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See page 31

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## BADSHAH:

From rags to riches - a musical journey like no other

# “I have never smoked, so I didn't ever think it could be lung cancer...”

The NHS will visit thousands of people in England's lung cancer hotspots with giant inflatable lungs this month, to raise awareness of potential cancer symptoms and help catch cancer earlier.

The Let's Talk Lung Cancer roadshow, run between NHS England and Roy Castle Lung Foundation, kicks off as new survey data reveals that just a third of (33%) South Asians respondents would see their GP if they had a cough for three weeks or more. While more than a quarter (28%) of South Asian individuals surveyed believe that lung cancer only affects smokers.

Continued on page 8

## Giant lung roadshow tours England to encourage South Asian community to act on early lung cancer symptoms



■ 65-year-old Nasim is recovering from lung cancer following removal of part of her left lung



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# The ten-day event saw footfall of a whopping 123,000 people



## Huge praise for Birmingham Festival 23

**A new report has highlighted that Birmingham Festival 23 has had a positive economic and cultural impact on the city.**

Presented as a free, ten-day outdoor event, the Festival included 153 individual projects and performances, created by over 800 artists, creatives and performers.

Created to mark the one year anniversary of the Commonwealth Games, the Birmingham Festival celebrated the wealth of talent and creativity that the city continues to platform, develop and nurture.

185 organisations took part and over 40 events were created from scratch or performed to audiences for the first time. There were opportunities to re-see 14 creative projects that were first shown during the 2022 Festival, and new partnerships and collaborations were formed for the Twilight Takeover strand of events.

In addition to the core team delivering the programme, two Artistic Associates - Elizabeth 'Zeddie'

Lawal and Mukhtar Dar led the creation and direction of their own events as well as forming part of the programme decision-making team. This ensured representation and inclusion from Birmingham's diverse communities.

Over 123,000 people came through the festival site on Centenary Square over the course of 10 days between 28 July and 6 August - which were engaged audiences who stayed for an average of three hours, demonstrating a high level of participation.

And audiences came back for more, with the average spending 2.2 days enjoying the free entertainment and activities, 36% of whom said they had never attended an outdoor festival before and 52% of whom came from areas of high deprivation. 96% of audiences felt that public spaces like Centenary Square should be used more frequently for cultural events.

A strong partnership with United by 2022 (the official legacy charity of Birmingham 2022) saw 74 volunteers

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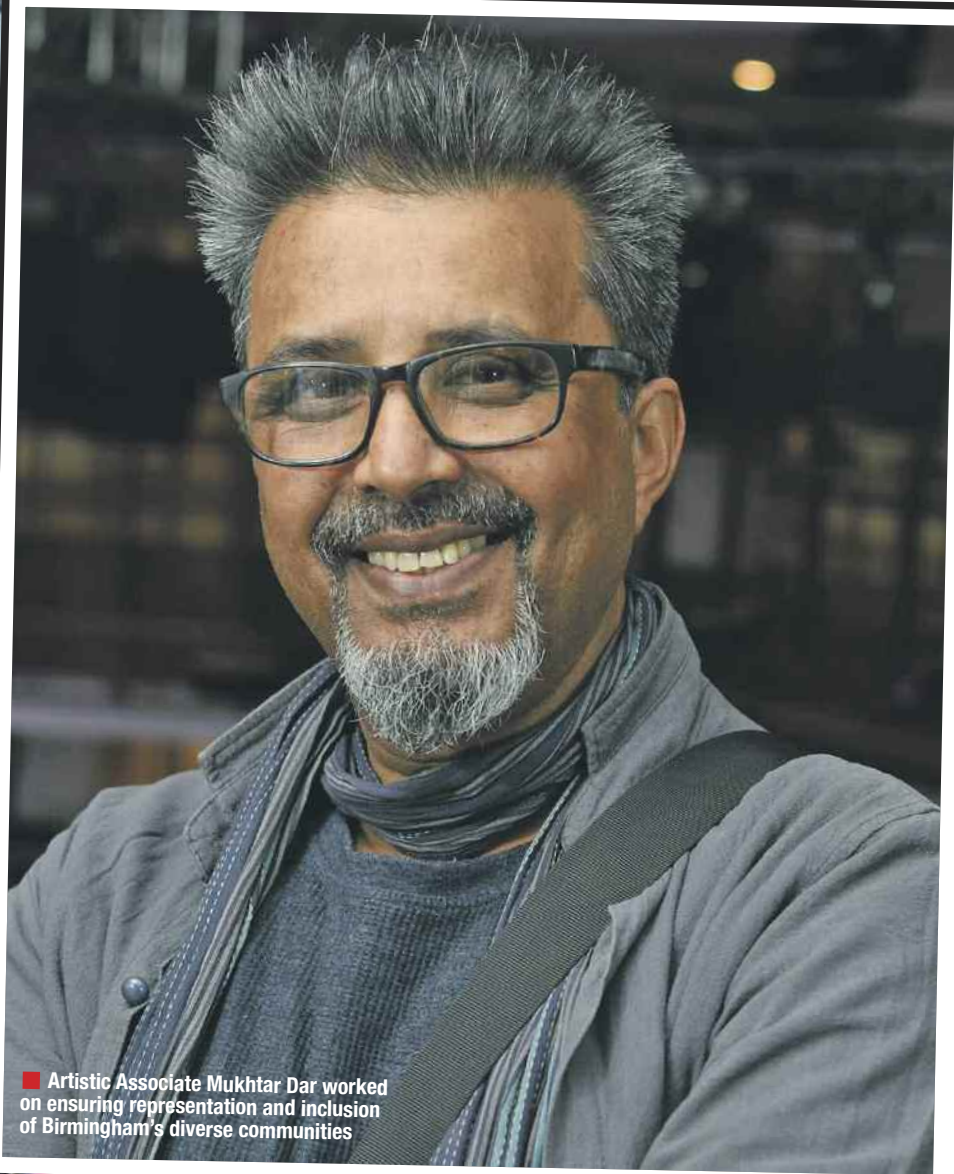
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■ Artistic Associate Mukhtar Dar worked on ensuring representation and inclusion of Birmingham's diverse communities

from the original Commonwealth Collective work over 1300 hours on site, making an invaluable contribution to the overall success of the Festival with their infectious enthusiasm, energy and warmth.

A huge majority of audience members surveyed described the festival as different to anything they'd experienced before, saying it had helped them feel more connected to the community and a shared culture, and boosted their sense of pride.

Councillor Saima Suleman, Cabinet Member Digital, Culture, Heritage and Tourism at Birmingham City Council, said: "The full evaluation results from Festival 23 demonstrate the three-sixty positive impact the free 10-day event had on the city and just how brilliant Birmingham is.

"Over 46,500 people engaged with the Festival, with many of them never having attended an event like this before, which highlights the appetite for arts, culture and entertainment in the city.

"Festival 23 showcased creativity from our diverse communities and the cultural offer throughout the programme was committed to inclusion and homegrown talent. Just like the Commonwealth Games in 2022, Festival 23 celebrated everything that is great about our wonderful city."

Creative Director of Festival 23, Raidene Carter, said: "We're delighted to finally have the full results of this year's one-off festival to share with the city, and everyone involved."

She added: "Now, more than ever, does the city need robust evidence, useful insights and lessons learned to support its future ambitions for staging more large-scale cultural events, and to recognise the individuals and partnerships that need investment to make them happen.

"A huge thank you and congratulations to everyone who made the Festival happen this year, and especially to the audiences who came out with bags of energy."



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## Law firm sets new standard for customer service and reputation in the legal field

When starting a new business, it is essential to get the right people and tools. The demands on law firms these days is far greater than they ever used to be and standing out amongst the crowd has to be a priority.

Clearly hard work is a huge factor, and when the team at BlackfriarsLAW set to achieve their long term plans, they knew they had to excel in the provision of legal services and get the right team in place.

BlackfriarsLAW is a start-up practice based in Birmingham. Since it was set up in February 2019, they have built a strong reputation in the market, won multiple awards and set the bar for client service across the legal industry.

In an industry often characterised by tradition and formality, BlackfriarsLAW is a dynamic law firm, has rapidly emerged as a trailblazer, redefining the norms of customer service and reputation in the legal field.

With its innovative approach and unwavering commitment to clients, the firm has not only disrupted the legal landscape but has also built a stellar reputation that has garnered national attention.

At the heart of BlackfriarsLAW's success story is its unwavering dedication to client satisfaction.

Unlike many traditional law firms, BlackfriarsLAW places clients at the forefront of its operations. The firm's managing partner, Anwar Zeb Khattak LLB(Hons), explains: "Our mission from day one has been to prioritise the needs and goals of our clients above all else."

"We believe that excellent legal representation goes hand-in-hand with exceptional customer service."

This client-centric philosophy is reflected in every aspect of the legal firm's operations. From the moment a client walks through their doors, they are welcomed by a warm and supportive team committed to providing the highest level of service. The firm's team work tirelessly to understand each client's unique circumstances, offering tailored legal solutions that meet their specific needs.

**"The team at BlackfriarsLAW have a strong background in the provision of legal services, and we've harnessed that expertise to streamline our operations and make the legal process more transparent and efficient for our clients."**

BlackfriarsLAW leverages cutting-edge case management technology to enhance the client experience further.

Through the use of advanced case management systems, secure client portals, and virtual consultations, the firm ensures that clients have easy access to their case information and can communicate with their solicitors seamlessly.

Mr Khattak adds: "The team at BlackfriarsLAW have a strong background in the provision of legal



# Trailblazers

## Innovative approach and client-centric values propel BlackfriarsLAW to the forefront of legal excellence



services, and we've harnessed that expertise to streamline our operations and make the legal process more transparent and efficient for our clients."

In a short period, BlackfriarsLAW has garnered a reputation for excellence within the legal community. The firm's solicitors, known for their expertise, professionalism, and dedication, have earned accolades from clients and peers alike.

Their track record of successful cases across a variety of practice areas has solidified their standing as a trusted legal services provider throughout the United Kingdom. BlackfriarsLAW has accumulated a combined total of over 1000 five star reviews online.

They've also been recognised for its

commitment-to-community involvement and pro bono work. The firm actively engages in initiatives that aim to make legal services accessible to underserved communities, reinforcing its reputation as a socially responsible practice.

The firm has received multiple awards and accolades in the legal industry and has been featured in legal publications. This recognition has paved the way for the firm's expansion, marking an exciting phase of growth.

As BlackfriarsLAW continues to set new standards for customer service and reputation in the legal field, its innovative approach and dedication to clients serve as a shining example of what can be achieved when a start-up challenges convention.



■ The team at BlackfriarsLAW

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■ Series 14 was judged by Paul Hollywood alongside Prue Leith and presented by Noel Fielding with new presenter and previous The Great Celebrity Bake Off for SU2C baker Alison Hammond



# They KNEAD you!

Great British Bake Off is looking for the country's next best home bakers

Are you ready to make your dreams crumb true, or perhaps you know someone who's ready to rise to the challenge?

Well then... the next Great British Bake Off (GBBO) might just be your slice of cake since they're casting for a landmark fifteenth series and are looking for the next batch of bakers to go to the famous white tent in 2024!

You might ask, 'what does GBBO look for in an applicant?' - top of the list is a love and passion for baking! Aside from that, you'll need to have a broader baking repertoire than just baking cakes, such as bread and pastry and biscuits.

It is important to note though that it is completely ok people haven't made literally everything! There is always time to practice through the process and everyone has their own baking strengths and weaknesses.

Applications are open to everyone although you must be 16 or over. The closing date for applications is 1pm on Tuesday 2nd January 2024, and you must be a UK resident (including Isle of Man and Channel Islands). Full Rules of Entry can be found at [www.applyforbakeoff.co.uk](http://www.applyforbakeoff.co.uk).



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# Muslims in these areas are donating the most Zakat

A new study, conducted by UK charity National Zakat Foundation (NZF), has revealed the regions where Muslims are donating the most Zakat.

The study analysed internal data from NZF's Zakat Live, finding the total amount of Zakat donated across 12 months from each local authority in England and Wales, compared to the number of Muslims who live in the area to find which regions are donating the most per person.

Zakat, an obligatory part of the Islamic faith, is a type of wealth tax which requires Muslims who can, to give 2.5% of their qualifying wealth to charity which is redistributed to Muslims in need. Zakat helps Muslims who are struggling to pay bills, put food on their table and provide for their families.

NZF are providers of financial support to Muslims across the UK through Zakat distribution. Their recent data reveals that across the UK, thousands of Muslims are living in desperate situations, being held back by lack of money and are in need of support.

### The 10 local authorities where Muslims are donating the most

Topping the list is the City of London, where £21,946 of Zakat was given across the twelve-month period, by a population of 540 Muslims who reported living there in the recent census.

Rank	Region	Total Zakat In	Number of Muslims
1	City of London	£21,946	540
2	Cambridge	£83,081	7,392
3	Epping Forest	£41,139	4,699
4	Tewkesbury	£4,200	521
5	Blaby	£10,405	1,421
6	Tandridge	£7,824	1,159
7	Sevenoaks	£6,792	1,088
8	Richmond upon Thames	£52,926	8,492
9	Wyre Forest	£6,200	1,056
10	Kingston upon Thames	£78,087	13,366

Although having one of the smallest numbers of Muslims in the region, it's not surprising that the city of London donated the most, as the population that live within that borough are some of the wealthiest in the country and have the highest gross disposable household income in England and Wales.

Cambridge has taken second place, where £83,081 of Zakat was given during the year by 7,392 Muslims, followed in third place by Epping Forest, where £41,139 of Zakat was given by 4,699 Muslims. Both locations also fall into the top third of local authorities with the highest gross disposable household income.

The study also delved deeper into the data to reveal the counties where Muslims are donating the most.

### The 10 Counties where Muslims are donating the most

Topping the list is Northumberland, where despite having a small Muslim population of 1,635 still saw £5,815 of Zakat in during the twelve-month period analysed.

Cambridgeshire has taken second place, where £103,784 of Zakat was given during the year by 40,192 Muslims. Following in third place is Surrey, where £95,785 of Zakat was given by 38,138 Muslims. However, the population which lives in these areas are more economically viable than others.

