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THE INDIAN



Former Bradfordian and TV celeb launches inaugural South Asian Heritage Month

The first-ever South Asian Heritage Month (SAHM) shines a spotlight on the heritage of Britain's South Asian community, with the backing of TV presenter and founding patron, Anita Rani.

Taking place from 18th July to 17th August to celebrate the rich heritage that connects the UK and South Asia. Featuring alongside the former Bradfordian Anita Rani is TV

chef Nadiya Hussain and co-founder Jasvir Singh OBE.

The month aims to celebrate the diverse heritage of the South Asian community and share the achievements of British South Asians.

Since the 70th anniversary of India's partition in 1947, there has been a strong appetite for a better understanding of British South Asian identity, heritage, and history.

Due to Coronavirus, SAHM events from food to music, and fashion to art will be hosted online.

On 17th July, the launch day featured content across social media with special appearances from a wide range of well-known British South Asian celebrities and familiar faces, along with many of the grassroots volunteers and activists supporting the month.

Continued on page 4

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A warm-hearted, big-smiled final year dentistry student is flying the flag for South Asian girls in the final of this year's Miss Manchester competition.

22-year-old Tara Bharadia, who studies at one of the largest and the highest-ranked dental schools in the north of England, has completed over 200 hours of volunteering, sat on five university committees, climbed Kilimanjaro, and raised thousands of pounds for charity.

After beating some 200 girls in the qualifying rounds, the University of Manchester student is one of the 11 women in the running to be crowned Miss Manchester.

Tara, who comes from Doncaster, has never partaken in a beauty pageant before. Still, this year decided that she wanted to represent girls like herself who might not feel that they have a voice and to inspire them to take every opportunity they can.

“The media have always portrayed that girls can either be pretty or smart, never both; and very rarely do these girls look anything like me.”

"The media have always portrayed that girls can either be pretty or smart, never both; and very rarely do these girls look anything like me," says Tara.

"Growing up, I'd see blue-eyed, blonde-haired women with flat stomachs and perfect glossy faces gracing the cover of pretty much all the magazines."

The talented dentist-to-be, who earlier this year was awarded her university's 'Distinguished Achievement Award', detests how women are constantly barraged with social

caveats, to look a certain way; to wear more make-up; to be a certain dress size. She hopes she can help make a change perceptions.

"Women always seem to be put in a box. But myself, and many Asian women I know are talented in all areas of life."

"They are not just amazing mothers and wives, but my mother and aunts are groundbreaking at work too. They are CEO's, doctors, business owners, creatives and have the ability to talk to anyone."

"The women in my life have all inspired me to not worry about what others say or think."

But she says leaving her home for university was the defining moment in her life.

"Through moving away from my cultural hub - my home for university, I was able to reconnect with my heritage."

"Many times in school, I found I was the only South Asian or Hindu girl in my class or year. I was often the 'token brown kid'."

"I've frequently been disheartened when the people who are meant to teach you and guide your education, assume your race or religion; when they ask you where you're from, or where you were born."

"'England' doesn't satisfy them as an answer, and you begin to feel like you don't belong."

"In every school classroom, we are taught to be patriotic; to be proud of the British Empire, World Wars and we learn all about the British's triumphs."

"I grew up learning to recite the names of the monarchs and listening to Churchill's speeches but never heard a word about the British rule in India."

"But at university, for the first time, I had other Asian classmates. They allowed me to gain a new respect for India and what being British Asian meant. I won't ever let that go of that, and I want empower other Asian girls."

"I've begun to appreciate everything my religion and heritage has done for me, my identity and how I fit in with the rest of the world."

"I've been reminded of the importance of community and charity work. I am so proud to be pushing the boundaries and bringing something new to the table of Miss Manchester!"



We're lovin' it

Bradford McDonald's confident with reopened stores

McDonald's reopened all of its 1,061 Drive Thrus in the UK and Ireland for drive-through or delivery last month, as it returned to trading after the coronavirus shutdown.

With many offering the McDelivery service, the Bradford burger chain had been working with the local authority in the run-up to the reopenings after almost two months' closure.

Customers and McDonald's staff are protected by perspex screens installed at the drive-through windows, and further measures are in place to protect workers inside the restaurant's kitchens.

Each employee has their temperature checked with a contactless thermometer when they arrive for a shift, and is given protective equipment including masks and gloves. They've also introduced physical distancing inside the restaurants, including



floor markings in each branch.

Bradford franchisee, Saj Shah, said: "I am delighted with the support from the community in Bradford, and I would like to thank both staff and customers for their continued support and patience."

"Since 4th June when we reopened, all employees are being

asked to confirm they are fit and able to work, and are carrying on with conducting wellness-checks and risk assessments."

"We would like to assure you that social distancing is maintained in the kitchens, and service areas to help create a safe working environment for restaurant teams. We are glad to be back."

For now, McDonald's branches will continue to offer a limited menu, which does not include breakfast or shakes, owing to smaller teams working in each location.

The restaurants have reduced opening hours 11am-10pm, and customers are asked to use contactless payment methods if possible and spending is capped at £25 per vehicle.

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Former Bradfordian and TV celeb launches inaugural South Asian Heritage Month

Cover story continued

Founders Jasvir Singh OBE of The Grand Trunk Project and Faiths Forum for London, and Binita Kane of Partition Commemoration Campaign, are encouraging everyone to join this moment to celebrate the diverse nation we live in and how we all have shared heritage and experiences that we should be proud of.

South Asia is mainly formed of eight countries, namely Afghanistan,

Bangladesh, Bhutan, India, Maldives, Nepal, Pakistan, and Sri Lanka.

The British South Asian community consists of more than 3 million people, and the aim of SAHM is to raise the profile of British South Asian history, heritage and identity through education, arts, culture, and commemorations across the country.

Anita Rani, Founding Patron of SAHM said: "I'm so proud to be part of South Asian Heritage Month. I'm excited that we can share our stories and expand our knowledge of what it means to be British Asian. It's an opportunity to celebrate who we are and remind everyone that we help put the Great in Great Britain."

Jasvir Singh co-founder of SAHM, said: "It's important for us to know about the interconnected histories of South Asia and Britain if we are to truly understand what it means to be British. Let's make it a month to truly remember."

As well as celebrating the rich cultural heritage of South Asia, the month will raise awareness of the important role that South Asian heritage has played in Britain.

Manchester Museum and The British Council are key partners, supporting SAHM to host events and programmes for 2020.



■ TV chef
Nadiya Hussain

To see the events programme and find out more, please visit:
<https://www.mminquarantine.com/south-asian-heritage-month>



■ Anita Rani



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75-year-old woman's fight against deportation

■ 75-year-old Gurmit Kaur prepares food inside the Sikh Temple Gurdwara Baba Sang Ji in Smethwick (Picture: Migrant Voice)



75-year-old Gurmit Kaur Sahota is an undocumented migrant living in Smethwick for over 10-years. She has been living in fear of being "forcibly removed" to India, a country where Gurmit told us she has no family.

For the last decade, she has been committed to being a vital part of her local community, helping feed people at her local temple.

Gurmit came to the UK in 2009, and Smethwick has been home to her ever since. The local Sikh community had adopted her.

Though she applied to stay in the UK in 2010 but her application was refused. She was 65 at the time.

She then received letters from UK Visas and Immigration (previously UK Border Agency) threatening to deport her.

Fearful of these threats, she did not contact the Home Office again until this year. She has had no correspondence or communication with them since 2013 and has struggled to understand why she's been refused.

This case has similarities to the recent Windrush scandal, where people who contribute to UK society are made to feel unwelcome.

After a decade of living in the UK, Gurmit still suffers an uncertain future.

Gurmit Kaur said: "If I was to return to India, I would have nowhere to go and no home to return to, and I have no family there.

"Being here in Smethwick is my true home, it's where I work to help the community, it's where I give back, it's where I know and love the people who have become my family. This is the society I am part of and the place I have made my home.

"I have spent my life helping and giving to others and want to be able to continue to do this. But as I'm getting older, my community want to help me stay here and support me, this is why they are rallying behind me and I'm deeply touched by this campaign."

People who have met Gurmit have commented on how generous she is and feel she's very much part of Smethwick. Most of her days are spent volunteering at the local Sikh temple - Gurdwara Baba Sang Ji.

At a local Black Lives Matter protest in Smethwick in July 2020, Gurmit was giving out fruit to protesters in

solidarity with the cause.

Many of them cheered her name and are supporting her campaign.

Migrant voice urge the Home Office to grant Gurmit Kaur Leave to Remain in the UK.

The campaign for her to get leave to remain has been launched with Migrant Voice, Brushstrokes and Gurdwara Baba Sang Ji; and is supported by members of the community.

An online petition opened on Sunday (July 19th) has already gained over 50,000 signatures (at time of writing) in only 6 days; with the hashtag #WeAreAllGurmitKaur trending on social media.



■ Gurmit Kaur outside Gurdwara Baba Sang Ji with temple General Secretary Harvey Singh (Picture: Migrant Voice)

Members of the public are also showing their support by taking and posting photos of themselves holding posters displaying 'We Are All Gurmit Kaur'.

