

DESIGN ENGINEER LANDS ROLE IN MOVIE See page 6

EUPHORIA: Amazon Original series **'THE FAMILY MAN'** See page 37



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The local female councillor leading from the front

Unflinching commitment

A tireless councillor says she's incredibly proud of her locals who've been coming out in force to support and help her deliver over whopping 7,000 meals to the hardest-hit families in inner city Bradford.

Cllr Fozia Shaheen became one of the country's youngest female South Asian councillors when she took up her role six years ago, and continues to channel her energies into supporting the communities in her ward, Toller.

Having committed a decade to working in the community, particularly with people with learning disabilities through her day job at the Khidmat Centres, she's not shy on leading initiatives from the front.

Her numerous successful projects include the 'End Child Food Poverty Campaign', where she's galvanised the Girdlington Community Centre and Indian Women's Council to assist with providing hundreds of nutritious meals to children who come from families living on the edge of the poverty line.

Another is her 'Befriending Service' project, which lends support to lonely, often elderly, people. Here she rallies the support of people from the area to work around the clock to help isolated people with regular friendly chats.

Together with her army of volunteers, Fozia provides services such as shopping, picking up medication, making medical appointments as well as supporting them with benefit advice and sign posting them to other support groups and services.

"The Toller ward in the heart of Bradford is a relatively poor locality in terms of high levels of socio-economic deprivation," explains Fozia.

"Given that the impact of Covid has been greater on minority ethnic communities, whether due to risks to employment, working on frontline services, or the fact that there are more tighter packed multi-generational households, the impact has been devastating.

Continued on page 8

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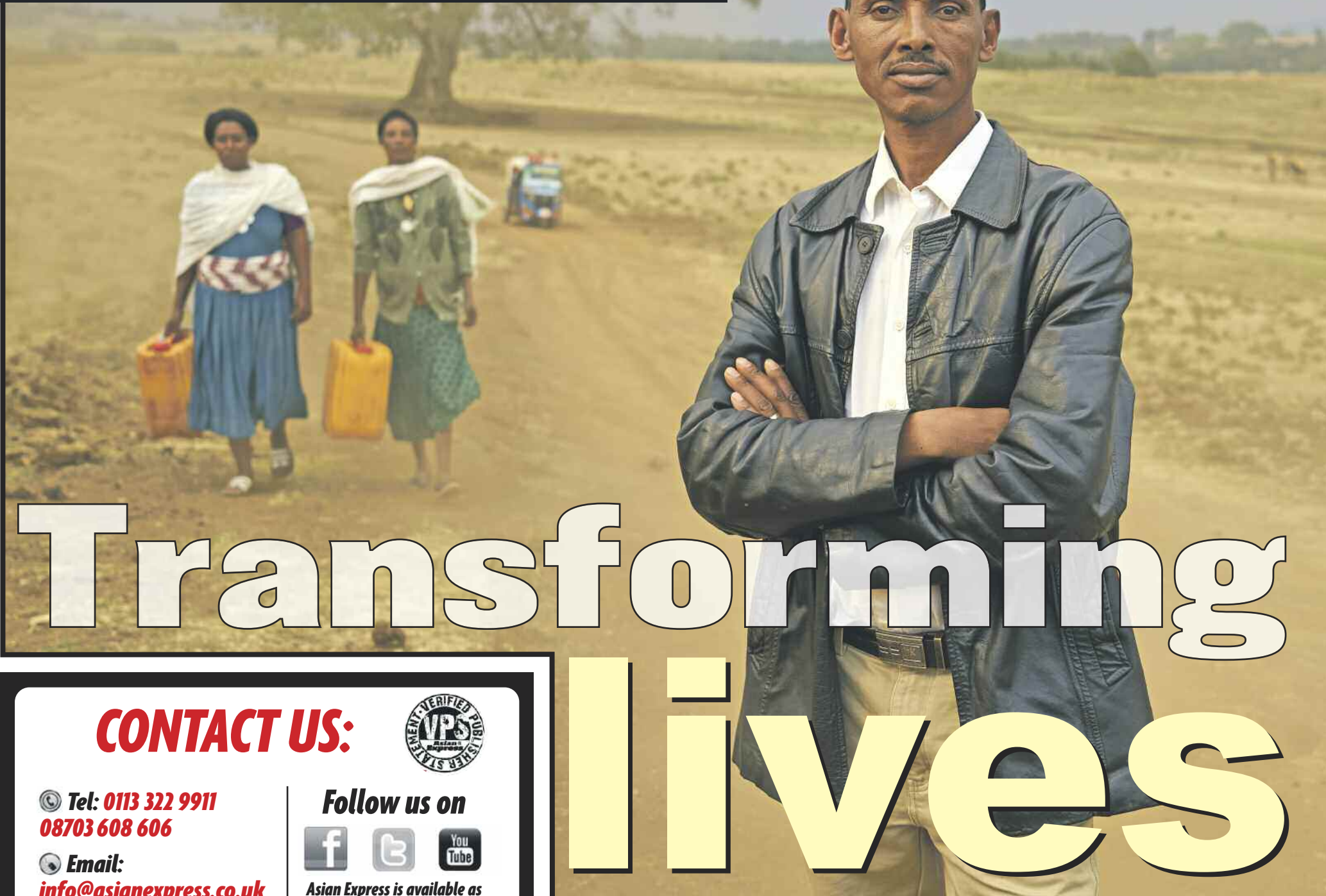
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STRUCK OFF

Solicitor serving as a Bradford Labour councillor removed from legal role

A Bradford solicitor, who is also a Labour councillor for the Bowling and Barkerend ward, has been struck off the Roll of solicitors and ordered to pay £25,000.

The Solicitors Disciplinary Tribunal (SDT) said: "The tribunal found that the respondent had acted dishonestly on numerous occasions in respect of four allegations spanning 2015 and 2020.

"It further found that she was manifestly incompetent and reckless on numerous occasions over a protracted period of time.

"In light of those findings the tribunal determined

Yorkshire Water helps Ethiopian communities keep the water flowing during Covid-19 crisis

Yorkshire Water has helped keep vital water services in Ethiopia running throughout the Covid-19 pandemic by supporting WaterAid's work across the country, alongside continuing to provide a reliable supply to their customers in the UK.

Over the past seven years, Yorkshire Water has been helping provide sustainable water and sanitation facilities in small towns in Ethiopia, working with communities, utility companies and local authorities to install taps and toilets as well as build the necessary skills and capacity required to keep the systems running, whatever the future holds.

Maintaining a clean water supply helps communities to protect themselves against the spread of diseases, such as Covid-19, and enables local businesses to continue operating in these unprecedented times, providing much needed income for families.

Key workers such as service providers have had to adapt quickly and efficiently to work in a Covid-secure way, whilst ensuring communities do not go without in the face of this global health crisis.

Leyew Animut works for a local water utility in Finote Selam, in western Ethiopia – one of the areas supported by Yorkshire Water.

Leyew maintains water facilities, carrying out daily checks to ensure the system is working well and addressing customer concerns. There is more demand on Leyew's services due to the pandemic, as families and businesses rely on their clean water supplies to stay healthy and productive. He also has to ensure he and his colleagues are operating in a Covid-secure way.

Leyew said: "We are just like the health workers, our work is getting busier. When people can't access water, they think that they could die due to the pandemic. There is a lot of pressure on us because of that."

Before the pandemic, Leyew built an underground pipe system to allow a group of locals to set up a small coffee shop business, providing jobs to six community members.

Enquahunesh used to spend a lot of time each day collecting water, but has now set up a café selling coffee to generate a good income for her family. The coffee shop has been able to stay open throughout the pandemic, thanks to Leyew keeping the water supply going.



Enquahunesh said: "Before I had access to tap water in my house, I used to roast and sell corn on the street. I always wanted to sell coffee, but I couldn't do that because I didn't have enough water to brew the coffee or to wash the utensils. The biggest advantage is that I can keep the utensils and my house clean. I can also give drinking water to my customers whenever they need. My customers are now very happy to come to my house and have coffee."

WaterAid works closely with the UK water industry to help empower people like Leyew with the skills and training to plan and manage their water and sanitation services, ensuring they are sustainable.

Henry Dixon, Waste Networks

Asset Planning Manager at Yorkshire Water, said: "Ensuring our services at Yorkshire Water have kept running throughout the pandemic has had its own challenges, we have all had to learn to adapt and work in Covid-secure ways."

"Having visited Ethiopia with WaterAid in 2017, I witnessed the challenges water services in Ethiopia face with extreme weather conditions alone. I can only imagine the additional pressures this pandemic has caused. It is imperative that we work hard to ensure vulnerable communities around the world have sustainable access to clean water."