Rank	Region	Total Zakat In	Number of Muslims
1	Northumberland	£5,815	1,635
2	Cambridgeshire	£103,784	40,192
3	Surrey	£95,785	38,138
4	Hertfordshire	£114,882	47,380
5	Buckinghamshire	£140,797	59,224
6	Warwickshire	£18,897	9,236
7	Essex	£67,998	38,532
8	Greater London	£2,236,424	1,318,755
9	Gloucestershire	£2,3682	14,067
10	Leicestershire	£158,563	102,512

### Methodology:

- Data was pulled using NZF's internal data from Zakat Live, which is split by local authority.
- Data was looked at for the amount of Zakat in for each local authority across the last 12 months.
- Using data from the recent Census, the number of people who reported identifying as a Muslim in each local authority in England and Wales was also looked at.
- The total amount of Zakat donated in each local authority was divided by the number of Muslims in the area, before ranking them highest to lowest.
- To find the total amounts for each county, the amounts from the local authorities within those areas were added together.



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# Giant lung roadshow tours England to encourage South Asian community to act on early lung cancer symptoms

“I have never smoked, so I didn’t ever think it could be **lung cancer**...”

## Cover story continued

Over half (55%) of South Asian survey respondents also believed that or were unsure whether lung cancer only affects a small amount of people every year in England, when in fact it’s the leading cause of cancer deaths in the UK.

Nasim, 65, is recovering from lung cancer following removal of part of her left lung.

She initially went to see her GP as she was losing weight and didn’t know why.

“I have never smoked, so I didn’t ever think it could be lung cancer. However, when my friends and family started pointing out that I was looking thin I thought I should get checked out.”

Diagnosing lung cancer early dramatically increases people’s chances of survival – those diagnosed at stages one or two are nearly 20 times more likely to survive for five years or more than those whose cancer is caught at later stages. As such, Nasim wants to encourage more people to come forward if they have symptoms.

She said: “The best thing that could come from my diagnosis and treatment would be that others read my story and go and see their GP as a result.”

“If you’ve had a cough for three weeks or more, or something feels not quite right, please get medical advice and give yourself the best chance.”

As part of the roadshow, specialist teams of volunteers will assist the campaign to educate the public and help catch more cancers early. Thousands of people are expected to see the giant inflatable lungs in communities across the country – including supermarkets, shopping centres and local high streets – with the public urged to get checked if they have signs and symptoms.

The inflatable organs allow visitors to observe and learn about typical lung structures, lung health, and the effects of smoking.

Community engagement teams and volunteers will be on hand to talk to members of the public and encourage those with suspected symptoms to visit their GP as soon as possible.

This comes as survey data also shows that just over a third (34%) of South Asian people surveyed would visit their GP if they had a chest infection that kept coming back, and a similar percentage would do the same if they had a loss of appetite or unexplained weight loss (36%), which are lesser-known signs of lung cancer.

Dr. Jyoti Sood says: “Tens of thousands of people are diagnosed with lung cancer every year

in England, but it’s clear from the survey that many people in our community still think it’s not something that can affect them.

“This campaign is really important in raising awareness of the symptoms – like a cough lasting for three weeks or more – and encouraging people to get seen by a medical professional as early as possible. We know that early diagnosis gives the best chance of effective treatment and survival.”

Chief Executive of Roy Castle Lung Cancer Foundation, Paula Chadwick, adds: “It is staggering that so many of those surveyed still do not know how prevalent lung cancer is. We believe this stems from a reluctance, even aversion, to talking about lung cancer, and that is largely because of its links to smoking and associated stigma.

“That’s why these events are so important. They give us the opportunity to have one-on-one conversations with people who may not realise they are at risk, who may not recognise potential symptoms or could feel unable to act on them.

“If we can help just one person get diagnosed earlier when lung cancer can be treated more easily, then that is worth doing.”

The roadshow will travel around the country throughout the month of November – Lung Cancer Awareness Month – as part of the NHS Help Us, Help You campaign. The roadshow aims to begin conversations about the illness and its symptoms.

The NHS’s Help Us, Help You lung cancer campaign focuses specifically on raising awareness of the key symptom of lung cancer – a cough that lasts for three weeks or more. While it might seem like nothing serious, if it is cancer, finding it early means it’s more treatable and can save lives. The campaign will encourage those who have this symptom to contact their GP practice and remind the public that the NHS wants to see them.

In addition to the symptom of a cough for three weeks or more, other symptoms of lung cancer include:

- chest infections that keep coming back
- coughing up blood
- a long-standing cough that gets worse
- an ache or pain when breathing or coughing
- persistent breathlessness
- persistent tiredness or lack of energy
- loss of appetite or unexplained weight loss.





# Two arrested and weapons seized in Quinton, Birmingham

**Two people have been arrested, and a cache of weapons including knives and air guns have been seized from a Birmingham address.**

Following an executed a warrant at an address on Bent Avenue, Quinton, a 22-year-old man and a 25-year-old woman were arrested on suspicion of possession of offensive weapons and possession of Class B controlled drugs.

Quinton warrantA number of gas powered handguns, air rifles and decommissioned revolvers were recovered from the property along with a number of knives.

The two people have both been bailed while the investigation continues.

The seizure falls under Operation Target, which is our commitment to tackling serious and organised crime in the West Midlands.

If you've got information on serious or organised crime, get in touch via Crimestoppers anonymously on 0800 555 1111.

## Crisis on the streets

**More government support is needed to rehouse migrants in Birmingham over the winter months, the city council has said.**

The authority claimed the Home Office's drive to reduce the backlog of asylum requests will lead to unprecedented pressure on its services.

An estimated 1,000 asylum seekers will have left Home Office accommodation in the city between August and December.

The government said it would work with local councils to help manage the impact of this.

Councillor Jayne Francis, cabinet member for housing and homelessness, said the authority would continue to do all it can to welcome refugees fleeing horror and persecution.

"But these numbers are unprecedented - equivalent to the number we typically see over three or more years," she said.

Ms Francis said this would put the city's homeless and housing support services under "enormous strain".

According to recent figures, the number of people waiting for a decision on asylum claims has stood at just under 140,000 since the start of the year.

A government spokesperson said it was committed to "ensuring asylum claims are considered without unnecessary delays".

"We are working with local authorities to help communities manage the impact of asylum decisions as the legacy backlog reduces," they said.

The city council has written to the government and called for the following:

- Urgent funding to put in place additional support.
- Ensuring refugees have 28 days' notice before leaving Home Office accommodation.
- More information on the number of cases expected to help plan the support required.
- It comes as the government seeks to increase the rate of decisions on asylum requests to deal with the backlog.

# Strike action at Amazon Minworth

**Union members at a new Amazon site have voted to join industrial action in a dispute over pay.**

The centre at Minworth, in Sutton Coldfield, opened in October, employing 2,000 people.

The GMB trade union has 34 members at the site and said they had voted to join industrial action being taken by colleagues in Coventry.

Amazon has previously said it regularly reviewed pay to ensure it offered "competitive wages and benefits".

Workers in Coventry were the first of the firm's staff in the UK to back industrial action in January, and

most recently went on strike on Black Friday, one of the busiest days for online retailers, although Amazon claimed customers were unaffected.

Of the GMB's 34 members at Minworth, it said all 19 who voted backed strikes. It said dates would be announced in the coming weeks.

Union organiser Amanda Gearing said members felt "betrayed by a company that is letting low pay and unsafe working conditions become the new normal".

"Company bosses are hoping they can bury their head in the sand; but the truth is industrial relations at Amazon UK is in chaos," she said.

She said industrial action was "snowballing" in the wake of the

black Friday walkout and that the firm faced "a winter of strike chaos".

An Amazon spokesman said that by April minimum starting pay would have increased to £12.30 and £13 per hour depending on location - "a 20% increase over two years and 50% since 2018".

That is compared with the National Living Wage, which is set to rise set to rise from £10.42 to £11.44 per hour, following Chancellor Jeremy Hunt's Autumn Statement last week.

"We also work hard to provide great benefits, a positive work environment and excellent career opportunities," the Amazon spokesman added.

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■ Zain participating in his 23rd Sleepout in 2021

# THE BIG SLEEPOUT

Zain Rizvi prepares for milestone 25th street sleeping challenge to help combat youth homelessness

**A 39-year-old, is gearing up for his 25th "Big Sleepout" to support the prevention of youth homelessness through the youth homelessness charity St. Basils.**

Born and raised in Birmingham, Zain's dedication to this cause began at the age of 14 when he participated in his first Sleepout after learning about the event from a schoolteacher.

Over the past 25-years, Zain Rizvi, with the support of his ever-generous friends, family, colleagues, and even strangers, has raised an impressive sum of approximately £25,000.

His commitment to the cause is remarkable, and he is about to reach a bittersweet milestone with his 25th Sleepout, scheduled to take place on Friday, December 1st, at Millennium Point in the heart of Birmingham.

Zain, who has chosen to make his Sleepouts even more challenging by forgoing sleeping bags, pillows, and blankets, expressed deep empathy for the emotional struggles faced by those without a stable support network.

Zain recently visited St. Basils' head office and frontline services to gain firsthand insight into the organisation's operations and understand where the funds he raises are allocated.

During his visit, he learnt about the complexities and challenges they face in building relationships and trust with

young people experiencing homelessness.

The experiences shared by St. Basils' team highlighted the psychological toll of homelessness, emphasising the importance of not only providing shelter but also fostering a sense of community, support, and mentoring.

St. Basils addresses the multifaceted needs of young people, from breakdowns in family relationships to medical conditions and learning difficulties.

Zain had the opportunity to discuss these issues with Michelle at St. Basils Hub, gaining a deeper understanding of the organisation's patient, empathetic, and kind approach to guiding young people

through assessments and providing ongoing support.

Reflecting on his own journey, Zain emphasised that the event is not just about physical discomfort but about raising awareness of the mental and emotional challenges faced by those without stable housing.

"I started my first Sleepout when I was a teenager.

"It's not just about surviving a night outdoors; it's about understanding the deep-rooted issues that contribute to youth homelessness and supporting organisations like St. Basils in providing comprehensive solutions, together we really can make a difference," said Zain.

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**The family of a man who was stabbed to death after renting an apartment in Birmingham to celebrate his future have paid tribute to him after his killer has been found guilty of manslaughter.**

Ashley Day, was a talented young football player and had just been accepted to university to embark on a degree.

The 20-year-old, had decided to celebrate his achievement by hosting a party at a rented apartment in Digbeth, Birmingham.

Over two nights, Tuesday 27 and Wednesday 28 June, he held a party at Bradford Street and invited his friends to help him celebrate.

On Wednesday 28 June a mutual friend of his invited Gurveer Bhandal to the party, an invite that would ultimately lead to tragedy.

Following noise complaints in the early hours of Thursday 29 June, Ashley started to ask people to leave.

The court heard how Ashley was stabbed by Bhandal three times to the chest and in the back as he fell to the floor.

The 19-year-old ran from the flat and discarded the knife, which was later found in a nearby construction site.

He pleaded his innocence at court, saying that he stabbed Ashley in self-defence. The jury took over three days to reach a verdict.

Bhandal was found not guilty of murder, but guilty of manslaughter and was convicted at Birmingham Crown Court. The investigating officer Detective Inspector Jim Mahon, said: "Ashley was an intelligent, popular and bright young man. He had hosted a party for friends and acquaintances. He should never have come to harm as he was living the life of a young person with the world at his feet."



**■ Gurveer Bhandal • was found guilty of manslaughter and was convicted at Birmingham Crown Court**

"Someone bought a 22 cm knife to the party. Whilst it has never been proved who did, the dangers of having this knife present has become evident from this case."

"Ashley's family have had to endure hearing the case in court. They have handled themselves with respect and decency throughout."

"The witnesses in the case were young and extremely traumatised by what they saw. I want to thank the bravery in them coming to court and giving evidence. Without them the case would have been challenging to present to a jury."

"Two young men have lost lives as a result of this. The suspect will now spend a substantial period of time in prison and lose a significant portion of his young life."

"We hope that Ashley's family have seen justice served and our thoughts remain firmly with them as they continue to grieve for their brother, child and loved family member."

Ashley's family have issued a touching tribute to their "loving boy" and insist he needs to be remembered for his "caring and compassionate nature".

Ashley's family, said: "Ashley will be remembered for his joyous smile that always lit up the rooms he entered."

"His kind, caring and compassionate nature was shown through his warm love for his family and friends. Ashley was happiness. His well-mannered, warm aura always made you feel at ease whenever you were around him."

"Ashley was held in high regard by all who met him, and he will be deeply missed by all. Ashley was brought up as a Christian, received Holy Communion and was baptised. He was a great big brother and protector of his younger brother, Leon."

"He was raised by his wonderful mother, Immaculate Day, who gave him the freedom to experience life to the fullest. He was very passionate about football and excelled at Newport football academy, and also had a great love for music."

"He was highly intelligent and was excited to start his undergraduate degree at Brunel university this year. Ashley was a very loving boy. Anyone who knew him will tell you how he exuded joy and happiness and always wanted the best for everybody."