Her campaign has attracted support from local politicians and community leaders across the West Midlands as well as people all over the world.

Nazek Ramadan, Director of Migrant Voice, said: "We're standing with Gurmit Kaur because, like so many undocumented migrants in the UK, this country is her home and she's a deeply valued member of her community.

"We urge the Home Office to regularise her status, and that of all undocumented migrants in the UK, so that she and thousands like her can live without fear of being detained and deported, and protect themselves and their families, especially during this pandemic."

SIGN THE PETITION:

<https://www.change.org/p/home-office-help-gurmit-kaur-stay-in-the-uk>

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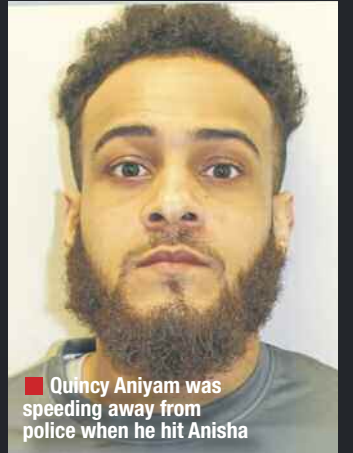
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Barrister's son jailed for dangerous driving following death of 20-year-old student



■ Quincy Anyiam was speeding away from police when he hit Anisha

A 27-year-old son of a barrister who killed a woman in a hit-and-run crash during a police chase, throwing her in the air "like a rag doll", has been jailed.

Quincy Anyiam hit 20-year-old student Anisha Vidal-Garner on Brixton Hill, south London, after accelerating away from officers who had signalled for him to stop.

Student Ms Vidal-Garner was pronounced dead at the scene, and Anyiam handed himself into police two days after the crash.

Anyiam, was sentenced at the Old Bailey this month to spend seven years in prison for causing the death of Anisha Garner by dangerous driving.

Anyiam pleaded guilty on Tuesday, 23rd March at the same court to charges of failing to stop and dangerous driving.

His vehicle was then involved in a collision with 20-year-old Anisha Vidal-Garner, from Epping. Despite the best efforts of the emergency services, Anisha was pronounced dead at the scene.

■ VICTIM: 20-year-old Anisha Vidal-Garner was killed by dangerous driving. Paying tribute, her brother Gael said "Anisha was a truly spectacular person - smart, funny and caring".

“**His failure to show any real remorse or take responsibility - including his failure to turn up to court on two occasions - has dragged this case out and caused even more distress.**”

Anyiam did not stop after the collision and his car was found abandoned nearby. Two days later, on Friday 21st February, he handed himself into police and was charged with the above offences.

A spokesperson for the family paid tribute to Anisha, saying: “Anisha was a beautiful, intelligent, witty, fun and hugely kind person who had time for everyone. She was passionate about many things and all her passions became our passions, from Eurovision to Timothee Chalamet.

“She was complex and interesting and interested in everything. She had so much to look forward to. She wanted to travel and see the world and experience everything it had to offer.

“But her life was taken away by the reckless actions of Quincy Anyiam. She stood no chance. She was just in the wrong place at the wrong second.

“His failure to show any real remorse or take responsibility - including his failure to turn up to court on two occasions - has dragged this case out and caused even more distress.

Her brother Gael added: “Anisha was a truly spectacular person - smart, funny and caring. She was always there for you and never would not be. She is loved no matter what. Her love is endless. She is an immortal and that's what she deserves. We simply adored Anisha and we will miss her for ever.”

A/Detective Inspector Richard Budd, leading the investigation said: “This is an incredibly tragic incident for Anisha's family and loved ones. This is justice, but in no way will it compensate for the devastation and destruction that Anyiam has caused to this family.”



A photograph of a woman with long dark hair, wearing a grey sweatshirt, coughing into her elbow. The background is a plain, light-colored wall.

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HIGHER RISK:

Millions allocated for studies on Covid-19 link to ethnicity

With a disproportionate number of deaths from coronavirus in those from ethnic minority backgrounds, British scientists are to receive millions of pounds of government funding for studies to learn why they are at a greater risk.

Over £4.3m has been awarded to six projects for researchers to analyse data on social circumstances, health and day-to-day activities, as well as investigating genetic risk factors.

Analysis of mortality rates by the ONS (Office for National Statistics) reveals that risk of death from infection with Covid-19 is significantly higher among people from BAME backgrounds than the white population.

Public Health England (PHE) reports identify that 36% of healthcare workers who had died from Covid-19 were of Asian ethnicity (BAME), and 27% were black, even though these groups make up only 15% of the general

population in England.

But no-one knows exactly why ethnic groups are more vulnerable, though there are a number of ideas about why people from BAME backgrounds have been harder hit.

Working in occupations with greater levels of contact with people in frontline health and social care, and having underlying health conditions, such as diabetes and hypertension, are some of the possibilities that are a common factor.

The new grants to explore the link between Covid-19 and ethnicity come from UK Research and Innovation (UKRI), and the National Institute for Health Research (NIHR). Researchers say there will be rapid action based on the findings.

Almost half (£2.1m) of the £4.3m funding pot will go to a study into BAME healthcare workers, led by Dr Manish Pareek, from the University of Leicester.

Using anonymised health records of NHS staff, the study will try to determine which ethnic groups could be at particular risk, so as to help with advice whether staff from a particular background and age range should be redeployed away from the frontline.

A team led by Dr Robert Aldridge, from UCL (University College London), has been awarded £1.4m to recruit about 12,000 people from BAME groups to add to the 25,000 already in its "virus watch" study. It will examine infection incidence among BAME communities and the contribution of factors such as overcrowding, migration status and occupation.

The researchers said they would start publishing data and recommendations as soon as possible given the urgent need for action ahead of a feared second wave of the pandemic rather than wait until their studies were concluded.



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Live Hajj coverage

Saudi Arabia has strictly limited the number of people who can take part in this year's Hajj pilgrimage to Mecca because of the coronavirus.

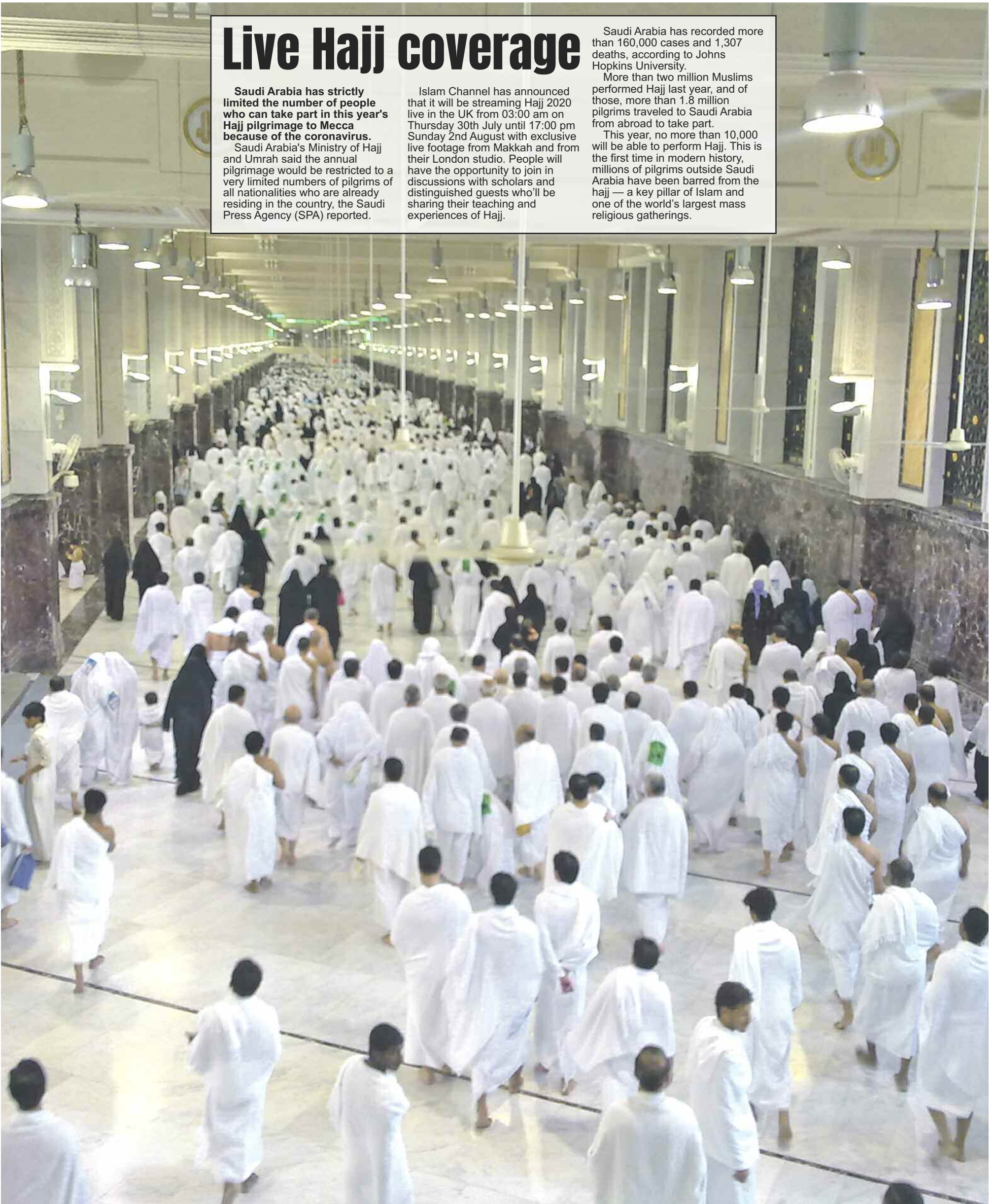
Saudi Arabia's Ministry of Hajj and Umrah said the annual pilgrimage would be restricted to a very limited number of pilgrims of all nationalities who are already residing in the country, the Saudi Press Agency (SPA) reported.