Tim Wainwright, WaterAid's Chief Executive, said: "We are very grateful to Yorkshire Water for helping transform lives through their ongoing support and expertise in providing sustainable water access to communities around the world."

"This past year has presented many different challenges, but clean water is something we all need, whatever the future holds. With it, communities are better able to protect themselves from the spread of diseases like Covid-19 and have the opportunity to get a good education and support their livelihoods."

This winter, WaterAid hopes to raise £3 million to help transform thousands of lives in Ethiopia and across the world through its Future on Tap appeal. Until 4 February 2021, public donations will be doubled by the UK government, up to £2 million, making double the difference in climate-vulnerable communities.

that neither a reprimand, financial penalty, restrictions on practice nor a suspension order sufficiently met the seriousness of the misconduct."

The hearing was told that Rizwana Jamil, who practised from Bradford firm RJ Solicitors, told her client that an immigration application on her behalf was progressing with the Home Office when the application had not even been submitted.

Ms Jamil accepted she had taken instructions on the matter but then asserted she 'passed the file' to a paralegal in the firm, claiming that she believed the case was progressing and reassured the client on this basis.

The client became concerned with the lack of progress and it eventually emerged that the Home Office had not received the application, despite Ms Jamil telling her it had been filed.

The tribunal found this explanation 'disingenuous', saying that Ms Jamil was the qualified

"The tribunal found that the respondent had acted dishonestly on numerous occasions in respect of four allegations spanning 2015 and 2020"

fee earner and not absolved from overall responsibility.

When the SRA began investigating following a complaint from the client, Ms Jamil sent two separate 'explanations of conduct'. In the second, she again blamed the issue with the Home Office on the same paralegal, saying she had genuinely believed this employee was progressing the case.

By the time the matter came before the tribunal, Ms Jamil said she had been distressed, and panicked when she responded to the SRA and 'buried her head in the sand and hoped that it would all go away'.

The tribunal said Ms Jamil made a number of false and misleading statements during the course of the SRA investigation, and none of the issues she was going through with the business exonerated her.

Ms Jamil was also found to have wrongly told her indemnity insurer on a renewal form that her firm had received no complaints, when she had been responding to complaints from her immigration client for over a year.

The tribunal found Ms Jamil, a solicitor for 19 years, acted dishonestly on 'numerous occasions' spanning 2015 to 2020, and further found she had been 'manifestly incompetent and reckless over a protracted period. Costs were agreed at £25,000.

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Thousands sign petitions to mark the memory of Captain Sir Tom Moore

More than fifty petitions have been started on Change.org since the news of Captain Sir Tom Moore's death, with a variety of asks to memorialise and remember the NHS charity fundraiser.

At least 10 petitions have been started for a state funeral for Capt Sir Tom. Sam Watson, who started a petition for a state funeral, says: "The U.K. government can pass a vote to hold a state funeral, usually held for Monarchs or distinguished individuals. He fought with honour and bravery in war, and during our darkest hour in modern times he raised £33m for the NHS."

There have been other petitions for a minute's silence, to bury Captain Sir Tom Moore in Westminster Abbey and for a 21 gun salute or flypast.

There have also been a dozen petitions for statues of Capt Sir Tom. Over 500 people have already signed Hayley Gallagher's petition for "a statue in his honour to represent the man he was and the impact he had on everyone and to keep the values of this country alive."



"He fought with honour and bravery in war, and during our darkest hour in modern times he raised £33m for the NHS."

Phillip Mitchell has also started a petition for a statue for Captain Sir Tom Moore, with a suggestion that "Millions of people from home and abroad visit Trafalgar Square, and a permanent memorial to Sir Tom on the fourth plinth would be a wonderful tribute not only to him but would also provide a lasting memorial to the thousands of other people who have succumbed to this terrible virus."

Other people have started petitions to name a hospital in honour of Captain Sir Tom Moore, for a 50p coin or a bank note featuring Capt Sir Tom, and for a bank holiday in his memory for "random acts of kindness".

The original petition for Captain Tom Moore to be knighted reached over a million signatures in April 2020. Sonia Wilson, an NHS midwife from Leeds, started her petition on Change.org after being inspired by Capt Tom's fundraising efforts. Her petition quickly went viral and gathered over 500,000 signatures in a day. Shortly afterwards, Downing Street announced that Capt Tom would receive a knighthood and he was subsequently knighted by the Queen in July.



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From TikTok to

bollywodd

Leeds-based highways design engineer lands role in movie as **'Zalim Singh'**

A highways design engineer from Leeds has just landed a role as a befuddled, slaphappy police inspector in a Bollywood film.

Sandeep Choudhary, known as the 'funnyman' amongst his friends and family, is often found entertaining them with his rib-tickling storytelling style and crazy funny expressions.

And being a bit of a sensation on TikTok and Instagram seems to have paid off for Sandeep, as he's just clinched the all-important role of 'Zalim Singh' - the bogged down but humorous police inspector in upcoming bollywood flick titled 'Dhananjay'. Over 1700 people had applied for this role.

"I've always loved playing up the funny side of my personality, ever since I was a child - I often found myself in trouble!" admits Sandeep, an engineering graduate from India.

"Now, this opportunity in 'Dhananjay' has given me hope to pursue my passion

for a career in acting."

Describing himself as a cheeky, audacious child, Sandeep says as a college student he often found himself in sticky situations.

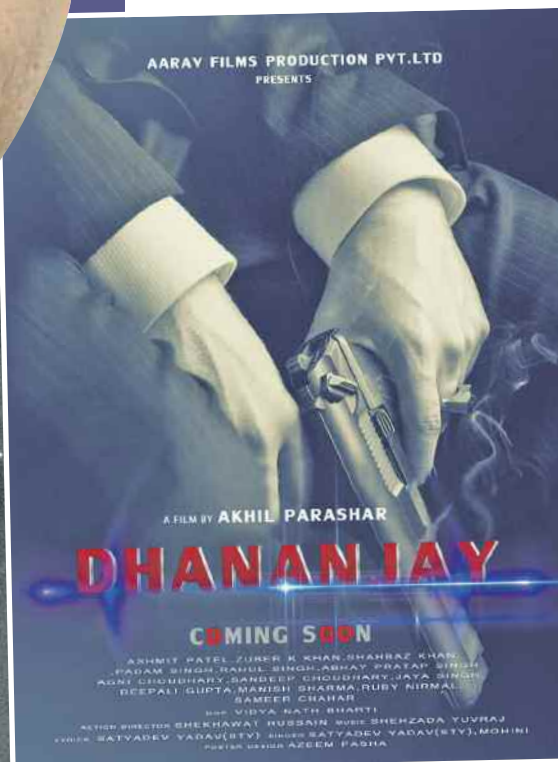
“Once, I was still in costume as a holy man and decided to quickly go out and grab a tea. I found myself surrounded by people who wanted religious advice!”

"Once, I was still in costume as a holy man and decided to quickly go out and grab a tea. I found myself surrounded by people who wanted religious advice! It was a really difficult one to get out of!"

Currently in preparation for filming, due to start in the coming weeks, Sandeep has taken advantage of the online workshops provided by the directors which, he says he has found immense useful.

"I practice the dialogues in front of the mirror in preparation for the video samples I need submit to the production company for feedback. So far, it's all been really great. I've learnt a lot and I'm really looking forward to the actual filming."

'Dhananjay', a political drama written and directed by Akhil Parashar, is the untold story of the underworld, corruption and political espionage in Uttar Pradesh, India. Starring alongside Sandeep are Ashmit Patel, Meera Sarang, Zuber K Khan, Padam Singh, Agni Chaudhry, Shahbaz Khan, Ruby Nirmal and others.





LOOK HIM IN THE EYES

AND TELL HIM YOU REALLY CAN'T WORK FROM HOME.

Rajinder Covid-19 patient

Around 1 in 3 people who have Covid-19 have no symptoms and are spreading it without knowing. Are you absolutely positive you're not one of them? Only go out if essential. Sticking to the rules stops the spread.

STAY HOME ► PROTECT THE NHS ► SAVE LIVES

The local female councillor leading from the front

Unflinching commitment

Cover story continued

"My focus locally is a no-nonsense and multifaceted approach helped to motivate and inspire others in these challenging times."

"I've assisted families to obtain things we take for granted, such as fuel top-up cards; helped women access free sanitary products at the Gillington Community Centre under my 'Period Poverty Campaign'."

But it's her work for vulnerable people that's led her to set up a not-for-profit community interest company (CIC).

CICs are explicitly social enterprises that want to use their profits and assets for the public good.

With Bradford officially recognised as a 'City of Sanctuary' since 2008, it's one of the first cities that officially welcomed asylum-seekers and refugees. "In the light of Covid-19 and the rising needs I felt there was a need of more support services," she explains.