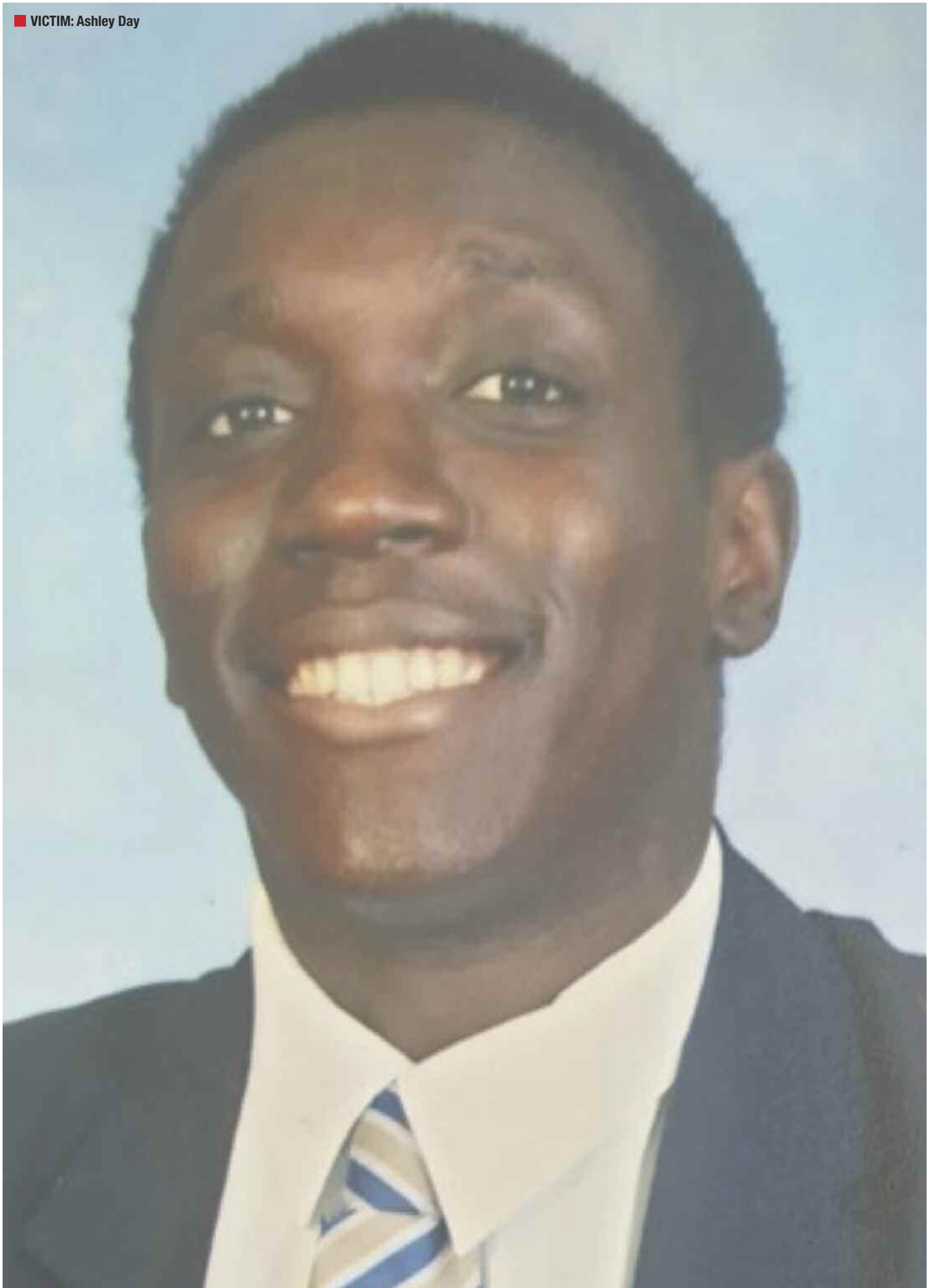
"He hated violence and was always the first peacemaker. His smile was infectious, and his sense of humour was out of this world. Our hearts are bleeding for our model son. The agony of losing a child/brother is indescribable and the pain is insurmountable, however, fond memories of Ashley will never fade, and he will forever be close to our hearts."

"Farewell, beautiful Ashley, your stars go down to shine upon some further shore and you will be loved forevermore."

Bhandal will be sentenced in January, date to be confirmed.

# Man convicted of killing talented young footballer

**■ VICTIM: Ashley Day**







■ Raheen and Siraj are part of the school's farming team. They like the goats, but not the alpacas when they spit



■ Aminah starts her school day by feeding the chickens and collecting eggs

# Old St. Michaels has a farm... Ee i ee i oh!

■ Shuranjeet Singh with some of the young gardeners. The school had a stall at the city's Bullring Market selling some of their produce



## Primary school transforms learning with animal initiative - and everyone's neighing about it

At an inner city Birmingham school, pupils get to start their day by feeding the 'naughty spitting' alpacas, makesure no goats have escaped, and to check on the chickens and collect eggs.

St. Michael's C of E Primary School in Handsworth, Birmingham, has breathed life into a unique initiative - a small on-site farm, designed to engage its pupils and foster community involvement.

The brainchild of the school's headteacher, Philip Hynan, the farm draws its inspiration from his childhood experiences on a farm in southern Ireland. The farm has not only won over the local community but also served as a refreshing educational tool, immersing children in the responsibility of taking care of animals.

Philip Hynan became head teacher of St Michael's C of E Primary School, in September 2021, its fourth boss in two years.

The school, in one of Birmingham's most deprived wards, lies just off the bustling, traffic-laden Soho Road and is perhaps not a place you would expect to find a small-holding.

Mr Hynan's priority was to raise learning standards. One of the ways he wanted to do that was to engage with the community - and so the school opened a farm.

Head teacher Philip Hynan sees the school as a hub - a place to connect with families and the community. "We felt that in order to raise standards in teaching and learning we needed to get everybody on side," he said.

"The farm has won us a lot of fans - we see lots of people passing by, looking through the fence and taking photos."

One of the primary purposes of the farm at St. Michael's Primary School is to instil a sense of responsibility in the children. From feeding all the animals, the children are hands-on in maintaining the farm.

But not all the farm work is done



■ Philip Hynan

by the children, though. Cleaning the enclosures and scooping up the poop is a weekly task for the headteacher.

The farm also impacts the school's teaching methods positively. The children's interaction with different animals stimulates their curiosity, encouraging them to ask questions and think critically. The farm has effectively raised learning standards by providing a practical learning approach, which is a departure from the traditional classroom setting.

The opportunity to hand-rear and bottle-feed lambs rejected by their mothers not only teaches them about animals but also instills a sense of empathy and consideration for others.

The farm also plays a crucial role in engaging the community. The initiative has brought together various charitable groups, promoting a sense of togetherness and shared responsibility. The farm, located in one of Birmingham's most deprived wards, has become a beacon of community support and wellbeing.

Besides the farm, the school has ingeniously transformed a disused playground into an allotment, involving nearby residents to grow vegetables. This initiative encourages the children to understand the process of growing food, promoting healthy eating habits.

Now, the question begs, 'what's next'? Well the children are hoping for a horse and a cow... watch this space.



# World's first transatlantic flight using sustainable aviation fuel a huge success



**A historic transatlantic flight using 100 per cent sustainable aviation fuel (SAF) has taken off with the help of engineers from the University of Sheffield.**

Flight100, by Virgin Atlantic, marks a major milestone in the development of sustainable aviation fuels, as the first commercial airline to use the replacement for jet fuel to fly across the Atlantic.

The historic flight, from London Heathrow to New York JFK on 28th November has been an important step in tackling aviation's biggest challenge - decarbonisation, and demonstrated the potential to use SAF on long haul flights.

It follows more than a year of collaboration between a Virgin Atlantic-led consortium that includes the University of Sheffield, Imperial College London, Boeing, Rolls-Royce, BP, and others, and has been partly funded by the UK's Department of Transport.

Researchers from the University of Sheffield have worked closely with their peers at Imperial College London to test and assess the fuel for the flight. The team measured particulate matter emitted via a

smaller-scale aircraft engine to confirm that sustainable aviation fuel reduces the amount of carbon dioxide emissions by up to 70 per cent compared to traditional jet fuel.

The University of Sheffield has a SAF research and development facility - the first of its kind in the UK - where new fuels can be developed, tested and certified all in one place. The facility is based in the University of Sheffield Innovation District - home to the University's world class R&D facilities, such as Factory 2050, that collaborate with industry to drive innovation in areas such as advanced manufacturing, aerospace and new low-carbon technologies.

Professor Mohamed Pourkashanian, Head of the University of Sheffield Energy Institute and Sheffield's lead on the flight, said: "It has been a privilege for the University of Sheffield to be part of the truly momentous Flight100."

"The facilities we have at Sheffield - including our Sustainable Aviation Fuels Innovation Centre - are the first of their kind in the UK, so we are thrilled to have been involved in the testing of the emissions profile of the fuel used in this flight, proving that

SAF reduces the impact of flying on the planet.

"Joining world-renowned partners like Virgin Atlantic, Boeing and Rolls Royce, the University of Sheffield's work in this world-first flight means South Yorkshire's expertise in advanced manufacturing and aerospace innovation has a place on the international stage.

"We are very proud to be part of this excellent project and hope that it brings with it a future of low/zero-carbon, safe air travel."

SAF has a fundamental role to play in aviation's decarbonisation and pathway to net zero 2050. SAFs look, smell and function like traditional jet fuel, meaning they can be used in existing aircraft without modifications. Made from waste products, SAFs can be used today in existing engines, airframes and fuel infrastructure. But currently SAF represents less than 0.1 per cent of global jet fuel volumes, and current fuel standards allow for just a 50 per cent SAF blend in commercial jet engines. The success of Flight100 aims to see this increase.

Shai Weiss, Chief Executive Officer, Virgin Atlantic said: "Flight100 marks

an important milestone in aviation's biggest challenge - decarbonisation. It's taken radical collaboration and we're proud to have reached this point, but we need to push further.

"Alongside fleet transformation, sustainable aviation fuel is the most readily available way for the industry to decarbonise, but we're facing a lack of supply and price support. For long haul aviation to use 100 per cent SAF on every flight, we need to see action towards creating a UK SAF industry. Flight100 proves that the SAF uptake challenge isn't operational - if we can make it, we can fly it."

Dr Marc Stettler, from Imperial's Department of Civil and Environmental Engineering, said: "This is science in action - a unique opportunity to gather experimental data and test SAF use at scale. Although only one data point, Flight100 paves the way for gathering more evidence and ultimately working towards a future of more sustainable flying."

The University of Sheffield's Sustainable Aviation Fuels Innovation Centre (SAF-IC) can carry out pre-screening of SAFs at its world-class fuel testing lab. The

facility can test and validate new fuels, giving the UK with much-needed testing capabilities to facilitate ASTM approvals and bring new SAF fuels to the market.

Earlier this month, the University of Sheffield broke ground on a new innovation facility at its Advanced Manufacturing Research Centre (AMRC) and research project led by global aerospace company Boeing.

The Composites at Speed and Scale (COMPASS) research facility, next to the AMRC's Factory 2050, will house a Boeing-led project dedicated to developing and testing new technologies needed to meet future demand for lighter commercial aircraft. The facility will create jobs, bring investment and drive innovation and growth, but also play a major role in helping to reduce the environmental impact of commercial aviation by making planes lighter.

The transatlantic SAF flight together with the University of Sheffield's R&D facilities in its innovation district on the Sheffield and Rotherham border are helping put South Yorkshire at the forefront of making the aviation industry more sustainable.



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# Challenging the enslavement of young girls in Bangladesh

Go into one of millions of homes in Bangladesh and you will find a young girl aged between 6 and 16 at work.

She will be cooking, cleaning, caring for the young and the old and too often at risk of abuse and physical violence. The domestic enslavement of young girls is commonplace.

It is the extremes of poverty that drives parents in Bangladesh to send their daughters to work instead of to school. Domestic labour deprives young girls of their family life, childhood and education. They are hidden from view and without advocates.

UKBET, a UK registered charity working in Sylhet for the past 30 years, is now acting on their behalf. The charity has developed 'Doorstep Learning' a programme that brings teaching and

learning to the doorstep of young girls at work and attacks the root cause of family poverty.

Annette Zera, founder and chair of UKBET says: Doorstep Learning, if scaled up, could make a huge contribution to ending child domestic labour across Bangladesh. "The programme isn't expensive, it could be done."

"UKBET now needs to make a step change in promoting itself to attract and work with friends, partners and sponsors so that every young girl can receive an education, be released from work and have a chance of a better future."

**Doorstep Learning is innovative and effective, it:**

- trains a team of local young women to become 'community teachers';
- supports the team in accessing child domestic labourers and teaching the girls basic literacy, numeracy and life skills 3 times a week;

- organises visits to parents to understand their situation and help them find ways of earning money so their daughters don't need to work;

- and it has encouraged and enabled over half of the 445 young girls in the programme this year to leave work and go to school or into vocational training.

Find out more: [www.ukbet-bd.org](http://www.ukbet-bd.org)





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## A Closer Look at the 2023 Asian Media Awards Winners

- Tina Daheley - **Media Personality of the Year**
- Meera Syal & Sanjeev Bhaskar - The Sophiya Haque Services to Television, **Film & Theatre Award**
- Mihir Bose - **Outstanding Contribution to Media**
- Reha Kansara - Correspondent, BBC News, **Journalist of the Year**
- Sky Sports - **Diversity In Media Award**
- Sangita Myska - **Radio Presenter of the Year**
- Humza: Forgiving the Unforgivable - Drummer Television for BBC Three, **Best Programme/ Show**
- Priya Kansara - **Best Newcomer**
- Adam Hussain - as Aadi Alahan in Coronation Street, **Best TV Character**
- Shabaz Says - **Best Video Channel**
- The Shamima Begum Story, Series 2 of I'm Not A Monster Josh Baker, Joe Kent & Sara Obeidat, **Best Investigation**
- Aaron Paul - Reporter, Commentator & Presenter, BBC Radio 5 Live Sport, BBC London Sport & ITV Football, **Sports Journalist of the Year**
- Windrush Repatriations - Navtej Johal for BBC News, **Report of the Year**
- Raheem Rashid - Journalist, ITV News Central, **Outstanding Young Journalist**
- Mahatir Pasha: Reporter, ITN ITV News London, **Regional Journalist of the Year**
- Plus Size Campaign: Bold & Beautiful, Anisha Vasani Creates for Amretto's World & Nim Boutique, **Creative Media Award**
- Open Iftar 2023 - **Best Live Event**
- Sunrise Radio - **Radio Station of the Year**
- Orpheus, Opera North - **Best Stage Production**
- Blythe Jandoo as Louise in Gypsy - **Outstanding Stage Performance**
- Summaya Mughal - Brown Gal Can't Swim, **Best Podcast**
- Geo TV - **TV Channel of the Year**
- Oceanic Media - **Media Agency of the Year**
- Lyca Radio - Lyca Breakfast, **Best Radio Show**
- BizAsiaLive.com - **Best Blog/Website**

# 2023 Asian Media Award winners

Journalists, broadcasters and creative professionals from across the UK were honoured at this year's Asian Media Awards.

