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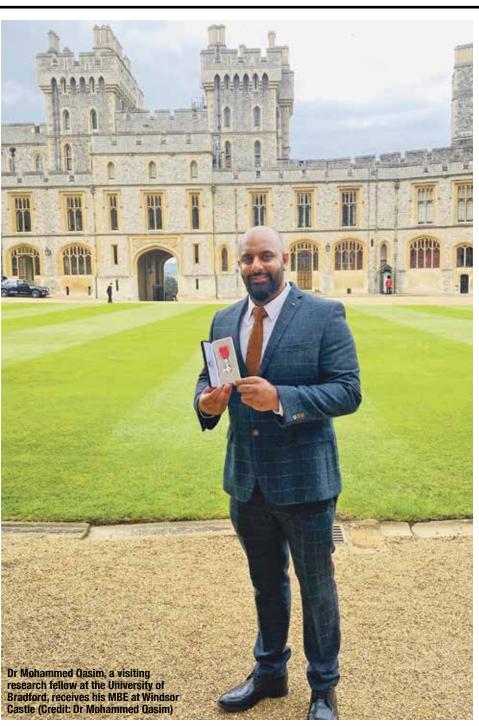
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See page 33



levotion awarded

Academic who studies gangs to better understand causes of crime receives MBE

An academic who has devoted his research work to following gangs and drug dealers to better understand the causes of crime has received his MBE.

Dr Mohammed Oasim, a visiting research fellow at the University of Bradford, was recognised for academic research and services to young people in the 2023 New Year's Honours List.

He received his honour from the Princess Royal at a ceremony held at Windsor Castle earlier this month. Dr Qasim revealed the Princess Royal spoke to him about the importance of his research and how education is a solution to poverty and gang crime

Dr Qasim, 41, has spent more than a decade researching the darker side of society, from gaining trust with gang members to meeting teenagers recruited to trafficking drugs via county lines networks, often putting himself at risk along the way.

He said: "It feels a real honour

Continued on page 8

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Worldwide Foods opens doors to new supermarket in Leeds



Yorkshire has welcomed a new branch of a leading ethnic food supermarket chain, with the opening of Worldwide Foods in Leeds.

Renowned for their extensive range of international groceries, Worldwide Foods on The Oval in Hunslet, officially opened the doors to their food retail emporium on Sunday 23rd June.

Located in the heart of Leeds, the new impressive state-of-the-art 12,000 sq ft store offers an extensive array of famous household brands from Asia, Africa, Europe, and the Americas, as well a huge variety of fresh produce, meat and sundries.

Their immaculate halal counter boasts as one of the largest in the city.

Shoppers can find a wide variety of halal meats, as well as exotic fruits and vegetables that are hard to come by in local markets.

In addition to its diverse grocery options, the Leeds branch with ample parking space, features a dedicated 'food-to-go' section, providing freshly prepared meals and snacks from around the world

This new Leeds supermarket is part of Worldwide Foods ongoing commitment to bringing global flavours to local communities across the globe.

Opening its first store in Rochdale in 1985 by Pervez Alam - the current Chairman of the Worldwide Foods group, the company has expanded by opening 12 sites in various locations in the North West, Yorkshire and the Midlands.

Included in the sites is one of Worldwide Foods company's flagship stores under the name 'Al Halal Supermarket', which opened in 2021 in Leeds Road, Bradford.

The group also operates from its e-commerce website, called www. DesiMe.co.uk, from which the company can offer next day delivery to anywhere in the UK.

Pervez Alam commented: "The recipe of Worldwide Foods success is very simple. We strive to make the best quality halal foods from around the world accessible to our customers, at the



best possible price.

"Our aim is to provide a seamless shopping experience for customers wishing to stock up on halal groceries in the same way as the mainstream supermarkets do."



Located in the heart of Leeds, the new impressive state-of-the-art 12,000 sq ft store offers an extensive array of famous household brands from Asia, Africa, Europe, and the Americas, as well a huge variety of fresh produce, meat and sundries.





His culture up on a wall The internationally recognised. Tagi to devote time to creating this new

The internationally recognised
Palestinian artist Taqi Spateen unveiled a
new mural on the gable-end of Convention
House, a 19th-century former nunnery
owned by East Street Arts in Leeds.

The artwork, To be or not to be (2024), features the artist's two children alongside a larger than life daisy – a flower symbolic of Palestinian springtime. By giving his children 'permanent residency' in Leeds, Taqi's mural highlights the lack of freedom of movement for many, including his own family, impacted by the ongoing Palestinian and Israeli conflict.

The artwork in Mabgate, is the first in a series of five murals - part of a new international graffiti art project painted by the artist in Leeds, Glasgow, Bristol, Stroud and London.

Taqi was in residency with East Street Arts during May 2024, during his time in Leeds, he explored the local street art scene and public artworks including the 10-metre high Yinka Shonibare CBE's Hibiscus Rising sculpture, and visited architectural icons in the city to inspire the creation of the mural.

Jon Wakeman, Artictic Director at East Street Arts, said: "Since 7th October, I have been struggling to know how East Street Arts should respond to the Palestinian conflict and the ongoing humanitarian crisis.

"As an organisation working with artists and creatives, we believe any statement should come from a Palestinian artist. I'm pleased that we've been able to offer a wall on one of our buildings, plus accommodation and equipment; allowing

Taqi to devote time to creating this new work as a statement of his hope and vision for a Palestinian future.

"It has been a pleasure to meet Taqi and support him in developing a piece that speaks for him and his situation."

Taqi's Leeds residency is a collaboration between Leeds Palestinian Film Festival, East Street Arts and Bethlehem Film Festival.



Palestinian artist Taqi Spateen's striking new mural in Leeds





About Taqi Spateen

Taqi Spateen is a multi-talented Palestinian artist, and a Fine Arts graduate of the International Academy of Art (IAA) in Ramallah, Palestine.

Having begun painting in the second grade, by the time he concluded his secondary education, he was carrying out a number of commissions and murals on school walls and other public spaces.

Upon completion of his Bachelor's degree in Fine Arts at the IAA in Ramallah, he competed against renowned international contractors and successfully won an architectural tender to renovate a former palace.

Landscape paintings are where he thrives most, and his realist style makes him stand out as a remarkable young talent.

As a deeply spiritual person, he draws inspiration from the sanctity and blessedness of the Palestinian countryside - given its special place in the Holy Scriptures. The olive tree - the most famous of Palestinian symbols - features in nearly all of his recent paintings.

Spateen has also created large murals for local and international communities, and street art on the apartheid wall in Bethlehem about international cases, such as murals in honour of George Floyd and lyad Hallaq. Spateen's work continues to reach international audiences, and has been

featured across local, regional and global news and media outlets.

Spateen was previously invited to collaborate with the brand 'The North Face', and created a mural as part of the 'Walls are meant for climbing' campaign.

Spateen was also chosen by a committee to receive a Scholarship, to take part in a four-month Artist Residency program that was completed at the end of February 2022, at the Cité Internationale des Arts in Paris, France. Spateen created a series of paintings as part of the Artist Residency program, and explored new painting methods and art techniques









Muslim artists' work celebrated in documentary

The work of Muslim artists has been showcased in a documentary from a former University of Bradford student.

'Muslims of the Artworld', directed by Ahseem Yousuf, puts the spotlight on five Muslim sculptors, photographers, artists and calligraphers from Bradford and Nottingham.

Kasim Tariq, a social designer from Bradford, is shown in the film debuting his sculpture – The Bekun – in the city's Mirror Pool during the 'Bradford Is Lit' festival. The sculpture, featuring stained glass windows, takes inspiration

"Now that Bradford has achieved the City of Culture, it's a fantastic time for us to showcase all of that, all of the different communities and what we have to offer here."

from Listers Mill and celebrates the contribution of the textile industry in Bradford.

He said: "Now that Bradford has achieved the City of Culture, it's a fantastic time for us to showcase all of that, all of the different communities and what we have to offer here."

Photographer Maryam Wahid discusses her exhibition, Zaibunnisa. This series of photographs captured her first journey to Pakistan with her mother. It explores heritage and British Asian identity.

Maryam said: "I have realised that there's a lot more open space and awareness, whether you're Indian, Pakistani, Bengali, Sri Lankan. Whatever you may be as a South Asian, you have a voice, and you have stories to tell and even within India and Pakistan, there are so many diverse stories and so many diverse narratives."

Sayra Begum, a comic book artist

from Nottingham, speaks about her 2020 debut novel – Mongrel – which follows the story of Shuna, a mixed-race girl like herself. The story shows the clash of cultures between the east and west and utilises Islamic miniature style of figure drawing.

Mohamed Rasul, founder of Artz-I Islamic Art & Gift Gallery - a Bradford-based Islamic art gallery, which features both traditional and modern art inspired by faith, is also interviewed.

Razwan Ul-Haq, who created Arabic calligraphies in neon lighting, has seen his work featured in 'Van Gogh Alive – The Experience', a touring immersive exhibition which visited Bradford in 2022 and 2023.

The 22-minute documentary was premiered on Islam Channel on television on Sunday 2 June and is available to view on YouTube.

Ahseem, who graduated from the BA (Hons) Film and Television Production course at the University of Bradford in 2021, said: "I was looking at creating another film focused on the Muslim community.

Manningham Library to reopen following refurbishment

Manningham Library has reopened following a refurbishment.

It's is one of 10 libraries across the district benefiting from projects supported using public funding by Arts Council England under its Libraries Improvement Fund. The funding has provided new flexible shelving and the installation of a small meeting room, a large digital screen and new equipment for the large meeting room.

This will enable increased community and partner use of the library for meetings and events of all kinds, helping to increase footfall and income. The Library Service has been able to use additional capital funding from Community Infrastructure Levy (CIL) to enable a complete refurbishment of the adult's area, alongside the installation of new interactive sensory space in the children's library, whilst redecorations have given the library a fresh new look.

The new decor is inspired by the recent Culture Nature project at Manningham Library, one of 6 libraries across the country to benefit from Natural England funding for projects that connect people to nature through libraries, with graphics of local parkland and nature-inspired colours. Local people have been engaged in nature connected arts and crafts, walks from the local library and resources for replanting the library garden.

The new sensory space for all children has the potential to help specific library users with motor skill delay, autism and other support needs so that they may experience the library more comfortably. Tactile wall panels, soft seating areas and access to mark making sequin frames will all be part of the new space along with a giant wall caterpillar to encourage tactile, visual and auditory stimulation. New bookshelves in the shape of daisies and leaves will complement the nature theme and be within reach for younger children to explore books for their age range.



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Championing diversity and representation

Aneeka Muneer takes the helm at LLG, pledging to revolutionise the local government legal landscape

In an historic move across the local government legal landscape, Aneeka Muneer, Head of Litigation and Deputy Monitoring Officer at Calderdale Council, takes on her national appointment as the President of Lawyers in Local Government (LLG).

Her landmark appointment as LLG's first female Muslim President, heralds a new era of inclusivity, integrity, and transformative leadership, driven by her staunch commitment to governance and ethical standards.

Lawyers in Local Government (LLG) is the national voice of lawyers and governance officers working in councils across England and Wales; it works with numerous organisations to offer guidance, codes, and protocols on all aspects of local authority law and practice.

Delivering a rousing inaugural address that captivated her audience and set a bold agenda for her presidency, Aneeka said: "I am absolutely delighted to be appointed the LLG President and lead on the work built on by many Presidents before me.

"Following on from the work we have already started within Equalities, Diversity and Inclusion, I want to drive home the message around the importance of representation and the concept of "I can see it - I can be it". Not just in the leaders which represent us but also at entry level, implanting aspirational dreams into future generations.

"Diversity brings such enrichment, and I intend to champion this cause throughout my term - and beyond."

Aneeka's rise to the presidency of LLG is not just a personal triumph but a beacon of hope for the future of local government law. Her leadership is expected to usher in an era of inclusivity, ethical governance, and community-focused legal practice.

The mother-of-four, with a clarion call for greater diversity, emphasises the profound impact of representation in the legal profession. Her vision includes expanding the thriving work experience week and forging stronger connections with universities and colleges to reach more students.

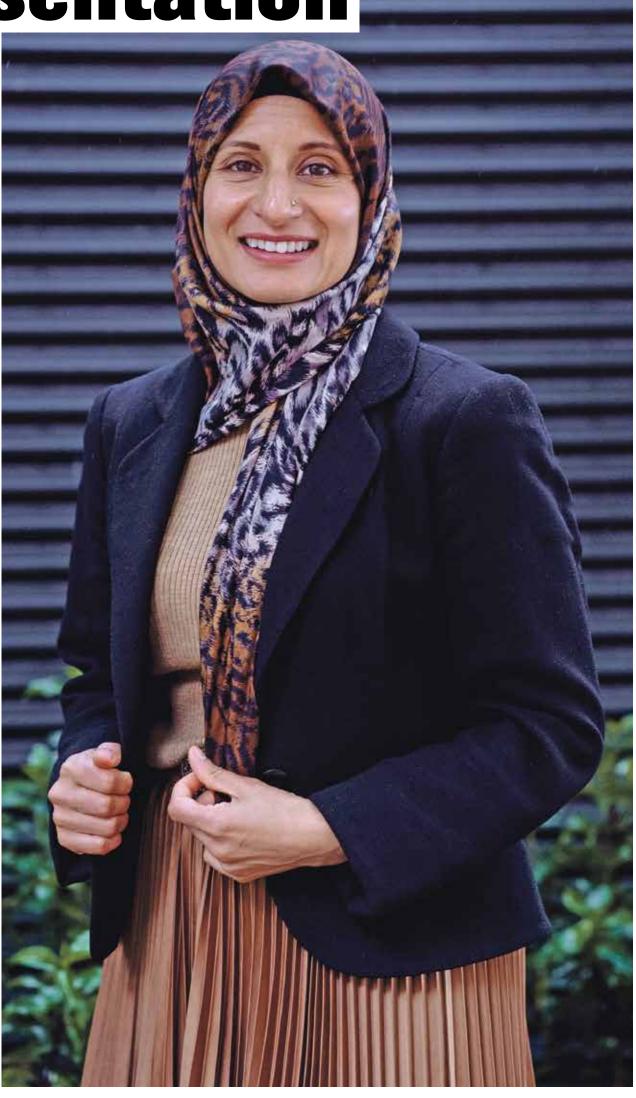
By encouraging minority group members to take up Regional Lead roles, Muneer hopes to provide relatable role models and inspire career paths that others can follow.

Her passion for ethics and governance resonates deeply with the challenges facing local government today. Muneer's leadership promises to be a beacon of integrity, guiding LLG members to maintain the highest standards in their professional conduct: "Integrity and accountability are integral to my own values," she adds.

Aneeka takes the reigns from outgoing President, Rachel McKoy who has been front and centre during her presidency. Saying farewell to her year in office, Rachel said: "We have been front and centre, speaking in the local government press and the national press on topics of importance such as... standards, remote meeting provision, violence against councillors and officers, statutory protections, elections, ethical governance, and the Golden Triangle."

The AGM also saw the appointment of key figures who will support Aneeka Muneer in her mission. Paul Turner was named Vice-President, and Helen Bradley as Deputy Vice President, poised to lead LLG in the years to come.

Deborah Evans, CEO of LLG, captured the sentiment perfectly: "Aneeka's leadership and vision will undoubtedly drive LLG forward, building on our strong foundation of governance and legal excellence."



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Devotion awarded

Academic who studies gangs to better understand causes of crime receives MBE

Cover story continued

but makes my research all the more necessary, preventing young people from becoming involved in gangs/drugs and supporting Muslim prisoners upon release from prison.

"There are far too many young Muslims going into prison, something needs to change.

"Muslim prisoners equate to around 20 per cent of the British prison population when they are around six per cent of the overall UK population."

Dr Qasim co-wrote, 'British Pakistanis and Desistance - Poverty, Prison and Identity', a book which looks at the lives of men who offend, highlighting the events which led them to start breaking the law, continue offending and how they may struggle to move away from a life of crime once they are released from prison.

He grew up in Manningham, Bradford, and attended the city's Belle Vue Boys School.

Dr Qasim, has a Master's, a PGCE and a PhD in criminology from Swansea University. Currently he works at Gower College Swansea and has taught at Swansea University, Leeds Beckett and the London School of Economics.



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Three quarters of the public say that Westminster needs to improve, new polling has found.

A poll of 2,226 people, conducted by Savanta on behalf of the Electoral Reform Society, found 76% feel that politics needs to improve significantly.

That figure is made up of 48% of respondents who said that politics needs 'a great deal of improvement' and 28% who said it could 'be improved quite a lot'. Only 4% of respondents said politics currently needed no improvement.

While Conservative voters are less likely to say politics needs improvement, a majority (58%) of those still want to see change in the way politics is conducted. Meanwhile,

the overwhelming majority of those intending to vote for other parties, including Labour 78%, the Liberal Democrats 72% and Reform UK 96%, say politics in the UK needs a great deal or quite a lot of improvement.

The poll findings come just a week after a major study by the National Centre for Social Research found more people 'than ever before' 'almost never trust the British government of any party to place the needs of the nation above the needs of their own political party.