Islam Channel has announced that it will be streaming Hajj 2020 live in the UK from 03:00 am on Thursday 30th July until 17:00 pm Sunday 2nd August with exclusive live footage from Makkah and from their London studio. People will have the opportunity to join in discussions with scholars and distinguished guests who'll be sharing their teaching and experiences of Hajj.

Saudi Arabia has recorded more than 160,000 cases and 1,307 deaths, according to Johns Hopkins University.

More than two million Muslims performed Hajj last year, and of those, more than 1.8 million pilgrims traveled to Saudi Arabia from abroad to take part.

This year, no more than 10,000 will be able to perform Hajj. This is the first time in modern history, millions of pilgrims outside Saudi Arabia have been barred from the hajj — a key pillar of Islam and one of the world's largest mass religious gatherings.



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Celebrating World Breastfeeding week



■ Bradford Breastfeeding Buddies hopes lots of local mums will join the Big Virtual Latch On at 10.15 am on Saturday 1st August in celebration of World Breastfeeding Week

With around 2000 babies born across Bradford District during lockdown, it's hoped that local mums who are breastfeeding will spend just a part of their Yorkshire Day taking part in a world first – the Big Virtual Latch On at 10.15 am on Saturday 1st August, celebrating the start of World Breastfeeding Week.

Led by Bradford Breastfeeding Buddies, the event in the region brings local mums together with others from 120 countries around the globe, all taking part in a world record attempt for the most mums breastfeeding simultaneously.

As well as being a chance for a get together and a bit of fun, the event has a very serious side – raising awareness of the importance of breastfeeding for a baby's health, especially during the pandemic; and ensuring breastfeeding mums get the help and support they need.

The first breast milk a baby receives is full of antibodies and breastfeeding has many other long-term benefits for a child's health, including reducing the risk of infections, diarrhoea and vomiting, sudden infant death syndrome and obesity, as well as protecting against cardiovascular disease in adulthood.

Any amount of breast milk has a positive effect, but the longer a mum is able to breastfeed, the longer the protection lasts and the greater the

Big virtual latch on

benefits – which is particularly important at the moment.

Bradford District Strategic Breastfeeding Lead Jane Dickens says: "Whilst lockdown is now easing, many new mums have not had the chance to spend as much time getting face-to-face help and advice about breastfeeding from their own mums due to the restrictions, especially if

their parents have been shielding.

"That's meant expert online group and 1-2-1 support by phone or video link from midwives, health visitors and organisations like Bradford Breastfeeding Buddies has proved even more important than usual. They have been able to give invaluable advice, answering 'how to' questions, helping with specific problems and

guiding people who want to return to work and continue breastfeeding."

In the run up to the Big Latch On and during World Breastfeeding Week (1-7 August), breastfeeding champions from Bradford District Care NHS Foundation Trust's health visiting team and Bradford Breastfeeding Buddies will be sharing their top tips and advice for

breastfeeding mums online via the Trust's facebook and Twitter pages.

And with more and more shops, cafes, pubs and restaurants reopening it is hoped that local businesses will let mums know that they are 'Breastfeeding Welcome' or sign up to the scheme, which is run by Bradford District Care NHS Foundation Trust in partnership with Bradford Metropolitan District Council.

Breastfeeding Welcome businesses and venues simply use a Breastfeeding Welcome pink and white sticker as a clear message to breastfeeding mums that 'you are welcome to breastfeed your baby here.' This means mums can relax and get on with feeding their baby without worrying about what other people think, and it's an important confidence boost too.

Jane Dickens said: "We're all in this together. Mums who've been in lockdown are enjoying getting out and about again, so let them support your business or venue by telling them you're happy for them to breastfeed there."

If you are a business interested in the Breastfeeding Welcome scheme, please contact breastfeedingwelcome@bdct.nhs.uk.

If you are a mum who would like to join the Big Latch On – visit Breastfeeding Buddies facebook page for all the details.

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BEGGING: Is it just a scam or a lifeline?

Finding a figure huddled under a blanket, eyes downcast, an empty disposable cup has become commonplace. But in the city of Bradford, beggars will approach your vehicle at the traffic lights, knocking on the window asking for money.

It's difficult to ignore. What do you do? Avert your gaze and briskly pick up the pace? Or maybe fumble in your purse or pocket for a pound coin to drop into the cup?

Indeed, not only do most local authorities and police forces actively campaign against giving money to street beggars, but the vast majority of charities and organisations dealing with the homeless adopt the same approach.

It's estimated that some beggars take home a few hundred pounds a day.

Now a successful multi-agency operation was carried out in Bradford to tackle homelessness

and begging. They found that a number of the people begging were actually not homeless and were committing the offence purely for the monetary benefit.

Many were found begging on traffic islands, which is potentially dangerous for themselves and other motorists.

Officers from Bradford East NPT working together with officers from the City NPT in conjunction with staff from Bradford Homeless Outreach Partnership carried out a proactive operation in the City Centre and Bradford East areas.

Sergeant Richard Bedford, of Bradford East NPT, said: "Through partnership working, this was an incredibly successful operation this week to tackle begging and associated issues.

"We have been working closely with our partners regarding the issue of street begging for some time following feedback from residents and businesses, and fully appreciate the sensitivities of what is a highly emotive subject.

"Our key role as a police officers is to aid those at risk and therefore our concern, as it is for other agencies, is to ensure those who are by definition vulnerable receive the help and support they need.

"We will continue to work closely with our partners to tackle anti-social behaviour and crime in Bradford. I hope that these kinds of initiatives are reassuring to our residents and local communities that we are committed to ensure that Bradford is a safe place to live, work and visit."

A successful multi-agency operation was carried out in Bradford to tackle homelessness and begging. They found that a number of the people begging were actually not homeless and were committing the offence purely for the monetary benefit.

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■ **LEGAL CHALLENGE:** The case is brought by Amrik Singh Gill, Chair of the Sikh Federation (UK) and has the support of over 150 Gurdwaras and Sikh organisations



Sikh

Cabinet Office to face legal challenge over Census 2021

The Sikh Federation (UK) has been granted permission for a full judicial review hearing in the High Court over discrimination of people of Sikh-ethnic origin in the forthcoming 2021 Census.

The Federation argues that the decision to exclude the tick box option is based on legally unsustainable reasoning and is therefore unlawful.

Granted by Mr Justice Lewis, a full judicial review hearing in the High Court, is expected to take place in October 2020.

The case is brought by

Amrik Singh Gill, Chair of the Sikh Federation (UK) and has the support of over 150 Gurdwaras and Sikh organisations.

In their legal case they claim that the ONS failed to apply its published evaluation criterion on "public acceptability" to its assessment of whether to include a Sikh ethnic group tick box; and failed to apply it consistently across the questions/response options considered for inclusion in the 2021 Census.

In addition, the group argues that the ONS unlawfully relied on a report

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discrimination

by external research agency Kantar, which applied a different evaluation criteria to that promised by the ONS, and which the group say displays inconsistencies and inaccuracies.

The court is being asked to quash the Census (England and Wales) Order and the Census Regulations for England and Wales.

In 2011, the UK-wide Census recorded approximately 430,000 Sikhs based on a non-mandatory question about religion. However, not all people who would identify as ethnically Sikh identify as religiously Sikh.

The Sikh Federation's own estimate based on engagement with their community is that there are approximately 700-800,000 ethnic Sikhs in the UK.

The Sikh Federation (UK) first commenced judicial review proceedings in May 2019 as they did not wish to cause any delay to the census. All parties have supported expedition of the proceedings on this basis.

Permission for a judicial review challenge was first granted in September 2019, but the full claim was then dismissed by Mrs Justice Lang in December on the basis it was premature to bring the challenge before the draft Order had been laid before Parliament. No findings were made as to the substantive issues of the claim at that time.

The court will now consider that full claim and those substantive issues because the Census (England and



Wales) Order 2020 was presented to Parliament in March 2020 without a Sikh-ethnic tick-box response option.

Cross-party support was received for a Sikh-ethnic tick-box during the virtual debate in Parliament in May.

However, the virtual Parliamentary process did not allow for any amendments or annulment to the draft Order and

it was approved on 20 May 2020.

Bhai Amrik Singh, the Chair of the Sikh Federation (UK) said: "We are delighted we have been granted permission for a hearing in the High Court and are confident we have the evidence and arguments to win the case."