The stars of radio, TV and broadcasting gathered at the 11th Asian Media Awards ceremony at the Hilton Manchester Deansgate.

The awards, which are supported by the University of Salford, celebrated winners in a range of categories in journalism, stage, online and creative media and were hosted by Magic FM's Neev Spencer.

Those honoured on the night included broadcaster Tina Daheley, LBC presenter Sangita Myska and Mihir Bose who received the Outstanding Contribution to Media Award.

This year, Meera Syal and Sanjeev Bhaskar were recognised with the Sophiya Haque Services to Television, Film & Theatre Award.

Shabaz Ali who takes merciless aim at the seemingly spoilt, the weird and the bizarre on TikTok picked up the Best Video Channel accolade whilst Polite Society star, Priya Kansara was named Best Newcomer.

The awards paid a special tribute to some of those professionals who had died over the past year including, Artistic Director, Abdul Shayek, Businessman and Asian Radio Pioneer, Avtar Lit, Radio Presenter Ranj Rekhi, actor and choreographer Jaimal Mistry and journalist and broadcaster George Alagiah.

On hand to present honours this year were Apprentice stars, Harpreet Kaur and Akshay Thakrar; BBC 2's the Ultimate



During a remarkable career spanning over five decades, Mihir Bose has written for most of the major national newspapers and several business publications, presented programmes for radio and television, and penned 50 books including a history of Bollywood and various books on football, cricket, finance and biographies

Wedding Planner, Raj Somaiya, Derby County FC Women's forward, Kira Rai, broadcasters Sunny & Shay and from Race Across the World, Zainib & Mobeen.

This year's Asian Media Awards winners were announced at the Hilton Manchester Deansgate on Friday October 27.

Previous recipients of an Asian Media Award include Asian Express Newspaper, Krishnan Guru-Murthy, Waris Hussein, Art Malik, Mehdi Hasan, Nina Wadia, Anita Rani, Shobna Gulati, Faisal Islam, Adil Ray & Lisa Aziz.

The University of Salford are Premier Partners to the Asian Media Awards. Partners to the

awards include ITV, EssenceMediaCom, Reach PLC & Women In Journalism.

The awards are also supported by Manchester Metropolitan University, AMT Lawyers, DKR Accountants, Opus Broadband, Hilton Manchester Deansgate, Fritz AV, Payal Events & Cleartwo.



Plus Size Campaign: Bold & Beautiful, Anisha Vasani Creates for Amretto's World & Nim Boutique, Creative Media Award





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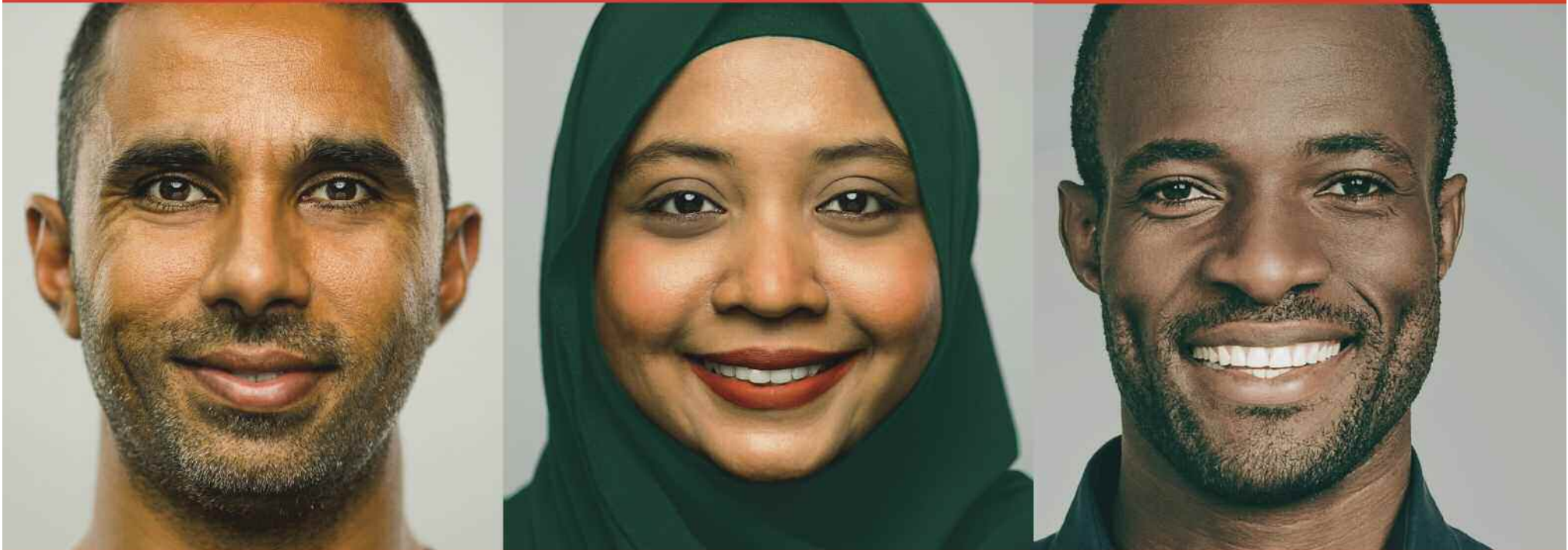
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# Experts Reveal

# How to cut costs, save money and keep warm this winter

With the darker nights drawing in and temperatures dropping across the UK, the temptation to flick on the heating and cosy up by the fire has arrived. Despite the new energy price cap leaving some bills to cost less than last year, there are still

many ways you can reduce the costs and keep expenditure to a minimum. This is why experts at Howden Insurance have revealed their top tips on saving energy at home to lower household bills, whilst keeping your home and

family warm during the colder months. Following this guide over the Winter will help to reduce energy bills, allowing Brits to save money, stay warm and make smarter decisions when it comes to energy usage.





# Correct insulation is key

Draught-proofing your home doesn't have to cost an arm and a leg. If you notice that your home is losing a lot of its heat quickly and it's hard to keep warm, you can try some insulation hacks to try to combat the escaping heat.

Remember to identify the areas that are causing the escaping heat first before trying these steps:

- Move your furniture to maximise heat – if your furniture is blocking your radiators, you are essentially throwing money away. It is important to let the heat circulate in a room properly, so have a play around with your furniture

placement and make sure you aren't blocking off the heat at the source.

- Invest in a smart thermostat – as well as being totally cost-effective, smart thermostats are a great way to manage your home's temperature through your phone. They offer an easy way to set timers for when you are on your way home, that way, your home can be toasty when you get in, as well as having complete control over the temperature in each room.

- Upgrade your curtains or blinds – when a home has thick curtains, it allows the heat to stay in the room and not

easily escape. Remember to put your blinds down and curtains across as soon as it starts to get dark, as this will also prevent escaping heat.

If you are looking for a more substantial and long-term way of insulating your home better, you can, of course, invest in both loft and roof insulation as well as floor insulation. This option is pricier but can reduce costs in the long run.

Improper insulation is a total waste of energy, so make sure to check any gaps around windows, doors and vents for cracks which need to be sealed appropriately.



## Turn off radiators in rooms you aren't occupying

This one is a must and could draw you in a massive yearly saving by whittling down the temperature valves on your radiators when you aren't in the room. If turning the radiator completely off is not something you want to consider, reducing the temperature by half can still make sure to keep the room at around 15-20C and for a room you don't tend to venture into, is a comfortable temperature.



## Unplug devices once they are charged

British Gas estimated that around 23% of a home's electrical use could be eaten up by having devices still plugged in and charging once fully charged or by keeping devices on standby; this equates to around £200 per year.

The benefits of unplugging your devices once they have a sufficient amount is that you will prolong the battery life and longevity of your device, as well as save some cash.

## Water Efficiency

It is vital to know that around 25% of your home's energy consumption is used by heating water, but it is possible to save money while you are in the shower, surprisingly.

By reducing the amount of time you spend in the shower, it can help to reduce your bills massively. By shaving off a few minutes in the shower, you can save up to £150 each year on your bill.

Another way to ensure your hot water is being used efficiently is by adding a water-efficient showerhead into your bathroom, most of which cost between £10-£20. The showerheads restrict the amount of water coming through the head, and when fitted properly, make sure you have no leaking areas, which could be costing you vital pennies.





**Achieving a healthy work-life balance as a self-employed professional may be challenging, but it is crucial for overall well-being and productivity.**

To help improve work-life balance, Toolbox by Admiral has spoken to their customers to find out how they are improving their working habits, and have revealed various actionable tips such as

setting boundaries, creating a schedule, taking breaks, and finding time for hobbies.

The reasons people choose a freelance or self-employed career can vary, but one of the biggest reasons is to attain a healthier work-life balance, and many are quitting their jobs in search of flexibility and fulfilment.

Earning potential and higher pay

are also huge factors, but a study by Forbes Advisor found that over half (54%) of British workers would accept a lower-paid job in exchange for a better work-life balance, demonstrating how important this is to many UK workers.

A spokesperson from Toolbox says: "Healthy work-life balance refers to maintaining and

managing your time and energy to meet both professional and personal commitments while prioritising self-care and well-being.

"Achieving this balance between one's professional and personal life is crucial for self-employed individuals. We've found that overcommitting to work is one of the biggest struggles for self-

employed workers.

"In an increasingly connected world of flexible work, where work and home boundaries easily blend, managing our work-life balance to the best of our abilities is especially important... but often difficult. That's why we've compiled seven helpful tips that will hopefully help the self-employed benefit."

**The self-employment insurance experts at Toolbox have provided seven key strategies to bring you closer to your dream work-life balance.**

#### **1. Manage your time wisely**

As a self-employed individual, you might feel obligated to accomplish more. However, to avoid burnout, it's paramount to prioritise your time and draw lines between your professional and personal life. Creating a fixed schedule or a dedicated workspace might also help.

#### **2. Explore hiring options**

Attempting to handle all tasks alone can be overwhelming so you should consider outsourcing some tasks, as this could not only boost your productivity but also spare time for other responsibilities. If feasible, consider bringing in additional help.

#### **3. Set realistic goals**

Self-employed professionals often have high expectations for themselves. Establishing practical, daily objectives and deadlines can prevent feelings of overburden and foster motivation as you progressively accomplish your tasks.

#### **4. Incorporate regular breaks**

Getting absorbed in work and disregarding breaks is common, but recuperation is vital for your mental and physical health. It can even enhance work productivity. Allow short, regular intervals in your day to relax, enjoy a coffee, or get some fresh air, and ensure you take time off over the weekend.

#### **5. Dedicate time for leisure activities**

Engaging in hobbies and interests outside work can boost your overall well-being and help avoid burnout. Allocate time for activities you love, such as reading, hiking, or spending time with family and friends.

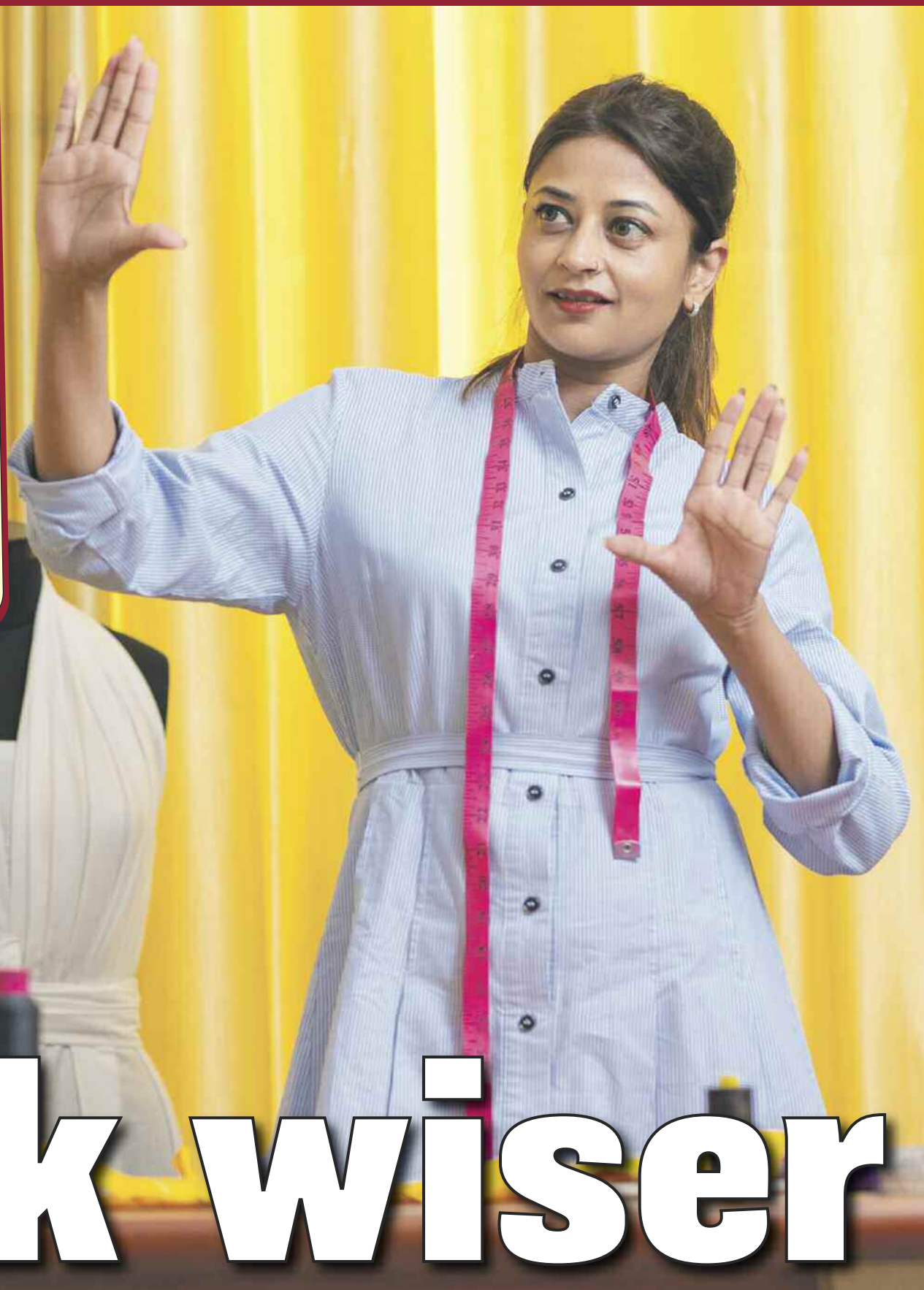
#### **6. Establish a support network**

Our conversations with customers reveal that self-employment can sometimes feel lonely. Therefore forming a network of friends, family, or fellow self-employed professionals can significantly enhance your work-life balance.