The report concluded that: 'All in all, it appears that people's trust in governments and politicians, and confidence in their systems of government is as low now as it has

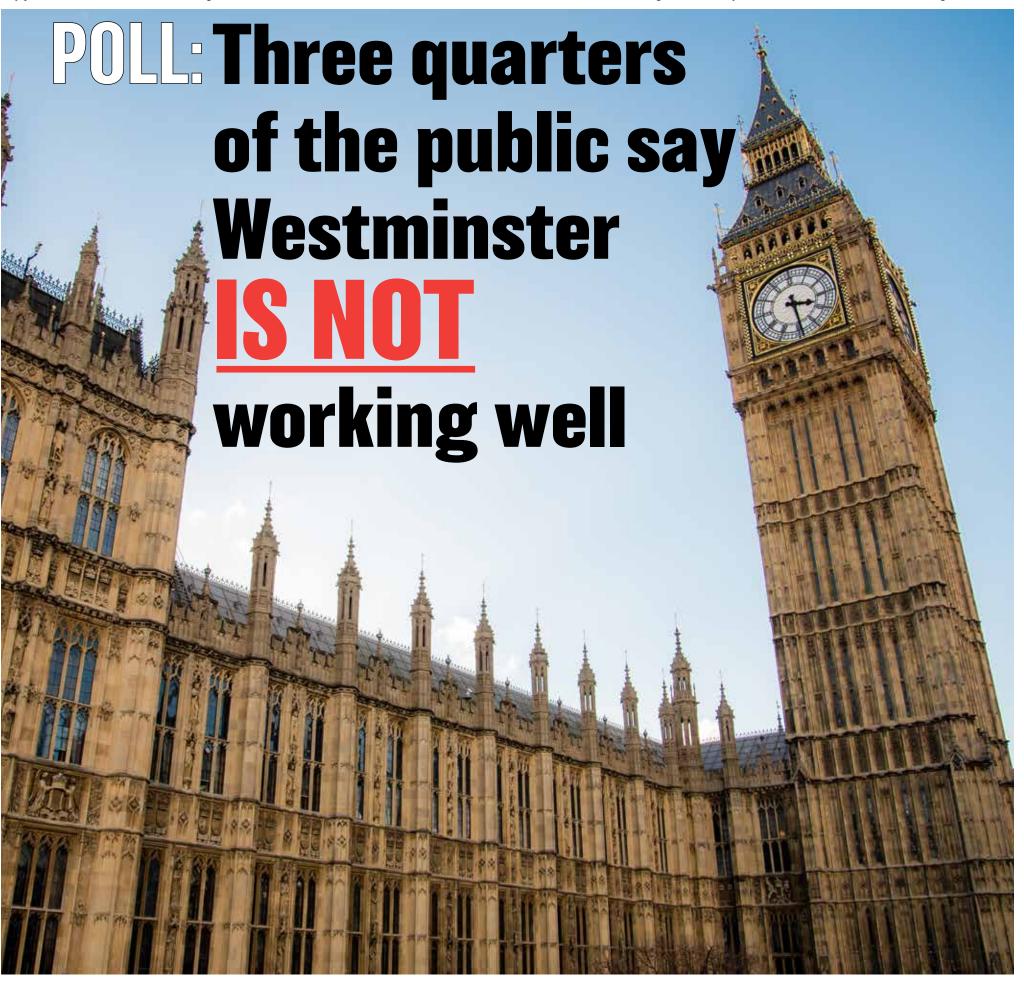
"It is imperative that we arrest this startling decline and rebuild trust in our democratic institutions as a matter of urgency." ever been over the last fifty years, if not lower'

Darren Hughes, Chief Executive of the Electoral Reform Society, said: "It is clear there is a crisis of confidence in our democracy. Just a week after the National Centre for Social Research found that public trust in politics has sunk to a record low, our new polling shows that a massive three quarters of the public think politics is not working well and needs to improve.

"It is imperative that we arrest this startling decline and rebuild trust in our democratic institutions as a matter of urgency. No project to repair the British public's relationship with politics will succeed if it doesn't reform our stuttering Westminster system.

"Central to this is the distorting First Past the Post voting system, which doesn't accurately represent the way the country voted with seats in Parliament. It also reduces the focus of the main parties to the handful of 'swing seats' that change hands at an election, meaning large parts of our country have been ignored and left behind by politics.

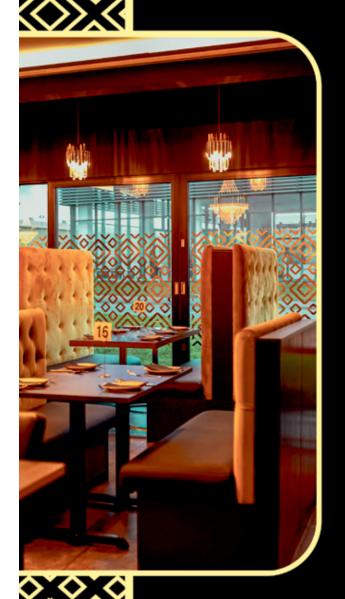
"Restoring trust in Westminster is vital and has to start with bringing in a fairer proportional voting system for the Commons. This would reinvigorate the public's relationship with our democracy by ensuring that every vote counts and every part of the country matters to whoever is in government."



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Yorkshire children's cancer charity celebrates return of largest annual fundraiser

'Pink It Up' week

Yorkshire children's cancer charity Candlelighters has celebrated the return of its largest annual fundraiser, 'Pink It Up' week.

Every year Candlelighters urges the community to get involved in pink themed fundraising activities to support children and families affected by childhood cancer.

'Pink It Up' is the charity's flagship campaign. Since 2019 Candlelighters have encouraged people across Yorkshire to help them paint the county pink through various, pink-themed fundraising activities and challenges to raise funds and awareness.

This year's week-long fundraising event saw businesses, schools and communities across Yorkshire throwing their all into pink themed fundraising to raise money for children with cancer.

From bake sales, parties and crafting activities to fancy dress competitions and window display decorating, the people of Yorkshire came together to show their solidarity for children with cancer.

The Candlelighters Family Support

Team who work at Leeds Children's Hospital hosted a range of pink-themed events on the oncology wards to bring the pink fun to the children and parents.

Children were able to get involved in activities such as pie splatting the Family Support Workers, and staff dressed up in pyjamas and fancy dress, with special treats such as pink marshmallow and fruit kebabs available for the children to

Amy Laycock, Family Support Worker at Candlelighters said: "The children thoroughly enjoyed taking part in all the Pink It Up fun on the wards and day unit.

"Making sure there's lots of fun and distractions in the hospital is an important part of our role, and Pink It Up is a particularly special week for us. I think the children's favourite activity was definitely splatting us in the face with cream pies, I lost count of the number of pies thrown in my face but hearing their laughter was absolutely worth every minute of it!"

Around 150 children in Yorkshire are diagnosed with cancer each year. Since its inception in 1976, Candlelighters has been committed to offering extensive emotional, practical, and financial support to affected families and facilitating research to better the lives and outcomes of children facing diagnosis and treatment.

can visit their website: www. candlelighters.



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How Candlelighters help children and families across Yorkshire

Pink It Up raises funds for the charity to provide the best quality services they can to families who are facing the turmoil of cancer diagnosis, families like The Marshalls. Katie and Jowayne, mum and dad of Arlo, took him to the hospital with suspected lactose intolerance when he was six months old. When Arlo was diagnosed with leukaemia, their lives were completely changed and they were brought to the realisation that their following two years would be spent predominantly in and out

When families face a childhood cancer diagnosis, they face emotional difficulty alongside having to travel to and from hospital, finding lodgings in Leeds where most children from Yorkshire receive cancer treatment, and having to take time of work to care for their poorly child.

As well as the heartache of childhood cancer, families are often unprepared for the financial requirements of the diagnosis. Due to Arlo being under 12 months of age at the beginning of his treatment, seven months of his treatment needed to be conducted within

With a child of less than one year of age, Katie needed to remain in hospital to provide Arlo with the care he needed whilst Jowayne needed to take time out of work to support Katie and Arlo. With the cost of petrol, food and lodgings, Katie and Jowayne say that they would not have been able to cope financially had it not been for the aid of Candlelighters.

Since, Arlo's family and their community have consistently shown support during Pink It Up week, with this being the third year of participation. The family have raised over £9,000 for the charity so far this year through their fundraising efforts in order to thank Candlelighters for their support during such a difficult time.



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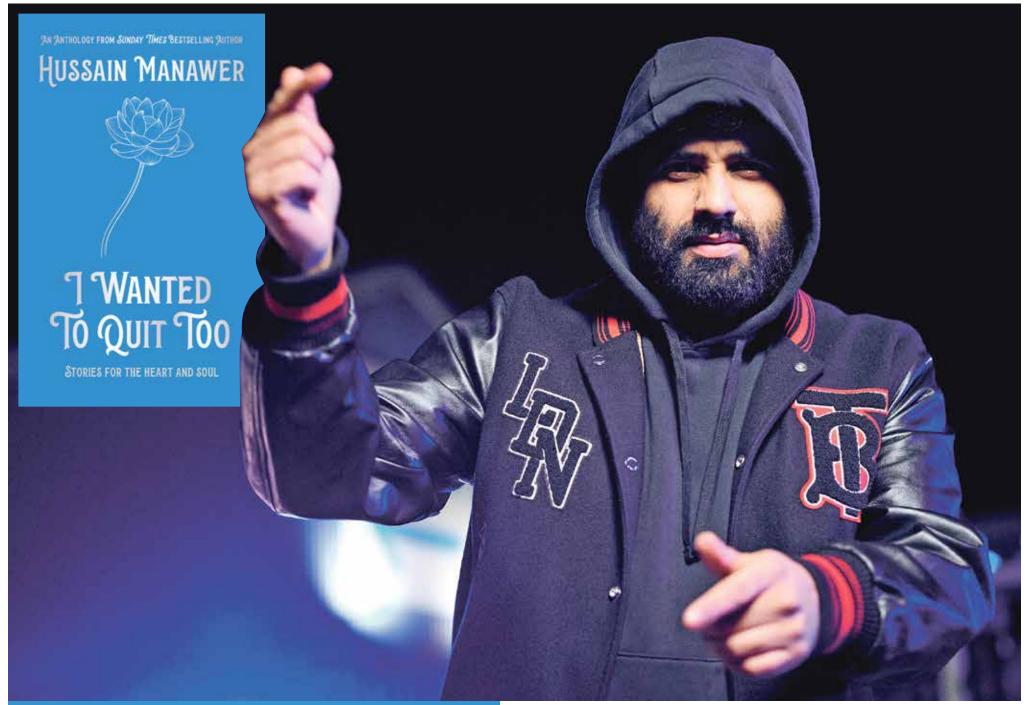












'I Wanted to Quit Too' Bestselling poet Hussain Manawer launches new anthology

Created as a 'medicine' for those who feel misunderstood and discouraged, for anyone who faces heartbreak and grief, for anyone who is tired of pursuing their dreams, for those who are lonely or homesick and craving some love, affection, touch and care, for those just trying to face another day.

Titled 'I Wanted to Quit
Too', the collection featuring
stories from a range of voices
that cross generations, through
different cultures, lifestyles and
life experiences, some familiar,
others being heard for the first
time, these stories explore the
exceptional essence of wanting
to give up and the true power and
magic in never doing so.

Split into five parts - Health,
Hustle, Help, Hope and Healing
- and featuring exclusive poetry
throughout from award-winning
creative, Manawer, this groundbreaking anthology includes
short stories and conversations
from global household names
and hometown heroes including
photographer Greg Williams,
actress Courteney Cox, actors
Hero Fiennes Tiffin and Jay
Ellis, YouTuber KSI, rugby
union player Maro Itoje,

singer-songwriter Sinéad Harnett, amongst many others.

Interspersed with beautiful poetry from Hussain Manawer, this is an uplifting, hopeful and honest collection that is guaranteed to inspire.

Hussain Manawer was born and raised in London's East End. It was here Hussain found his love for the poetic arts. At 15, he found fascination with Rap, Music, Poetry and Spoken-Word. This fierce passion has continued into adulthood with the poet constantly searching for understanding of humankind, whether across borders or life within.

More than a decade later, his debut collection, Life Is Sad And Beautiful, entered The Sunday Times chart upon release, sitting there for two consecutive weeks. The collection sold more than 10,000 copies within the first few months, making him the first British Pakistani Poet to hold such a position.

Life Is Sad And Beautiful has since been adopted in the UK's Key Stage 3 and 4 National Curriculum.

His unique style of poetic storytelling blends a fusion of dynamic life experiences, pain, humour, heartbreak and music, finding him on a variety of stages including Glastonbury.

High profile collaborations include featuring alongside Oprah Winfrey and Prince Harry in their latest docu-series, The Me You Can't See, and special commissions include The Royal Family, BAFTA, Burberry, Google, The Royal College of Psychiatrists and others.

Having reached millions of people online with his raw emotive pieces expressing grief, loss and an attempt to build a life after loss, he used his reach to create an entirely new Guinness World Record for The World's Largest Mental Health Lesson; alongside Professor Dame Til Wykes, King's College London and the Hackney Empire in 2017.

In 2018, Prime Minister Theresa May went on to award him the Point of Light award, recognising his outstanding efforts in helping the country's mental health crisis. He was also awarded an Honorary Fellowship of King's College London in 2018.

I Wanted to Quit Too is published by Catalyst in hardcover on 23rd May priced at £16.99.



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Nowhere Is safe "I was living, was in the heart of a counter-revolution, with a military dictatorship purging another future..."

Star of 'United 93', 'The Kite Runner' and 'The Crown', Khalid Abdalla, in his writing debut, has created an intricate and playful solo show, inspired by his involvement in the Egyptian revolution of 2011, and his experiences of the counter-revolution that followed.

From the histories of colonialism and decolonisation; friendship and loss; protests and uprising against regimes across the world; to the violence in Gaza following the events of 7 October 2023, Khalid brings together the personal and the political in an act of anti-biography that asks how we got here and how we find agency amidst the mazes of history.

Khalid Abdalla said: "When I had my first conversation about Nowhere, Egypt, where I was living, was in the heart of a counter-revolution, with a military dictatorship purging another future.

"Back in London I started writing weeks after George Floyd's murder, while the world was in lockdown. And now, as we approach opening, we live in a world in which for people in Gaza, nowhere is safe, and we live in the shadow of that everywhere.

"If you want to live another future now, where can you be? And how do you find it in yourself?

"'Nowhere' is my attempt to respond to our world of intersecting crises, tracking where they live inside me, while searching for a shared space in which to explore how we got here, and what we have to reckon with to reach beyond it.

"I could not have dreamed of a better creative team to accompany me on the journey of developing this project into the theatrical experience I hope it will be. Theatre is the home through which we encounter each other in a world increasingly atomised. I am beyond excited to bring Nowhere to audiences and find out where we take each other through its life onstage."

Omar Elerian, Director: "I am really excited to be working with Khalid, Fuel and an extraordinary creative team on this timely, profound and deeply

personal show, interrogating themes that are very close to my heart both as an artist and as an individual confronting the complex questions around identity and belonging in an increasingly polarised world."

Commissioned and produced by Fuel, 'Nowhere' will premiere at Battersea Arts Centre, followed by HOME, Manchester.

Tickets for the run at Battersea Arts Centre will go on sale on 24 June at 10am and for HOME, Manchester are on sale now. For further information and to purchase tickets please visit www. fueltheatre.com

About Khalid Abdalla

Khalid Abdalla is an actor, producer, writer and filmmaker. Nowhere is his first play. He is known most notably for his performances in The Crown as Dodi Fayed, Marc Forster's The Kite Runner, and in the Paul Greengrass features United 93 and Green Zone. He produced and starred in the Egyptian feature In the Last Days of the City, directed by Tamer El Said, and in Tala Hadid's The Narrow Frame of Midnight, and appears in Jehane Noujaim's Oscar nominated documentary about

the 2011 Egyptian revolution The Square. He has recently completed filming on his next role in a remake of The Day of the Jackal; and is currently in rehearsals for Mnemonic with Complicité at The National Theatre. Khalid is a founding member of three cultural initiatives in Cairo – Cimatheque, Zero Production and Mosireen. He is also an Honorary Fellow of Queens' College Cambridge. Brought up in the UK to Egyptian parents, Cairo and London are his two cities.











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History made as Leeds raises over £1M in one night for new hospital in Mirpur





heart and home to those in need.

"I rented a building in established sanctuary for orphan children, but that was just the beginning.

'In 2008 fuelled by desire to provide even greater support, I took on what would become the most ambitious project of my life. With a vision in mind I set out to build a new purpose facility, that would redefined the very concept of an orphanage. And am proud to say that we've delivered educational and residential projects for over 1,500 children.

"But now, our mission extends far beyond the wall of the orphanage.

'We are extending to serve those affected by natural disasters and poverty, by providing access to free healthcare services to the people of Kashmir and Pakistan.

We have committed to developing a hospital and on site educational facilities - a vision to establish a first of its kind medical centre stemming from a profound need for accessible and quality healthcare services in the region.

'The healthcare system operates under strain receiving just 2.5% of the government budget.

"This insufficient allocation has resulted in shortages in healthcare. Along with providing accessible quality medical services, we are going beyond saving the lives by providing training facilities for medics, nurses and more.

"The hospital presents promises to catalyse economic growth in the area - through the creation of job opportunities for the local populations, and support for educational institutions, the KORT Hospital project will contribute to a sustainable economic upswing.'