"I initiated the setting up of the new community interest company 'Dream Big, Aim High', as a community organisation based in the heart of Gillington. This will offer a number of services from sports, health and social care, services for people with mental health and learning disabilities, supporting carers and much, much more."

The partnership work led by 'Dream Big, Aim High', builds on the fantastic work done at the Gillington Community Centre which has continued to support isolated and vulnerable older people

and families that have faced food related poverty. The Centre has been a hub for much needed support across Bradford West.

Of all the initiatives she's led on, Fozia says making a huge positive impact on 100's of lives is the most rewarding.

"Dream Big, Aim High, will offer sports, health and social care, for people and much, much more."

"With the community centre, I have been able to rally a team to help make and deliver hampers to children in care, to asylum seekers and refugee families, and to the elderly who are isolated or lonely; showing them that they are a valued and an important part of the community. That included dozens of Christmas hampers for those who would have otherwise missed out."

"Being a Bradfordian, I couldn't be prouder of the way in which local volunteers and organisations supported our volunteers to deliver much-needed practical help throughout the pandemic to those who would have otherwise have struggled."

Fozia is now focussing on a post-Covid-19 landscape: "There will be a huge amount of work to be done to support people who have lost jobs, lost incomes, need support with

mental health issues and also those seeking reconnections with healthier lifestyles and exercise - social prescribing approaches to improving health outcomes," she adds.

"As a local councillor, I am supporting the board of directors at the Gillington Community Centre to attain the building from the local council through asset transfer."

"The centre offers vital services in terms of business start-up offices, welfare advice, training, an elderly provision, classes for women, a dementia advocacy service, exercise and training for young people and more."

"I hope to work with the directors and the management of the centre to support a successful the asset transfer, find funds to enhance the offer to local communities, including the asylum and refugee families in the neighbourhood."

And if she didn't have enough plate-spinning on the go, Fozia is in the process of taking a Level 2 qualification in cricket so she can support young people and women into sport.



■ Together with her army of volunteers Cll Fozia Shaheen helps hard-hit families throughout the pandemic

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Help is here for home learning

Many parents are worried about their youngsters' education now that the majority are learning from home. But thanks to tireless efforts by teachers and schools, they needn't be

When it was announced on January 5th that schools across the country would only be staying open to children of critical workers and vulnerable children, the majority of parents gave a collective shudder.

After all, having children is challenging enough at the best of times, but when they're at home all day, every day, and you have to supervise their education, it's almost impossible.

As father-of-two Errol Murray, from Leeds, says: "There's a reason that teaching is a paid profession.

"The idea of taking care of children and getting an idea into their heads at the same time as working a full-time job is very difficult, and to achieve this with no training is basically a non-starter."

No wonder many parents were worried about the impact of the closure on their child's education and academic progress.

However, since the March 2020 lockdown, schools have improved hugely the remote learning opportunities they provide for students. First time round – like everyone else – they were caught by surprise, and had to rapidly develop strategies to help educate children at home.

By this January, schools were better prepared

Janey Cooksley, headteacher of Briar Hill Primary School in Northampton, and her team had spent months creating a full academic year's worth of booklets covering all the academic subjects for years one to six.

"By 1 September, they were all preloaded onto Google Classroom. For those children who had online access, everything was ready and for those who didn't, hard copies of the booklets could be posted out," says Janey.

So when the majority of children had to learn from home in January 2021, all Janey's pupils, and those in the 22 other primaries in her trust, could immediately benefit.

"As well as the booklets, we have teacher videos or voiceovers that help explain the lessons and tasks, and our teachers and teaching assistants have weekly calls with each family to check in and see how everyone is coping. It's our moral duty."

Each school is doing things slightly differently, with some providing between three to five hours of lessons a day for pupils. Most record the lessons which are later available to pupils, while teachers are on hand to answer any questions or help with any difficulties.

And schools are now being supported by the EdTech demonstrator school and college network, which involves experts helping them get the best out of the technology available. But not every child has access to a computer or wi-fi – something schools and the Government are keenly aware of. Schools can support their disadvantaged pupils through the Government's £400m scheme to provide access to technology.

Around half of Emma Marshall's pupils are classed as disadvantaged. The head of



Havelock Academy secondary school in Grimsby carried out an audit to assess what tech each student had, and provided a device to those in need.

Teachers then produced "how-to" guides to help pupils use their tech, and made sure a click-through to their remote-learning website was clearly available on the school

home page for ease.

"We've also provided paper packs of work for those who would really be struggling accessing everything online," says Emma.

Now children have live-streamed lessons to complement their set work. "Other times, we've got our 'cheer-up' videos that the staff filmed to say, 'We're still here, we're still missing you, we want you to see our faces and our smiles because we are here for you'."



Increasingly parents are recognising the huge efforts schools have made to teach their children remotely.

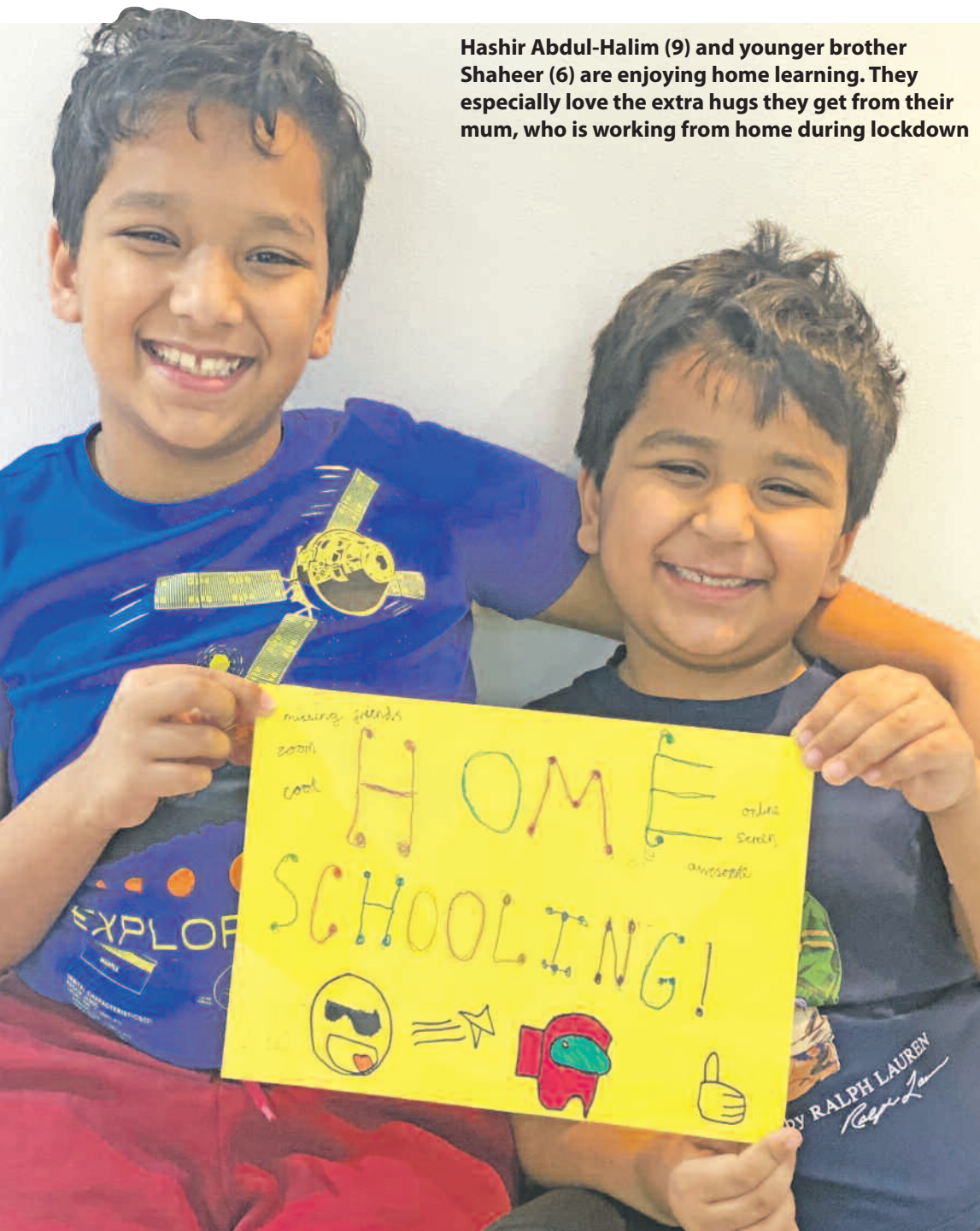
Barrister Saher Tariq, whose sons Hashir, nine, and Shaheer, six go to a school in Leeds, says: "School have been thrown into home learning, but to their credit they learnt following the very first lockdown and took on board the parental feedback and made some really positive changes. They constantly ask for feedback and implement it.