#### **7. Prioritise self-care**

Self-care is essential for maintaining mental health. Allocate time for self-care activities during your days off or post-work evenings. This could involve exercising, cooking one of your favourite meals, or ensuring adequate sleep. Doing so could help improve your mood, reduce stress, and boost your productivity.

## Seven effective tips for achieving a better work-life balance as a self-employed professional



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Entertainment

THE LATEST ENTERTAINMENT AND CELEBRITY NEWS FROM BOLLYWOOD & HOLLYWOOD

BADSHAH:

From rags to riches -  
a musical  
journey like  
no other

By Princy Jain

A tempest of talent, Badshah stormed the international musical realms, unleashing a deluge of melodies reverberated throughout the UK with his recent tour.

Recognised as a symbol of the quintessential rags-to-riches saga, Badshah has risen from humble beginnings in Haryana to reach the pinnacle of global musical stardom.

His transformation from a civil engineer to a musical marvel is a testament to his relentless drive, exceptional flair, and a unique blend of creativity imbued with cultural richness.

Aditya Prateek Singh Sisodia, better known as Badshah, grew up in a middle-class household in New Delhi. His passion for mathematics and physics merged with his love for music, flourishing in the underground music scene of the Asian Underground during his time at university.

Continued on page 26





Where he embraced his initial rap alter ego, pseudonym 'MC Cool Equal', and established the duo 'Northern Clique' alongside a fellow student.

Juggling the demands of his civil engineering job, Badshah spent his nights laying down tracks in the studio. These sessions led to his encounter with Mafia Mundeer, marking a pivotal chapter in his musical journey.

With songs like 'Saturday Saturday' in 2012, his passion project with his civil engineering work became a career. This song became a party hit in urban India.

Later, Bollywood hits like 'Abhi Toh Party Shuru Hui Hai' (2014) and 'Aaj Raat Ka Scene' (2015) solidified his place in Indian music. However, 'DJ Waley Babu' (2015), his major label debut single, propelled him into the spotlight.

A new generation of Indians who valued brands and indulgences was inspired by his music. This audience responded to his hits like '2 Many Girls' (2015) and 'Kar Gayi Chull' (2016), cementing his place in Bollywood's ever-changing music landscape.

His more recent Eps like 'Retropanda' (2022) and '3 A.M. Sessions' (2023), show Badshah's artistic progression. In these ventures, he explored nostalgia, synth-wave, and '90s Bollywood and Indi-pop music.

Badshah's impact transcends geographical boundaries. He has collaborated with international heavyweights such as J Balvin, Tainy, Sean Paul, Major Lazer, Diplo, Tiesto, Lil Baby, and Mikey McCleary, showcasing his ability to blend contemporary production with traditional Indian sounds seamlessly.

Not only this, he is a highly influential contemporary Indian artist and has been acknowledged by GQ and Forbes.

Beyond the glimmering stage and the roaring applause, his commitment to giving back to society stands out as a ray of hope as a commitment to education and women's empowerment.

Despite the stellar trajectory of his career, Badshah's narrative includes overcoming formidable challenges, including his struggles with clinical depression and severe anxiety disorder.

His encounters have transformed him into a passionate champion for raising awareness and providing assistance in the realm of mental health. He has utilised his platform to normalise discussions surrounding mental health and promote a culture of open dialogue regarding emotional well-being, showcasing a strong dedication to social responsibility.

In a world where celebrity influence is often measured by fame and fortune, Badshah shines as an artist who leverages his achievements to bring about positive change in the lives of the underprivileged. His acts of generosity are a testament to the understanding that those in positions of influence must give back, and he has wholeheartedly embraced this duty.

With a career spanning over a decade, more than 500 stadium performances, and an array of hits, his tour hit iconic UK venues, including the OVO Arena, in London, and Direct Arena in Leeds.

**“How the ‘Saturday Saturday’ hit-maker’s cultural roots and philanthropic efforts continuously fuel his ambitions”**



**BADSHAH:**  
**From rags to riches - a musical journey like no other**



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month

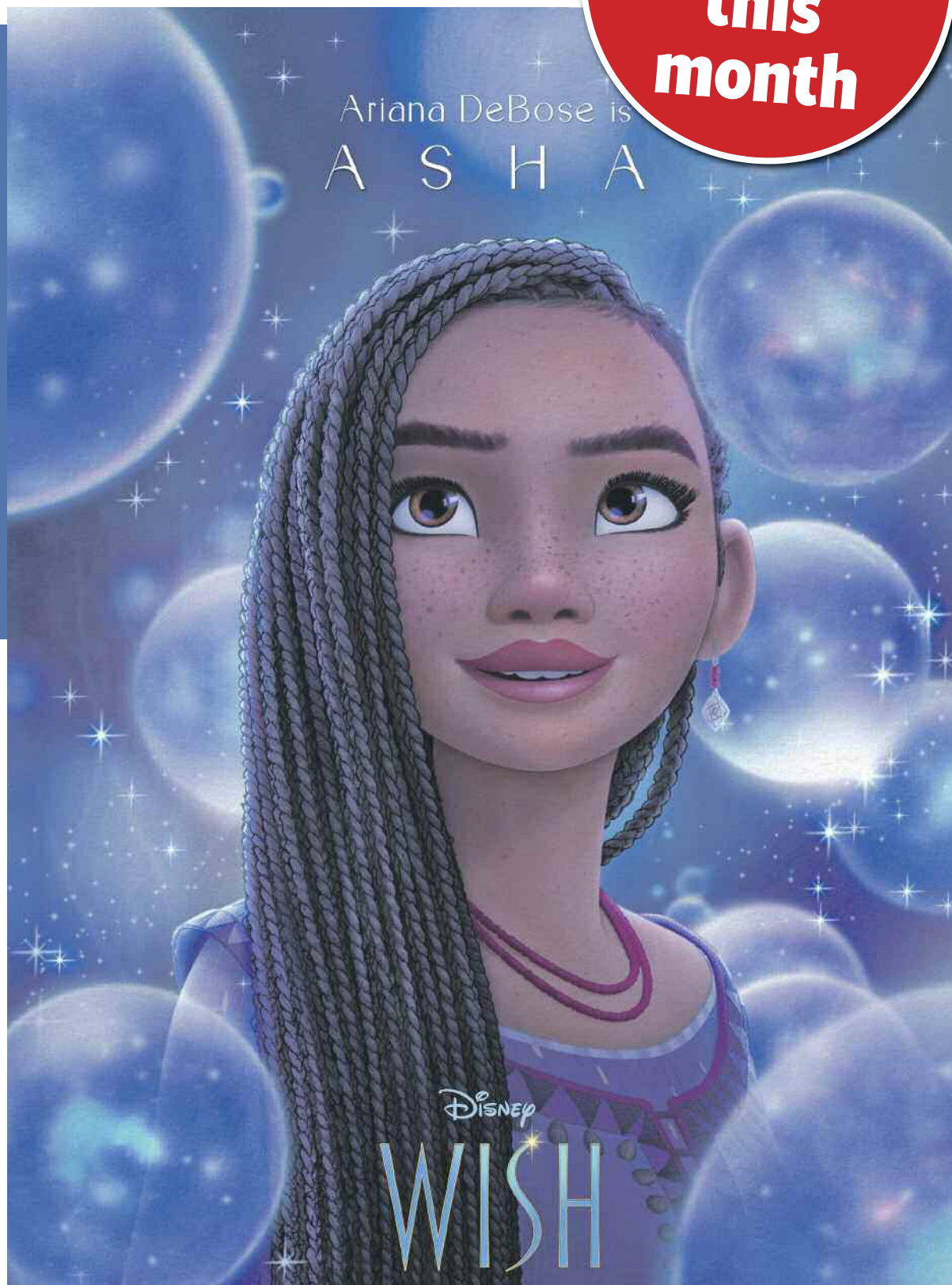
## Wish

**Release date:** 24/11/2023

**Starring:** Natasha Rothwell, Harvey Guillén, Angelique Cabral, Ramy Youssef, Jon Rudnitsky, Della Saba, Niko Vargas, Jennifer Kumiyama, Victor Garber, Chris Pine, Alan Tudyk

**Directors:** Fawn Veerasunthorn, Chris Buck  
**Cert:** U

Walt Disney Animation Studios' "Wish" is an all-new musical-comedy welcoming audiences to the magical kingdom of Rosas, where Asha, a sharp-witted idealist, makes a wish so powerful that it is answered by a cosmic force—a little ball of boundless energy called Star. Together, Asha and Star confront a most formidable foe—the ruler of Rosas, King Magnifico—to save her community and prove that when the will of one courageous human connects with the magic of the stars, wondrous things can happen.



## A Film By Beyoncé

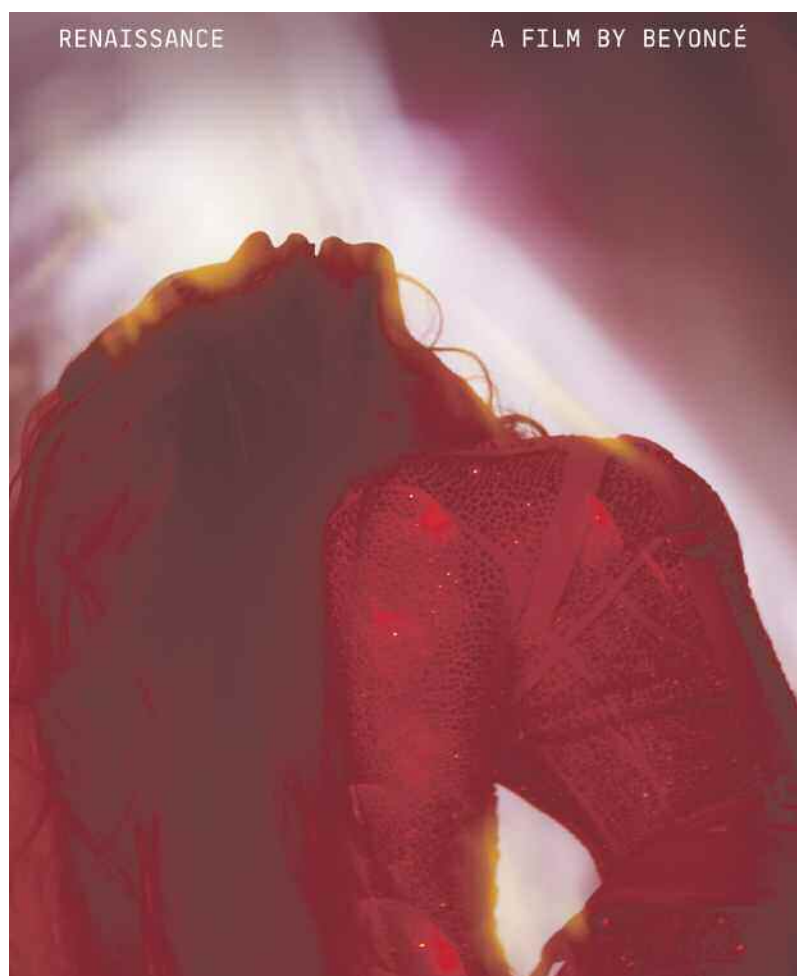
**Release date:** 1/12/2023

**Starring:** Beyoncé Knowles-Carter

**Director:** Beyoncé Knowles-Carter

**Cert:** 15

Renaissance: A Film By Beyoncé accentuates the journey of 'Renaissance World Tour', from its inception, to the opening in Stockholm, Sweden, to the finale in Kansas City, Missouri. It is about Beyoncé's intention, hard work, involvement in every aspect of the production, her creative mind and purpose to create her legacy, and master her craft. Received with extraordinary acclaim, Beyoncé's 'Renaissance World Tour' created a sanctuary for freedom, and shared joy, for more than 2.7 million fans.



## The Marvels

**Release date:** 10/11/2023

**Starring:** Teyonah Parris, Seo-joon Park, Zawe Ashton, Iman Vellani, Samuel L. Jackson, Brie Larson

**Director:** Nia DaCosta

**Cert:** 12A

Carol Danvers aka Captain Marvel has reclaimed her identity from the tyrannical Kree and taken revenge on the Supreme Intelligence. But unintended consequences see Carol shouldering the burden of a destabilised universe. When her duties send her to an anomalous wormhole linked to a Kree revolutionary, her powers become entangled with that of Jersey City super-fan, Kamala Khan aka Ms. Marvel, and Carol's estranged niece, now S.A.B.E.R. astronaut Captain Monica Rambeau. Together, this unlikely trio must team-up and learn to work in concert to save the universe as "The Marvels."