Visit kort.org.uk for more information.



KORT Fundraiser Dates

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"There is also not a single Muslim in his new cabinet" Credit: Jholawala Films, Aakar Patel, Amnesty International

India: Modi's pledge to lead the country by consensus must not be another failed promise for human rights

Responding to the swearing in of Indian Prime Minister Narendra Modi for a third term and his stated promise to lead the country by consensus and uphold the values of the Indian constitution, Aakar Patel, Chair of Amnesty International India's board, said: "Over the past 10 years, the government of Narendra Modi has repeatedly trampled on dissent and discriminated against religious minorities.

"There is also not a single Muslim in his new cabinet, while laws such as the Citizenship Amendment Act (CAA), which was passed during his previous term, effectively sanctioned religious discrimination.

"Over the past decade, however,

"It is essential that the new administration respect human rights, including the rights to freedom of expression, association, and peaceful assembly."

activists, journalists, civil society organisations and political leaders from opposition parties have all been targeted for criticising the authorities.

"It is essential that the new administration respect human rights, including the rights to freedom of expression, association, and peaceful assembly".

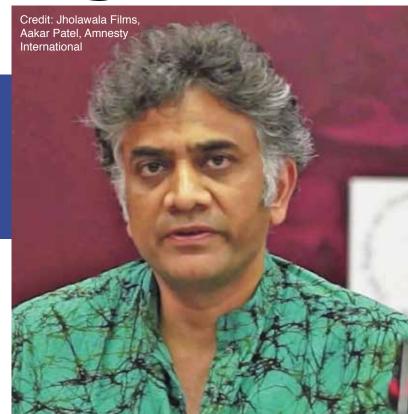
"When Narendra Modi was sworn in as Prime Minister in 2019, he said his government would support all people and offer development for all through consensus— 'sabka ka saath, sabka vikaas'.

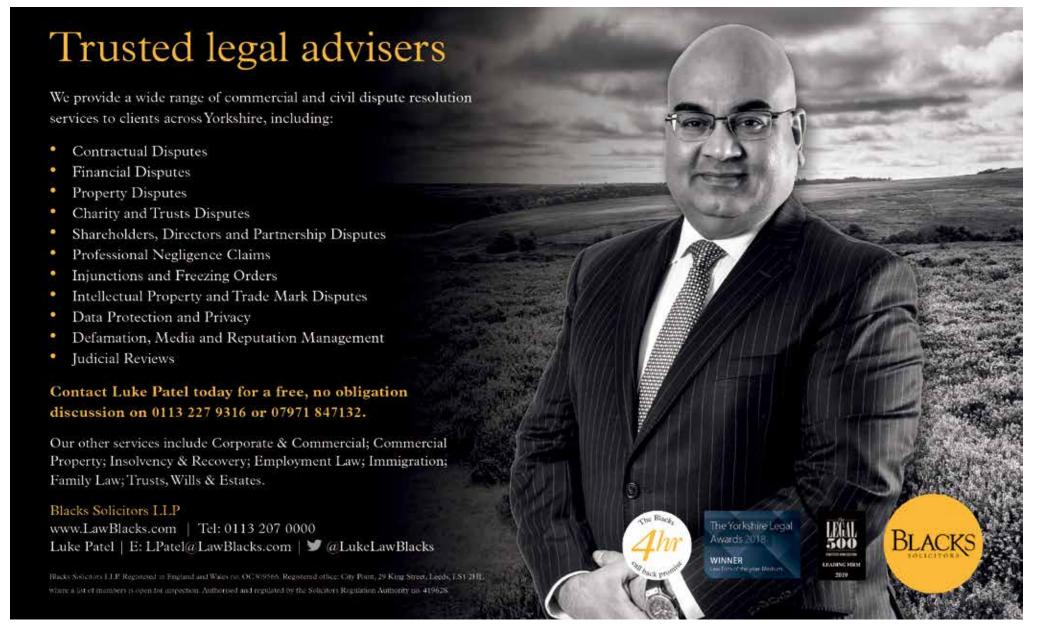
"But, this turned out to be a failed promise, which did not lead to an improvement of human rights in the country. Modi's new pledge of leading by consensus must not turn into yet

another failed promise."

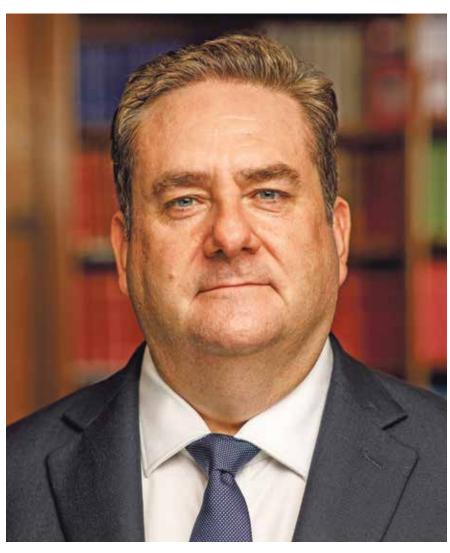
Prime Minister Narendra Modi was sworn in as prime minister on Sunday 9th April. This is his third term as Prime Minister of India. But for the first time, Narendra Modi will be leading a coalition government after his party failed to get majority in the Lok Sabha elections.

On 7th June 2024, two days before he was sworn in for a third term, Prime Minister Narendra Modi said "a majority may be needed to run a government, but consensus is needed to run the country".





Civil legal aid providers at breaking point



Civil legal aid work is lossmaking for the majority of providers*, according to new research by the Law Society of England and Wales.

A study commissioned by the Law Society from Frontier Economics has worked with providers of housing and family legal aid, who are a mix of not-for-profit organisations and private solicitor practices, to understand in-depth their operating model and financial situation.

cross-subsidising from other areas and relying on the goodwill of staff to regularly work overtime, leading to real difficulties with recruitment and retention – especially at senior levels of the profession.

"Others are taking the decision that legal aid work is simply no longer viable and exiting the market, leaving areas of the country with no legal aid provision at all.

"This is just not sustainable and is resulting in massive market

about meeting its obligations to provide legal aid services. With the Civil Legal Aid Review now in its final stages, this research provides a model for future analysis and setting of fee rates at a realistic and sustainable level that is fair to both providers and taxpayers.

"Moving money around within the existing fee structures or between areas of law will not work and will only make other parts of the system even less sustainable.

A final report analysing data from providers reveals:

- Civil legal aid work is loss-making for the majority of housing and family legal aid providers sampled (82%)
- \bullet All housing legal aid providers in the sample were loss-making from their civil legal aid work, including all private sector solicitors offering housing legal aid * *
- 47% of providers sampled working in family legal aid were also loss making
- All not-for-profit providers sampled in both areas of law were making a loss

Law Society president Nick Emmerson said: "This research reveals an untenable situation where reductions in fee levels by successive governments mean feeearning staff cannot even recover the costs of providing legal aid, let alone generate a profit to make the organisation sustainable.

"Those who remain in the market are only able to do so by

exit, with advice deserts growing across the country. It is a significant concern when a city the size of Liverpool struggles to sustain housing provision and the family courts are flooded with litigants in person. These figures provide clear evidence of the reasons why."

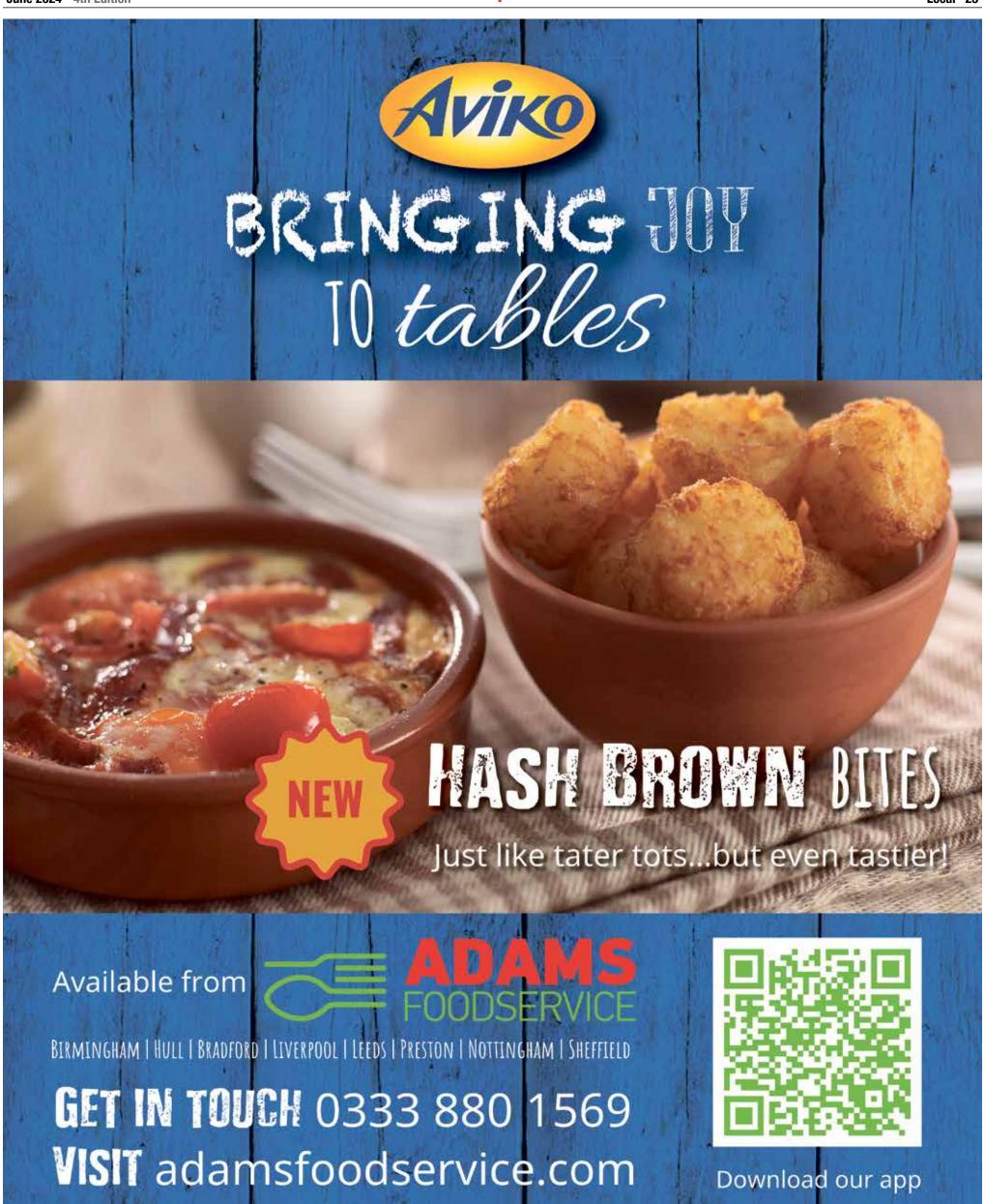
Nick Emmerson concluded: "This vital research cannot be ignored if the UK government is serious

"The Law Society's work with Frontier has created a framework that government can use going forward to analyse the costs of providing a civil legal aid contract and the associated profits (or losses) from this work.

"Without a recommendation for a significant fee increase in all areas, the Review will not have been fit for purpose."







Invaluable social inclusion for adults with learning disabilities

Hamara has been working with adults with learning disabilities for over a decade, providing invaluable social inclusion, activities and support to members.

The organisation recently received £20,000 from the UKSPF to run a specialised employability project for their HALO group of adults with learning disabilities and autism,

The project has seen an educational provision implemented five days per week, digital skills sessions, employability sessions, life skills sessions and work experience placements.

The project has been designed to prepare HALO members for their move to Hamara's new development 'The Cockburn Centre: Life skills for Adults with Learning Disabilities', which will be a vibrant community hub based in Beeston

'The Cockburn Centre' is set to be a state of the art hub based in the community for the community and will boost employment opportunities, social and leisure opportunities and offer office spaces

Hamara's vision is to give their HALO members roles and responsibilities in the daily running of this new centre, bringing invaluable opportunities to those furthest from the job market and empowering them with life skills, whilst promoting community cohesion.

If you would like to support their fundraising efforts for 'The Cockburn Centre', please email arnie@hamara.co.uk. If you or someone that you know would like to access our HALO service, please email josie.binns@hamara.co.uk.







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Career expert says it's okay to lie about these things in a job interview

While headlines about the job market and open positions might make it sound easy, finding a job and moving up in your career can still be tough in today's competitive job market.

Landing a job interview feels like a win, but many challenges still lie ahead. While many say that honesty is the best policy, with so much at stake, is a little white lie really that bad?

Amelia Beronila, a renowned career success advisor at Psychologyjobs. com who's interviewed over 10,000 job seekers in her career, claims that lying in a job interview is more common than vou think. However, Amelia warns that you shouldn't lie just about anything.

'You might have to tell some lies to land a new job, but you shouldn't lie about skills that you don't have. After all, what's the point of being hired for a job that you cannot do?" says Amelia.

Amelia lists five things that it's okay to tell a small white lie about in any job interview:

Why you want the job

"Sure, compensation and benefits are important factors," Amelia acknowledges, "but focusing solely on those might not showcase the best fit for the role. Instead, highlight how your values align with the company's mission

and how your skills complement the

Past jobs

Take this with a pinch of salt: inventing past experiences is a definite no-no. However, a little white lie about getting on with everyone at previous jobs probably won't cause any harm.

"Running down your past jobs and companies will not do you any favours. So if you left a job because you resented it, or you don't get along with your boss or colleagues, it's probably better to lie a

"No one gets on with everyone, and there's bound to be a few awkward characters in any office. However, talking bad about your ex-boss, excolleagues, or companies can give an impression that you're difficult to work with," explains Amelia.

Future plans

"Where do you see yourself in five years?" is still a common interview question. "Steer clear of mentioning future plans unrelated to the company,' explains Amelia.

"Companies seek top talent to grow alongside them. Hinting that you're only after a short-term position will likely hurt your chances.

Hobbies

"If you decide to include your hobbies Amelia.

and interests in your CV, it is likely better to avoid listing Netflix & Chill, unless, of course, you're applying for a job at Netflix," says Amelia.

"Best keep your hobbies relevant to the role or company culture, otherwise leave them out altogether."

Weaknesses

Revealing your biggest weakness might not be the best move. "You should answer this question with a bit of finesse, says Amelia.

"Instead of mentioning your actual weaknesses. mention one that doesn't hold you back in the iob at hand. Additionally explaining how you're working to improve it might help you score extra points if your answer is logical and coherent. concludes



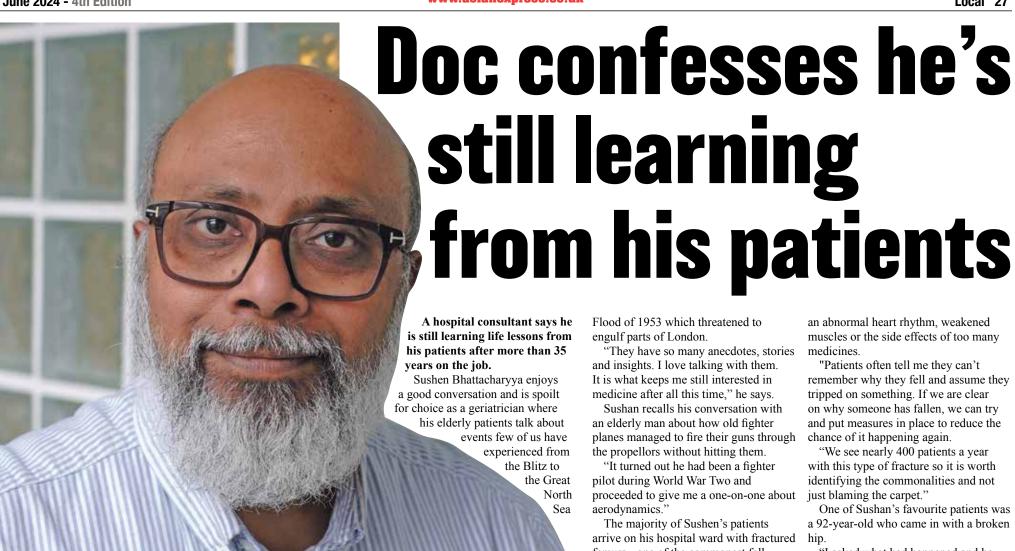


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femurs - one of the commonest fall injuries in the over 65s.

'I often think I am a detective as much as a doctor," adds Sushen who looks for contributing factors behind a fall, such as problems with blood pressure,

an abnormal heart rhythm, weakened muscles or the side effects of too many

"Patients often tell me they can't remember why they fell and assume they tripped on something. If we are clear on why someone has fallen, we can try and put measures in place to reduce the chance of it happening again.

"We see nearly 400 patients a year with this type of fracture so it is worth identifying the commonalities and not

One of Sushan's favourite patients was a 92-year-old who came in with a broken

"I asked what had happened and he told me he had been ice-skating.'

"Ice skating?", I asked. "What on earth made you want to do that?"

"I was teaching my new girlfriend to skate," replied the patient.

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STORY OF SUCCESS

"We were one of the pioneers for bringing in these niche products into the Western market," he said. Ilyas explained that when he started the company there were very few people sourcing their own products and creating and blending their own fragrances here in the UK from these products.