"Ministers must accept we are seeking a separate Sikh ethnic tick box in the census as that is the only practical way to get 40,000 public bodies to collect information on Sikhs to ensure equal opportunities and address discrimination."

"The Cabinet Office need to admit the ONS have not followed their own processes, ignored the evidence and made many mistakes."

Rosa Curling, from law firm Leigh Day who represents the Sikh Federation, together with Erin Alcock, added: "Our client's concerns about the lack of an ethnic Sikh tick-box on the 2021 Census have not changed. The concerns they raised over flaws identified within the process for determining whether or not to include a Sikh ethnic tick-box have not been addressed by the courts to date."

"Our clients continue to argue that without a Sikh ethnicity tick-box on the next census, the Sikh community will continue to be at a disadvantage in relation to the allocation of public resources."

Ayesha Christie and David Wolfe QC of Matrix Chambers are counsel instructed in this case.

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'A Team' to the rescue

25 men to ride 127 miles from Liverpool to Leeds to raise money for desperate Yemeni refugees

A group of local cyclists have set themselves a mission of cycling 127-miles from Liverpool to Leeds in a bid to raise funds for the Akhira Team Yemen projects.

After almost five years of war, around 14 million people in the war-torn country are facing starvation, and it's estimated over 85,000 children have already died from extreme hunger since 2015.

Displaced families struggle every day without access to basic amenities such as food, medical treatment and clean water.

The 25 men raising money for Yemen are a group of mixed-ability riders, ranging from 19 to forty-years-old. They'll be taking on the gruelling 15-hour bike ride from Liverpool to Leeds on Sunday 9th August, streaming it live across their social media channels.

UNICEF figures show that some 80 per cent of the 24 million population is in need of humanitarian assistance, including more than 12 million children. Since the conflict escalated in March 2015, the country has become a living hell.

The Akhira Team AKA 'The A Team' is a local Leeds-based charity that has worked on countless projects over the years. This year, they set up a base in Yemen to deliver aid and assistance out there to people who often have no other help.

Riders partaking in the challenge next month include a chemical engineer, store managers, a barber and a civil engineer amongst a whole range of other professions. The monies raised will be used to purchase basic food items such as flour, rice, lentils, tomato puree and sanitation supplies in Yemen.

Leeds barber Naheem Yacub, speaking to Asian Express, says: "With Covid-19 still spreading rapidly, Yemen is facing an emergency within an emergency.

"Sanitation and water are in short supply.

"Since the start of the war, over one hundred thousand people have been killed, thousands injured, millions internally displaced facing acute malnourishment.

"Over 75% of those refugees are women and children and they face their own unique challenges. Some have been victims of sexual assault, become widows, some have become orphaned.

Amjad Hussain, Naheem Yacub and Nasser Khan



The riders on a training session ahead of the 127-mile challenge

"Every penny you give will make a difference," adds Naheem.

"Every £1 you give will go a massive way in providing these families and children with a ray of hope. At the moment, these children have little or no chance of making it back to normality on their own, with the conflict worsening and no end in sight."

"We originally set our target to raise £10,000, but we've smashed that figure on givebrite.com and anticipate we'll cross the phenomenal figure of £15,000 mark! The support we've had is simply just incredible!"

Despite busy family and work commitments, the riders have been ready to train at every opportunity they can, many doing midnight training sessions.

And this isn't the first time they've supported charities. "The Akhira Team is a non profit Leeds-based charity, which operates in the UK and around the world doing humanitarian work," adds Naheem.

"The charity provides aid to people of all religions, race and backgrounds

– with the main aim being to improve the lives of those who are less fortunate than we are.

"During this year's Ramadan, they worked tirelessly and reached over 11 countries with aid and assistance, which is an amazing accomplishment considering Covid-19 restrictions which made travelling and delivering aid very difficult."



Follow the strenuous seventeen-hour bike ride LIVE on their Instagram 'akhira.team'





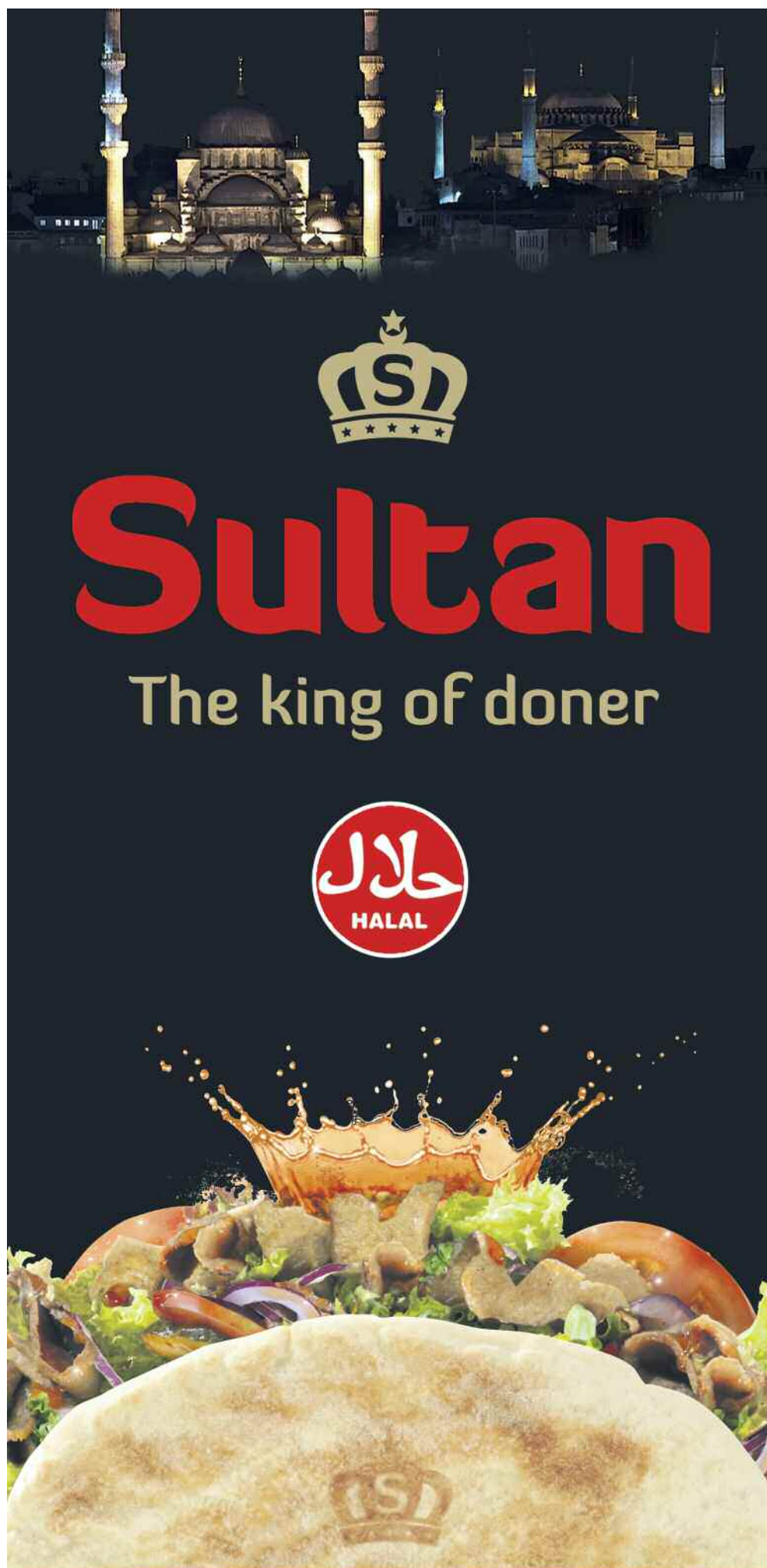
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The Great Yorkshire Maze

With the easing of lockdown restrictions, a brand-new attraction for all the family has the go-ahead to open in North Yorkshire this summer.

Nestled in beautiful countryside at the foot of the Yorkshire Wolds, The Great Yorkshire Maze will 'crop up' at Sherburn, midway between Scarborough and Malton over the summer holidays, opening on Wednesday 22 July.

With 'Good to Go' approval from Visit England, the event promises a field full of fun with two mazes, a Vintage Funfair, Football Darts and a Big Top with live entertainment for families.

The larger of the two mazes, the specially designed Yorkshire Rose Maze, comprises nine acres of maize plants – that's 55,000 seeds – and over two miles of paths to challenge the navigation skills, while for younger adventurers there's the two-acre Scarecrow Mini-Maze with its colourful collection of scarecrows from the Wetwang Scarecrow Society.

The Vintage Funfair features exquisitely restored rides and game stalls from the golden era of fairgrounds, and offers plenty of thrills for adults and children alike aboard the 1930s Speedway, Dodgems and Chair-o-plane, while the Hush Hush Train ride and Swing Boats will delight the little ones. Crazy Mirrors will give everyone a chance for a chuckle, and the game stalls Hook-a-Duck and Flip-a-Frog will test the skills of all ages, offering a prize every time.