"They are doing an amazing job with numerous live zoom lessons everyday, and are always ready to provide time to have private talks with parents as well as pupils if they so need it.

"We do feel incredibly grateful that the children can still see their friends on screen."



Remote education



Hashir Abdul-Halim (9) and younger brother Shaheer (6) are enjoying home learning. They especially love the extra hugs they get from their mum, who is working from home during lockdown

EXTRA SUPPORT FOR DISADVANTAGED CHILDREN



The UK Government has:

- Invested more than £400m to support youngsters with access to technology, including providing 1.3 million laptops and tablets.
- Teamed up with leading mobile network operators to provide free data to disadvantaged families until July 2021.

- Provided 54,000 4G wireless router, with free data for the academic year, to help children access remote education and vital social-care services.
- Provided a further £300m to early years, schools and colleges for tutoring, building on the existing £1billion Covid Catch Up Fund.

For more guidance on remote learning and support for mental health and wellbeing, visit gov.uk/coronavirus-remote-learning

WANT TO HELP YOUR CHILD BUT FEEL OUT OF YOUR DEPTH?

TOP EXPERTS TELL YOU HOW

Rizwana Mahmood

Headteacher/LLE at Carlton Junior and Infant School in West Yorkshire

"Enjoy this time with your child and try to not feel overwhelmed. Home learning can be especially challenging for parents who do not speak English as a first language - let the teachers take the lead on remote teaching.

"Establish clear routines at home which almost match the school day and ensure at least three screen/comfort breaks daily.

"Provide your child with a dedicated quiet space for learning, and allow your child independence to complete their tasks. Remember to praise them at the end of the day."



Janey Cooksley

Headteacher of Briar Hill Primary School in Northamptonshire

"Remember, this is a short-term situation and in the end the children will catch back up even if they temporarily fall behind. Just do what you physically can.

"Reading is important - building fluency and a love

of reading unlocks doors to everything else. "Let children socialise. They thrive on interaction, so book FaceTime sessions, plan online family games or virtual play dates so they get to see their friends."

Stevie Goulding

Helpline co-manager for child mental health charity YoungMinds

"Remote learning can be incredibly challenging for parents, so it's really important to be kind to yourself and make space for alone time.

"Break up the work - set small amounts throughout the day to help them feel less overwhelmed. And personalise it - use their toys to help them add and subtract."

Waseem Sarwar

Maths teacher, Bradford, West Yorkshire

"Try to give encouragement and show appreciation of your child's achievements, whether great or small, as this can help boost their confidence.

"Teach them basic organisation and time management skills so they are not overwhelmed with projects or homework.

"Be realistic and avoid putting your child under pressure by having over-high expectations. Let your child develop at their own pace."



For more information and guidance about remote education visit gov.uk/coronavirus

All together >

Novovax vaccine 'a milestone in race to beat Covid-19' says Bradford professor

'Halal and kosher vaccine will accelerate UK vaccination once approved'

News that the Novovax covid-19 vaccine - trialled in Bradford (England) - will shortly go before regulators, has been hailed as a "milestone for the UK" by the clinician leading the local trials.

Experts say it contains no animal products, a fact which could help persuade some minority groups who have ethical doubts over vaccines, to sign up for vaccination.

Professor Dinesh Saralaya, an honorary visiting professor at the University of Bradford, said news that the trials had been a success was "the highpoint of my career."

The Novovax trials are the largest in the UK, with 15,200 people taking part, 726 of those from Bradford - tests

were carried out at the University's Digital Health Enterprise Zone (DHEZ).

Prof Saralaya said: "This is huge news for Bradford and the University. This is the largest Phase 3 covid-19 trial in the UK, with one in 20 of the 15,200 coming from our city."

"It is also the first vaccine to show efficacy against the Kent variant (89 per cent) and South African strain (50 per cent). It has an overall efficacy of 89.3 per cent. In the language of vaccines, if you can reach 70 per cent efficacy, that's the primary goal, so this surpassed all expectations."

No animal products in vaccine

Prof Saralaya also said the Novovax vaccine contained



■ Prof Dinesh Saralaya, from the University of Bradford and Respiratory Physician at Bradford Teaching Hospitals NHS Foundation Trust (Picture: University of Bradford)

no animal products and, like the AstraZeneca/Oxford vaccine, was easy to transport. "The vaccine is halal and kosher in that it contains no

■ Saira Ali, 50, from Saltaire, was among the 720 volunteers who took part in vaccine trials at the University of Bradford after her husband became critically ill with Covid-19.



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animal products. Novovax also has a very easy cold chain, like the Oxford vaccine, so it will be one of the vaccines which is taken door to door.”

He added: “For Bradford, this is stupendous. It means we have been part of the global race to find a cure for covid-19. I’m proud of my association with the University; I offer my thanks to Vice Chancellor Professor Shirley Congdon for allowing us to collaborate and use the DHEZ. I see this as a joint city effort between BTHFT, the University and the local federation of GPs.

“
What will happen now is the vaccine will go before regulators. I hope it gets approved because what this means, with the UK buying 60m doses, is it will accelerate vaccinations and enable us to treat the entire population.

“What will happen now is the vaccine will go before regulators. I hope it gets approved because what this means, with the UK buying 60m doses, is it will accelerate vaccinations and enable us to treat the entire population, so we protect the NHS and save lives. This is a milestone in



University of Bradford campus (Picture: University of Bradford)

the race to beat covid 19.”

Bradford architect Saira Ali was among those who took part in the trial, which included around 720 people from Bradford, some seven per cent of whom hailed from a BAME background. MP Naz Shah also volunteered.

‘Honour to contribute’

Dr Liz Breen, Director of the DHEZ, said: “We are honoured to have contributed to the Novavax trial within Bradford. The Digital Health Enterprise Zone prides itself on our collaborations with our local partners, to enhance healthcare and wellbeing

“
We are honoured to have contributed to the Novavax trial within Bradford. The Digital Health Enterprise Zone prides itself on our collaborations with our local partners, to enhance healthcare and wellbeing delivery for our communities.

delivery for our communities. The news of the Novavax efficacy is testament to the hard work of our patients, healthcare providers and supporting teams. We will continue to offer our support to Covid-19 research endeavours.”

Professor Congdon said: “The Novovax trials are a major part of the national fight against covid-19. The fact they were able to conduct those trials right here in Bradford, using the University’s facilities at the DHEZ, shows that we are at the forefront of global research. This is a proud day for the BTHFT, University, and the

City Region.

The vaccine made by the US biotech firm will be produced in Stockton-on-Tees in the North East.

Additional information

Prof Dinesh Saralaya is a Respiratory Physician at Bradford Teaching Hospitals NHS Foundation Trust (BTHFT). He is director of the National Institute for Health Research (NIHR) patient recruitment centre in Bradford.

In September, he was made honorary visiting professor at the University of Bradford.

Recently, it was announced the University of Bradford’s Digital Health Enterprise Zone is hosting one of the world’s first mass Covid-19 vaccine trials, run by US biotechnology company Novavax in conjunction with Bradford Institute for Health Research (BIHR), part of the Bradford Teaching Hospital NHS Foundation Trust.

In 2015 and 2016 Dr Saralaya was awarded the best Principal Investigator Award for the UK for his delivery into the commercial respiratory research portfolio by NIHR. In 2014, Prof Saralaya was appointed Associate Director of Research at the BIHR and has grown the institute’s commercial research portfolio to over £1.25 million pounds annually. In 2019 he was awarded the joint NIHR/ Royal College of Physicians award for research in England for the year 2018-19.

DHEZ is part of a £13m partnership led by the University of Bradford and the City of Bradford Metropolitan District Council, with £3.5m of funding from the Department of Business, Energy and Industrial Strategy. Leeds City Region Enterprise Partnership has supported DHEZ from the outset as the regional hub for digital health innovation.

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LET'S DO THIS

A Midlands firm has been appointed to design, license, and retail a comprehensive range of official Birmingham 2022 and Commonwealth Sport products, with the first due to go on sale online in the next couple of months.

Birmingham 2022 and CGF Partnerships have appointed Cube International, with offices in both Herefordshire and Worcestershire, as the master licensee responsible for designing, sourcing, delivering and retailing licensed products at official Birmingham 2022 shops, other local and national retail outlets and via a dedicated online shop accessed via the birmingham2022.com website.

Around 1,500 products will be developed and sold, featuring Birmingham 2022, Commonwealth Sport and Home Nations branding. A first phase of merchandise, including hoodies and t-shirts, mugs, water bottles and pin badges will go on sale online in the next couple of months. Cube International will also create exclusive ranges for the Birmingham 2022 official mascot, which will be unveiled later this year.