ABOUT THE PERFUMES

Scent Salim is one of very few shops in the UK to offer an array of niche fragrances, Arabian perfumes and Oud.

This is the home of over 1,000 scents — Ilyas says they can recreate any perfume for a client. The products are made from natural and oils and sourced from all over Asia and the Middle East.

It is this concentration on genuine, quality products, from the original source that make the scents so special.

"We concentrate on the quality and that's why we don't want to grow too fast," he explained.

Oud is the generic Arabic term for incense, or resinous wood taken from the agarwood tree. The agarwood trees in question are located in specific areas in the world – Malaysia, India, Cambodia, Indonesia and Brunei. The wood in these trees is of tremendous value, as the resin within them is distilled to create pure Oud scents.

Oud itself has gained popularity among celebrities, Royals and artisans worldwide. It offers a depth of fragrance, which is mulit-layered and, Ilyas explains, lasts longer than a regular "French" style perfume.

But modern methods and a bit of a French/Asian fusion makes these fragrances so accessible and flexible. They are produced in a range of options from room fragrances to fragrant woods for burning.



Experience the Arabian and western scent fusion www.scentsalim.com





Batley Law: Combining 50-years of legal experience



atley Law is a niche law firm specialising in all aspects of Immigration Law. Led by Managing Director Waseem Nazir, the firm boasts over 50 years of combined experience with offices in Batley and Hull.

With an impressive record of over 350 five-star Google reviews and a 4.8 rating on TrustPilot, Batley Law say they are committed to "delivering world-class service to every client, every time".

The team comprises 17 dedicated solicitors from diverse ethnic and cultural backgrounds, including British, Pakistani, Indian Afghan Turkish Palestinian Hungarian, and Iranian heritage

Areas of Specialisation

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 - UK Visitor Visas
 - Student Visas

 - Tier 1 & 2 VisasLong Residence ILRBritish Citizenship
 - AsylumJudicial Review

Their quality of service is evidenced by their Specialist Quality Mark accreditation, a distinguished quality assurance standard. Additionally, the firm holds a Legal Aid contract for asylum and domestic violence work, enabling them to support some of the most vulnerable individuals in society.

Achievements and Recognition

Over the past few years, Batley Law has established itself as one of the largest legal aid-led Immigration Law firms in the North of England. The firm was honoured as "The Law Firm of The Year 2023" at the British Asian Awards in Birmingham.

Additionally, Managing Director Waseem Nazir was named "Best Professional in Business" at the British Muslim Awards in

Business Immigration Excellence

Batley Law has a strong reputation for handling a variety of cases, particularly in Business Immigration. They have successfully supported numerous businesses in obtaining Sponsorship Licenses across a range of industries, including Hospitality, Care, Medical, Manufacturing, Education, and many more.

3USINESS ROUND-UP

Supreme Court Eradicates Japanese Knotweed Claim

Readers of this publication may recall the case of Davies v Bridgend County Borough Council regarding Japanese knotweed which has featured in previous articles.

In that case, Mr Davies bought land in South Wales that was next to land belonging to the Council which had suffered from Japanese knotweed. The Council had treated the knotweed, but Mr Davies claimed that the value of his land had been reduced because of the ongoing plight caused by the Knotweed and the stigma attached to it. The Court of Appeal agreed and ruled that the diminution in value of a property following encroachment of Japanese knotweed from neighbouring land was a recoverable loss and allowed Mr Davies' claim. The Council appealed that decision.

Prior to Mr Davies purchasing his land in 2004, the knotweed had already spread from the Council's land. In 2004, the encroachment of Japanese knotweed onto neighbouring land was not an actionable private nuisance but it was in 2013 by which



to succeed in establishing the tort of private nuisance he had to establish that the Council's breach of duty did in fact cause the loss suffered. The question which the Court had to address was, would the diminution in value of Mr Davies' land have occurred "but for" the breach of duty by the Council between 2013 and 2018? If the diminution in value would have occurred in any event, then the Council's breach of duty was not the cause of the diminution in value so there would be no causal link between the Council's breach of duty and the diminution in value of Mr Davies' land

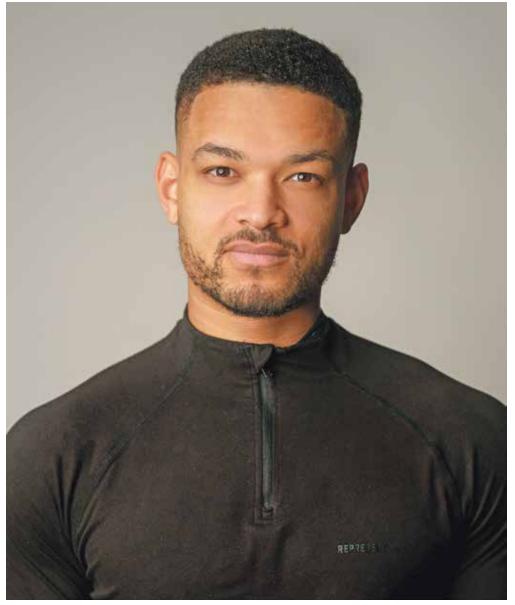
The Court found that the diminution in value in Mr Davies' land had occurred long before any breach by the Council of its duty which first occurred in 2013. Accordingly, the application of the "but for" test eliminated the Council's subsequent breach of duty as a causative factor as the diminution in value would have occurred anyway. No evidence was put forward by Mr Davies to show that the Council's breach of duty between 2013 and 2018 had materially contributed to the diminution in the value of his land. Instead, the encroachment and resultant diminution had occurred long before any breach by the Council. The Council's subsequent breach was therefore of no consequence and it was not a causative factor. Accordingly, the Supreme Court ruled that the diminution in value of Mr Davies' land was not caused by the Council's tortious conduct and therefore no damages should be awarded.

This decision will make it more difficult for property owners to pursue claims against neighbouring owners whose properties suffer from Japanese knotweed if the knotweed was already present before they purchased their property. From a practical perspective, purchasers are advised when acquiring properties at risk to seek full and specific disclosure on the existence (or not) of Japanese knotweed and to undertake professional inspections from a suitable expert (horticultural consultant) as the findings may impact on the purchase price.

If you are involved in any dispute concerning land, then Blacks Solicitors can assist. Please contact Luke Patel on 0113 227 9316 or email him at LPatel@LawBlacks.

Please contact Luke Patel on 0113 227 9316 or by email at L.Patel@lawblacks.com





'Diary of a CEO' host Steven Bartlett, named as headline speaker at 2024 BFA conference

Steven Bartlett, entrepreneur, speaker, best-selling author, founder of Flight Group and host of the UK's No.1 Podcast 'The Diary of A CEO', has been named as the headline speaker at the 2024 BFA Conference sponsored by Citation and Evolve.

Formed in 1977, the BFA (British Franchise Association) is widely recognised as the hub of franchising in the UK. With a mission statement of 'Discover Your Tomorrow with the BFA' they are a source of education and inspiration for ethically led, professional business model franchising.

The theme for this year's event is 'Innovation – Driving Business Success'. Steven Bartlett will be discussing leveraging digital advancements to build brand values across networks.

Other speakers at the conference will include the BFA's CEO Pip Wilkins QFP, who will be discussing driving businesses forward through innovation and the Revive! senior team who will be adding their insights on achieving business success. Paul Thompson QFP, chair of the BFA and founder and chair of Water Babies, the world's number one baby swimming school, will host a fireside chat offering his perspective on leadership and insight.

Multiple expert-led breakout sessions across the day will address topics such as digital

innovation and customer-centric strategies. Interactive sessions will be held to fuel creativity and reveal fresh perspectives. A clinic run by the BFA's Legal Committee will provide updates and an opportunity to ask legal advice on subjects delegates are concerned about.

The conference will also host the 2024 WorkBuzz Awards, following brand's successful Franchisee Satisfaction Benchmark results.

CEO Pip Wilkins said: "We are delighted to reveal the line up of our 2024 conference generously sponsored by Citation and Evolve, bringing together as it will, franchising professionals from across the UK.

"We are of course thrilled to have Steven as our headline speaker this year; his business acumen and success need no introduction and with this year's them of 'Innovation – Driving Business Success', I know the franchise community will be eager to hear his thoughts and strategies on growing brand values via digital advancements across networks."

The event will be held on 7th November 2024 at the Telford International Centre in Shropshire. Tickets are available from https://www.thebfa.org/bfa-annual-conference/. The event is open to BFA members and non-members.











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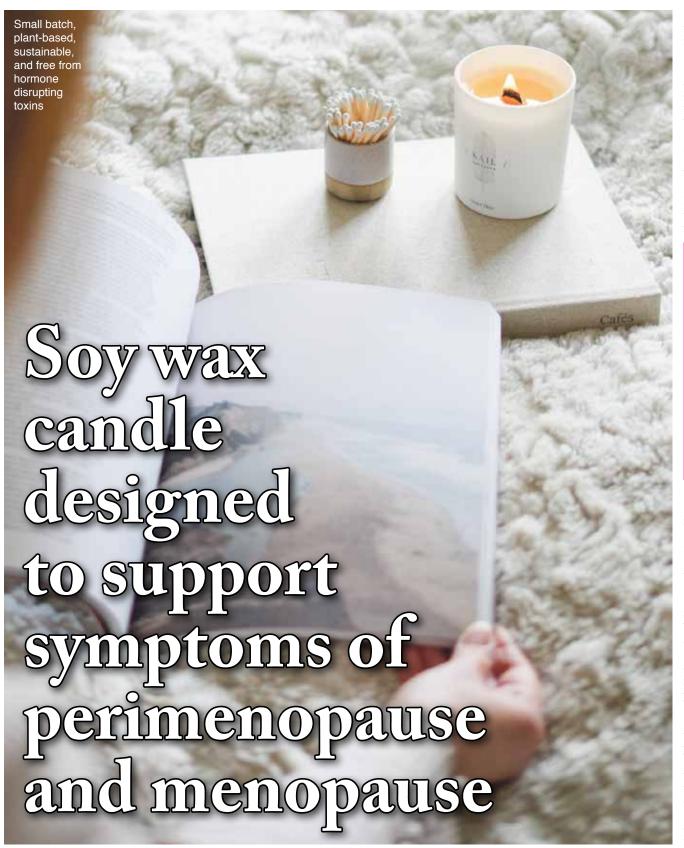
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Aromatherapy at it's finest



Quiet Blue, artisanal providers of luxury aromatherapy wellbeing candles, diffusers and natural soaps, has released its new 'Sail' Wellbeing collection designed to support symptoms of perimenopause and menopause.

The functional fragrance wellbeing brand, uses clinical Aromatherapy blends for their purposeful candles, reed diffusers and artisanal soaps that are designed to support women during perimenopause, menopause and those struggling with PCOS.

With over 35 million women in the UK, all of whom will be affected by the symptoms of menopause, Quiet Blue's mission is to create pure aromatherapy candles to help women live better and feel better.

With a prior career as a Pilates instructor and a degree in Interior Design, founder Jackie Stapleton has combined her two loves to spread awareness of toxins to women in peri menopause.

Clean, luxury fragrances in travel-inspired collections to take you on a journey, and 'sail' to better health & wellbeing.

This inspired Quiet Blue's highly anticipated launch of the 'Sail' wellbeing collection. Consisting of three candles, the range is curated with the help of a Clinical Aromatherapist and is the first of its kind to harness the benefits of aromatherapy inhalation in such a directional way.

The soy wax candle, featuring a wooden wick, burns for up to 50 hours, giving off aromatherapy blends designed to support feelings of anxiety, brain fog and elevate mood.

Each candle is presented in a stunning white minimalist container with palm printed detail, presented within a muslin bag, and sealed in a printed matt box using natural vegetable dve ink

Jackie Stapleton, founder of Quiet Blue said; "We are delighted to be able to offer a three-stage wellbeing candle range that naturally addresses the challenges of mid-life perimenopause and menopause.

"As a woman who has suffered with an autoimmune disease for most of my adult life, I have made it my mission to harness the benefits of inhalation aromatherapy in a beautiful, luxury purposeful product.

"Recruiting a Clinical Aromatherapist to our team to help us develop our range was a game changer and I am confident the Sail range is ideal for those facing the common mid-life challenges of hormonal changes."

The products are currently being sold online at www. quiet-blue.com and will be available at selected retailers by mid-2024.

It's important to keep your personal data hidden from prying eyes, and for many of us, our smartphone is an essential part of daily life – it helps us communicate, make payments on the move and store sensitive data. As a result, learning how to secure your device against threats is crucial.

Taking additional steps to keep your private information safe doesn't need to take long. You can make tweaks to your device settings in minutes that have a huge impact.

1. Check for security updatesBefore we start our list of actions,

it's worth ensuring that your phone is running the latest security update. This protects you against vulnerabilities in the operating system (OS) that hackers could take advantage of to steal your data (including passwords).

To check if your smartphone is up to date, run through these steps:

- On iPhone— Load up Settings and choose General. Tap About to see your iOS version. You can also choose Software update to check for updates. The iPhone XR and newer models receive security updates, while earlier models do not.
- On Android Open the Settings app and look for an option that says About phone or similar. Tap it and look for Android version remember that Android 10 and earlier are no longer supported. From the main Settings screen, you can also find an Update option. On a Google Pixel, for example, the steps would be Settings > System > Software updates.

2. Set up Face Unlock / Fingerprint Unlock

You can technically set up a new smartphone without implementing any security measures to unlock it. That's a very risky decision, though, as anybody with access to your phone could load up apps, make calls and transfer files to other devices.

If your phone doesn't have any additional unlock protection at the moment, get it added right away.

Here's how to do it:

- On iPhone To use Face ID (available on iPhone models without a Home button), you must set a password – so let's start there. Go to Settings, then Face ID & Passcode or Touch ID & Passcode
- On Android Go to Settings > Security and privacy > Device unlock. Tap Face and Fingerprint Unlock.

3. Lock your online accounts with two-factor authentication

Setting up two-factor authentication (2FA) only takes a few minutes, but it's a brilliant and simple way to make your online accounts extra secure.

When you attempt to access an account from a new device - for example, a Gmail or Outlook inbox - the associated website or app will send a code to your smartphone. You then have to enter the time-sensitive code before you can continue using the service

We strongly suggest activating 2FA for every service you log in to. Doing so can stop hackers who might have obtained your password via a data breach or phishing scam from logging in.

To enable 2FA, open the app you're looking to secure and search through the account security settings. Typically, you'll be asked to enter your mobile number, and then the service will send you a code, which you type in to



Strengthen your phone's security in 10 minutes Things every smartphone owner should do to keep their data safe

confirm you want to go ahead and set it up.

4. Enable the 'Find my' service

Both iOS and Android come with free 'Find my' services pre-installed – when enabled, you can virtually locate and control your phone to stop data from falling into the wrong hands. Setting it up now will give you some peace of mind moving forward.

To set up 'Find my' on your mobile, follow these steps:

- On iPhone Go to Settings > [your name] > Find My > Find My iPhone. Activate Find My iPhone to locate, lock or erase the gadget remotely. To use Find My iPhone from your computer, head to icloud.com/find.
- On Android Navigate to Settings > Security or Security & location or Google > Security. You can also try typing 'Find my' in the Settings search bar. Select Find My Device and activate it. Go to Settings > Location and enable it. You can use this service from

android.com/find.

• Samsung handsets use SmartThings Find, which can be accessed through Settings > Samsung account > Find my Mobile. The web app is found at smartthingsfind.samsung.com.

5. Manage your notifications (and keep some private)

iPhone and Android mobiles will let you stop text from appearing within a lockscreen notification. You'll still know that you've received a text, but you won't be able to read the contents until you unlock your phone. In other words, people looking over at your screen won't be able to read incoming messages.

Before you enable this feature, think of the pros and cons. It's a plus in terms of security, but you won't be able to see certain information at a glance.

To adjust notification settings for your default messaging app, follow these steps:

• On iPhone – Go to Settings >

Notifications > Messages. Select Show Previews and pick between When Unlocked or Never.

- On Android Open your Settings page, then select Display > Lock screen > Privacy. Enabling Show sensitive content only when unlocked will display an app icon instead of the full message.
- Both iOS and Android also offer support for Focus mode, which silences distracting apps so you can stay productive. On iPhone, try Settings > Focus. On Android, manually search for Focus in your Settings menu or try Settings > Digital wellbeing and parental controls > Focus mode.

6. Back up your important data

If your smartphone is crammed with treasured pictures and videos or important documents, it makes sense to back them up to the cloud in case you lose or break your smartphone.

There are a variety of cloud storage

services to choose from, and the best option will vary depending on how much space you need. Once set up, you can access your most-used files from a computer or transfer pictures from one gadget to another.

7. Choose how long it takes for your phone to lock

By default, your phone display will eventually turn off when you stop using the device.

If you want to reduce the time it takes for this to happen, you can make adjustments in your settings menu. Just follow these steps:

- On iPhone Head to Settings > Display & Brightness > Auto-Lock. Choose a length of time.
- On Android Choose Settings > Display > Screen timeout.

8. Check permissions (and learn how to spot potentially dangerous apps)

When you download a new app, you give it access to certain parts of your mobile. For example, if you install a third-party map app, it needs permission to track your location.

However, you might find that some apps ask for a few too many privileges. For example, if you download a calculator app and it requests access to your photos or microphone, that's obviously a red flag.