For some competitive family fun there's Football Darts - instead of throwing a dart, budding footballers can take aim at the giant velcro dartboard and show off their striking skills – and win a prize every time!

There will be picnic tables and benches socially-distanced around the fairground and inside the Big Top for visitors to relax and enjoy a range of family-friendly live entertainment at set times throughout the day, with a cuppa and cake, a Berry Best Ice Cream, or a

barbecued bite from our wooden food cabin.

Organiser of The Great Yorkshire Maze, Georgina Wood says "We are very excited to be able to bring a fabulous new event to families in Yorkshire and beyond. We planted the maize back in May in a sea of uncertainty, hoping the Covid-19 pandemic would have abated so we could provide fun and entertainment of the highest quality over the summer, in a safe environment, for families who have had a long period in isolation."

The Great Yorkshire Maze will be open every day from 22 July to 6 September 2020, from 10am to 6pm with last admissions at 4.30pm. Tickets are priced at £10.95 for adults and £9.95 for children (aged 3-15, under 3s free), with concessions, family prices and discounted tickets for NHS staff and Care Workers and their families.

The Great Yorkshire Maze is located just off the A64 in Sherburn, approximately 11 miles from both Malton and Scarborough. All Covid-19 guidance from the Government and Public Health England is continuously monitored and followed.

Tickets can be purchased at the box office on site or booked in advance through Ticketsource <https://www.ticketsource.co.uk/thegreatyorkshiremaze>.



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Business news

MEAL DEAL

Eat Out to Help Out scheme - how the government's 50% food vouchers will work

People will be able to get half price meals when they eat out at restaurants, cafes or pubs in August in a bid to help boost the leisure and tourism industry.

The Eat Out to Help Out scheme

announced by The Chancellor, Rishi Sunak, will see the government pick up 50 per cent of the bill.

There is a cap of £10 per person, but it applies to all food and soft drinks orders that are eaten at the

place that you bought them, including kids' meals.

It means that an £80 meal out for a family of four will be reduced to £40 under the plans.

The money-off meal deal will only

be applied to food orders placed on Monday through to Wednesday next month, kicking off on 3rd August and running through until 31st August.

It's hoped the discount scheme

will encourage people back out this summer and help hospitality businesses back on their feet.

A leisure scheme like this has never been tried before in the UK, with Mr Sunak telling the Commons that the coronavirus "moment is unique" and calls on policymakers to be "creative".

A website has been launched, through which operators can register to take part in the scheme. Businesses will be fully reimbursed for the discounts, he promised.

"Each week in August, businesses can then claim the money back, with the funds in their bank account within five working days," said the Chancellor.

Continued on page 26



EAT OUT TO HELP OUT: The government will pick up 50 per cent of the bill, to a maximum of £10 per head (Picture courtesy of Fanoosh in Street Lane, Leeds)

BUSINESS

YOUR LOCAL & BUSINESS ROUND-UP

Lets Mediate... Or Not – What Are The Perils?

The recent High Court case of Wales (t/a Selective Investment Services) v CBRE Managed Services Limited and Aviva is a timely reminder for all litigants that the refusal to engage in Alternative Dispute Resolution ("ADR") can result in severe financial consequences.

In that case Mr Wales, an independent financial adviser, pursued a claim for £205,000 against CBRE and Aviva for unpaid commission. The former had dispensed with Mr Wales' services following its decision to move its employees to a new pension platform.

In his Letter of Claim, Mr Wales had indicated that he was willing to consider any proposal to settle his dispute by means of ADR including mediation in accordance with the Pre-Action

would not participate in. There was nothing in the nature of the dispute which rendered it unsuitable for mediation.

As a consequence the Judge only awarded CBRE 50% of its costs for the majority of the proceedings and 80% after the date of certain without prejudice correspondence. Aviva was also penalised but to a lesser degree; it had its costs reduced to 80% towards the latter stages of the litigation.

This case highlights the need for parties to remain flexible in litigation and to be prepared to negotiate. This is especially so in view of the current Covid-19 pandemic when judicial resources are being substantially stretched and current court listings deferred for months. Judges are likely to take an even dimmer view of any case that proceeds to trial where there was the possibility of it having been resolved by ADR months beforehand. Although ADR may not always result in a settlement it could still be utilised to narrow down the issues between the parties thereby saving on both expense and court time when the matter eventually reaches trial.

If you are involved in any dispute and require assistance or on any Covid-19 related issue then please contact Luke Patel on 0113 227 9316 or by email at "LPatel@LawBlacks.com".



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BLACKS
SOLICITORS

Eat Out to Help Out scheme - how the government's 50% food vouchers will work



Here's how the Eat Out to Help Out scheme will work

Where can I use the discount?

Diners will be able to claim the offer when they dine-in at any participating restaurant, café, pub or other eligible food service establishment.

How much can I save?

While it's been billed as a 50% discount, it won't quite work out to be half price in many cases.

The maximum amount of money diners can save is £10 per head, per meal.

There is no limit to the number of times you can use the discount, so in theory you can get half price meals on every Monday, Tuesday and Wednesday in August; so if you're someone who usually dines out regularly, the savings could quickly add up.

When can I use it?

The discount will be available throughout August, and is redeemable at participating restaurants on Mondays, Tuesdays and Wednesdays.

The idea is to help boost restaurants, bars and cafes during typically quieter times and ensure custom isn't just concentrated at the weekends.

There's no limit to how many times you use it

You can use the discounts as many times as you like, as long as it's on orders made on Monday through to Wednesday in August.

That means you could get up to a half price breakfast, lunch and dinner three days a week if you wanted to.

Can be used in work and school canteens?

Staff and pupils can use the scheme to get money off their lunch during the school day, as long as they sit in the canteen to eat it.

It means that workers who have to head back to the office can also use the discount too.

Can I use it on booze?

No - the discount is applicable only to food and non-alcoholic drinks, as is the reduced rate of VAT.

There's been some criticism that this doesn't support traditional 'wet-led' pubs that don't serve food.

What about takeaways?

The clue's in the name we're afraid - the Eat Out to Help Out discount will only be available on dine-in meals.

Many restaurants and bars quickly adapted their business models to serve takeaway food during lockdown - but the scheme aims to encourage people back through their doors to bring them fully back into operation.

Guidance for business:

To register your business to participate in the Eat Out to Help Out scheme visit <https://www.gov.uk/guidance/register-your-establishment-for-the-eat-out-to-help-out-scheme>

Records you must keep:

For each day you're using the scheme, you must keep records of the:

- Total number of people who have used the scheme in your establishment
- Total value of transactions under the scheme
- Total amount of discounts you've given
- If you are using the scheme for more than one establishment, you must keep these records for each.

More details of the incentive have been published, including information on how businesses can register. Visit <https://www.gov.uk/guidance/register-your-establishment-for-the-eat-out-to-help-out-scheme>

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...life & style

3 million HATE their current job

Workers say they feel trapped with no way out, and those stuck inside all day are most likely to be unhappy



Three million British workers HATE their current job, and feel trapped with no way out - and those stuck inside all day are most likely to be unhappy.

A study of 2,000 employed adults found one in 10 actively dislike their work, blaming boredom, their colleagues and lack of praise.

But while just three per cent of those who spend the majority of their time working outside are unhappy in their job, this rises to more than 12 per cent of people who earn their crust inside.

And more than half of all respondents feel they are 'stuck' in their role for the foreseeable future, regardless of how unhappy they are.

It also emerged the average adult spends just under seven hours of their working day inside.

As a result, 26 per cent would like to have a job where they could spend more time outdoors, while 30 per cent would like to be more active.

The research was commissioned by the Royal Horticultural Society (RHS) in line with the launch of their new online careers resource, and found a fifth of people said a lack of knowledge about roles in the industry puts them off jobs in horticulture.

A spokesperson for RHS said: "It's well known that spending time outside close to nature and working with plants is great for mental health.

"Tending to a garden and working in horticulture can be really enriching both physically and mentally.

"The vast majority of roles, both inside and outside, in horticulture are helping us do positive things for the environment, from finding out how plants can mitigate pollution and flooding issues to looking at supporting wildlife."

Continued on page 31

■ Millions plan to continue their digital spending spree despite restrictions being lifted

Lockdown has led to the UK becoming a nation of online shoppers – with millions planning to continue their digital spending spree despite restrictions being lifted.

A study of 2,000 adults found 61 per cent shopped online more than usual during lockdown, with a staggering nine in 10 planning to shop as much online, if not more from now on.

Groceries, and home and garden products were at the forefront of items purchased online, with 41 per cent of adults making at least one of these purchases during lockdown.

And three fifths of the adults polled now plan to buy groceries online in the future, with sales figures of meal kits purchased over the internet soaring by 114 per cent when people were urged to stay indoors.

The study also found shoppers are buying in new ways and from new suppliers, with nearly a third

signing up to a new shopping website that they hadn't used before lockdown.

Also seen was packaging demands double for food, flowers, and hygiene products sold online since the start of the pandemic.

Reasons for buying online differed both by age and gender, with men and younger people prioritising convenience – while women and older generations focused on safety.