**Aquaman And The Lost Kingdom**

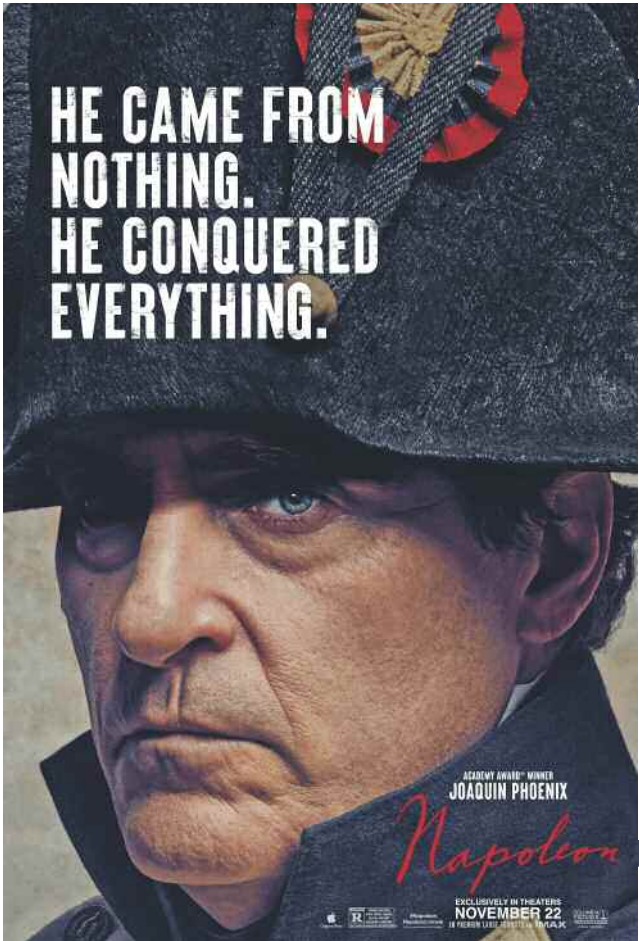
**Release date:** 21/12/2023  
**Starring:** Yahya Abdul-Mateen II, Amber Heard, Temuera Morrison, Randall Park, Vincent Regan, Dolph Lundgren, Patrick Wilson, Nicole Kidman, Indya Moore, Pilou Asbæk, Ben Affleck, Jason Momoa  
**Director:** James Wan  
**Cert:** TBC

When an ancient power is unleashed, Aquaman must forge an uneasy alliance with an unlikely ally to protect Atlantis, and the world, from irreversible devastation. After failing to defeat Aquaman the first time, Black Manta wields the power of the mythic Black Trident to unleash an ancient and malevolent force. Hoping to end his reign of terror, Aquaman forges an unlikely alliance with his brother, Orm, the former king of Atlantis. Setting aside their differences, they join forces to protect their kingdom and save the world from irreversible destruction.

**Ferrari**

**Release date:** 26/12/2023  
**Starring:** Adam Driver, Jack O'Connell, Shailene Woodley, Sarah Gadon, Penélope Cruz , Patrick Dempsey, Gabriel Leone  
**Director:** Michael Mann  
**Cert:** 15

It is the summer of 1957. Behind the spectacle of Formula 1, ex-racer Enzo Ferrari is in crisis. Bankruptcy threatens the factory he and his wife, Laura built from nothing ten years earlier. Their volatile marriage has been battered by the loss of their son, Dino a year earlier. Ferrari struggles to acknowledge his son Piero with Lina Lardi. Meanwhile, his drivers' passion to win pushes them to the edge as they launch into the treacherous 1,000-mile race across Italy, the Mille Miglia.



**Napoleon**

**Release date:** 22/11/2023  
**Starring:** Joaquin Phoenix, Vanessa Kirby, Tahar Rahim, Ludivine Sagnier, Ian McNeice, Ben Miles  
**Director:** Ridley Scott  
**Cert:** 15

Napoleon is a spectacle-filled action epic that details the checkered rise and fall of the iconic French Emperor Napoleon Bonaparte, played by Oscar®-winner Joaquin Phoenix. Against a stunning backdrop of large-scale filmmaking orchestrated by legendary director Ridley Scott, the film captures Bonaparte's relentless journey to power through the prism of his addictive, volatile relationship with his one true love, Josephine, showcasing his visionary military and political tactics against some of the most dynamic practical battle sequences ever filmed.



**Anyone But You**

**Release date:** 26/12/2023  
**Starring:** Dermot Mulroney, Alexandra Shipp, Darren Barnet, Sydney Sweeney, Rachel Griffiths, Hadley Robinson, Michelle Hurd, GaTa , Glen Powell  
**Director:** Will Gluck  
**Cert:** TBC

In the comedy Anyone But You, Bea (Sydney Sweeney) and Ben (Glen Powell) look like the perfect couple, but after an amazing first date something happens that turns their fiery hot attraction ice cold - until they find themselves unexpectedly thrust together at a destination wedding in Australia. So they do what any two mature adults would do: pretend to be a couple.





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# Cars most likely to be stolen

Does your insurance cover theft? Take steps to protect your vehicle from potential thieves.

**While driving a Ferrari or Porsche is bound to attract the attention of potential thieves, new research reveals Britain's most stealable car is much less ostentatious.**

Ford motor vehicles accounted for nearly a fifth of theft claims in 2022-23, according to analysis of Tesco Bank's car insurance figures. But it's not just the make that catches a thief's eye - age and colour can also make your set of wheels a target.

While this shouldn't stop you from buying your favourite car, drivers should check their insurance offers the right level of cover, should the worst happen.

Which? takes a closer look at

the cars that are most likely to be stolen and offers advice on how to protect your car from thieves.

**What cars are more likely to be stolen?**

Car theft is on the rise in the UK, with figures from AA showing a 25% increase in 2022. Some vehicles are more of a target than others, it appears.

Tesco Bank crunched its own car insurance data and found that 17% of claims for stolen motors were for Ford models. Land Rovers were second, accounting for 11% of claims, followed by Mercedes (10%), BMWs (8%) and Vauxhalls (8%).

**Continued on page 33**

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Hyundai Motor UK has announced pricing and specification for the IONIQ 5 N, with pricing starting from £65,000.

Since IONIQ 5's release in 2021, the model has enjoyed praise from industry and customers alike for its combination of style and practicality combined with the efficiency and high-speed charging ability of its 800V E-GMP architecture.

The IONIQ 5 family now grows further with the introduction of the IONIQ 5 N.

IONIQ 5 N represents the N brand's future and a new way for high-performance enthusiasts to electrify their passion for driving on road and track. With DNA from the brand's driver-focused N models, the E-GMP-based IONIQ 5 provides the perfect foundation to create N's first high-performance EV.

As well as demonstrating performance and handling in line with N's traditional core values, IONIQ 5 N is also the first high performance EV to provide the enthusiast driver with an emotional, aural, and sensory connection to the vehicle.

The conversion from multiple award winning zero emission SUV into EV hyper hatch begins with enhancements to the body-in-white (BIW) structure with 42 additional welding points and 2.1 meters of additional adhesives, reinforced motor and battery mountings whilst front and rear subframes are enhanced for lateral rigidity.

To enhance steering response and feedback, IONIQ 5 N's steering column has been strengthened for improved rigidity with a specially tuned N R-MDPS (Rack-Mounted Motor-Driven Power Steering) system with a higher steering ratio and enhanced torque feedback. IONIQ 5 N also benefits from Electronic Controlled Suspension (ECS) that adapts suspension stiffness according to the drive mode to improve rear wheel damping and suspension, securing an agile and immediate response.

As well as physical enhancements to the body, suspension and drivetrain, IONIQ 5 N also takes advantage of the array of sophisticated electronic control technology found in the E-GMP platform.

Many performance enthusiasts have been outspoken about the lack of driver feedback behind the wheel of EVs and to counter this, IONIQ 5 N offers two functions to engage enthusiasts: N e-shift and N Active Sound+. Both modes work collectively to deliver a more engaging physical and aural experience behind the wheel.

IONIQ 5 N also features several technical enhancements over the standard IONIQ 5, with a powertrain enhanced for performance in both power output, battery cooling and braking.

IONIQ 5 N's electric motors spin up to 21,000 RPM providing up to 609PS in normal conditions, or 650 PS when N Grin Boost (NGB) is engaged, maximising acceleration for up to 10 seconds. Furthering its track capabilities, IONIQ 5 N also features N Launch Control, with three different traction levels for the fastest possible start.

Designed to deal with the harsh braking demands of track driving, Hyundai N engineers designed N Brake Regen, an N-specific region braking system. It offers up to a



maximum of 0.6G decelerative force — an industry leading figure — through N Brake Regen alone and remains engaged under ABS activation with a maximum of 0.2G.

As well as extensive mechanical and software developments designed for performance driving, IONIQ 5 N's exterior adds performance related design elements. The N model further distinguishes itself from the standard IONIQ 5 with a change of proportions. It is 20 mm lower overall, 50 mm wider at the bottom to accommodate wider tyres and 80 mm longer due to the more prominent diffuser.

This impression is further reinforced by the forged 21-inch aluminium wheels that are wrapped in high-grip 275/35R21 Pirelli P-Zero tyres for improved ride and handling and better grip in track performance.

IONIQ 5 N's interior is optimised for track driving, with enhancements designed to provide both comfort, support and ease of operation. An addition of a centre console fitted with both knee pads and shin support designed to add driver bracing under hard cornering.

Aside from driver support, the console also offers a sliding armrest, C-type USB and wireless charging and cupholders. New N bucket seats are finished in leather and Alcantara and have reinforced bolsters to

# Electrifying

## Hyundai announces IONIQ 5 N range pricing, specification and technical information

provide lateral support during sharp cornering, whilst the seat frames are positioned 20 mm lower compared to the standard specification model.

Additional new technology has been embedded with the Digital Centre Mirror which allows the driver to switch between a conventional mirror or a digital screen with a feed from a dedicated camera mounted under the rear spoiler for an increased horizontal rear view with a 50° angle

vs the 20° of an optical mirror.

Like the standard IONIQ 5, the N variant is built on the 800V Electric Global Modular Platform, offering ultra-fast charging compatibility and Hyundai's pioneering Vehicle-to-Load technology (V2L).

Similarly, sustainable materials are applied throughout IONIQ 5 N, including recyclable paperette door decorative garnish, BIO PET yarn from sugarcane, recycled PET yarn

from recycled PET bottles, BIO TPO from sugarcane and eco processed leather.

All IONIQ 5 N models come with Hyundai's industry leading 5 Year Unlimited Mileage Warranty, 8 Year/100,000 Mile High Voltage Battery Warranty, 5 Year Annual Health Check, 3 year MapCare navigation update program, Roadside Assistance package, and 12 Year Anti Corrosion Warranty.





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# Cars most likely to be stolen

## Does your insurance cover theft? Take steps to protect your vehicle from potential thieves

Continued from page 31

Vehicles between five and eight years old were responsible for 40% of Tesco Bank insurance claims, with cars manufactured in 2016 most likely to be stolen - they made up 12% of claims in 2022-23.

Black was the most-common colour of car reported stolen, accounting for a quarter (26%) of all claims made to Tesco Bank's car Insurance claims team. Grey was second (19%) and white (17%) third.

### Parts are prized too

Even if your vehicle isn't stolen itself, thieves are also prone to make away with expensive parts that can cost thousands of pounds to replace.

Dave Thompson, claims director at Tesco Bank, says: 'While Land Rovers are sought after and can be sold on quickly, some models like Fords can be broken down pretty much overnight and sold on for parts the next morning.'

'And while the precious metals in catalytic converters aren't fetching as much as they once did, thieves are turning to other high-value parts such as the steering wheels in BMWs.'

Further analysis of Tesco Bank car Insurance data reveals that Birmingham is a hotspot for car thefts, accounting for 8% of all claims made, followed by London (7%) and Sheffield (6%).

Most thefts happen when drivers are tucked up in bed, with 36% of claims indicating the theft took place between midnight and 7am.

### Check your insurance covers theft

Not all insurance policies will cover the costs of theft. Your ability to claim - and the amount the insurer will pay out - depends on the level of cover you bought.

Basic third-party insurance, the minimum you need to drive on UK roads, will only cover the costs of damage to someone else's car or injury to another person. You won't be able to claim anything if your vehicle is stolen. For that, you'll need to buy third-party, fire and theft insurance or a comprehensive policy.

If your car is eventually found and little damage has been done, claiming should be as quick and straightforward as if you've been in an accident. However, if they don't recover your car or the damage is too great, your insurer should usually offer you the car's market value so you can buy a replacement.

### Take steps to protect your car from theft

Even if your insurance does say it will cover theft, insurers can refuse a claim if they believe you've been careless. Plus, if your car is stolen and you make a claim, it's highly likely the cost of your premium will go up when it's time to renew.

It's a good idea to take the following measures to prevent your car being stolen in the first place. Here are some tips:

### 1. Lock your car and keep your keys safe

It sounds obvious, but always make sure your car is locked - even if you're just popping into the garage. Also, another given, never leave your keys clearly visible in the car. You might also want to think about going a step further and storing them away at night. That's because thieves are becoming increasingly sophisticated in how they get inside your vehicle, using devices that can connect key fob signals and unlock cars remotely. To prevent that from happening, you can place your keys in a safe at home or use specially lined bags or wallets.

### 2. Park carefully

Choose your parking space wisely. Off-street or in a locked garage are usually safest. Failing that, make sure it's in a well-lit spot in a manned car park or on a residential street where people are likely to be passing by.

### 3. Never leave valuables inside

Having anything remotely of value on display in the car can attract unwanted attention from thieves. That includes mobile phones, money, bags or tech such as laptops and tablets. If you must keep them in the car, lock them in the boot or glove compartment.

### 4. Invest in an alarm

An alarm can be an effective deterrent for would-be thieves. Some alarm systems also come with a tracker so you can locate your car if it's taken, as well as immobilisation, anti-grab and movement sensors. If you're stretched for budget, you could instead consider buying a metal locking device placed over the steering wheel. Upping the security on your car can also lower your premium, so it's worth considering these added savings when weighing up the costs.