Around 35 official retail stores will be set up, including a Birmingham city centre megastore, and at a number of other city centre locations, transport hubs, Games venues and temporary live sites. Cube International will also be responsible for building and operating the official online store.

The retail stores will employ around 300 people, with staff recruited where possible with the support of the Commonwealth Jobs and Skills Academy, launched by the West Midlands Combined Authority to generate job opportunities for and improve the skills of local people. Roles will include customer service, security and warehousing positions.

In addition to these official retail stores, other local and national retailers are being encouraged to register their interest in selling Commonwealth Games products.

Games organisers are also keen to work with West Midlands firms to develop further product lines that bring the region's creative flair to life. Retailers and manufacturers interested in finding out more can email Licensing@cgfpartnerships.com.

“

It will help to support the West Midlands' economic recovery as we recruit around 300 people to work in our retail outlets in the run up to the Games.

In line with Birmingham 2022 and Commonwealth Sport's social value commitments, the range of products and the shops they are sold in will have a strong commitment to sustainability, with a focus on limiting single use plastics, responsibly managing waste materials, and reducing carbon emissions.

Ian Reid, Birmingham 2022 CEO, said: "Our retail offering will help to bring the Games to life, building excitement as Birmingham 2022 draws closer. It will also help to



■ Birmingham 2022 Commonwealth Games Social - Team England Netballer Ama Agbeze, Team England gymnast Dom Cunningham, Team England rhythmic gymnast Mimi Cesar

Ready, set, go...

Midlands firm appointed master license for Birmingham 2022 Commonwealth Games merchandise

support the West Midlands' economic recovery as we recruit around 300 people to work in our retail outlets in the run up to the Games.

"I'm also happy to be working with a Midlands business, Cube International, which has the global expertise to deliver this product range. I can't wait to see a whole variety of Commonwealth Games items for sale online and in shops over the next few months. I'll be first in line to buy a cuddly toy!"

Cube International is an expert sports retail, e-commerce, licensing, and merchandise business which works with international sports events such as The Rugby League World Cup 2021 and the Cricket World Cup, as well as with the NHS and brands including Sainsbury's.

Andy Moss, Cube International's Executive Chairman, said: "We are delighted to have been appointed the Master Licensee for the Birmingham

2022 Commonwealth Games.

"The vision of the Games and the values that they represent harmonises with Cube's working philosophy and enables us to fully collaborate across all areas to deliver an incredible experience for visitors, fans and commercial partners.

"It is incredibly exciting to be working with such an imaginative team and, together, we are looking to reimagine and redefine major event retail.

"We very much look forward to opening our first official store and bringing to life an exciting and sustainable retail and merchandise programme."

David Leather, CEO of CGF Partnerships, added: "As preparations for the Games continue, this range will help to create an inspiring brand identity that gives the public the

■ Birmingham 2022 Commonwealth Games 2 Years To Go Joaquin and Javier Bello, Team England Beach Volleyball Players



chance to own a part of the Commonwealth Games story and a piece of history."

Andy Street, Mayor of the West Midlands and Chair of the WMCA, said: "One of the main reasons I was so determined to help secure the Commonwealth Games for the region was the employment opportunities it will create across the West Midlands, and I am pleased to see today's announcement is unlocking hundreds more jobs for local people.

"We are so fortunate to have the Commonwealth Games coming to our region at what will be such a difficult time for many people's livelihoods, and I would encourage

everyone to look at the job opportunities available through the Games and see how they can get involved."

Cllr Ian Ward, Leader of Birmingham City Council, said: "This is another exciting step towards the Birmingham 2022 Games and the agreement will boost business locally, opening up many opportunities for retail jobs, which is crucial at a time when the sector is coming to terms with the devastating impact of the pandemic.

"I know when I see someone wearing a Birmingham 2022 pin badge or carrying a reusable branded water bottle, I will have an immense feeling of pride."

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Uber
Eats



“We must have sampled across 100s of people from different backgrounds to get to our starting line-up of Himalayan Salt, Smoked Chilli and Peanut Butter Popped Lotus Seeds.”



Popping!

A young female entrepreneur has built a booming vegan snack business after quitting her job at a global accounting firm.

Anushi Desai at 27 left her role as a management consultant, working predominantly with large financial institutions at KPMG, to follow her dream in launching her healthy lotus-seed snack brand.

Plant Pops started as a side hustle during her previous job, finding that her colleagues were binging on unhealthy snacks to get them through the working week.

Having grown up on healthy popped lotus seeds during her childhood in India, she had maintained the habit of making them weekly for work, but soon realised her colleagues had never seen them. After trialling flavours in the office, she decided to go full-time in 2019.

Work on the concept, branding, initial production run, and sampling to develop flavours took around ten months before Anushi could launch the product via wholesales and then Amazon Launchpad.

“The most important thing for us when starting out the business was to sample our flavours and product across as many people as possible,” says Anushi.

“We must have sampled across 100s of people from different backgrounds to get to our starting line-up of Himalayan Salt, Smoked Chilli and Peanut Butter Popped Lotus Seeds.

“This helped us understand what consumers wanted from their snacks

27-year-old who quit her job at KPMG to launch her own snack brand

and as it turned out, this snack I’ve been eating since I was a child in India was a real hit, with lots of people never having even heard of a popped lotus seed before!”

Plant Pops now sell a range of flavours that are all vegan, use sustainably grown lotus seeds, and perhaps most impressively, give back to the communities in India that grow them. Each bag contains 50% less fat than a standard bag of crisps, and 5% of their total profits go directly back to the farmers in India.

Anushi adds: “We wanted to provide a snack that people could feel good about eating, not only for their health, but for the planet.

“Young people are more willing to try new foods, and we’ve managed to introduce a hugely important food staple from India to a whole new market here in the UK, while

rewarding farmers in India for their hard work”.

Her business model originally revolved around B2B selling in offices, but when the pandemic hit and offices closed, that model was decimated.

Instead she pivoted to selling online, and since joining major retailers like Amazon in February 2020, their online revenues have risen 18-fold.

“What we predicted to be a bad year due to the pandemic actually ended up being very successful as we reached more customers than ever before.”



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Giving a gift locally

Islamic Relief UK and four UK partners provide food packs to the country's most vulnerable

This winter's distribution saw up to 2000 food packs being distributed by Islamic Relief UK and partners in London, Leeds, Manchester and Birmingham.

On Saturday 30 and Sunday 31 January, Islamic Relief UK worked closely with Give a Gift (Leeds), Myriad Foundation (Manchester), East London Mosque (London) and Green Lane Masjid (Birmingham) to pack and distribute up to 2000 food packs and vouchers for vulnerable people including the homeless, low-income families, those suffering from domestic abuse, asylum seekers and refugees.

The packs contained essential items such as masks, hand sanitation products, gloves, hats, scarves, socks and non-perishable food items which will feed a family for up to two weeks.

Give a Gift in Leeds also partnered with Aldi to make food vouchers available, which enabled families to choose and buy general goods from Aldi stores to supplement their food packs. East London Mosque also made Aldi vouchers available, but both still worked with local suppliers to provide general goods.

East London Mosque, who are based in Whitechapel, have been distributing food within their community since March 2020, when they set up a food bank for the vulnerable. Since then, they have provided essential items to those in need and isolating families, many of whom have been provided culturally appropriate products.

Give a Gift have been recognised for helping all faiths in Leeds. This includes people who do not reach the criteria for benefits and workers such as taxi drivers with low income and families. They have supported families who don't qualify for the furlough scheme, who are having to turn to food banks and charities, just to provide food for their children.

Green Lane Masjid have been

providing support to their community throughout the pandemic across all areas of Birmingham, running a seven day walk-in foodbank and delivering vital emergency food parcels to people self-isolating.

Myriad Foundation have played a vital community role in Manchester, having set up a weekly soup kitchen in the city, rolled out an end to end food bank service and a weekly self-isolation project which delivers thousands of food parcels across the city.

Islamic Relief UK has a long-standing relationship with three of the partners and worked with Myriad Foundation in Manchester for the first time this weekend.

The centres each operated within the Government's COVID guidelines, with temperature checks, social distancing measures and PPE requirements enforced.

“Having worked closely with Give a Gift, East London Mosque and Green Lane Masjid before, we were delighted to have the opportunity to, once again, help their communities by packing and distributing food over the weekend.”

Tufail Hussain, Director of Islamic Relief UK said: “Having worked closely with Give a Gift, East London Mosque and Green Lane Masjid before, we were delighted to have the opportunity to, once again, help their communities by packing and distributing food over the weekend. We are also humbled that we had the chance to work with Myriad



Picture Credit: Islamic Relief UK



Foundation in Manchester. We hope this food distribution will be the first project of many with Ali Mahmood and his team.