But some of the in-store habits remain despite the switch to online shopping, with a third saying they still 'window shop' by browsing websites and keeping a wish list of the items they want to buy.

And more than one in three enjoy bargain hunting even when shopping online.

However, sustainability has become an increasing concern with almost a quarter more likely to buy online if items are delivered with less or more environmentally-friendly packaging.

Another 21 per cent of those polled, via OnePoll, are more likely to shop online if their products arrive in more recyclable packaging.

Those aged between 25 and 34 were most conscious about sustainability, while women held this as a higher priority than men.

Stefano Rossi, packaging CEO at packaging firm DS Smith, which commissioned the research, said "There has been a seismic shift in the way consumers are shopping."

"What's clear is that as lockdown eases further, these trends aren't likely to fall away."

"Consumers have found new confidence and convenience in the way they shop, buying a whole range of items online – everything from the family food shop, to toiletries and home and garden products."

"If companies are not already transforming their business to meet this new age of e-commerce, they risk being left behind."

Shopaholic

Lockdown has led to the UK becoming a nation of online shoppers

How to unlock your phone while wearing a face mask



Wearing a mask while out and about is going to help contain the spread of coronavirus. But it can also make it tricky to unlock your phone with your face.

Newer phones, like the iPhone 11 or Google Pixel 4, don't have fingerprint scanners so rely on scanning your face to unlock the device. So unless you want to enter a PIN every time you open your phone, you're going to need to configure it to work with a face mask.

Whether you use an iPhone or an Android

device, the method is the same: You'll need to reset your phone's face unlock features with a mask to hand.

When you're required to scan your face with your phone's camera, make sure you have your surgical mask folded in half so it covers only one side of your face. While holding the mask in place, follow your phone's face unlock enrolment instructions.

Once your setup process is complete, you should be able to unlock your phone with your mask on.



Fold your mask so it only covers half your face



Running through the face enrolment option like this should help your phone recognise you with a mask on



3 million HATE their current job

Workers say they feel trapped with no way out, and those stuck inside all day are most likely to be unhappy

Continued from page 29

The research also found a quarter would also be more likely to consider a career in horticulture if they felt they were going to be helping the environment.

And a further 25 per cent think doing so would give a huge boost to their mental wellbeing.

It was revealed 44 per cent of those currently unhappy in their work life describe it as boring, and 17 per cent of office workers hate staring at a screen all day.

For more than a quarter, however, it's their colleagues which are the single worst thing about where they work.

As a result of their unhappiness, three in 10 of all respondents have

seriously considered changing careers to find something which gets them outside more often.

For a third of those polled via OnePoll, they'd like to do so in order to get to work with plants or animals.

Some of the top outdoor-based jobs people would love to try their hand at include being a garden designer, florist, or a general landscaping expert, according to the research.

RHS' spokesperson added: "There are so many rewarding roles in this wonderful industry and we hope people enjoy our new online careers resource to find out more."

"The correct skills and knowledge are vital to the horticultural sector, however there is currently a horticultural skills gap in the UK."

"In a separate piece of research we recently found out the requirement for skills in the horticultural industry are expected to increase by 23 per cent in the next two years."

HAVE YOU TRIED THE UK'S LEADING INDO-CHINESE BRAND?

Founded in 2012, Oodles Chinese is one of the UK's leading Indo Chinese brands with over 12 branches to date, thousands of customers across the country and ambitious plans for another 10 stores in 2020.

It serves Indo Chinese food with customers choosing their starters and main dishes which are filled in small, medium or large boxes.

Food so fresh you'll flip

Dishes include Malaysian chicken, chilli chicken, Chinese lamb curry, chilli prawns, caramel chicken, teriyaki chicken, schizuan beef stir fry and crispy prawns. Side options include veg spring rolls, Chinese wok wings and Torpedo prawns.

Wok's up Yorkshire

Oodles Chinese now has two branches in Yorkshire after it opened its 60-seater Bradford location on Leeds Road last December. It is the second store in Yorkshire after bringing the brand to Leeds for their first branch in The Merrion Centre in August this year.

Franchise owner Khurum Akhtar

said: "Our concept of fresh and unique tasting Indo Chinese food is something Yorkshire has never experienced before."

"We have invested into creating a real experience in both our stores which includes an open kitchen area where customers can see their food being freshly prepared."

OUR LOCATIONS

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It is certified HMC approved with dedicated vegetarian options. The decor of the restaurant features interior inspired by its Chinese influence with an open-plan kitchen with live cooking so diners can see their food being freshly-prepared to order.





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The matchmaking show people hate... but just can't stop watching...

■ **SERIES:** Indian Matchmaking is the new arranged marriage show that's gone viral (Pic: Yash Ruparelia/Netflix)

New Netflix documentary series 'Indian Matchmaking' is cringey but honest and completely reflective of societal flaws

The matchmaking show people hate... but just can't stop watching...

28/07/2020

New Netflix documentary series 'Indian Matchmaking' is cringey but honest, and completely reflective of societal flaws

Arranged marriages are commonplace in South Asia, with stats revealing that almost 90 per cent of all marriages in India are fixed by parents. So of course exposing the lives of traditionalist Hindu families would make a great entertainment.

Featuring an elite India matchmaker from

Mumbai, who visits families in their plush homes, Sima Taparia AKA 'Sima Aunty' is the 50-something year old quintessential scrutinising desi aunty jee at the epicentre of the viral show 'Indian Matchmaking'.

She helps struggling singles find suitable matches by scouring her rather significant and ever-expanding database of potential candidates who fit the "demands" of the prospective brides and grooms to be.

Continued on page 34



New Netflix documentary series 'Indian Matchmaking' is cringey but honest and completely reflective of societal flaws



The matchmaking show people hate... but just can't stop watching...

Continued from page 33

Caste, fairness of skin colour, height, wealth, all come into play, along with the repetitive statement that girls must "adjust their mindsets" and be willing to "compromise" to her new husband and his family. Her obliviousness to her own political unawareness is brutal.

Just minutes into the very first episode, Ms Taparia reveals the high stakes of marriage for the richest families in the world's second-most populous country.

"The two families have their reputation and many millions of dollars at stake," she says in a matter-of-fact tone, before spelling out the criteria for successful union to viewers: "In India you have to see the caste, you have to see the height, you have to see the age... then I match," she says.

'Indian Matchmaking' has stripped naked the pretence of what arranged

marriages in India are all about, and exposes it for what it really is – a hard-nosed transaction – a vetted alliance of people who are societally equal to each other.

Indian Matchmaking a new documentary on Netflix (Pic: Yash Ruparelia/Netflix)

Although caste discrimination has been outlawed in India, just five per cent of Indian marriages are inter-caste, reported the India Human Development Survey in 2014, while 20 per cent of urban households said they still practised "untouchability".

With the internet abuzz with memes and jokes of Sima Anty, many criticising her of sexism, promoting misogyny and casteism; heated introspective debates of outdated customs of the 'arranged marriage business' have called it as India's most antiquated institution.

But despite the rave on social

media – some saying they love the show, and others saying they hate it, it seems people are fascinated with the show. Since its release earlier this month 'Indian Matchmaking' has raced to the top of the charts for Netflix in India.

In the show Ms Taparia describes marriage as a familial obligation.

Traditionally, arranging marriages has been the job of family priests, relatives and neighbourhood aunties. But in more recent years, parents will trawl through matrimonial columns in newspapers to websites, uploading videos of their requirements so they can find a suitable match for their children.

Admitting that she doesn't charge a fee, but rather works on "goodwill", Ms Taparia flies across India and indeed the world, to meet eligible bachelors and bachelorettes giving us a sneak peak into their lives and

personalities. Gathering biodata during the meeting, she creates a profile of her client and an almost clinical shopping list of what they are looking for.

Her clients biodata is a CV that covers basic details such as height, weight, skin tone and caste (social class), as well as family name and, among Hindus, lineage. The importance of the horoscopes is paramount here, including when they are born. It includes birth date and time. These are used to check compatibility between the prospective couples and their families.

She also consults astrologers and even a man deemed a face-reader over whether a match would be auspicious or not.

She is often seen talking about her clients – mostly the independent women – as "stubborn", saying that

away from his homeland, he faces a lot of hardships while executing projects overseas and introducing newcomers.

After producing numerous ground breaking-songs for his musical group 'The Arid Zone' and launching Pakistan's first pop chart show 'Music Channel Charts', Akhtar's directorial ventures and productions in recent years have launched the careers of Humayun Saeed, Shamooin Abbasi, Tooba Siddiqui, Zara Sheikh, Nida Yasir, Javeria Abbasi, Komal Rizvi, Fakhr e Alam, Nadeem Jafri, Amreena Khan and the list includes countless renowned names.



Setting new trends

Pakistan's ground-breaking talent Yasir Akhtar continues to wow

Singer, actor, director and producer Yasir Akhtar's latest film 'Azaad' aspires to present international story-telling by glorifying differences in culture.

Shot entirely in London, 'Azaad' is a story revolving around two brothers - Azaad (Yasir Akhtar) and Aazer (Gagan Chopra), and their mother Mehru (Parveen Akbar), who escaped from Pakistan after her brother-in-law murdered her husband.