Thankfully, you can manually control which apps access your data. To review your apps, follow these steps:

- On iPhone From the Settings menu, select Privacy & Security > App Privacy Report. Here, you'll see how apps use the permissions you granted them. You can also go back a step and select Location Services to see which apps are keeping an eye on you.
- On Android Go to Settings > Security and privacy > Privacy > Permission manager. You can see, at a glance, which apps are using your camera, location, microphone and more.

Be aware that malicious apps do occasionally make their way to the Apple App Store and Google Play Store. To keep yourself safe, stick to apps from reputable developers that have lots of positive reviews.

9. Try a mobile antivirus app

By installing an antivirus app, you can level up your defences against phishing scams designed to trick you into clicking malicious links. Malware aimed at iOS is exceptionally rare, but Android handsets are commonly targeted by scammers.

10. Use strong passwords to protect your data

Ensure you use unique passwords for every account that manages your data. Don't use a base password and then tweak it for particular sites or apps that you use – attackers have a better chance of accessing your details if they find out your base password.

When coming up with a secure password, remember that a passphrase is better than a single password. Don't use any personal information as a password, either.

If you struggle to remember your login details, you might benefit from installing a trusted password manager – they can create an encrypted vault that stores all your passwords. Popular options include Bitwarden, Dashlane and 1Password.

You can check if one of your passwords has been compromised by putting your email address into the web form at haveibeenpwned.com.

About the Author

Aliya Ali-Afzal has a degree in Russian and German from UCL and worked as an Executive MBA Career Coach in London. While helping her clients to pursue their dream lives and careers, she decided to take her own advice and

become a writer. She is studying for an MA in Creative Writing at Royal Holloway, is an alum of Curtis Brown Creative, and has had her writing longlisted for the Bath Novel Award, the Mslexia Novel Competition, the Mo Siewcharran Prize, and the Primadonna Prize. Aliya has lived in London all her life since moving there from Pakistan as a young child.

BOOK: 'The Big Day'

Aliya Ali- Afzal's heartwarming novel about a British-Asian mother and daughter who clash over the plans for the bride's Big Day

From the author of 'Would I Lie to You?', comes a funny, heartwarming novel about a British-Asian mother and daughter who clash over the plans for the bride's Big Day - a timely exploration of generational expectations and Muslim weddings.

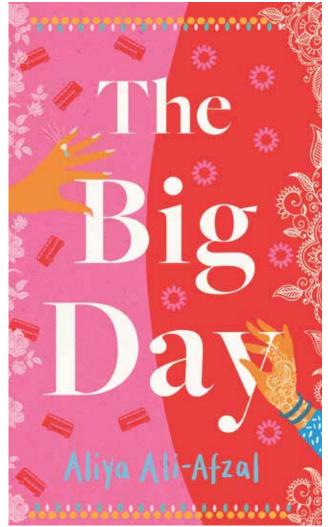
A funny, heartwarming and page-turning novel about a British-Asian mother and daughter, who clash over the plans for the bride's Big Day.

Noor has no interest in getting married (much to the aunties' distress). Growing up she saw first-hand how divorce tears families apart... But then, she falls in love.

Soon, Noor's engaged and planning an intimate wedding that feels perfect for her and her fiancé Dan. But when Noor discovers her mother Leena also has grand plans for the Big Day, their onceclose relationship starts to unravel.

Noor can't understand why Leena is determined to have an elaborate Desi celebration when their lives have been anything but traditional. And after a lifetime following other people's dreams, Noor is determined not to back

As Leena and Noor clash over every point on their to-do lists, it begins to look like there will be two weddings and only one bride. And when family secrets shake the women's bond further, will there even be a wedding at all?



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* Blood pressure checks and Flu vaccinations are NHS services



The average person finds happiness in the "little things" about eight times per day - adding up to just under 60 per week according to new research.

To improve their mood throughout the day - and give themselves something to smile about - respondents make an effort to stay hydrated, eat enough that they avoid getting "hangry" and take walks.

And it seems many aim to start their day off on the right foot, as results revealed that after reaching for their phone (40%) as soon as they wake up, 20% look for a glass of water.

Conducted by OnePoll, the survey delved further into the idea of hydration - and looked to uncover the correlation between hydration and happiness.

The survey split respondents by the number of glasses of water they drink per day (less than one, one to three, four to six, seven to nine and 10 or more), then asked a variety of questions related to their overall happiness and mood.

The majority of the respondents drank between four and six glasses of water a day (37%) followed by 36% saying they drank between one and three glasses of water a day.

Among those who drank the most water (10+ glasses a day), 80% said it was very important to find happiness in the little things, compared to 48% among those who drank less than one glass of water a day.

Forty-six percent of those who drank the most water also said they were very happy compared to only 22% among those who drank the least water.

Those who upped their water intake were also increasingly likely to call themselves a "glass half full" type of person.

When they don't drink enough water, respondents experience low energy (35%), headaches (29%) and muscle cramps (23%).

And that's not to mention the emotional symptoms: respondents report low mood, irritability, frustration and anxiety when they're dehydrated

In order to stay hydrated throughout the day, 39% said they take water with them wherever they go and drink water first thing in the morning, followed by 25% who said they make a goal for the amount of water they drink throughout the day.

Sixty-one percent of those who drank more than 10 glasses of water a day said they used water additives such as drink mixes and powders, while 59% of those who drank the least water said they did not.

This random double-opt-in survey of 2,000 peope was commissioned by True Lemon.

Does drinking more water make you happier?



6 PM- A LITTLE BIT MORE

8 PM- YOU MADE IT

HOW DO RESPONDENTS STAY HYDRATED?

- I take water or a hydrating drink with me wherever I go 39%
- I drink water first thing in the morning 39%
- I have a goal for the amount of water or hydrating drinks that I want to drink throughout the day 25%
- I supplement drinking water with hydrating drinks or mixes 23%
- I limit my caffeine and/or alcohol intake 20%
- I have reminders set throughout the day to drink water - 14%



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Summer sun, barbecues with friends, and... a lush, green lawn that makes the neighbours envious? It doesn't have to be a dream. Whether you're a seasoned gardener or a lawn care rookie, get ready to transform your garden into a summertime oasis.

Cheryl Harper, Managing Director of Greensleeves Lawn Care, is here to help. With warmer days ahead, follow these expert tips and tricks and you'll be enjoying the perfect green space in no time.

Mowing made easy

The recent weather conditions are perfect for stimulating lawn growth - a mix of wet and warm conditions. It's easy for our lawns to get wild and out of control, but resist the urge to give your lawn a heavy mow as you risk stressing the grass and potentially harming its health.

Taking off too much at once weakens the grass blades, making

them more susceptible to disease and drought, which are common threats during the summer. Instead, opt for frequent mowing with a higher blade setting. Longer grass shades itself from the sun and reduces evaporation, helping retain valuable moisture needed in summer.

Even though you want your grass to be a little longer in summer, that doesn't mean mowing less. In fact, the opposite is true for maintaining a lush lawn. Regular mowing is essential for keeping your lawn looking neat and tidy. Set your lawn mower blades to a height of 10-25mm and try to mow your lawn once a week. Keep your lawn mower blades sharp and avoid mowing when the grass is wet to ensure a clean cut that promotes healthy growth.

Stay hydrated this summer

Summer sunshine might be a welcome sight, but it can also mean less moisture for your lawn. To keep

your grass healthy during this time, hydration is key.

The best time to water your lawn is in the early morning or evening when the conditions are cooler. This helps reduce evaporation, ensuring the water reaches the roots where it's needed most. Remember, keeping your grass a bit longer also helps retain moisture. A shorter cut exposes more soil to the sun, leading to quicker drying and potentially creating dry or even dead patches.

If you have the option, consider collecting rainwater for watering. Not only is it a sustainable choice, but rainwater often contains beneficial nutrients that can give your lawn an extra boost compared to tap water.

Aerate your way to a happy lawn

Aeration can be a great addition to your summer lawn care routine. Aeration works by creating channels in the soil, allowing air, water, and nutrients to reach the grass roots more easily. This not only helps your lawn thrive, but it also helps it use water more efficiently during hot weather. There are two main aeration techniques: hollow tine and spiking.

Hollow tine aeration uses a machine to drive hollow spikes into the lawn, which remove small plugs of soil and thatch. The principle of spiking is the same, although it is a less intensive method of aeration.

Weed out the competition

Summer's sunshine isn't just enjoyed by us – weeds love it too. These unwelcome guests can quickly steal valuable nutrients and moisture from your lawn, putting your grass at a disadvantage in the fight for a healthy summer.

The key is to be vigilant. Removing weeds when you see them, even the small ones, helps stop them from taking over your lawn. While weeds might seem like a never-ending battle, a combination of professional

treatment and consistent lawn care goes a long way in keeping them at bay for longer.

Don't underestimate the destructive power of some weeds, especially those that take root in your walkways or patios. They can cause irreversible damage if left untreated. Consider a weed killer or a professional lawn care service such as Greensleeves if weeds become a problem.

If you don't have the time or experience to look after your lawn this summer, you can always rely on the services of a professional lawn care company. Local experts know how to diagnose any problems your lawn might have, create a customised treatment plan and ensure your lawn thrives throughout the hot summer months. For further information about Greensleeves and how they can help you with your lawn care, visit www. greensleeves-uk.com/































THE LATEST ENTERTAINMENT AND CELEBRITY NEWS FROM BOLLYWOOD & HOLLYWOOD



India

Director Khayam Khan shares a personal connection with the film's narrative: "Having grown up in an emerging multicultural Britain, where I was one of only a handful of brown-skinned kids at school, I identify with Sanjay and sympathise with his struggle to find acceptance," Khan says.

"Sanjay tries to be accepted by the cool kids by following the beautiful Shreya, but learns his true nature through the life lessons the kids teach him.

"In the film, I want to show the juxtaposition of what we believe our identity is and what it truly is when we find ourselves and are comfortable in the skin we have been blessed with."

The film boasts a stellar cast, including Saaj Raja (Eternals), Harish Khanna (12th Fail), Lucy Jackson (The Ride), Sachin Chaudhary (Sacred Games). Nikkita Chadha (Barbie), Sudha Bhuchar (Mary Poppins Returns), Chizzy Akudolu (Holby City), David Aspden, (Bus Ride) Jacob Avery (Becoming Elizabeth) Pawan Chopra (Asur) Swaroopa Ghosh (War), and Rajiv Kumar Aneja (Tiger Nageswara Rao). Written by Shirley Day (My Day) and produced by Khayam Khan, Nicola Gregory, Sheila Nortley and Dean Charles, A Game of Two Halves promises to be a poignant and inspiring film.

A Game Of Two Halves was selected to world premiere at UK Asian Film Festival - the longest-running South Asian film festival outside the Subcontinent, which annually curates a programme of the best of independent film offerings - and premiered in London's West End, where it was extremely well-received by the full-capacity audience. The film was also screened at Leicester Phoenix Cinema, as part of the Festival.

Audiences can look forward to an emotional and thought-provoking cinematic experience that delves deep into the complexities of self-discovery and cultural identity.

A Game of Two Halves is set to resonate with viewers worldwide, highlighting the universal quest for acceptance and understanding.

20 VENUES 6 CITIES 10 LANGUAGES

World PremieresEuropean PremieresUK Premieres



Europe's largest Indian & South Asian film festival presents killer programme in its 15th Year

Europe's largest South Asian film festival, the London Indian Film Festival (LIFF) celebrates its 15th birthday this year with a power-packed programme of features, shorts, series, gaming and XR across six UK cities (London, Birmingham, Manchester, Leeds, Bradford and Liverpool).

The festival is supported by BFI, awarding National Lottery funding, and major partner The Bagri Foundation.

This year's lineup opens with the European Premiere of US indie, tearjerker drama Paper Flowers, directed by Mahesh Pailoor (Brahmin Bulls), starring Deadpool's Karan Soni amongst its stand-out young cast at Regent Street Cinema on 26th June.

Audiences can expect a heart-pounding finale on closing night, with a special preview of Lionsgate's Kill. Produced by Bollywood icon Karan Johar (Kuch Kuch Hota Hai) of Dharma Productions, and Oscar-winning producer Guneet Monga (The Elephant Whisperers), this operatic action thriller will have viewers on the edge of their seats (think John Wick on a train). The cinematic spectacle, which is Lionsgate's first foray into South Asian cinema, will be shown on the UK's biggest cinema screen, the BFI IMAX, on 3rd July.



After successfully launching web series premieres last year, the festival brings the first three episodes of Canadian series Late Bloomer. Audiences will be one of the first to watch this hilarious and heartfelt comedy, created by and starring social media star Jus Reign, which follows the adventures of a young Sikh millennial struggling to navigate the complexities of life while balancing his Eastern roots with Western ideals.

The festival is proud to also present

The festival is proud to also present two breakthrough feminist pieces, Sthal and Wakhri. Marathi language film Sthal, which won one of the top awards at the Toronto International Film Festival, follows a young woman's quest for education and empowerment. Through its subtle yet compelling storytelling, the film explores the importance of finding one's voice and the struggles encountered along the path to freedom.

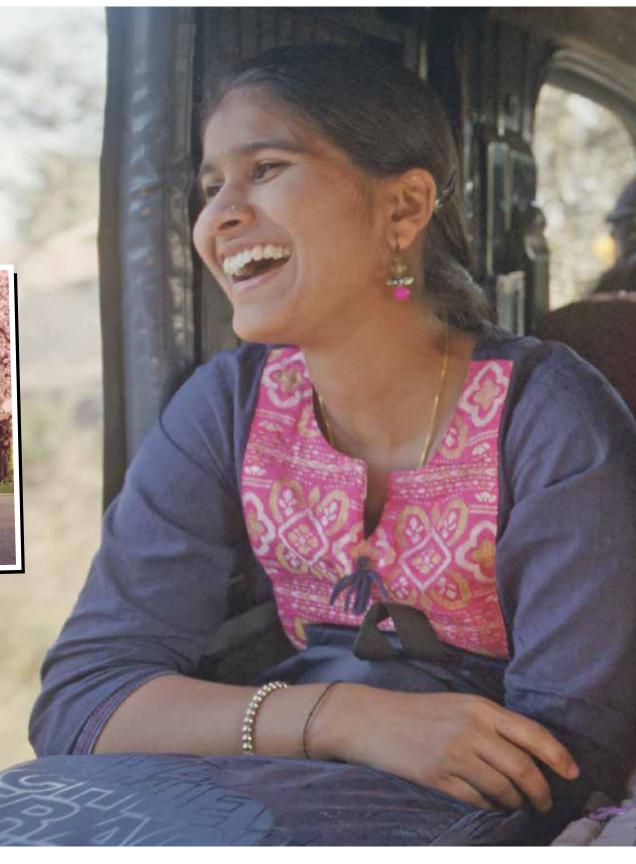
Acclaimed filmmaker Iram Parveen-Bilal meanwhile, presents Wakhri, a tale inspired by real-life figures like Qandeel Baloch (Pakistan's first social media celebrity) and tells the story of a teacher and mother whose progressive views thrust her into overnight fame. Faced with her newfound stardom and a growing backlash, she grapples with the challenges of trying to raise a son in a patriarchal world.

The captivating lineup of documentaries promise a cinematic journey through untold South Asian stories. Parama: A Journey with Aparna Sen celebrates the trials and achievements of India's greatest female filmmaker - Aparna Sen and offers a retrospective of her illustrious sixdecade long filmmaking career.

Prepare to be inspired by World Premiere of UK-India co-pro Tight: The World of Indian Bodybuilding and dive into the world of Aji, a young bodybuilder from South India, who is on a quest to carve out his own niche in the ever-evolving landscape of competitive bodybuilding.



The festival's features programme is brimming with innovative and unmissable films including Ennennum, a Kerala based relationship drama, dressed as a compelling sci-fi tale; while Kannada language award winner Mithya and Gujarati language Shunya, are tender yet powerful coming-of-age stories following child protagonists as they navigate a rapidly changing society. LIFF presents the World Premiere of UK production rom-com Before Nikkah, a charming getting-toknow-you-story about British Asians meeting on a first date, inspired by Richard Linklater's Before Sunrise.





The festival's LGBTQIA+ film showcase, Too Desi Too Queer, returns with a fresh selection of groundbreaking and thought-provoking queer films.

The festival continues to champion a new generation of emerging South Asian filmmakers with both the internationally programmed Satyajit Ray Short Film Competition and the New Brit-Asian Shorts.

Over the course of its 15-year journey, LIFF (London Indian Film Festival) has transformed into far more than just a film festival, embracing a diverse array of moving image media. This year, they're breaking new ground with their South Asian XR Showcase, curated by Taran Singh. Immerse yourself in a virtual world of South



night-life super event.

Supporting South Asian arts reaches new heights as the Manchester Indian Film Festival launches with 'Exploring The Legacy'. Prepare to be dazzled as we shine a spotlight on how South Asians have shaped British music, showcasing stories of boundary-breakers and cultural pioneers, and fostering greater representation in British music through the lens of film.

Asian stories and cutting-edge XR

Film Festival at Birmingham Open

Media.

experiences at our Birmingham Indian

The festival returns in partnership

South Asian Gaming Zone in Liverpool,

partnership with Tulsea. Expect visiting

game developers to attend this gaming

with FORMAT GG, to present a new

curated by Simran Whitman and in

LIFF industry events this year include a partnership with a major business forum - India Week, where policy and business leaders discuss India's place in the UK and the

world. A new event in partnership with the festival is entitled The Film Conclave: Discussing the Business of Entertainment.