“With the number of coronavirus cases at an all-time, daily high in the UK, it is important – now more than ever – to stand together as a community and provide for those in need.”

Sufia Alam, Manager of East London Mosque & London Muslim Centre, said: “Lockdown and salary cuts due to furlough has meant more families than ever are struggling to make ends meet. The winter packs will help people who are desperate to find comfort from some basic essentials whilst they are in lockdown with their families; for some of the residents in the shelters it means they’ll have an additional boost to keep them safe with protective mask and hygiene products.

“We also work with vulnerable women who are in Domestic abuse situations and these packs are essential support for them.”

Ali Mahmood, Chairman of Myriad Foundation said: “It is truly devastating seeing local families struggle due to the impact of the pandemic, many of whom were facing hardship prior to March 2020. In situations like these, it is the responsibility of the rest of the community to pull together and support those who are less fortunate.

I could not be more proud of our volunteers and the community in general, who have supported us in order to carry out this initiative. Most of us are a payslip away from falling into a position of need and it is heart-warming to know there is support out there.”

Rifhat Malik MBE, Project Manager at Give a Gift said: “The demand for help during the lockdown was unprecedented and now entering into the third lockdown is overwhelming as more and more people are struggling. We are doing everything we can to help some of the most vulnerable

“

The demand for help during the lockdown was unprecedented and now entering into the third lockdown is overwhelming as more and more people are struggling.

communities including those living below the poverty line, the destitute and asylum seekers. We are also trusted by the communities we serve to ensure that we follow their cultural dietary requirements. With support from local partners such as the Barakah team, the Muslim Kitchen and Leeds City Council, the families feel reassured knowing they will receive a weekly food supply. The support of the community is also enabling us to support non-Muslim families at this vital time.

“We also want to thank Islamic Relief for not just helping those overseas but helping our own communities that we live in.”

Saleem Ahmed, Head of Services and Welfare at Green Lane Masjid, said: “Alhamdulillah, the masjid has been serving the wider community, Muslim and non-Muslim for many years. Our foodbank has been a vital resource for individuals and families who are experiencing food poverty. The pandemic has exacerbated the need for the foodbank and so we have had to step up and run a seven-day foodbank and deliver food to people most in need. Alhamdulillah this has all been possible with the support from Islamic Relief UK and we are deeply grateful to them for making our work possible.”



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- Drop in patient attendances started just before the second lockdown came into force
- Latest figures reveal it is probably continuing through third lockdown



The first lockdown

Patient attendances began to drop ahead of the first lockdown, from 23 March 2020, and reached their lowest point in early April. By mid April, there was a 54 percent drop in people attending hospital emergency units with heart failure, and 32 percent reduction with a heart attack. Patient numbers did rebound towards the latter half of June but did not return fully to pre-pandemic levels.

Heart attack patients 'fearful' of seeking medical help amid COVID crisis

infections began to surge ahead of the second lockdown, which came into force in early November.

The findings, from a research group led by the University of Leeds, have been revealed in a letter to the Journal of the American College of Cardiology. (An embargoed copy of the letter can be accessed from this link.)

The decline - 41 percent fewer people attending with heart failure and 34 percent with a heart attack compared to pre-pandemic levels - is approaching the size of that observed during the first wave of the pandemic. The researchers believe the drop in people seeking emergency medical help for cardiovascular emergencies in the first wave of the pandemic may have contributed to more than 2,000 excess deaths in England and Wales.

In the letter to the journal, the scientists note: "The second dip appears of similar magnitude to that of the first, and signals that the public are fearful of attending hospital despite having medical emergencies..."

Chris Gale, Professor of Cardiovascular Medicine at Leeds, who supervised the data analysis, said: "I am afraid that we are seeing a re-run of one of the preventable tragedies of the first

wave - people were either too afraid to go to hospital for fear of contracting COVID-19 or were not referred for treatment.

"The message to patients needs to be clear. If they experience symptoms of a heart attack or acute heart failure, they need to attend hospital. These are unforgiving medical emergencies. With the right help, people can recover from them. But if patients delay or avoid treatment, their will suffer life-limiting complications - or they will die."

Dr Jianhua Wu, Associate Professor at the University of Leeds, led the analysis. He said: "One of the worrying aspects of our research is that the decline we have seen since October may not have yet bottomed out. Inevitably there is a fear that will result in deaths that perhaps could have been avoided."

Professor Simon Ray, President of the British Cardio-vascular Society, added: "This research illustrates again the importance of the message that other medical problems don't stop because of COVID and that people with serious problems like heart attack and acute heart failure still need to be seen and treated urgently to prevent death or long-term ill health."

Data analysis is revealing a second sharp drop in the number of people admitted to hospital in England with acute heart failure or a heart attack.

The decline began in October, as the numbers of COVID-19



“

The message to patients needs to be clear. If they experience symptoms of a heart attack or acute heart failure, they need to attend hospital. These are unforgiving medical emergencies. With the right help, people can recover from them. But if patients delay or avoid treatment, their will suffer life-limiting complications - or they will die.



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Many respondents expressed concerns around the vaccines, with a quarter stating they would like more information before making their decision. Alongside this, 14% stated they do not trust the Government while 7% have no trust in the manufacturers of the vaccine.

A newly published survey focused on the perceptions of COVID-19 vaccines amongst the British Indian community, has found that females held concerns surrounding the potential impacts on fertility and family planning - a concern which is held by many beyond the British Indian demographic.

The research was conducted by the 1928 Institute, a University of Oxford backed think-tank, focused on researching and representing the British Indian community also said that less than six in ten respondents (56%) would take a vaccine.

With three vaccines currently approved for use in the United Kingdom, nearly a third (28%) of those would take a vaccine, see it as their civic duty, while 35% believe it is the ideal solution to alleviate the challenges created by the pandemic and pressures on the National Health Service.

“

Despite research highlighting that the British Indian community is at higher risk of contracting the virus, our survey found that those willing to take vaccine is significantly lower than the national average, and the averages of those in different ethnic groups.

Dr Nikita Ved, Co-Founder of the 1928 Institute and Research Fellow at Oxford University said: “Despite research highlighting that the British Indian community is at higher risk of contracting the virus, our survey found that those willing to take vaccine is significantly lower than the national average, and the averages of those in different ethnic groups.

“We would however hope to see this number increase over the coming weeks and months as the UK’s programme continues to gather momentum, and as more of the British Indian community receives their doses.”

Many respondents expressed concerns around the vaccines, with a quarter stating they would like more information before making their decision. Alongside this, 14% stated they do not trust the Government while 7% have no trust in the manufacturers of the vaccine.

Risks to pregnancy – a critical crossroad

The research found that 52% of female respondents would be willing to take the vaccine, compared with 63% of the male sample.

Further investigation of this gender split, through focus groups, found females held concerns surrounding the potential impacts on fertility and family planning - a concern which is

Fertility concerns



British Indian community worried about the long-term impact of COVID-19 vaccines

held by many beyond the British Indian demographic.

In total, 14% of female respondents were not willing to take the vaccine, compared to 10% of men, while a further 34% of female and 28% of male respondents were undecided.

Dr Ved, continues: “The survey further emphasises the need for robust, long-term safety data. Whilst a vaccine has the potential to negate any major risks of COVID-19, the longer-term impact of the treatment has not been tested enough. As Indian women are more likely to suffer from gestational diabetes, pre-eclampsia and polycystic ovary syndrome, their hesitance is understandable.”

COVID-19’s impact on physical and mental health

When asked about the pandemic’s impact on respondent’s mental and physical health, the survey found these were worsened by 39% and 29% respectively.

Wider data from Public Health England found that deaths from cardiovascular diseases are 50% higher than average amongst the South Asian community, and 45% of South Asians who died following a positive COVID-19 test also had diabetes.

Exploring this further, almost half of the sample (45%) selected “no” when asked if they were mitigating risks against illnesses which affect their families, such as diabetes (66%), high blood pressure (58%) or asthma (24%). Coincidentally, analysis of this by age group found those aged between 46 to 50 are the most active in reducing the risk of falling ill to heritable illnesses.

The impact of mental health concerns has been widely documented throughout the pandemic; however, the subject is highly controversial within the British Indian community.

One in five respondents stated they feel a stigma is attached to accessing mental health services, with many commenting that that the biggest barriers to accessing mental health services are cost and lack of culturally nuanced provisions, or a lack of Indian mental health professionals.

Despite over 3 in 4 British Indians facing barriers in accessing mental healthcare, a high number reported that those within their family or friends circle would not seek help until it was too late, mostly due to a lack of awareness of the key symptoms. Analysis during focus groups uncovered that 97% of male respondents raised the concern of suicide, with the group either having had, or know a person who has suicidal thoughts.