London's East End becomes their 'safe haven', and despite Mehru being the sole bread-earner of the family and struggling to provide for her sons. Both the brothers are two poles apart in every field of life. But the story takes a turn point with the arrival of a relative Dilawar (Imran Ali Asad) who's intent on intruding and disrupting every aspect of their lives.

'Azaad', a project of Multinational Films, was shot in the frosty winters of London and is written by Roomy Zahid from Bradford.

Auditions for this project took place in Birmingham, London, Bradford and Manchester. The film serves as the medium to introduce the sprouting careers of two actors - Gagan Chopra from London and Imran Ali Asad from Glasgow.

Akhtar himself composed, wrote and performed the folk-rock Sufi-style title track for 'Azaad' - the lyrics of which convey the message of peace, love, and harmony.

Akhtar says being a Pakistani living

they need to "compromise" or "be flexible" or "adjust" if they are to find a groom.

The docuseries follows chaperoned meetings in plush settings, and Sima Aunty's clients going on dates and providing feedback of what they thought of her recommended candidate.

Quite surprising though, is that affluent, successful Indian-American clients who have tried dating apps are resorting to traditional matchmaking and astrology for a chance to help them find a partner. The vast majority of them are people in their thirties looking to find a made-to-order happily ever after.

Despite all the controversy and cringe-worthy moments, the reality series is a fascinating glimpse into the Indian, particularly Hindu cultural traditions surrounding finding a mate and planning a wedding.

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Road rocket

Ford Mustang Mach-E 1400 concept

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Ford introduces Mustang Mach-E 1400, an all-electric road rocket that shows just how much performance can be harnessed without using a drop of gas.

Coming hot on the heels of the 1,400-horsepower all-electric Mustang Cobra Jet 1400, this one-off Mustang Mach-E with its seven electric motors and high downforce is ready for the track, drag strip or gymkhana course - anywhere it can show how electric propulsion promises extreme Mustang performance.

Continued on page 39



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Personalisation

Automobili Lamborghini has created a new virtual Ad Personam studio, offering consultation sessions to clients worldwide who want to personalise their new Lamborghini without travelling to the specialist department in Sant'Agata Bolognese, Italy.

From July 2020 clients can pre-book an initial consultation of around two hours via their dealership, either joining their sales specialist at the showroom or from another location, for their dedicated session with Lamborghini's specialists surrounded by the extensive Ad Personam options on display.

A video call will be supported with the relevant model in the Ad Personam studio, and live design proposals and configuration suggestions from the Ad Personam team, using smartphones for walk-arounds and to see close-up details.

Virtual assistance for the Lamborghini Aventador SVJ Roadster Xago edition

The virtual consultation is followed up with full proposals sent to the client, including renderings and even material samples.

"Lamborghini is always thinking dynamically about the best solutions to challenges, and our new virtual Ad Personam studio consultations have been carefully devised to support clients who, in times where we are all cautious about international travel, still want the special, one-to-one experience of creating an entirely personalised car," said Giovanni

Perosino, Chief Commercial Officer of Automobili Lamborghini.

"We still look forward to welcoming clients to Sant'Agata Bolognese in the future but we expect more than 150 Ad Personam consultations to take place virtually within this year, and continuing as an option for the future.

"With the support of our dealers worldwide, who also have significant personalisation experience and of course, samples and materials in their own dealerships, we have the exciting

opportunity in an increasingly digital age to create one-off Lamborghini models virtually."

In celebration of the new Ad Personam facility, Lamborghini announces the Aventador SVJ Xago special edition: a car produced in just ten units and reserved for clients specifying their Aventador SVJ virtually. Inspired by the hexagon cloud shapes at the North Pole on the planet Saturn and the strength of the hexagon in nature, the Xago celebrates the iconic 'hexagonita'

theme in Lamborghini design.

The exterior of the Lamborghini Aventador SVJ Xago edition features a specially-created fading hexagonal silver effect, with a unique Ad Personam contrast colour livery for each car and gloss black Nireo Ad Personam rims. The interior features an exclusive seat pattern with hexagonita theme, and special contrast color matching the exterior. Each of the ten Aventador SVJ Xago models will be identified by a numbered plate.

Automobili Lamborghini launched its Ad Personam program in 2013 and opened its Ad Personam studio in 2016. Now more than 50% of Lamborghini cars coming off the production line feature at least one Ad Personam detail: a percentage that has tripled over the last three years, with the USA, Asia and UK the biggest markets.



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Continued from page 37

Developed in collaboration with RTR and built off a Mustang Mach-E GT body-in-white, the prototype targets 1,400 peak horsepower. The chassis and powertrain work together for a multitude of setups offering capability unlike any other vehicle. And this 'road rocket' is set to debut at a NASCAR race.

It's the result of 10,000 hours of collaboration by Ford Performance and RTR aimed at bridging the gap between what an electric vehicle can do and what customers tend to believe it can do.

"Now is the perfect time to leverage electric technology, learn from it, and apply it to our lineup," said Ron Heiser, chief program engineer, Mustang Mach-E. "Mustang Mach-E is going to be fun to drive, just like every other Mustang before it, but Mustang Mach-E 1400 is completely insane, thanks to the efforts of Ford Performance and RTR."

"Getting behind the wheel of this car has completely changed my perspective on what power and torque can be," said Vaughn Gittin Jr., RTR Vehicles founder, motorsports champion and professional fun-haver. "This experience is like nothing you've ever imagined, except for maybe a magnetic roller coaster."

And Ford has taken shape without rules. The design team and RTR used many of the same tools Ford uses for its race cars and production programs. Aerodynamics are optimised for shape and location, with a focus on cooling ducts, front splitter, dive planes and rear wing.

The Mach-E 1400 has seven motors - five more than even Mustang Mach-E GT. Three are attached to the front differential and four are attached to the rear in pancake style, with a single driveshaft connecting them to the differentials, which have a huge range of adjustability to set the car up for everything from drifting to high-

Road rocket

Ford Mustang Mach-E 1400 concept

speed track racing.

The chassis and powertrain are set up to allow the team to investigate different layouts and their effects on energy consumption and performance, including rear-wheel drive, all-wheel drive and front-wheel drive.

Drift and track setups have completely different front end configurations like control arms and

steering changes to allow for extreme steering angles in drifting. Power delivery can be split evenly between front and rear, or completely to one or the other. Downforce is targeted at more than 2,300 lb. at 160 mph.

The 56.8-kilowatt-hour battery (installed) is made up of nickel manganese cobalt pouch cells for ultra-high performance and high discharge rate. The battery system is

designed to be cooled during charging using a di-electric coolant, decreasing the time needed between runs.

An electronic brake booster is integrated to allow series regenerative braking combined with ABS and stability control to optimize the braking system. Mustang Mach-E 1400 features Brembo brakes, like the Mustang GT4 race car, and a

hydraulic handbrake system designed for drifting that integrates with the powertrain controls to enable the ability to shut off power to the rear motors.

Ford is investing more than \$11.5 billion in electric vehicles worldwide, with the first global vehicle, and the all-electric Mustang Mach-E starts hitting the streets in the U.S. at the end of 2020.



Business as usual for DVLA personalised registrations

In what should have been DVLA Personalised Registrations third live auction of the year, the sale has gone ahead - online - offering customers the sanctuary of bidding from the safety of their homes... and an additional 1,000 lots to choose from!

The seven-day timed auction got underway at 10am on Wednesday 22nd July and featured 2,250 lots, an increase from the 1,250 available during its live three-day events, with reserves ranging from £70 through to £2,500.

By close of the working day, more than £2 million had been bid, with 80 per cent of the lots already surpassing their reserve prices. Impressively, 86 A was the highest-priced personalised registration at that point with £34,610, followed by SUN 1A (£12,510) and 1 NAB (£11,210).

As ever, DVLA Personalised Registrations has laid on scores of personalised registrations aimed at all tastes and requirements, from the quirky and fun marques that help market businesses such as 511 CK (reserve £2,200), MRB 100M (£200),



SPA 805S (£250), SHE 33P (£300) and W45 STE (£250) to typical name-related registrations including BLA 112R (£250), C43 MAX (£130), LA18 URA (£400), LE11 NNY (£250) and YUS 53F (£300). Of course, petrolheads will also have a feast to feed on including AST 700N (£250), DBS 1A (£500), F812 FER (£250),

GH18 OST (£400), LAM 80V (£300) and S41 EEN (£250).

The Agency has undoubtedly led by example. Days after its first live auction of the year was concluded in early February and at the time the 'potential escalation' of COVID-19 was just being reported, the organisation made the difficult decision to transfer its spring,

summer and autumn sales to its tried and tested online auction platform. That decision has now been extended to include its final two live sales scheduled for September and November.

Taking the live sales online, to a format that has been successfully running alongside its live auction

programme since 2008, has proven to be a resounding success and enabled the Agency to continue providing its service and ensuring motorists can buy their personalised registrations. Staged over 10 days, they enable a greater number of lots and provide customers plenty of time to bid.