And that's not all, they're expanding accessibility for our Deaf and hearing-impaired audiences, with more screenings featuring BSL-interpreted Q&As across all our cities.

LIFF is delighted to welcome back its major funders the Bagri Foundation and the BFI Audience Projects Fund, as well as additional support from Film Hub Midlands, Film Hub North, Birmingham City University, Manchester Metropolitan University, Bicester Village and others - their support enables these initiatives.

Speaking on the phenomenal growth of LIFF, CEO and Programming Director Cary Rajinder Sawhney said: "It's been an incredible journey marking 15 years this year and we are delighted to expand into new UK cities, welcoming Bradford and Liverpool into our six city reach.

"It's also personally exciting to have such a talented team and innovative partners, as we push ahead to explore new frontiers of South Asian gaming and XR scenes and continue our mission to showcase and celebrate emerging and established filmmakers, diversifying our offer to UK audiences."

Join the conversation:

#LIFF2024 #BIFF2024 #MIFF2024 #YIFF2024

WHAT'S ON

in cinemas this month

IF

Starring: Bradley Cooper, John Krasinski, Blake Lively, Maya Rudolph, Fiona Shaw, Richard Jenkins, Sebastian Maniscalco, Alan Kim, Louis Gossett Jr., Liza Colon-Zayas, Cailey Fleming, Christopher Meloni, Jon Stewart, Amy Schumer, Matt Damon, Matthew Rhys, Keegan-Michael Key, Sam Rockwell, Phoebe Waller-Bridge, Steve Carell, Ryan Reynolds, George Clooney Director: John Krasinski

Cert: U Release Date: 17/05/2024

From writer and director John Krasinski. IF is about a girl who discovers that she can see everyone's imaginary friends — and what she does with that superpower — as she embarks on a magical adventure to reconnect forgotten IFs with their kids. IF stars Ryan Reynolds, John Krasinski, Cailey Fleming, Fiona Shaw, and the voices of Phoebe Waller-Bridge, Louis Gossett Jr. and Steve Carell alongside many more as the wonderfully unique characters that reflect the incredible power of a child's imagination.



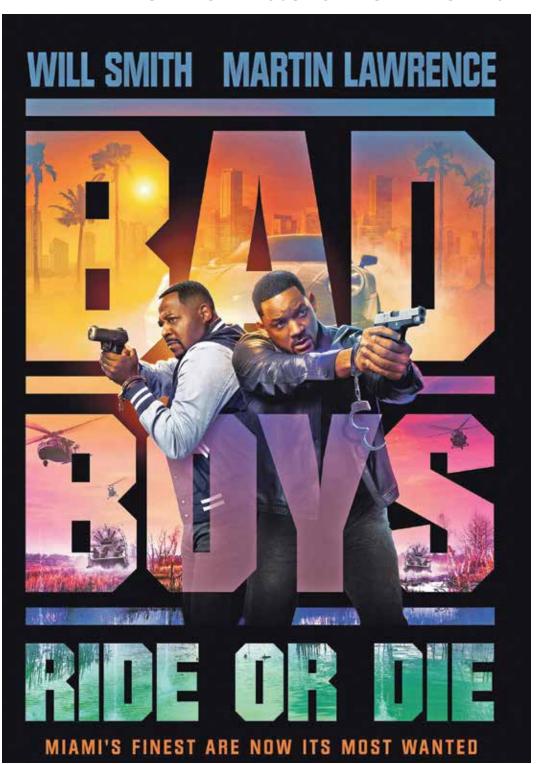
Furiosa: A Mad Max Saga

Starring: Chris Hemsworth, Anya Taylor-Joy, Charlee Fraser, Angus Sampson, Tom Burke,



Nahan Jones, Lachy Hulme, Nat Buchanan Director: George Miller Cert: 15 Genre: Action Release Date: 24/05/2024

As the world fell, young Furiosa is snatched from the Green Place of Many Mothers and falls into the hands of a great Biker Horde led by the Warlord Dementus. Sweeping through the Wasteland they come across the Citadel presided over by The Immortan Joe. While the two Tyrants war for dominance, Furiosa must survive many trials as she puts together the means to find her way home.



Bad Boys: Ride Or Die

Starring: Will Smith, Martin Lawrence,

Venessa Hudgens, Alexander Ludwig, Joe Pantoliano, Paola Nunez, Eric Dane, Tiffany Haddish

Directors: Adil El Arbi, Bilall Fallah

Cert: 15 Genre: Action/Comedy/Family

Release Date: 05/06/2024

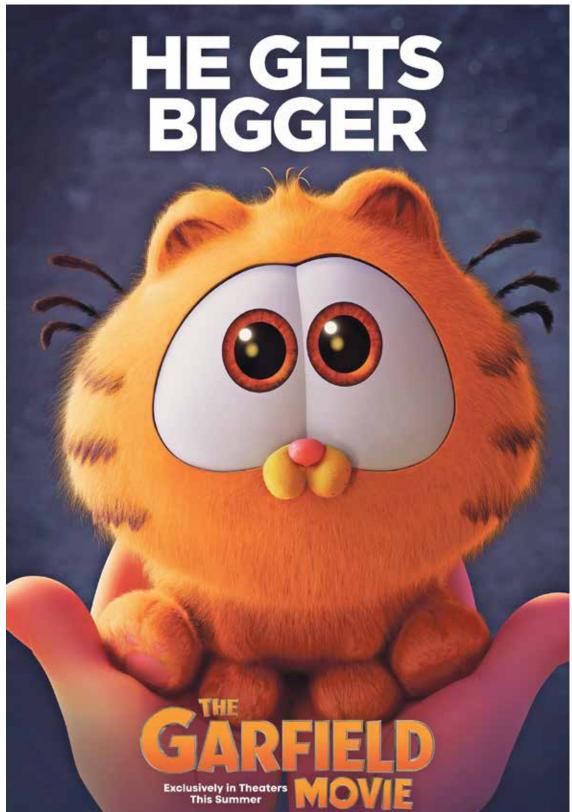
The world's favourite Bad Boys are back with their iconic mix of edge-of-your seat action and outrageous comedy but this time with a twist: Miami's finest are now on the run.

Mike and Marcus are rocked when it is revealed that their former Captain was in cahoots with drug kingpins.

Determined to prove that the late Captain Howard is innocent, the buddy cop duo set out and uncover

a massive conspiracy within the police force. This makes them prime suspects, and the pair become fugitives while trying to clear their names.

The original Bad Boys was released in 1995, starring Will Smith and Martin Lawrence, followed by Bad Boys 2 in 2003. The third film in the franchise, Bad Boys for Life, came out on January 14, 2020.



BEGAN AQUIET PLACE DAY ONE ONLY IN THEATRES JUNE

A Quiet Place: Day One

Starring: Lupita Nyong'o, Joseph Quinn, Alex Wolff, Djimon Hounsou

Director: Michael Sarnoski

Cert: TBC

Genre: Drama/Horror/Sci-fi Release Date: 24/06/2024

Experience the day the world went quiet.

A Quiet Place: Day One begins on an otherwise ordinary day in New York that is suddenly ripped apart by the arrival of horrific alien monsters that hunt by sound. A small group of survivors must band together in absolute silence if they want to see a brand new dawn.

A woman named Sam must survive an invasion in New York City by bloodthirsty alien creatures with ultrasonic sound hearing.

A Quiet Place: Day One is the prequel to both A Quiet Place (2018) and A Quiet Place: Part II (2021), both directed by John Krasinski, and in which he played the role of Lee Abbot.

The Garfield Movie

Starring: Chris Pratt, Ving Rhames, Harvey Guillén, Hannah Waddingham, Bowen Yang, Brett Goldstein, Cecily Strong, Samuel L. Jackson, Nicholas Hoult

Director: Mark Dindal

Cert: U Release Date: 24/05/2024

Garfield (voiced by Chris Pratt), the world-famous, Monday-hating, lasagnaloving indoor cat, is about to have a wild outdoor adventure! After an unexpected reunion with his long-lost father – scruffy

street cat Vic (voiced by Samuel L. Jackson) – Garfield and his canine friend Odie are forced from their perfectly pampered life into joining Vic in a hilarious, high-stakes heist.



The Watchers

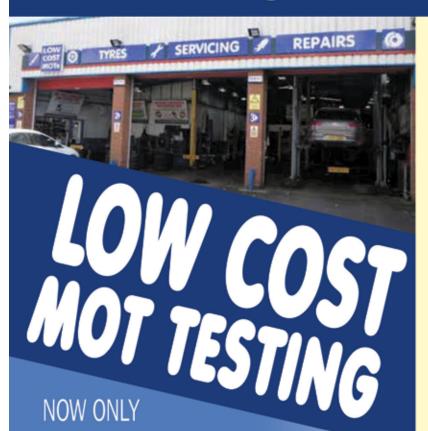
Campbell, Olwen Fouéré, Alistair Brammer, Siobhan Hewlett Marielle Ishana Night Shyamalan 15 Horror/Mystery 07/06/2024

When Mina, a 28-year-old artist, finds shelter after getting stranded in an expansive, untouched forest in western Ireland, she unknowingly becomes trapped alongside three strangers that are watched and stalked by mysterious creatures each night.

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Exhibition celebrates

85-years of Batman franchise

A luxury townhouse inspired by fictional Gotham City billionaire Bruce Wayne has opened its doors, and the Automobili Pininfarina Battista hyper GT leads a world-class exhibition of highly-curated luxury and tech products inside.

All are designed to demonstrate the world of Gotham's famous philanthropic resident.

The unique opportunity to see the sophisticated bachelor pad of the civilian persona of DC's 'Dark Knight', Batman - created in downtown Manhattan, New York - is part of a by-invitationonly 'Wayne Enterprises Experience' immersive event taking place this month.

Staged by Warner Bros.
Discovery Global Consumer
Products and Relevance
International, the experience
on West 17th Avenue is hosted
within a luxurious sevenstorey townhouse.

Every product on show has been carefully selected to reflect the lifestyle of its fictitious resident and includes the latest designs from the worlds of personal mobility, fashion, technology and jewellery.

And every item – including four specially created versions of the all-electric Battista and B95 hyper Barchetta – is on sale. First revealed in April, they are 'Gotham' and 'Dark Knight' variants of each car.

The pioneering Wayne Enterprises Experience has been created alongside DC's celebrations to mark 85-years of the Batman franchise, honouring one of the world's most iconic and enduring pop culture characters. " LIVING Eehad House, Northgate, Union Street, HD1 6AP THE DREAM, Tel: 01484 480777 DRIVING Fax: 01484 767229 THE DREAM sales@shaksspecialistcars.co.uk Visit www.s-s-c.co.uk to view all our stock

All-new Skoda Kodiaq iV PHEV with all-electric range of up to 75 miles available to order

Škoda is expanding its range of plug-in hybrid offerings with the introduction of a new Kodiaq iV model, which will start from £41,935 OTR.

The technology, which has been part of the Škoda range since the introduction of the Octavia iV in 2021, is being offered on the Kodiaq for the first time and comes with a significant all-electric driving range boost along with even

Available to order now, the new Kodiaq iV features a drivetrain that was part of the SUV's design process from the very start.

Škoda's second-generation plugin hybrid system is comprised of a four-cylinder turbocharged 1.5 TSI 150PS engine and a three-phase permanent magnet synchronous electric of torque.

The second-generation PHEV system makes local emission-free travel possible in electric mode for up to 75 miles (five seat, SE model), but also gives drivers the option of using the petrol engine in hybrid mode working alongside the electric motor for longer distances.

Key to the significant improvement

motor that generates 116PS and 330Nm in range (over the first-generation system) is a larger battery pack. Another significant feature introduced on the second-generation PHEV drivetrain is faster charging. For the first time, a Škoda plug-in hybrid can accept a DC rapid charge.

> With a peak speed of up to 50kW, it means that the pack can be charged from 10-80% in around 26 minutes.

socket means that the Kodiaq iV can be charged at any public rapid charging

The new Kodiaq iV uses the 1.5 TSI petrol engine and electric motor in three different ways that suit the selected driving mode. Drivers can change this mode by selecting the 'Hybrid' icon in the infotainment menu.



" LIVING THE DREAM, DRIVING THE DREAM "

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Exhibition celebrates 85-years of Batman franchise

Gotham specification in detail

This design is intended to reflect the more gentle, civilian sophistication of Bruce Wayne.
Both the B95 and Battista models are upholstered in a distinctive tan leather and stitching that includes bespoke quilting in the centre panels.

The Gotham Battista's bodywork is finished in a stunning Argento Vittorio gloss paint, complemented by the Nero Torino Goccia gloss roof. To finish the look, the brand's iconic 'F' logo is backlit and made of brushed and polished anodised aluminium. The 20-inch front and 21-inch rear alloy wheels are finished with a Prezioso Evoluzione gloss black face and matt black channel rim.

The Gotham B95's wheels closely match those of the Gotham Battista, except they are finished in a matt black inner and gloss black outer ring, with Titan callipers and a brushed aluminium anodised black rim centre lock ring to complete the look.

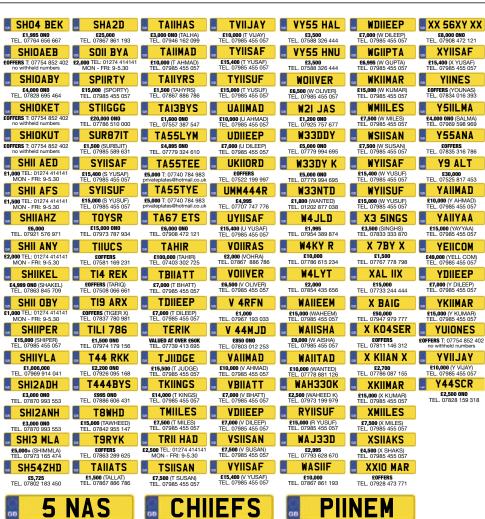


Four specially created versions of the all-electric **Battista** and **B95 hyper Barchetta** are on sale



