, 2012," he said. "This is not something that's just

happened now. "I voiced it to the organisation, but

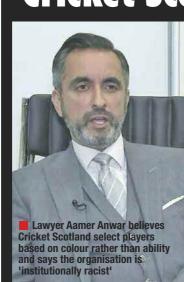
I never got any response. My punishment was that my career was over. I dedicated my life to playing

for Scotland. "I don't think people understand what racism is like if they haven't

experienced it, so it's hard for them. "I don't want all my ex-teammates thinking they acted racist towards me, it wasn't like that. I've got lots of good friends, I feel sad because lots of them are getting really defensive and that shouldn't be what this is about.

"It shouldn't be about attacking individuals, it should be about the whole organisation getting looked at to see what they can do better and move on in a better way. "Maybe by the next World Cup we

might have a few different faces in the coaching team, a couple of diverse figures in there as well which might encourage more people to go for these roles.





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Yorkshire's whistleblowing hotline receives numerous calls

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For more details turn to page 55

Following Azeem Rafiq's racism sandal, which uncovered Yorkshire County Cricket Club's (YCCC) historic failings over tacking racism, a whistleblower hotline became operational from Monday 15th November.

The independent reporting service was initiated by new club chair Lord Kamlesh Patel, who was appointed earlier this month and accelerated the previous regime's sluggish response to Azeem Rafiq's allegations of institutional racism.

Since the hotline became live 36 people have been in touch in the week since it was launched.

the week since it was launched. Mohinderpal Sethi QC has been appointed to lead the process of reviewing all submissions and his team will make direct contact with those who have lodged complaints. "I welcome the opportunity to

"I welcome the opportunity to lead this important independent investigation process," he said. "Those who report their

"Those who report their complaints to the whistleblowing hotline should feel reassured that these matters will be addressed in a careful and impartial manner." Azeem Rafiq says he expects many others to come forward and speak out about their experiences of racism in the game

Lord Patel, meanwhile, reiterated his call for those who may still have stories to share to come forward and the club will continue to share updates on a regular basis, initially every week. "It is essential that those who

"It is essential that those who have experienced or witnessed racism, discrimination and abuse are able to come forward to share their experiences. I thank all of those who have contacted the hotline so far," he said.

"Lasting and authentic change, particularly in the face of a complex and systemic issue, takes consideration and time, and cannot happen without the voices of those who have suffered.

"Only through committing to listen, and to believe, those who have bravely shared their experiences - and those still to do so - can we truly understand the scale of the issue."

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