54% live in a multi-generation household with two or more generations under one roof. When asked about thoughts on social bubbles guidance, respondents feel official guidelines do not align with the values of British Indian families or take the circumstances of a traditional nuclear family into account, resulting in elderly family members felt isolated, negatively impacting their mental health.



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Sales director Waqar Younis (top) with staff at Regal Foods Plc

New trading rules with Europe...

Is your business ready?

How to keep your business moving as the UK's new relationship with the EU begins

On January 1st, the way we trade with Europe changed. Now new rules govern the way companies import and export to the continent.

The UK Government has spent the past year making extensive preparations for the end of the transition period to help ensure things go smoothly.

It is important that businesses are prepared, as those who are not could face serious disruption.

Here's what you need to know if you trade with Europe:

- While the deal with the EU means zero tariffs and zero quotas, businesses still need to be ready for changes to trade and customs procedures with Europe. For trade with countries outside the EU, check for any changes to tariffs.

- The Government has taken measures to allow traders time to adjust to new processes. It has introduced new border controls in three stages until 1 July 2021, and agreed with the EU to temporarily simplify Rules of Origin procedures for 12 months to

the end of December 2021, by implementing a 12 month waiver on supplier declarations.

Your business needs to take some key actions now including:

- If you run a business, you'll need to make customs declarations when exporting goods to the EU. You can make the declarations yourself, but most businesses use an intermediary like a courier, freight forwarder or customs agent.

- Make sure you have an EORI number starting with

GB. If exporting, you'll need to check that the EU business you're exporting to is also ready.

- If you're due to travel to the EU for work, you may need a visa or work permit.

- If you want to hire from outside the UK, including from the EU, you must be a Home Office licenced sponsor under the UK's new points-based immigration system. The new system doesn't apply when hiring Irish citizens, or EU citizens already living in the UK.

- You may need to have UK professional qualifications officially recognised to work in a regulated profession in the EEA or in Switzerland.

■ The UK has now agreed a deal with the EU and we all need to be aware of new rules which started on 1st January.

■ It is essential that those who haven't yet taken action to prepare check if they need to do so and take action where necessary.

■ If businesses who deal with Europe are not ready for these changes, they could risk serious disruption.

■ Businesses should use the Brexit checker tool at gov.uk/transition for a personalised list of actions.



Steve and Jill Henry, co-founders of sustainable clothing shop Meander Apparel

Start with the small things

Change can be intimidating, but Jill Henry, co-founder of sustainable clothing shop Meander Apparel in Edinburgh, began by doing the easiest tasks first.

"Focusing on the small things was a good place to start, such as making

sure that we had our EORI number," she says.

"It's a case of going onto the UK Government's website – but you need it if you're shipping abroad or to Northern Ireland."

After that they made sure they had the correct documentation, invoice information and changed the shopping terms on their

website, increasing shipping costs to absorb extra costs.

"It's a case of finding someone who can explain it all to you," says Jill.

"Finding people who can maybe simplify things makes it easier because it can seem a little bit daunting. But once you know what you are looking for, it becomes much easier."

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Doing business with Europe has changed. Use the Brexit Checker Tool to get personalised actions for your business: gov.uk/transition

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Battle Of The Forms

Most businesses tend to have their own standard terms of business and when they enter into a contract with another business, the question usually arises which business' standard terms apply? This is known as "the battle of the forms". Usually, the "last shot" wins i.e. the party who is the last to provide its terms of business is the party whose terms become incorporated into the contract. However, in the recent case of TRW Limited v Panasonic Industry Europe GmbH and Another the High Court decided that the "first shot" had won.

That case concerned the sale of resistors by a German seller (Panasonic) to an English buyer (TRW Limited) and the question which the Court had to decide was which out of the two jurisdiction clauses contained in the parties' respective standard terms applied.

While the sales contracts in question had been concluded in 2015 and 2016, in 2011 TRW signed Panasonic's "customer file" which stated that the buyer had "received and acknowledged" Panasonic's standard terms. Panasonic's standard terms provided for German law to apply and for any dispute to be dealt with in the German courts whereas TRW's standard terms provided for English law and for disputes to be dealt with in the English courts.

A number of the resistors supplied by Panasonic to TRW were defective and so TRW commenced proceedings in the English High Court seeking damages. However, Panasonic applied to set aside service of the proceedings and sought a declaration that the English courts had no jurisdiction on the basis that the German jurisdiction clause in its standard terms applied to the contract.

The High Court agreed with Panasonic and held that the German court had exclusive jurisdiction and the proceedings issued in the English court should be set aside. The Court rejected TRW's argument that the "customer file" which it had signed did not incorporate Panasonic's standard terms, pointing out that TRW's signature would have been pointless if that had been the case. The Court found that Panasonic's standard terms prohibiting contrary terms (unless they were confirmed in writing by Panasonic) was effective to protect Panasonic "against falling victim to what in English law is called the last shot

doctrine".

Once TRW had agreed to Panasonic's standard terms in 2011, its only remedy, if it did not want to be bound by Panasonic's standard terms, was either not to buy from Panasonic at all or to persuade Panasonic to agree in writing to change its standard terms. However, TRW had done neither. The Court concluded that in this particular case the "last shot" had missed its target.

This case demonstrates that it is possible for a party to word its standard terms to enable it to win the "battle of the forms" and avoid the risk of finding themselves bound by the other party's standard terms. The case also highlights the dangers for a party to assume that its terms of business will apply because they were introduced last and demonstrates the need to consider all terms in a contract very carefully.

Blacks Solicitors can assist with the preparation of contracts or dealing with any disputes arising from contracts, please contact Luke Patel on 0113 227 9316 or by email at "LPatel@LawBlacks.com".



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Game changer

Bradford 2025 City of Culture bid hailed as the potential for "millions of pounds of investment"

Bradford's bid to become UK City of Culture 2025 has received a big boost with the unveiling of a major new partnership between the bid team and the University of Bradford.

University of Bradford Vice Chancellor Professor Shirley Congdon has hailed the potential for "millions of pounds of investment" to breathe new life into the city, and the University's Chief Finance Officer, Stuart McKinnon-Evans, has described City of Culture status as being a "game changer" for the Bradford district.

Stuart McKinnon-Evans – who has also joined the Bradford 2025 board – was commenting as preparations for the bid continue, with several senior figures from the University of Bradford also lending their world-class academic expertise.

Alongside Stuart McKinnon-Evans, Professor Marcus Rattray is leading the bid's Research Advisory Group, while Eleanor Clyde-Evans – Associate Director for Engagement, Alumni and Development – is part of the steering group. Hannah Ward from the University Engagement and Partnerships team has joined the Bradford 2025 Engagement and Inclusion Reference Group and Rich Warburton from the University's internationally acclaimed Theatre in the Mill is working on programme design and creative collaborations for the bid.

Game changer

Mr McKinnon-Evans said: "Bradford winning this bid would be a complete game changer for the district. When you look at what major cultural designations have done for other cities, such as Liverpool and Hull, where it kickstarted a huge renaissance and a boost in confidence and imagination among its people, I think it could be transformational for us."

"However, even just the process of preparing for the bid will have a tremendously positive effect. Bradford has such a diverse offering in terms of its history, food and art, a wider cultural offering including theatre, TV, film, museums and music, not to mention a geography which includes everything from its industrial centres to the Yorkshire Dales. "In terms of identity, therefore, what I think we can expect to see from Bradford is not one distinct identity but lots of separate ones, which join together through a common heritage."

Showcasing the city

Winning the bid could result in millions



Shanaz Gulzar, Chair of Bradford 2025

of pounds of investment, something which would breathe new life into the city, says University Vice Chancellor Professor Shirley Congdon.

"The University of Bradford is playing a key role in the 2025 City of Culture bid, supporting the team to grow and enhance the cultural sector, the regional economy, wellbeing and to build on the city's strong entrepreneurial spirit. The University will share its expertise and experience and use its convening power to bring organisations together."

"Ultimately this is about showing what Bradford has to offer, on so many different levels and to get employers interested in locating here. The bid will also give a voice to all manner of other community groups and social enterprises and it will shine a light on projects across the city."

Shanaz Gulzar, Chair of Bradford 2025, added: "We want the bid from Bradford to stretch across the district, to be something everyone is proud to support and be part of. Working with the University helps us to engage with some of our emerging talent, discovering the Bradford they want to live and work in and working with them to make it happen. As the youngest city in Europe we have a duty to our young people who will, after all, be the legacy for our bid."

'Bradford is ready for this'

Professor Udy Archibong, Director of Centre for Inclusion and Diversity (CfID) at the University of Bradford, says: "Bradford is ready for this. Progressive social reform has been a consistent theme for Bradford's development for many decades. I'm excited at the potential to work together across all sectors, in every district, to tackle the challenges and inequalities and to hear the voices of everyone who lives here. Culturally we couldn't be richer and it's time for us to show the rest of the world what makes this young, diverse district so special."