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OOIIASH	AKHIIIR	ASIILEE	BAB84R	DOII DRS	ETIIANM	GOI7 ERX	JOIINTY	KE55ERR	MAIIBUB	MR 5 5YKS	NBIIACK	PAIILJR	RE53EES
£5,000 (0011 ASH) TEL, 07985 455 057	£8,000 TEL. 07733 244 444	£39,000 (ASHLEE) TEL 07985 455 057	£6,995 TEL, 07530 612 171	£20,000 (DOLLORS) TEL. 07815 114 201	£8,500 (ETHAN M) TEL, 07985 455 057	£8,000 0N0 TEL. 07908 472 121	£20,000 (JOHNTY) TEL 07985 455 057	£9,895 0N0 TEL. 07779 324 610	£19,000 (MAHBUB) TEL: 07985 455 057	£5,000 T: 07740 784 983	£8,500 (N BLACK)	£11,000 (PAUL JR) TEL. 07985 455 057	£2,995 TEL. 07867 861 193
123 YKP	AKH773R	ASIMED	BAS33R	DRIIOPE	ETIIANR	GSIISAN	J055FYN	KHIIAAN	MAIDAA	mr 57NOH	NCIIARK	PAILSG	RGIIGGS
£1,275 ONO	£2,995	£8,000 (ASHOK M)	£13.000 0N0	£8,000 (DR HOPE)	£8.500 (ETHAN R)	£7,500 (G SUSAN)	£0FFERS T: 07740 784 98	3 £10,000 ONO	£1.500 ONO (MAIDA)	£8,000 (MR SINGH)	£9,000 (N CLARK)	£11,000 (PAUL SG)	£29,000 (R GIGGS)
TEL. 07852 290 229	TEL. 07867 861 193	TEL. 07985 455 057	TEL. 07879 230 103	TEL. 07985 455 057	TEL. 07985 455 057	TEL. 07985 455 057	privateplates@hotmail.co.ul	KHII AHN	TEĹ. 07946 162 099	TEL: 07731 464002	TEL. 07985 455 057	TEL: 07985 455 057	TEL. 07985 455 057
IBZ 786 OFFERS OVER £10,000	E5,500	£4,500 (ASH RAJ)	E9,000 (B CLARK)	DRIIORN £8,000 (DR HORN)	£8,500 (ETHAN T)	E15,000 (GUIDES)	56,995	£10,000 TEL: 01274 414141	£1,500 0NO (MAIDAH)	MR N4S £0FFERS	£7,000 (N DILEEP)	£11,000 (PAUL SR)	RJIIDGE £15,500 (R JUDGE)
TEL. 07889 184 532	TEL. 07947 979 777	TEL. 07985 455 057	TEL. 07985 455 057	TEL. 07985 455 057	TEL. 07985 455 057	TEL. 07985 455 057	TEL. 07530 612 171	MON - FRI: 9-5.30	TEL. 07946 162 099	TEL. 07787 334 567	TEL. 07985 455 057	PAIMAD	TEL. 07985 455 057
OFFERS OVER £35,000	E1200 ONO	£2,500 (ASHRAF)	E7,000 (B DILEEP)	DRIIANS £15,000 (DR IANS)	£8,500 (ETHAN W)	E3,000 ONO (GULLFAM)	5900 0N0 (JAT OK)	E8,000	£1,500 ONO (MALEK)	#SIIOPE £9,500 (MS HOPE)	£4,500	£10,000 (P AHMAD)	RSIIAUN £15,000 (R SHAUN)
TEL. 07971 827 913	TEL. 07884 115 115	TEL. 07985 455 057	TEL. 07985 455 057	TEL. 07985 455 057	TEL. 07985 455 057	TEL. 07946 162 099	TEL. 07581 423 143	TEL. 07921 576 971	TEL. 07946 162 099	TEL. 07985 455 057	TEL. 07867 861 193	TEL. 07985 455 057	TEL. 07985 455 057
55ABR £4.000	E3,000 ONO (ALI HASSA)	ASIIZZZ V) £2,500 (ASH 222)	■ BD55 CAB £2,995 0N0	E12,000 (DR HARY)	EVIJAY	OFFERS OVER £5,000	£1500 0N0	E1,000 TEL: 01274 414141	£20,000 (M AHMAD)	E9,500 (MS HALE)	NEIIFOX £29,000 (NEIL FOX)	PAIISHA £9,000 (P AISHA)	E10.000 (R VIJAY)
TEL. 07733 244 444	TEL. 07946 162 099	TEL. 07985 455 057	TEL. 077970 914 137	TEL. 07985 455 057	TEL. 07985 455 057	TEL. 07597 629 845	TEL. 07774 246 877	MON - FRI: 9-5.30	TEL. 07985 455 057	TEL. 07985 455 057	TEL. 07985 455 057	TEL. 07985 455 057	TEL. 07985 455 057
786 KAM	E3,000 ONO	S1.500 0NO	BD55TAN	DRIIAYS £8,000 (DR HAYS)	EVIIKAR	£10,000 (G VIJAY)	J4 NGS £10,000	E13,000	E29,000 (M AHMED)	S9.500 (MS HALY)	N KIIANZ £1,500 000 (NKHANZ)	PAII VEZ £1,500 TEL: 01274 414141	RYIISAF 1 £15,400 (R YUSAF)
TEL. 07733 244 444	TEL. 07506 342 385	TEL. 07983 590 591	TEL. 07954 389 874	TEL. 07985 455 057	TEL. 07411 953 337	TEL. 07985 455 057	TEL. 07815 114 201	TEL. 07921 576 971	TEL. 07985 455 057	TEL. 07985 455 057	TEL. 07946 162 099	MON - FRI: 9-5.30	TEL. 07985 455 057
510,000 ONO	E3,000 ONO	S1.500 0NO	BEIIOLD £19,000 (BEHOLD)	DR 5INGG EOFFERS	EYIISAF £15,400 (E YUSAF)	E15.400 (G YUSAF)	52,495	E3.000	£1500 (MAHMUD)	E9,500 (MS HAWK)	E7,000 (N LUCAS)	PDIEEP £7,000 (P DILEEP)	RYIISUF £15,000 (R YUSUF)
TEL. 07887 690 098	TEL. 07506 342 385	TEL. 07983 590 591	TEL. 07985 455 057	TEL. 07720 376 861	TEL. 07985 455 057	TEL. 07985 455 057	TEL. 07954 389 874	TEL. 07970 281 994	TEL. 07867 886 786	TEL. 07985 455 057	TEL. 07985 455 057	TEL. 07985 455 057	TEL. 07985 455 057
82 GK	£2,000 TEL: 01274 41414	ASI4NSX £15,000 0N0	EOFFERS (BHOGUL)	DR5ISHA £995 (DR. SHISHA / SHA	EYIISUF £15,000 (E YUSUF)	£15,000 (G YUSUF)	JAIIALS £15,000 (JALLALS)	£15,000 (K KUMAR)	■ MAII RYM £1,500 TEL: 01274 414141	MSIIAYS £9,500 (MS HAYS)	NOII SHN £2,500 TEL: 01274 414141	PD55ESS £1,500 0N0 (POSSESS)	SOILJA £10,000 (SOULJA)
TEL. 07787 334 567	MON - FRI: 9-5.30	TEL. 07908 472 121	TEL. 07970 026 653	TEL. 07834 531 683	TEL. 07985 455 057	TEL. 07985 455 057	TEL. 07985 455 057	TEL. 07985 455 057	MON - FRI: 9-5.30	TEL. 07985 455 057	MON - FRI: 9-5.30	TEL. 07971 732 789	TEL. 07786 615 234
85,000 ONO (AMJED)	E5,000 TEL: 01274 41414	A SH42D	BH54RAT	DR 5 500D	FI GUJR	HOOSAYN	JAIIMAD	KSIIAUN	MAIITAB	MSIIUGH £15,000 (MS HUGH)	NSIIAUN	PHIIFOX	SOC4R
TEL. 07971 732 789	MON - FRI: 9-5.30	11 £10,000 0N0 TEL. 07976 024 735	TEL. 07970 026 653	£8,000 T: 07740 784 983 privateplates@hotmail.co.u	£2,500 (F1 GUJR) K TEL. 07867 886 786	£1,950 ONO (HUSSAIN) TEL. 07956 214 163	£10,000 (J AHMAD) TEL. 07985 455 057	£15,000 (K SHAUN) TEL. 07985 455 057	£18,000 (M AHTAB) TEL. 07985 455 057	TEL. 07985 455 057	£15,000 (N SHAUN) TEL. 07985 455 057	£29,000 (PHIL FOX) TEL. 07985 455 057	£0FFERS TEL. 07787 334 567
5 A2SSM £1,499 0N0	E5,000 TEL: 01274 41414	S ASKI	BKIIMAR	DSIIAUN £15,000 (D.SHAUN)	FI7 STX	HO55AYN	JAIIMED	KU55 00M	MA55 UDD	MSIISAN £7,500 (M SUSAN)	NSIISAN	PKIINGS	SII ETK
TEL. 07875 337 224	MON - FRI: 9-5.30	11 £70,000+ TEL. 07854 012 093	£15,000 (B KUMAR) TEL. 07985 455 057	TEL. 07985 455 057	£2,999 0N0 TEL. 07904 018 063	£8,895 0N0 TEL. 07779 324 610	£15,000 (J AHMED) TEL. 07985 455 057	£2,000 TEL. 07588 326 444	£4,000 TEL. 07588 326 444	TEL. 07985 455 057	£7,500 (N SUSAN) TEL. 07985 455 057	£14,000 (P KINGS) TEL. 07985 455 057	TEL. 07815 114 201
A2I2 JAN	ANII SAR	aTT4H	BSIIAUN	DSIISAN	F44EEM	HOIIVER	JA55BYR	S10,000 (K V/LIAY)	MA55 UMM	MUIIAMD	NUII ZAT	PMILES	SIILYM
£0FFERS OVER £5,000 TEL. 07817 615 022	£2,500 TEL: 01274 41414 MON - FRI: 9-5.30	E8,500 ONO NO WITHHELD NO TEL. 07786 424 251	TEL. 07985 455 057	£7,500 (D SUSAN) TEL. 07985 455 057	£4,500 TEL. 07825 040 037	£7,500 (H OLIVER) TEL. 07985 455 057	£8,895 TEL. 07779 324 610	E10,000 (K VIJAY) TEL. 07985 455 057	£2,800 TEL. 07588 326 444	£10,000 (MOHAMMAD) TEL. 07867 886 786	£1,500 TEL: 01274 414141 MON - FRI: 9-5.30	£7,500 (P MILES) TEL. 07985 455 057	£5,000 TEL. 07900 895 552
£1,500 TEL: 01274 414141	ANII SER £5,000 TEL: 01274 41414	YALIIVA	BT55MLA	BIO OOD (D.VILIAN)	F44TMA	HII RAA	JAV333D	KYIISAF	M ALIIS	MUII SAH £1,500 TEL: 01274 414141	YALIIVN	PSIISAN	SII OHL
MON - FRI: 9-5.30	MON - FRI: 9-5.30	TEL. 07985 455 057	£1,500 0N0 (BISSMILA) TEL. 07971 732 789	£10,000 (D VIJAY) TEL. 07985 455 057	£7,500 TEL. 07825 040 037	EREASONABLE OFFERS TEL. 07525 927 144	£5,500 TEL. 07867 861 193	£15,400 (K YUSAF) TEL. 07985 455 057	E0FFERS TEL. 07787 334 567	MON - FRI: 9-5.30	£10,000 (N VIJAY) TEL. 07985 455 057	£7,500 (P SUSAN) TEL. 07985 455 057	E0FFERS TEL. 07545 218 365
£15,000 (A AHMAD)	ANS4AR N	AWS550M	BU55TEO	DYIISAF	FAII RYD	B H8 ABU	JDIIEEP	KY55 HAN	MAR2OF	MVIIAMD	NYIISAF	PVIINDA	SIIIRGL
TEL. 07985 455 057	£1,500 0NO (ANSAAR) TEL. 07946 162 099	£10,000 (AWESOME) TEL. 07985 254 294	£5,000 0N0 (BUSTED) TEL. 07985 455 057	£15,400 (D YUSAF) TEL. 07985 455 057	£1,000 TEL: 01274 41414 MON - FRI: 9-5.30	TEL. 07968 642 402	£7,000 (J DILEEP) TEL. 07985 455 057	£3,800 TEL. 07588 326 444	£4,000 0N0 TEL. 07990 116 644	£1,500 (MOHAMMAD) TEL. 07867 886 786	£15,400 (N YUSAF) TEL. 07985 455 057	ESERIOUS OFFERS TEL. 07707 146 047	£0FFERS TEL. 07919 583 618
S20 000 (AALIYAA)	ANSSAR K	A YIINUS	BVIIJAY	DYIISUF	FAIISHA	HAIIEEX	JEIIOUS	KY55 HOR	MDO4WOD	YALIIVM	NYIISUF	PWIISON	SI3AF X
£20,000 (AALIYAA) TEL. 07985 455 057	£1,000 TEL. 07983 480 777	£9,500 (A YUNUS) TEL. 07985 455 057	£10,000 (B VIJAY) TEL. 07985 455 057	£15,000 (D YUSUF) TEL. 07985 455 057	£9,000 (F AISHA) TEL. 07985 455 057	£12,000 (HAILEE X) TEL. 07985 455 057	£20,000 TEL. 07786 615 234	£3,500 TEL. 07588 326 444	£1400 (M DAWOOD) TEL. 07428 657 147	£10,000 (M VIJAY) TEL. 07985 455 057	£15,000 (N YUSUF) TEL. 07985 455 057	£15,000 (P WILSON) TEL. 07985 455 057	£1,200 ONO TEL. 07791 919 237
AAI2JAN	MEETNY	. ASIISAF	BYIISAF	EAIIMAD	FAIIMAD	HAIIEYX	JKII ANN	LII KJY	MDIIEEP	MYIINUS	NY SEAR	PYIISAF	S40YB K
£15,000 (ARJAN) TEL. 07731 464002	£4,995 TEL. 07867 861 193	£15,400 (A YUSAF) TEL. 07985 455 057	£15,400 (B YUSAF) TEL. 07985 455 057	£10,000 (E AHMAD) TEL. 07985 455 057	£10,000 (F AHMAD) TEL. 07985 455 057	£12,000 (HAILEY X) TEL. 07985 455 057	£2,500 (J KHAN) TEL. 07815 114 201	£1,195 0N0 TEL. 07867 770 940	£7,000 (M DILEEP) TEL. 07985 455 057	£9,500 (M YUNUS) TEL. 07985 455 057	TEL. 07588 326 444	£15,400 (P YUSAF) TEL. 07985 455 057	£1,495 (SHOYB/SAQYB K) TEL. 07786 424 251
AA5IZAA	ANW444R	AYIISUF	BYIISUF	EAIIMED	FAIIMED	AMIIAH	JKIIMAR	LI 4 USY	MDIIAMD	MYIIPOD	NY55 HAA	PYIISUF	S44JED
£0FFERS TEL. 07977 612 479	TEL. 07946 162 099	£15,000 (A YUSUF) TEL. 07985 455 057	£15,000 (B YUSUF) TEL. 07985 455 057	£15,000 (E AHMED) TEL. 07985 455 057	£15,000 (F AHMED) TEL. 07985 455 057	£10,000 (H AHMAD) TEL. 07985 455 057	£15,000 (J KUMAR) TEL. 07985 455 057	£3,000 (U 4 USY / LUSY) TEL. 07786 424 251	£2,500 (MOHAMMAD) TEL. 07867 886 786	£3,000 (MY IPOD) TEL. 07985 455 057	£1,250 TEL. 07588 326 444	£15,000 (P YUSUF) TEL. 07985 455 057	£0FFERS yourplate@yahoo.co.uk
AA55HAK	ANW444R	AYII UBS	CII EWY	EA55TAL	FAH44D	. HAIIMED	JSIISAN	L IMRN	MEIIBUB	MY5ISHA	OOIIOYD	ROIIANG	S48 EYA
£8,895 ONO TEL. 07779 324 610	£10,000 0N0 (ANWAAR TEL. 07946 162 099) £2,000 TEL: 01274 41414: MON - FRI: 9-5.30	£2,500 TEL. 07764 656 667	£0FFERS T: 07740 784 98 privateplates@hotmail.co.u		£15,000 (H AHMED) TEL. 07985 455 057	£7,500 (J SUSAN) TEL. 07985 455 057	£10,000 0N0 (IMRAN) TEL. 07759 097 070	£19,000 (MEHBUB) TEL. 07985 455 057	£995 (MY SHISHA) TEL. 07834 531 683	£20,000 (OO LLOYD) TEL. 07985 455 057	£9,500 (ROHAN G) TEL. 07985 455 057	£2,500 TEL. 07588 326 444
. 4455 R15	ASII AHS	B055 KHN	CI4 SSE	EA55TLE	FAZ44L	HAI3 ZAH	JSIIAUN	L60N FR	MEIIMUD	MY55TYC	OOIIARY	ROIIANK	S6F XX
75. 07588 326 444	£3,000 (A SHAHS) TEL. 07815 114 201	£0FFERS TEL. 07971 850 490	£7,500 (CLASSY) TEL. 07815 114 201	£0FFERS T: 07740 784 98 privateplates@hotmail.co.u		OFFERS OVER £5,000 TEL. 07973 165 474	£15,000 (J SHAUN) TEL. 07985 455 057	£2,000 0N0 TEL. 07427 677 989	£19,000 (MEHMUD) TEL. 07985 455 057	£7,500 T: 07740 784 983 privateplates@hotmail.co.uk	£15,000 (OO HARY) TEL. 07985 455 057	£9,500 (ROHAN K) TEL. 07985 455 057	£1,200 0N0 TEL. 07791 919 237
AALI5	ASII AKS	B055Y B0	C 5KY W	EAS7S	FAZ 786	HAI7 GEL	NACIIVE	LAI4BBA	MEIITAB	NOO5HEN	OAIIMAD	ROIIANP	S7KCK
£15,000 TEL. 07733 244 444	£1,500 TEL: 01274 41414 MON - FRI: 9-5.30	11 £5,000 T: 07740 784 983 privateplates@hotmail.co.ul	£999 ONO TEL. 07427 677 989	EREASONABLE OFFERS TEL. 07974 179 156	OVER £10,000 TEL. 07765 555 786	£8,000 0N0 TEL. 07908 472 121	£10,000 (J VIJAY) TEL. 07985 455 057	£675 0N0 (LAIBA) TEL. 07779 050 970	£18,000 (MEHTAB) TEL. 07985 455 057	£0FFERS TEL. 07870 696 399	£10,000 (O AHMAD) TEL. 07985 455 057	£15,000 (ROHAN P) TEL. 07985 455 057	£1,000 TEL. 07508 341 074
AALII5	ASII GER	BIII NAA	CAIISHA	EBIIATT	FBIIACK	HA54NS R	JYIINUS	LDIIEEP	MJIIDGE	📕 NI7ILA E	OA55ERS	ROIIANX	S777YRA
£10,000 TEL. 07733 244 444	£2,000 TEL: 01274 41414 MON - FRI: 9-5.30	11 £0FFERS TEL. 07557 472 855	£9,000 (C AISHA) TEL. 07985 455 057	£7,000 (E BHATT) TEL. 07985 455 057	£8,500 (F BLACK) TEL. 07985 455 057	£0FFERS TEL. 07866 947 665	£9,500 (J YUNUS) TEL. 07985 455 057	£7,000 (L DILEEP) TEL. 07985 455 057	£25,000 (M JUDGE) TEL. 07985 455 057	£1,500 ONO TEL. 07427 677 989	£5,000 0N0 (QASSER) TEL. 07967 350 957	£12,500 (ROHAN X) TEL. 07985 455 057	£500 TEL. 07473 865 081
AAZI5	ASIIOKB	BI5 NAD	CAIIMAD	EBIIACK	FDIIEEP	HAB333B	JYIISAF	LJIIDGE	MKIIMAR	NIDEM	OBIIACK	RI2I SAM	SBXXY
EOFFERS TEL. 07977 612 479	£9,500 (ASHOK B) TEL. 07985 455 057	EREASONABLE OFFERS TEL. 07834 016 393	£10,000 (C AHMAD) TEL. 07985 455 057	£8,500 (E BLACK) TEL. 07985 455 057	£7,000 (F DILEEP) TEL. 07985 455 057	£5,550 TEL. 07867 861 193	£15,400 (J YUSAF) TEL. 07985 455 057	£15,500 (L JUDGE) TEL. 07985 455 057	£20,000 (M KUMAR) TEL. 07985 455 057	£15,000 0N0 TEL. 07774 112 121	£8,500 (O BLACK) TEL. 07985 455 057	£0FFERS TEL. 07962 394 890	£2,995 0N0 TEL. 07949 891 313
ABIOCHO	ASIIOKC	BIG KMY	CA55Y ME	EBIIACK	FDZ14	NEVAH	JYIISUF	LLIIONG	MMO2 AAM	N333EWS	OCIIARK	RI2 EEE	S80HAL
£0FFERS NO WITHHELD No TEL. 07754 852 402	£9,500 (ASHOK C) TEL. 07985 455 057	£2,500 TEL. 07405 763 319	£0FFERS T: 07740 784 983 privateplates@hotmail.co.uk	£8,500 (E BLACK) TEL. 07985 455 057	£2,495 TEL. 07954 389 874	£16,000 (HEAVEN-HAVEN TEL. 07731 464002) £15,000 (J YUSUF) TEL. 07985 455 057	£4,500 (L LUONG) TEL. 07985 455 057	£1,495 TEL. 07794 820 437	£2,500 TEL. 07969 914 041	£9,000 (O CLARK) TEL. 07985 455 057	£0FFERS TEL. 07707 707 609	£6,995 TEL. 07867 861 193
ABIOSAB	ASIIOKD	BI66 BOB	CA55Y MS	EGO 80Y	FE5IALL	. HEIIENH	KII ANN	LSIISAN	MOII BEN	N333RAA	ODIIEEP	RI2SYY	S88 TAL
£3,250 ONO (ABID SAB) TEL. 07773 995 142	£9,500 (ASHOK D) TEL. 07985 455 057	£6,995 TEL. 07530 612 171	£0FFERS T: 07740 784 983 privateplates@hotmail.co.uk	£0FFERS TEL. 07787 334 567	£4,999 TEL. 07846 480 112	£15,000 (HELEN H) TEL. 07985 455 057	£50,000 TEL. 07815 114 201	£7,500 (L SUSAN) TEL. 07985 455 057	£3,000 TEL: 01274 414141 MON - FRI: 9-5.30	£0FFERS TEL. 07751 427 106	£7,000 (O DILEEP) TEL. 07985 455 057	£0FFERS TEL. 07816 488 420	£0FFERS (SHEETAL) TEL. 07786 510 000
ABIIACK	ASIIOKF	BI7SH U	CA65 NOW	EH55ANS	FGIIPTA	HEIIENM	K3LAM	LVIIJAY	MRO4LLY	N444HEM	OEII BOY	RI2Y MP	SAIIDAH
£8,500 (A BLACK) TEL. 07985 455 057	£9,500 (ASHOK F) TEL. 07985 455 057	£0FFERS TEL. 07866 860 894	£4,000 0N0 TEL. 07908 472 121	OFFERS OVER £4,000 TEL. 07513 257 029	£6,995 (F GUPTA) TEL. 07985 455 057	£15,000 (HELEN M) TEL. 07985 455 057	£800 0N0 TEL. 07774 112 121	£10,000 (L VIJAY) TEL. 07985 455 057	£1,900 ONO (MR D ALLY) TEL. 07774 246 877	£5,500 0N0 TEL. 07766 645 325	£20,000 (DELL BOY) TEL. 07815 114 201	OFFERS OVER £400 TEL. 07866 992 500	£1,500 0N0 (SAIDAH) TEL. 07946 162 099
ABIIDVL	ASIIOKG	BI9 ALY	CBIIATT	EJIIDGE	FKIIMAR	. HEIIENP	K4AHN	LYIISAF	MRIO JAT	N44DLM	NGIIPTA	🔙 RI5WNA	SAIIHAS
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PUBLIC NOTICE