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<b>B2 GK</b> OFFERS TEL: 07787 334 567	<b>AM11 AAD</b> £2,000 TEL: 01274 414141 MON - FRI: 9-5.30	<b>AS1ANSX</b> £15,000 (ASHANSX) TEL: 07908 472 121	<b>BH04GUL</b> OFFERS (BHOGUL) TEL: 07970 926 653	<b>DR 5 500D</b> £995 (DR. SHISHA / SHA) TEL: 07834 531 683	<b>EY1ISUF</b> £15,000 (E YUSUF) TEL: 07985 455 057	<b>GY1ISUF</b> £15,000 (G YUSUF) TEL: 07985 455 057	<b>J4IALLS</b> £15,000 (J ALLALS) TEL: 07985 455 057	<b>KH1MAR</b> £15,000 (K KUMAR) TEL: 07985 455 057	<b>MA11 RYM</b> £15,000 TEL: 01274 414141 MON - FRI: 9-5.30	<b>MS1IAYS</b> £9,500 (MS HAYS) TEL: 07985 455 057	<b>NO11 SHN</b> £2,500 TEL: 01274 414141 MON - FRI: 9-5.30	<b>PD55ESS</b> £1,500 ONO (POSSESS) TEL: 07971 732 789	<b>SO1ILJA</b> £10,000 (SOULJA) TEL: 07985 455 057
<b>A17JEO</b> £5,000 ONO (AMJED) TEL: 07971 732 789	<b>AM11 EEN</b> £5,000 ONO TEL: 01274 414141 MON - FRI: 9-5.30	<b>AS1A SH42D</b> £10,000 ONO TEL: 07976 024 735	<b>BH54RAT</b> OFFERS (BHARAT) TEL: 07970 926 653	<b>DR 5 500D</b> £995 (DR. SHISHA / SHA) TEL: 07834 531 683	<b>EY1ISUF</b> £15,000 (E YUSUF) TEL: 07985 455 057	<b>GY1ISUF</b> £15,000 (G YUSUF) TEL: 07985 455 057	<b>J4IALLS</b> £15,000 (J ALLALS) TEL: 07985 455 057	<b>KH1MAR</b> £15,000 (K KUMAR) TEL: 07985 455 057	<b>MA11 RYM</b> £15,000 TEL: 01274 414141 MON - FRI: 9-5.30	<b>MS1IAYS</b> £9,500 (MS HAYS) TEL: 07985 455 057	<b>NO11 SHN</b> £2,500 TEL: 01274 414141 MON - FRI: 9-5.30	<b>PD55ESS</b> £1,500 ONO (POSSESS) TEL: 07971 732 789	<b>SO1ILJA</b> £10,000 (SOULJA) TEL: 07985 455 057
<b>A2SSM</b> £1,499 ONO TEL: 07875 337 224	<b>AN11 JAM</b> £5,000 TEL: 01274 414141 MON - FRI: 9-5.30	<b>AS1KI</b> £70,000+ TEL: 07854 012 093	<b>BK1IMAR</b> £15,000 (B KUMAR) TEL: 07985 455 057	<b>DS1HAUN</b> £15,000 (D SHAUN) TEL: 07985 455 057	<b>FI7 STX</b> £2,999 ONO TEL: 07904 018 063	<b>HO55AYN</b> £8,895 ONO TEL: 07779 324 610	<b>J4IALLS</b> £15,000 (J ALLALS) TEL: 07985 455 057	<b>KH1MAR</b> £15,000 (K KUMAR) TEL: 07985 455 057	<b>MA11 RYM</b> £15,000 TEL: 01274 414141 MON - FRI: 9-5.30	<b>MS1IAYS</b> £9,500 (MS HAYS) TEL: 07985 455 057	<b>NO11 SHN</b> £2,500 TEL: 01274 414141 MON - FRI: 9-5.30	<b>PD55ESS</b> £1,500 ONO (POSSESS) TEL: 07971 732 789	<b>SO1ILJA</b> £10,000 (SOULJA) TEL: 07985 455 057
<b>A212 JAN</b> OFFERS OVER £5,000 TEL: 07817 615 022	<b>AN11 SAR</b> £2,500 TEL: 01274 414141 MON - FRI: 9-5.30	<b>AS1ATT4H</b> £8,000 ONO (NO WITHHELD No) TEL: 07786 424 251	<b>BS1IAUN</b> £15,000 (B SHAUN) TEL: 07985 455 057	<b>DS1HAUN</b> £15,000 (D SHAUN) TEL: 07985 455 057	<b>FI7 STX</b> £2,999 ONO TEL: 07904 018 063	<b>HO55AYN</b> £8,895 ONO TEL: 07779 324 610	<b>J4IALLS</b> £15,000 (J ALLALS) TEL: 07985 455 057	<b>KH1MAR</b> £15,000 (K KUMAR) TEL: 07985 455 057	<b>MA11 RYM</b> £15,000 TEL: 01274 414141 MON - FRI: 9-5.30	<b>MS1IAYS</b> £9,500 (MS HAYS) TEL: 07985 455 057	<b>NO11 SHN</b> £2,500 TEL: 01274 414141 MON - FRI: 9-5.30	<b>PD55ESS</b> £1,500 ONO (POSSESS) TEL: 07971 732 789	<b>SO1ILJA</b> £10,000 (SOULJA) TEL: 07985 455 057
<b>AA11 LAM</b> £1,500 TEL: 01274 414141 MON - FRI: 9-5.30	<b>AN11 SER</b> £10,000 (A VIJAY) TEL: 07985 455 057	<b>AS1AVIJJAY</b> £10,000 (AVESOME) TEL: 07985 455 057	<b>BT55MLA</b> £15,000 (BISMILA) TEL: 07971 732 789	<b>DV1IJAY</b> £7,500 (D SUSAN) TEL: 07985 455 057	<b>F44TMA</b> £4,500 TEL: 07825 040 037	<b>HO55AYN</b> £8,895 ONO TEL: 07779 324 610	<b>J4IALLS</b> £15,000 (J ALLALS) TEL: 07985 455 057	<b>KH1MAR</b> £15,000 (K KUMAR) TEL: 07985 455 057	<b>MA11 RYM</b> £15,000 TEL: 01274 414141 MON - FRI: 9-5.30	<b>MS1IAYS</b> £9,500 (MS HAYS) TEL: 07985 455 057	<b>NO11 SHN</b> £2,500 TEL: 01274 414141 MON - FRI: 9-5.30	<b>PD55ESS</b> £1,500 ONO (POSSESS) TEL: 07971 732 789	<b>SO1ILJA</b> £10,000 (SOULJA) TEL: 07985 455 057
<b>AA1IAD</b> £15,000 (A AHMAD) TEL: 07985 455 057	<b>AN54AR N</b> £1,500 ONO (ANSAAR) TEL: 07946 162 099	<b>AS1ANS55OM</b> £10,000 (AWESOME) TEL: 07985 455 057	<b>BU55TED</b> £5,000 ONO (BUSTED) TEL: 07985 455 057	<b>DV1IJAY</b> £7,500 (D SUSAN) TEL: 07985 455 057	<b>F44TMA</b> £4,500 TEL: 07825 040 037	<b>HO55AYN</b> £8,895 ONO TEL: 07779 324 610	<b>J4IALLS</b> £15,000 (J ALLALS) TEL: 07985 455 057	<b>KH1MAR</b> £15,000 (K KUMAR) TEL: 07985 455 057	<b>MA11 RYM</b> £15,000 TEL: 01274 414141 MON - FRI: 9-5.30	<b>MS1IAYS</b> £9,500 (MS HAYS) TEL: 07985 455 057	<b>NO11 SHN</b> £2,500 TEL: 01274 414141 MON - FRI: 9-5.30	<b>PD55ESS</b> £1,500 ONO (POSSESS) TEL: 07971 732 789	<b>SO1ILJA</b>



<div>GB</div> <div>SH04 BEK</div> <div>£1,995 ONO TEL: 07764 656 667</div> <div>OFFERS T: 07754 852 402 no withheld numbers</div>	<div>GB</div> <div>SHA2D</div> <div>£25,000 TEL: 07867 861 193</div>	<div>GB</div> <div>TAIHAS</div> <div>£3,000 ONO (TALHA) TEL: 07946 162 099</div>	<div>GB</div> <div>TVIJAY</div> <div>£10,000 (T VIJAY) TEL: 07985 455 057</div>	<div>GB</div> <div>VY55 HAL</div> <div>£3,500 TEL: 07588 326 444</div>	<div>GB</div> <div>WDIIEEP</div> <div>£7,000 (W DILEEP) TEL: 07985 455 057</div>	<div>GB</div> <div>XX 56XY XX</div> <div>£8,000 ONO TEL: 07908 472 121</div>
<div>GB</div> <div>SHIOAEB</div> <div>£2,000 (T AHMAD) TEL: 07985 455 057</div>	<div>GB</div> <div>SOII BYA</div> <div>£2,000 TEL: 01274 414141 MON - FRI: 9-5-30</div>	<div>GB</div> <div>TAIIMAD</div> <div>£10,000 (T AHMAD) TEL: 07985 455 057</div>	<div>GB</div> <div>TYIISAF</div> <div>£15,400 (T YUSAF) TEL: 07985 455 057</div>	<div>GB</div> <div>VY55 HNU</div> <div>£3,500 TEL: 07588 326 444</div>	<div>GB</div> <div>WGIPTA</div> <div>£6,995 (W GUPTA) TEL: 07985 455 057</div>	<div>GB</div> <div>XYIISAF</div> <div>£15,400 (X YUSAF) TEL: 07985 455 057</div>
<div>GB</div> <div>SHIOABY</div> <div>£4,000 ONO TEL: 07828 695 464</div>	<div>GB</div> <div>SPIIRTY</div> <div>£15,000 (SPORTY) TEL: 07985 455 057</div>	<div>GB</div> <div>TAIIYRS</div> <div>£1,500 (TAHYRS) TEL: 07867 886 786</div>	<div>GB</div> <div>TYIISUF</div> <div>£15,000 (T YUSUF) TEL: 07985 455 057</div>	<div>GB</div> <div>WIIIVER</div> <div>£6,500 (W OLIVER) TEL: 07985 455 057</div>	<div>GB</div> <div>WKIIMAR</div> <div>£15,000 (W KUMAR) TEL: 07985 455 057</div>	<div>GB</div> <div>YIINES</div> <div>OFFERS (YOUNAS) TEL: 07834 016 393</div>
<div>GB</div> <div>SHIOKET</div> <div>OFFERS T: 07754 852 402 no withheld numbers</div>	<div>GB</div> <div>STIIGGG</div> <div>£20,000 ONO TEL: 07786 510 000</div>	<div>GB</div> <div>TAI3BYS</div> <div>£1,600 ONO TEL: 07557 387 547</div>	<div>GB</div> <div>UAIIMAD</div> <div>£10,000 (U AHMAD) TEL: 07985 455 057</div>	<div>GB</div> <div>W2I JAS</div> <div>£1,200 ONO TEL: 07925 757 677</div>	<div>GB</div> <div>WMIILES</div> <div>£7,500 (W MILES) TEL: 07985 455 057</div>	<div>GB</div> <div>YSIILMA</div> <div>£4,000 ONO (SALMA) TEL: 07969 598 969</div>
<div>GB</div> <div>SHIOKUT</div> <div>OFFERS T: 07754 852 402 no withheld numbers</div>	<div>GB</div> <div>SUR87IT</div> <div>£1,500 (SURBJIT) TEL: 07985 589 631</div>	<div>GB</div> <div>TA55LYM</div> <div>£4,895 ONO TEL: 07779 324 610</div>	<div>GB</div> <div>UDIIEEP</div> <div>£7,000 (U DILEEP) TEL: 07985 455 057</div>	<div>GB</div> <div>W33DDY</div> <div>£5,000 ONO TEL: 07779 994 695</div>	<div>GB</div> <div>WSIISAN</div> <div>£7,500 (W SUSAN) TEL: 07985 455 057</div>	<div>GB</div> <div>Y55ANA</div> <div>OFFERS TEL: 07835 316 786</div>
<div>GB</div> <div>SHII AED</div> <div>£1,000 TEL: 01274 414141 MON - FRI: 9-5-30</div>	<div>GB</div> <div>SYIISAF</div> <div>£15,400 (S YUSAF) TEL: 07985 455 057</div>	<div>GB</div> <div>TA55TEE</div> <div>£5,000 T: 07740 784 983 privateplates@hotmail.co.uk</div>	<div>GB</div> <div>UKIIORD</div> <div>OFFERS TEL: 07522 199 997</div>	<div>GB</div> <div>W33DY K</div> <div>£5,000 ONO TEL: 07779 994 695</div>	<div>GB</div> <div>WYIISAF</div> <div>£15,400 (W YUSUF) TEL: 07985 455 057</div>	<div>GB</div> <div>Y9 ALT</div> <div>£30,000 TEL: 07525 817 453</div>
<div>GB</div> <div>SHII AFS</div> <div>£1,500 TEL: 01274 414141 MON - FRI: 9-5-30</div>	<div>GB</div> <div>SYIISUF</div> <div>£15,000 (S YUSUF) TEL: 07985 455 057</div>	<div>GB</div> <div>TA55TYE</div> <div>£5,000 T: 07740 784 983 privateplates@hotmail.co.uk</div>	<div>GB</div> <div>UMM444R</div> <div>£4,995 TEL: 07707 747 776</div>	<div>GB</div> <div>W33NTD</div> <div>£1,800 (WANTED) TEL: 01202 877 038</div>	<div>GB</div> <div>WYIISUF</div> <div>£15,000 (W YUSUF) TEL: 07985 455 057</div>	<div>GB</div> <div>YAIIMAD</div> <div>£10,000 (Y AHMAD) TEL: 07985 455 057</div>
<div>GB</div> <div>SHIIAHZ</div> <div>£6,000 TEL: 07921 576 971</div>	<div>GB</div> <div>TOYSR</div> <div>£15,000 ONO TEL: 07973 787 934</div>	<div>GB</div> <div>TAG7 ETS</div> <div>£6,000 ONO TEL: 07908 472 121</div>	<div>GB</div> <div>UYIISAF</div> <div>£15,400 (U YUSAF) TEL: 07985 455 057</div>	<div>GB</div> <div>W4JLD</div> <div>£1,995 TEL: 07954 389 874</div>	<div>GB</div> <div>X3 SINGS</div> <div>£3,500 (SINGHS) TEL: 07833 333 870</div>	<div>GB</div> <div>YAIYYAA</div> <div>£15,000 (YAYYAA) TEL: 07985 455 057</div>
<div>GB</div> <div>SHII ANY</div> <div>£2,000 TEL: 01274 414141 MON - FRI: 9-5-30</div>	<div>GB</div> <div>TIUUCS</div> <div>OFFERS TEL: 07581 169 231</div>	<div>GB</div> <div>TAHIR</div> <div>£100,000 (TAHIR) TEL: 07403 302 725</div>	<div>GB</div> <div>VOIIRAS</div> <div>£2,000 (VOHRA) TEL: 07867 886 786</div>	<div>GB</div> <div>W4KY R</div> <div>£10,000 TEL: 07786 615 234</div>	<div>GB</div> <div>X 7BY X</div> <div>£1,500 TEL: 07767 778 798</div>	<div>GB</div> <div>YEIICOM</div> <div>£48,000 (YELL COM) TEL: 07985 455 057</div>
<div>GB</div> <div>SHIIKEL</div> <div>£4,999 ONO (SHAKEL) TEL: 07863 845 709</div>	<div>GB</div> <div>TI4 REK</div> <div>OFFERS (TARIO) TEL: 07508 066 661</div>	<div>GB</div> <div>TBIATT</div> <div>£7,000 (T BHATT) TEL: 07985 455 057</div>	<div>GB</div> <div>VOIIVER</div> <div>£6,500 (V OLIVER) TEL: 07985 455 057</div>	<div>GB</div> <div>W4LYT</div> <div>£2,000 TEL: 07854 435 656</div>	<div>GB</div> <div>XAL IIX</div> <div>£15,000 TEL: 07733 244 444</div>	<div>GB</div> <div>YDIIEEP</div> <div>£7,000 (Y DILEEP) TEL: 07985 455 057</div>
<div>GB</div> <div>SHII OBY</div> <div>£1,000 TEL: 01274 414141 MON - FRI: 9-5-30</div>	<div>GB</div> <div>TI9 ARX</div> <div>OFFERS (TIGER X) TEL: 07837 780 981</div>	<div>GB</div> <div>TDIIEEP</div> <div>£7,000 (T DILEEP) TEL: 07985 455 057</div>	<div>GB</div> <div>V 4RFN</div> <div>£1,000 TEL: 07967 193 033</div>	<div>GB</div> <div>WAIIEEM</div> <div>£15,000 (WAHEEM) TEL: 07985 455 057</div>	<div>GB</div> <div>X BAIG</div> <div>£50,000 TEL: 07947 979 777</div>	<div>GB</div> <div>YKIIMAR</div> <div>£15,000 (Y KUMAR) TEL: 07985 455 057</div>
<div>GB</div> <div>SHIIPER</div> <div>£15,000 (SHIPER) TEL: 07985 455 057</div>	<div>GB</div> <div>TILI 786</div> <div>£1,500 ONO TEL: 07974 179 156</div>	<div>GB</div> <div>TERIK</div> <div>VALUED AT OVER £60K TEL: 07739 413 695</div>	<div>GB</div> <div>V 44MJD</div> <div>£850 ONO TEL: 07803 012 253</div>	<div>GB</div> <div>WAIISHA</div> <div>£9,000 (W AISHA) TEL: 07985 455 057</div>	<div>GB</div> <div>X K04SER</div> <div>OFFERS TEL: 07811 146 312</div>	<div>GB</div> <div>YUIONES</div> <div>OFFERS T: 07754 852 402 no withheld numbers</div>
<div>GB</div> <div>SHIYLA</div> <div>£1,000,000 TEL: 07969 914 041</div>	<div>GB</div> <div>T44 RKK</div> <div>£2,200 ONO TEL: 07926 095 168</div>	<div>GB</div> <div>TJIDGE</div> <div>£15,500 (T JUDGE) TEL: 07985 455 057</div>	<div>GB</div> <div>VAIIMAD</div> <div>£10,000 (V AHMAD) TEL: 07985 455 057</div>	<div>GB</div> <div>WAIITAD</div> <div>£10,000 (WANTED) TEL: 07778 881 126</div>	<div>GB</div> <div>X KIAN X</div> <div>£2,700 TEL: 07786 087 155</div>	<div>GB</div> <div>YVIJAY</div> <div>£10,000 (Y VIJAY) TEL: 07985 455 057</div>
<div>GB</div> <div>SHI2ADH</div> <div>£3,000 ONO TEL: 07870 983 553</div>	<div>GB</div> <div>T444BYS</div> <div>£995 ONO TEL: 07886 606 431</div>	<div>GB</div> <div>TKIINGS</div> <div>£14,000 (T KINGS) TEL: 07985 455 057</div>	<div>GB</div> <div>VBIATT</div> <div>£7,000 (V BHATT) TEL: 07985 455 057</div>	<div>GB</div> <div>WAH330K</div> <div>£2,500 (WAHEED K) TEL: 07973 199 979</div>	<div>GB</div> <div>XKIIMAR</div> <div>£15,000 (X KUMAR) TEL: 07985 455 057</div>	<div>GB</div> <div>Y44SCR</div> <div>£2,500 ONO TEL: 07828 159 318</div>
<div>GB</div> <div>SHI2ANH</div> <div>£3,000 ONO TEL: 07870 993 553</div>	<div>GB</div> <div>T8WHD</div> <div>£15,000 (TAWHEED) TEL: 07842 955 147</div>	<div>GB</div> <div>TMILES</div> <div>£7,500 (T MILES) TEL: 07985 455 057</div>	<div>GB</div> <div>VDIIEEP</div> <div>£7,000 (V DILEEP) TEL: 07985 455 057</div>	<div>GB</div> <div>RYIISUF</div> <div>£15,000 (R YUSUF) TEL: 07985 455 057</div>	<div>GB</div> <div>XMIILES</div> <div>£7,500 (X MILES) TEL: 07985 455 057</div>	
<div>GB</div> <div>SHI3 MLA</div> <div>£5,000+ (SHIMMLA) TEL: 07973 165 474</div>	<div>GB</div> <div>T9RYK</div> <div>OFFERS TEL: 07863 289 625</div>	<div>GB</div> <div>TRII HAD</div> <div>£2,500 TEL: 01274 414141 MON - FRI: 9-5-30</div>	<div>GB</div> <div>VSIISAN</div> <div>£7,500 (V SUSAN) TEL: 07985 455 057</div>	<div>GB</div> <div>WAJ33D</div> <div>£2,995 TEL: 07793 628 670</div>	<div>GB</div> <div>XSIKAS</div> <div>£4,500 (X SHAKS) TEL: 07985 455 057</div>	
<div>GB</div> <div>SH54ZHD</div> <div>£5,725 TEL: 07802 183 450</div>	<div>GB</div> <div>TAIIATS</div> <div>£1,500 (TALLAT) TEL: 07867 886 786</div>	<div>GB</div> <div>TSIISAN</div> <div>£7,500 (T SUSAN) TEL: 07985 455 057</div>	<div>GB</div> <div>VYIISAF</div> <div>£15,400 (V YUSAF) TEL: 07985 455 057</div>	<div>GB</div> <div>WASIIF</div> <div>£10,000 TEL: 07867 861 193</div>	<div>GB</div> <div>XXIO MAR</div> <div>OFFERS TEL: 07928 473 771</div>	