Jody Davies, DVLA Personalised Registrations' Senior Sales Manager, said: "These have been totally unprecedented times but our paramount concern is, and has always been, for the safety of our colleagues and customers."

"We know our customers truly value the experience our live auctions provide but, with a heavy heart, we made the immediate decision extremely early to move our spring and summer sales online."

"While the country is slowly getting back to some normality, we feel it is only correct to maintain our online services in order to guarantee both our service and safety. We truly look forward to February 2021 when, hopefully, we will be able to once again safely stage our next live auction."

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Epic

Leeds United
make roaring
comeback in their
centenary year



By Rajmere Rathour

16 years since the giant that is Leeds United last graced the Premier League but after a 100 years of up and downs the Whites have finally returned to the big time in their centenary year.

From relegation in 2004, Leeds fall from grace was dramatic and heart breaking to its loyal fan base. Further relegation to League 1 followed

administration, points deductions, play off heart breaks, takeovers and saw managers come and go who all failed in attempts to return this once giant back to the promise land.

Andrea Radrizzani, Leeds United's latest owner sought to make the changes Leeds United supporters so longed for.

He repurchased Elland Road in 2017 and then in 2018 with the aid of

Managing Director Angus Kinnear and Technical Director Victor Orta sought a relative unknown to many football fans in England but a coach who's name is renowned to many of the worlds top managers today, Marcelo Bielsa arrived at Elland Road and so a revolution began.

'El Loco' (the 'Crazy One') as he is referred to in his native South America, soon began to show the

Leeds faithful what the hype was all about.

The footballing style instantly changed as fans once again flocked to see the genius mind of Bielsa work his magic. His philosophies soon resonated with the players on the pitch and Leeds were finally on an upwards curve. 'Bielsaball' was making waves as teams stood and admired Leeds brush away teams.



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Epic

Leeds United make roaring comeback in their centenary year

Continued from page 41

The first season of Bielsa saw Leeds narrowly miss out on automatic promotion and ultimately lose to Derby in the playoffs but this did not deter anyone at the club.

This season Leeds came back stronger and fitter playing the same expansive football the Leeds supporters were now used to seeing. Even after the Covid-19 pandemic Leeds simply carried on from where they left off winning 7 of the last 9 games ensuring their promotion and first league title 28 years.

Leeds finished 1st with their

record points total of 93 points. They won more league games in a season than any other time in their history and topped the charts of goals conceded, clean sheets and their home and away form was more superior than any other team in the division.

Marcelo Bielsa, the man that made a city proud again, Leeds will be Marching on Together into the Premier League. Only time will tell of Bielsa will succeed in England's top Division but one thing is for certain, Leeds United will be a joy to watch and 'El Loco' will be the reason behind that.

Vamos Leeds Carajo!

Summary

- Leeds beat Charlton Athletic in the final game of the season
- The Whites were crowned champions on Saturday 18th July
- Their promotion ends a 16-year absence from the top division
- Fans celebrated at the ground on Friday and Saturday night
- Around 7,000 fans converged on Millenium Square in the city on Sunday 19th July



■ Insync sales director Wayne Clarke says the scheme should reduce pressure on the NHS



'Cycling on prescription'

Plans for mass improvement in public health welcomed

Continued from page 44

Measures also include thousands of miles of new protected cycle lanes, cycle training for everyone and subsidising e-bikes. The announcement came as people were invited to apply for one of 50,000 bike repair vouchers worth £50 each to encourage people back into cycling.

Public Health England has warned that the overweight – those with a body mass index (BMI) of 25 to 29.9 – are at higher risk of hospitalisation and death if they contract Covid-19.

Manchester-based Insync, owned by India-based Hero Cycles, has long championed the health benefits of cycling and brand ambassador Shanaze Reade, who competed for Team GB in the 2008 and 2012 Olympics, has used cycling to combat her own weight gain.

The government intends to identify areas with poor health rates to participate in a cycling pilot. GPs in the scheme "will be encouraged to prescribe cycling where appropriate for patients". A pilot scheme of GPs prescribing town bikes in Cardiff cut the risk of heart disease for patients when it ran last year.

Cycle training will be open to every child and adult who wants it, more cycle racks will be installed at transport hubs and there will be funding available for street storage for those who don't have space for a bike at home.

The government also pledged to

support local authorities to crack down on traffic offences and strengthen the Highway Code to better protect pedestrians and cyclists.

The BMX racer and track cyclist says the countless health benefits to cycling should not be underestimated.

She said: "Exercise is such a positive boost for health and cycling, along with a balanced diet, was key for me in losing weight I had gained in 2017 following my retirement from competitive riding. Due to the mental strain I was experiencing, I'd started to use alcohol to mask how I was feeling to the point where I gained a lot of weight. Cycling helped me return to a positive mindset and the physical effects led to me losing the weight and returning to fitness."

"I welcome the government's plan for doctors to prescribe cycling to those trying to lose weight, which I think is a fantastic approach to tackling the national problem of obesity. I'm looking forward to seeing many more people out on the roads and enjoying the benefits cycling can offer."

Wayne Clarke, sales director at Insync, echoed Shanaze's thoughts on the scheme, which should reduce pressure on the NHS.

He said: "Insync has been buoyed by the way the government has championed cycling during the pandemic, which has seen thousands more people taking to the roads,

giving the industry a significant boost. We are now delighted that cycling is being seen as the way the country can emerge from this crisis, through reducing reliance on public transport and cars with a focus on commuting by bike and now by encouraging people to use it to work on improving their health. We have long talked about the many health benefits of riding a bike, which include strengthening the immune system to ward off infection."

For those attempting to use cycling to lose weight, Shanaze suggests starting with small goals and increasing these as you meet your targets.

She said: "When I started cycling again, I picked the bike back up and started to ride just for fun, with no measuring equipment but just to simply be outdoors. Build up your confidence by going out on short rides at first, even if it is just around the block or to the end of your road to get used to the feel of the bike."

"Once you start to feel comfortable, lengthen the amount of time you are out for but be careful not to take on too much – instead take small steps each time as you gain in strength and stamina."

"Importantly, drink lots of water and keep to a healthy diet to ensure you don't feel sluggish when you ride. You'll soon start to feel the benefits in body and mind, and you'll find that cycling and keeping fit becomes addictive."


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England have confirmed Emirates Old Trafford and the Ageas Bowl as the venues for fixtures against Ireland and Pakistan this summer. Ireland will visit later this month for three ODIs, while Pakistan have already arrived in the country ahead of Test and T20I series.

The ECB has been working to salvage as much of its home international programme as possible after the Covid-19 shutdown, and said that discussions remained ongoing about the possibility of Australia touring, and a proposed women's tri-series featuring England, India and South Africa.

Ireland had been due to play their series, part of the World Cup Super League, in September but agreed to move the games forward, with all three ODIs to be held behind closed doors in Southampton from July 30 to August 4.

The first Test against Pakistan will begin a day later in Manchester, with

ECB confirms schedule for Pakistan this summer

the teams then moving down to Southampton for the second and third matches at the Ageas Bowl, starting on August 13 and 21. They will return to Manchester for T20Is at Emirates Old Trafford on August 28, 30 and September 1.

"Confirmation of these matches against Ireland and Pakistan is another important step for our game as we begin to safely stage international cricket again, but also to minimise the impact the Covid-19 pandemic has had, and will continue

to have, on cricket at all levels," ECB chief executive Tom Harrison said.

"It has taken significant effort and expertise to allow us to reach a position where cricket is now ready and able to return to the field of play from the elite level to recreational cricket.

"We owe a significant debt of gratitude to the players, staff and administrators of the Cricket West Indies, Cricket Ireland, and the Pakistan Cricket Board for their willingness and co-operation to get

international cricket back up and running and allow these matches to be staged.

"Sports fans across the world will benefit as international cricket returns to our screens while it will also provide much-needed financial aid at all levels of cricket in England and Wales as we aim to withstand the challenges in front of us.

"It must be reiterated that there is still much work for the ECB and the cricket network to do as we try to plot a path through this pandemic. Chief

amongst our priorities is to build on our commitment to support and grow women's cricket and at the elite level discussions continue to progress to determine the best and safest way to host a tri-series against India and South Africa.

"We also continue to explore options for our England men to play white-ball series against Australia this summer and hope to have news on those series soon."

The majority of Pakistan's 29-man squad flew to the UK in late June, despite disruption caused by a number of positive Covid-19 tests. Ten players did not take the initial flight, but all but one have now returned the two negative tests required to participate in the tour.

Like West Indies and Pakistan, Ireland's players are expected to given an 'opt out' by the selectors in case any have concerns about Covid-19 in the UK.



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Plans for mass improvement in public health welcomed

'Cycling on prescription'

The government's £2bn cycling and walking revolution to tackle obesity will be a real game changer for the bicycling industry as it continues to enjoy its boom period.

Boris Johnson announced he would be urging GPs in England to prescribe

cycling as he launched a major public health drive aimed at assisting those who are overweight in response to the coronavirus pandemic.

Continued on pages 42 & 43

■ Shanaze Reade, who competed for Team GB in the 2008 and 2012 Olympics, has used cycling to combat her own weight gain



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