Licensing Act 2003

Notice is hereby given that NYK Leeds Limited have made an application under section 17 of part 3 of the Licensing Act 2003 for the grant of a premises licence for the premises known as:

> NYK LEEDS. **GROUND FLOOR,** 106 BURLEY ROAD, BURLEY, LEEDS. LS3 1JP.

I intend to conduct the following licensable activities on or from the premises:

Performance of recorded music within the premises from 11:00 to 02:00, Monday to Sunday.

> Serving of late night refreshments from 23:00 to 02:00, Monday to Saturday and 23:00 to 02:00 on Sunday.

Interested parties or responsible authorities (within the meaning of the Act) may make written representations to Leeds City Council about this application until 15/07/2024 which should be sent to the following address: Entertainment Licensing, Leeds City Council, Civic Hall, Leeds, LS1 1UR

For full details and to view a copy of the application please contact the Entertainment Licensing Section on 0113 378 5029 or email entertainment.licensing@leeds.gov.uk

It is an offence to knowingly or recklessly make a false statement in connection with an application and the maximum fine for which a person is liable on conviction for this offence is an unlimited fine.

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before starting work (preferred) **Experience:** mechanical: Minimum 3 years (preferred).

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Key information:

When: Sunday 13th October 2024, 9:30am Where: Millennium Square, Leeds, LS1 3HE Distance: 10k event for adults (ages 15+), 2k Junior Dash run for 8 -14-year-olds, 10k Wheelchair Race

The course: Flat - perfect for both beginners and experienced runners

Registration fee: £30, or £28 for UK Athletics members. The Junior Dash is £10 to enter and the Wheelchair Race is £30.

In today's challenging times, many older people are grappling with the costof-living crisis, loneliness, and isolation, often without knowing where to turn for help.

Now, the much-loved Leeds Abbey Dash 10k returns to Leeds City Centre on Sunday, October 13th, 2024, and charity Age UK is calling on runners to register now to secure their spot in this popular charity event, which raises essential funds and awareness to support older people.

Age UK's services provide crucial support and companionship, making a significant difference in the lives of those who feel alone and unsupported.

With its flat and fast course, the Leeds Abbey Dash, generously sponsored by the UK's leading home furnishing retailer Dunelm, is perfect for runners of all abilities. Whether you're tackling your first 10k or striving for a personal best, this run offers a fantastic opportunity for those taking part to challenge themselves while contributing to a worthy cause. Funds raised will support Age UK's national Advice Line and Telephone Friendship Service, as well as local support and friendship services across Yorkshire.

Kath Blaize-Smith, Senior Community & Mass Participation Fundraising Manager at Age UK, said: "We're thrilled to be back in Leeds for this year's Leeds Abbey Dash.

"Whether you're challenging yourself or forming a team, this popular and sociable 10k run is a wonderful way to support Age UK's mission. By participating, you can help us continue our vital work for older people in need. Please sign up today!

To sign up to the event visit www.ageuk. org.uk/lad. For any enquiries please email 10k@ageuk.org.uk



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Seven countries add women's Olympic spots after final qualifier for Paris 2024 Olympic Games



Azerbaijan, India, Iran, Moldova, Poland, Slovakia and Ukraine gained their first women individual quotas for the Paris 2024 Olympic Games in Antalya, Türkiye.

All seven countries gained one Olympic quota each after winning their respective round of 16 matches.

Despite India having two athletes go through to the quarterfinals, only one woman will travel to Paris with each nation restricted to one quota per gender in the Final Olympic Qualifier.

Archers from Azerbaijan, India, Iran, Moldova, Poland, Slovakia and Ukraine won individual recurve women's tickets to Paris 2024 at the final world qualification tournament in Antalya, Türkiye.

Eight quotas were on offer in this event after the recurve women's team tickets were filled for China, Chinese Taipei, Great Britain and Malaysia on Friday.

However, each country could only win a maximum of one spot in individuals.

India had two archers reaching the last eight but Bhajan Kaur will be the one to go to Paris as she finished ahead of Ankita Bhakat in the Final Olympic Qualifier Tournament, beating Iran's Mobina Fallah in the first place match.

The remaining quota will be decided via world ranking. The last chance to upgrade to a full team of three athletes for Paris 2024 is now on the world ranking list issued on 24 June – top two nations per gender not yet qualified.

Archery at the 2024 Olympics will run from 25 July to 4 August on the Esplanade de Invalides and award five gold medals in total – recurve men's individual, recurve women's individual, recurve men's team, recurve women's team and recurve mixed team.

Bhajan Kaur commented: "I'm very happy that today I could win the gold medal and Olympic quota for India. I will definitely try in the Paris Olympics to win a medal.

"I'l be doing a lot of practice. I'll be doing practice for the mixed team and for the individual. The biggest thing is I have confidence in myself. That belief will make me win.

"I have belief in myself. If others can do it why can't I? I had very good focus and that's why I won this tournament."



Dynamic UK track debut of Ferrari 296 Challenge thrills drivers at Snetterton

The new Ferrari 296 Challenge made its dynamic UK debut at Snetterton race circuit during the third round of the Ferrari Challenge Trofeo Pirelli UK.

The dynamic debut was keenly anticipated by drivers, who embraced the opportunity to test the first-ever V6 Ferrari Challenge on track, and praised the significant performance increase offered by the new V6 which unleashes up to 700 CV.

This engine is derived from the award-winning 2.9L V6 in the 296 GTB, but the

Ferrari Challenge car does not feature the hybrid system of the road car, just one of the reasons the race car weighs 140kg less than the road car.

Drivers also applauded the aerodynamic improvements, highlighting the new aero package that generates 870kg of downforce at 250 km/h with the spoiler at its maximum angle of attack - an 18% increase versus the Ferrari 488 Challenge Evo.

The brakes also set a new benchmark thanks to the world-first adoption of CCM-R

PLUS for the brake discs – a solution derived directly from the most extreme applications in motorsport, not least Formula 1, which exceeds the performance of other carbonceramic brakes used in racing.

Drivers will have further opportunities to experience the Ferrari 296 Challenge during the final two races of the Ferrari Challenge UK 2024 season. These are at Donington, on 20-21 July 2024, and Silverstone, on 13-15 September 2024.





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Exhibition celebrates women's cricket in partnership with The University of Huddersfield

Thousands of cricket fans can discover the hidden histories of women's cricket played in Yorkshire in a new exhibition at Yorkshire County Cricket Club (YCCC), thanks to four enterprising University of Huddersfield history students.

Cerys Auty, Laura Sharp, Millie Denton and Tilly Olphin unearthed a wealth of information about the progress of women's cricket in Yorkshire stretching back to the 1700s.

Mentored and supported by Charlotte Hughes, Head of Heritage for the Yorkshire Cricket Foundation (YCF), the fruits of the students' research over a six-month period are on show in the Long Room in the East Stand at Headingley Cricket Ground, and was officially launched by Dr Jane Powell, President of YCCC, and former England women's cricket captain and Yorkshire cricketer.

The exhibition entitled: 'Unlocking the histories of cricket: The Women's Game', showcases a number of rare and unique objects and artefacts including items from Jane's career, including her England and Yorkshire blazer – which Jane paid for.

With both blazers being blue, the cricketer, who also worked full time as a teacher, used to have two pockets which she sewed the badges onto depending on who she was representing.

The collection also represents
Yorkshire's modern women with a
Yorkshire Diamonds shirt belonging to
the domestic women's cricket's all-time
leading wicket-taker the Queen of spin

– Katie Levick.

- Katie Levick.

Jane said: "These girls have done a fantastic job of researching women's cricket in Yorkshire.

"It was wonderful how excited they became, because they didn't realise what they were researching because it was hidden

"Now it is out in the public, and not only that but it's in the Long Room here at Headingley where all the members come in

"I have often been asked whether Yorkshire have played women's cricket for very long, so now I don't have to answer that because everything they need is here."

The exhibition project was developed by YCF - YCCC's charity and community arm, in partnership with the University through Prof Rob Ellis, of the History Department. It builds on his long track record of innovative public history outputs that have included co-produced collaborations involving student researchers.

Charlotte, Head of Heritage for YCF, said: "We have had a fantastic exhibition launch on the history of women's cricket. The students have done a great job, chosen many brilliant objects, and pulled out wonderful stories.

"The involvement that Jane Powell has had, has been key to this exhibition and we have some wonderful things that belong to Jane including her England blazer with her Yorkshire



emblem. The story behind that, with her having to pay for it and it being all part of one blazer, is a fantastic story that tells the changing times of women's history within the sport and that is a key piece of this exhibition.

"We have a fantastic running theme here of unlocking hidden histories and I think we want to keep delving into that and keep curating with different communities and helping to do that through the brilliant partnership with students from The University of Huddersfield.

"The world is our oyster for this.

There are so many different things we can unlock and look at across Yorkshire and I'm exciting to see what other stories we unlock in future projects."

Millie, a second-year history student, who helped to put together a women's hall of fame for the exhibition, said: "Cricket is not a sport dominated by women, so the project was very intriguing when Rob mentioned it to us.

"To get to give voices to women, who have often been ignored in cricket, was great and my grandma plays cricket, so I love that too.

"Jane Powell was a massive help to

us. She gave us a lot of material from her time as a player, there is not a lot of in existence, so much has been lost but Jane told us that there's a need for other former players to donate.

"We have found the majority of the primary material from the Yorkshire archive, but Jane Powell was a massive help to us. She gave us a lot of material from her time as a player, but generally a lot has been lost or just does not exist anymore, but Jane told us that there's a need for other former players to donate," added Laura.

Tilly discovered a snippet about a women's game from 1745, but it was not until the 20th Century that a more formal structure led to more information becoming available. The women's game thrived in parallel to men's, but it remained very much hidden and marginalised, despite England's women being the first national cricket side to win a World Cup in 1973.

Progress in promoting the game was slow, with women only being allowed to enter the Long Room in the pavilion at Lord's, the sport's headquarters, in

"Hopefully the exhibition will open

the door to better inclusivity, and to more projects as well," said Tilly. "We found a lot of material and information about women's cricket in India and Pakistan that we could not include that in this research as much as we would have liked to. Hopefully it will spark more people into more research that looks into the other amazing women that were able to play."

Millie added: "I think it will spark conversation, especially among older cricket fans and the members here. It might answer a few questions, open the door for us and make women feel as included in cricket as men are."

The students were joined by friends and family at the unveiling during lunch of the Northern Diamonds match against Western Storm, and Cerys was thrilled that so many more people will be finding out more about women's cricket during the rest of the season.

She said: "It is exciting, and a really big thing for us. To be able to come here and see it after spending the year by a computer, reading, researching and writing, and to know how many people are going to see it as a first piece of public history as a student is almost overwhelming."





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Pledging support for lasting tribute to Leeds hero Rob Burrow

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Moortown, 298 Harrogate Road, Leeds, Ls17 6ly 0113 2692624 Leeds City Council has confirmed its commitment to commemorating the inspirational life and achievements of the late Rob Burrow.

Leeds Rhinos legend Rob touched hearts worldwide with his determination to raise funds and awareness for all those affected by motor neurone disease (MND) after he was diagnosed with the condition in 2019.

His sad death earlier this month prompted an outpouring of emotion across Leeds and the rest of the country, with a sea of flowers, shirts and other mementoes being placed by fans outside the AMT Headingley Rugby Stadium home of the Rhinos.

The council's executive board received an update on plans to ensure that Rob's remarkable story is never forgotten.

The meeting held Wednesday 19th June, was told that given his hugely positive impact on Leeds – it is important for the city to find a suitable way of celebrating his achievements, both on and off the field.

A report also stresses that the council will work closely with Rob's family and the Rhinos as it explores ideas for a lasting tribute

to a man who epitomised the very best of Leeds.Alongside this, the council will continue to give its wholehearted backing to the new Rob Burrow Centre for MND that is taking shape at Seacroft Hospital.

The report also confirms that plans are being put in place for a large-scale civic event to be held in Rob's memory in the near future.

Councillor James Lewis, leader

of Leeds City Council, said: "Rob was a true Leeds hero, with his courage and relentless positivity inspiring people across the city and far beyond.

"The love, respect and admiration we have seen in the days since his death has been very moving, and illustrates how much he meant to so many.

"We now want to help commemorate Rob's life, both as a sporting great and as someone whose struggle with MND made his name synonymous with bravery.

"It will be our privilege to work with Rob's family, the Rhinos and indeed the city as a whole to make sure his legacy lives on."

Rob made nearly 500 appearances for the Rhinos between 2001 and 2017, winning eight Super League titles, two Challenge Cups and three World Club Challenge trophies.

He was also a committed ambassador for club and city, giving enthusiastic support to the community-based work of the Leeds Rhinos Foundation and initiatives such as the council's Child Friendly Leeds programme. Following his diagnosis, he spearheaded a Leeds Hospitals

Charity appeal to raise funds for a specialist MND care centre, with the ground-breaking on the project taking place at Seacroft Hospital earlier this month.

Rob's friend and former Rhinos team-mate Kevin Sinfield has also raised millions of pounds for MND-related causes by completing a series of endurance challenges.

The pair's tireless work on behalf of others was recognised when they were awarded the freedom of Leeds in a ceremony at Leeds Civic Hall in 2023.

Another tribute came with the launch of the council-backed Rob Burrow Leeds Marathon, with the first two stagings of the event attracting thousands of runners and raising more than £7m for charity.

A mural depicting Rob in his allconquering playing days has also taken pride of place on the Leeds Beckett University student union building on Woodhouse Lane since 2020



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