<div>GB</div> <div>5 NAS</div> <div>£30,000 TEL: 07540 176 854</div>	<div>GB</div> <div>CHIEFS</div> <div>£20,000 ONO TEL: 07786 615 234</div>	<div>GB</div> <div>PIINEM</div> <div>£2,995 ONO (PUNEM) TEL: 07305 700 800</div>
<div>GB</div> <div>ATT4H</div> <div>£8,500 ONO TEL: 07786 424 251</div>	<div>GB</div> <div>K7 PPA</div> <div>£3,995 ONO TEL: 07890 201 854</div>	<div>GB</div> <div>UK I IORD</div> <div>OFFERS TEL: 07522 199 997</div>
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# India's Test Squad: Bumrah, Rahul and Shreyas back in

## India's Test squad for South Africa

Rohit Sharma (capt), Shubman Gill, Yashasvi Jaiswal, Virat Kohli, Shreyas Iyer, Ruturaj Gaikwad, Ishan Kishan (wk), KL Rahul (wk), R Ashwin, Ravindra Jadeja, Shardul Thakur, Mohammed Siraj, Mukesh Kumar, Mohammed Shami, Jasprit Bumrah (vice-capt), Prasidh Krishna.



**KL Rahul, Shreyas Iyer and Jasprit Bumrah have made comebacks to India's Test squad for the two-match series in South Africa. Ajinkya Rahane has been dropped, while Virat Kohli, who opted out of the white-ball leg of the tour, is part of the squad led by Rohit Sharma.**

Mohammed Shami, who was rested for India's last Test series, in the West Indies in July, is also back, but his inclusion is subject to fitness - the BCCI release announcing the squad said the fast bowler was "currently undergoing medical treatment".

The series will also mark Rahul Dravid's first Test assignment in his second stint as India's head coach after his contract was extended.

With Rahul included as a wicketkeeping option, there was no place in the squad for KS Bharat, who was one of two keepers in the West Indies,

where he slipped behind Ishan Kishan in the pecking order. Until that tour, India had preferred Bharat over Kishan, both for the home series against Australia and the World Test Championship final at The Oval.

Also left out from the squad that toured West Indies are fast bowlers Jaydev Unadkat and Navdeep Saini, while fellow quick Mukesh Kumar, who made his debut during that series, keeps his place.

Bumrah last played a Test more than 17 months ago, against England in Birmingham. Since returning from a back injury that kept him out for over a year, Bumrah has slowly built up his workload across white-ball formats.

He returned to action this August on the tour of Ireland, and spearheaded India's pace attack at the 2023 World Cup, where he was the tournament's fourth highest wicket-taker. Ahead of his Test comeback, Bumrah is likely to feature in a four-day game for India A in South Africa.

Rahul and Iyer are also returning to Test cricket following long injury layoffs

after last playing the format during the Border-Gavaskar series at home in February-March. Rahul is also one of two wicketkeeping options in the 15-member squad.

Iyer's return left no place for Rahane, who was India's Test vice-captain on the tour of the Caribbean in July. Yashasvi Jaiswal, a breakout star with a hundred on Test debut in the West Indies, is expected to open alongside Rohit with Shubman Gill continuing to bat at No. 3.

India are scheduled to play two Tests in South Africa, in Centurion from December 26 and in Cape Town from January 3. The series is India's second in the 2023-2025 cycle of the World Test Championship, after the two-Test series in West Indies in July, which India won 2-1. After the series in South Africa, India return home to host England for five Tests, which are also part of the WTC cycle.

The last time India played a Test series in South Africa was during the Covid-19 pandemic in December and January 2021-2022. India won the first Test in Centurion, before South Africa won in Johannesburg and Cape Town to take the series 2-1.





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# Fears for FURY

## All top ten ranked UFC heavyweight fighters have higher strike accuracy than opponent Ngannou

**Analysed fight data revealed after the Fury v Ngannou fight to reveal that all top ten UFC heavyweight fighters at present actually have a higher strike accuracy than Ngannou.**

Even when taking reach into account it seems a good chunk of the UFC could hold their own against Fury according to extensive fight data.

The boxing world was recently shaken by Tyson Fury's near-defeat at the hands of former MMA Star Francis Ngannou.

After this shocking blow to the boxing legend, the sport experts at Sportsboom have analysed extensive fight data from the top ten ranked UFC heavyweight fighters to see which fighters might also be able to stand their ground against Fury – and as it turns out, the answer is, a lot of them.

Sportsboom looked at strike accuracy percentages, knockouts, and reach to calculate which fighters in Fury's weight class could possibly compete, and it turns out that in terms of striking accuracy – Ngannou doesn't even crack the top ten. You can find their full analysis and data tables here.

It could be argued that the closest matchup is UFC Heavyweight Champion Jon Jones with a reach of 84.5, a mere .5 under Fury, a fantastic reputation as a striker, a strike accuracy rate of 58% (17% more than Ngannou's 41%) and with less than ten pounds and one year between the two, it could be a fight fan's match made in heaven.

However, 30-year-old Tom Aspinall who has actually been Fury's sparring partner in the past, proving he's able to keep up with the boxing powerhouse, could make for an even more interesting bout with an impressive strike rate of 66.

Fury has previously told media that Aspinall could contend with Jones due to his striking prowess, being known for his knockouts in spite of having a slightly shorter reach at 78.

All of the fighters on the list had some background in a striking based sport, and also all ranked ahead of Ngannou in terms of striking accuracy, meanwhile for fairness sake in these imaginary bouts all fighters had a reach of over 75 and were in the same weight classes.







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# Sky Sports

## becomes the inaugural winner of the Diversity in Media Award

Sky Sports has been named as the inaugural winner of the Diversity in Media Award following groundbreaking work and commitment towards British South Asians in Football – including the creation of the first index page dedicated to the subject in mainstream media history.

The accolade will be presented to Sky Sports at the Asian Media Awards at a glittering ceremony taking place at the Manchester Deansgate Hilton this evening.

The Diversity in Media Award is made to an organisation that has made a concerted and genuine effort to improve representation and produce diverse content at all levels.

The Asian Media Awards looked favourably upon the range of diverse content produced by Sky Sports, welcoming its commitment to improving the representation and progression of minority groups and to making a difference in communities impacted by racism.

The index page itself is now the longest-running major initiative in



the space, both in media and in football, and is the biggest readily accessible British South Asians in Football archive anywhere in the world.

Alongside the Diversity in Media Award, several journalists at Sky Sports News and Sky News are up for further awards at the ceremony; including Amrit Singh Mann, Saywah Mahmood and Um-E-Aymen Babar, who have all been nominated for the Outstanding Young Journalist Award. Meanwhile, Dev Trehan and freelance reporter Sanny Rudravajhala have been shortlisted for Sports Journalist of the Year. Ashna Hurnag of Sky

News has also been nominated for the Report of the Year.

Jonathan Licht, Sky Sports Managing Director, said: "The award is testament to the hard work, talent and brilliant collective efforts across the business and I'm absolutely delighted for those involved."

"To be recognised as a driving force for diversity and inclusion across media in such a way is fantastic. More importantly, the award shows that the work we're doing is positively impacting Britain's South Asian community in a meaningful way when it comes to both media and football."



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