The cultural heritage of Bradford includes world-famous artists, writers and musicians: the Brontës, Frederick Delius, AA Dhand, Andrea Dunbar, David Hockney, Tasmin Little, Zayn Malik and JB Priestley amongst many others. The city recently celebrated the 10th anniversary of being named the first UNESCO City of Film. The bid will be managed by Bradford Culture Company in partnership with the City of Bradford Metropolitan District Council and strategic bid partner the University of Bradford.

BUSINESS ROUND-UP



BUSINESS

Supreme Court rules insurers **MUST** pay small firms for Covid lockdown losses

During lockdown last year, many small businesses made claims through business interruption insurance policies for loss of earnings when they had to close.

But they faced damning ramifications when many insurers refused to pay, arguing only the most specialist policies had cover for such unprecedented restrictions.

On 15th January 2021, the Supreme Court handed down its judgment in the FCA Business Interruption Insurance (BII) case, which in short, means the Supreme Court largely agreed with the decision of the High Court and found in favour of the FCA and BII policy holders.

Now tens of thousands of small businesses will receive insurance payouts covering losses from the first national lockdown, following the Supreme Court, which found largely in favour of small firms receiving payments from business interruption insurance policies.

For some businesses it could provide a lifeline, allowing them to trade beyond the coronavirus crisis.

The complex ruling which covered issues such as disease clauses, whether business were denied access to the properties, and the timing of lost earnings, could cost the insurance sector hundreds of millions of pounds.

Andrew Morgan, Commercial Dispute Resolution lawyer at Blacks Solicitors said:

“The judgment of the Supreme Court will be a relief to many policy holders who are now likely to be entitled to payment under BII policies.

“This has provided much needed clarity on an area which had already caused countless disputes between policy holders and insurers.

“The wording of each policy will still need to be carefully considered to establish that cover is provided, but in the event it is, it is hoped that the judgment will compel insurers to make payments as a matter or urgency to avoid the need for litigation from policy holders.”



Disease clauses

Disease clauses are those which typically cover business interruption losses incurred as a result of an occurrence of a notifiable disease (Covid-19) within a specified radius of the business premises. The Supreme Court found that, in disagreement with the High Court, each case of Covid-19 was a separate occurrence and that the clauses would only cover losses due to a case of the disease within the specified radius. However, due to the issues considered in respect of causation (which are outlined below), the ultimate outcome was that the same scope of cover would be provided as that given under the High Court judgment.

The court considered the following key areas

Prevention of access and hybrid clauses

Prevention of access and hybrid clauses are those which specify a series of requirements before cover is provided (typically, either where restrictions are imposed by a public authority denying/preventing access to a business, possibly as a result of a notifiable disease within a certain radius). The Supreme Court allowed a more generous interpretation in respect of these clauses, such that a mere instruction from a public authority could be considered an imposed restriction, in addition to those clear mandatory requirements. Further, the exact manner of prevention/inability to use a premises was considered and it was found that an inability, as opposed to a mere hindrance, was required but that this could apply to either a

discrete business activity or a discrete part of the premises.

Causation

In respect of causation, the Supreme Court found (in agreement with the High Court) that all individual cases of Covid-19 which had been established by the date of any public authority measures were equally effective proximate causes. As such, any policy holder is only required to show that there was at least one case within the geographical area covered by the clause.

Trends clauses

Nearly all the policies considered contained a ‘trends clause’, which allowed for the losses calculated to be adjusted to take into account trends or other circumstances affecting the business, in order to estimate the losses suffered if

Covid-19 had not occurred. The legal representatives for the insurers had used these arguments to try and argue that some of the effects of Covid-19 (for example, a reduction in footfall for retail businesses) were separate from the insured peril itself and thus could be used to reduce the sums calculated. The Supreme Court disagreed and found that trends and circumstances arising out of the same underlying cause, i.e. Covid-19, should not be considered to reduce the calculated losses.

Pre-Trigger Losses

The High Court, subject to some caveats, did allow adjustments to be made under trends clauses when calculating losses to reflect if there had been a downturn in business due to Covid-19 prior to the actual triggering of the insurance policy. The Supreme Court rejected this entirely and stated that adjustments must only be made to factors entirely unlinked to Covid-19.



Andrew Morgan of Blacks Solicitors is a Commercial Dispute Resolution lawyer

Here to help

If you believe you may a claim under a Business Interruption Insurance policy, please complete our Business Interruption Insurance enquiry form and send it by email to AMorgan@LawBlacks.com.

For any further information in relation to the above, please email or call Andrew Morgan on 0113 227 9355, or contact any member in our Commercial Dispute Resolution team.

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...life & style



Collaborating style and elegance

Leading bridal magazine
'Khush Wedding' teams
up with eminent couturier
Sabyasachi for debut issue

Marking an exciting first, leading bridal publication, Khush Wedding, has collaborated with eminent, Indian couturier, Sabyasachi Mukherjee, for its first issue of 2021.

One of India's biggest couture,

bridal and celebrity designers with an international profile, Mukherjee has designed an exclusive bridal collection for Khush Wedding's latest cover and cover story.

Continued on page 30

Collaborating style and elegance

Leading bridal magazine **'Khush Wedding'** teams up with eminent couturier Sabyasachi for debut issue

Continued from page 29

Actor and fashion muse, Aditi Rao Hydari, graces the milestone cover in the avatar of the quintessential, Sabyasachi bride. In each, immaculate shot, she can be seen in the exquisite, bespoke creations by the celebrity-favourite couturier including heirloom-worthy lehengas and statement kurta sets, along with decadent jewellery from the Sabyasachi heritage jewellery collection.

The fitting grandiose of Taj Falaknuma Palace, Hyderabad, the former palace of the Nizam turned into a luxury hotel, serves as the larger-than-life backdrop of the bridal shoot.

Khush Wedding magazine's first issue of 2021 is inspired by this indomitable spirit. The hope and the promise of a beautiful tomorrow that it brings while celebrating the past has influenced the theme and stories featured in this issue.

The ultimate bridal report is an all-encompassing guide that covers the gamut of the biggest wedding trends of the new year with inputs from top bridalwear designers on the silhouette, colour and fabric to bookmark.

The jewellery section aims to guide brides-to-be in a similar direction so the treasured trinkets last a lifetime. Just like the indigenous crafts, the beauty and skincare recommendations focus on ancient spices, flowers and fruits native to the subcontinent



■ Aditi Rao Hydari wearing Sabyasachi couture on the cover of Khush Wedding magazine's first issue of the year

concocted with modern twists for a gorgeous bridal beauty payoff.

Revealing why Aditi Rao Hydari was chosen as the milestone issue's cover girl, Sonia Ullah, Editor-in-Chief, Khush Wedding magazine says, "Aditi perfectly embodies the mood of this issue. She has been a Sabyasachi admirer, often photographed in his stunning designs, and is an advocate of artisanal crafts."

"It was an absolute honour to have the maestro Sabyasachi craft a special range for Khush Wedding, where each ensemble is a tipping of the hat to Indian hand-craftsmanship techniques."

Join the Conversation: **#KhushWedding**



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- **We're eating & drinking more in lockdown: One in two people (48%) said they've eaten more, and one in three (29%) said they drank more alcohol**
- **We're less active: Nearly one in two people (46%) have been less active since working from home**

Binny's top tips to weight loss

- Journaling is a good way keeping yourself accountable on what you're eating. Name it to tame it. Become mindful.
- Drink plenty of water daily (6-7 glasses).
- Consult your GP for help with your diet.
- Stay motivated - read success life stories, join a community page or support group like 'Better Health' (www.nhs.uk/better-health), or connect with like-minded people via online groups.
- Try and set aside 30-minutes three to four times a week of any activity you can comfortably carry out, and one which increases your heart rate.
- Last but not the least make sure you get adequate sleep and to combat insomnia practice breathing exercises, and do some yoga stretches to release tension in the body. Listen to soothing guided meditation or music to be in the present and let go of the stress.

Yoga expert says Covid-19 challenges on physical wellbeing can be smashed with a change in attitude

It'd be fair to say that lockdown has been tough and we may have been living more sedentary lifestyles during the coronavirus crisis, which has taken an inevitable toll on our physical and mental health.

Since the pandemic hit, we've had to completely overhaul our lifestyles - from homeschooling the children, working from home, while curbing the amount of time we spent outdoors and having to stay away from our loved ones. It's easy to feel out of control in the midst of a global pandemic, and when we're forced to rebuild our routines around social distancing restrictions.

Yoga and wellbeing expert Binny Chadha says it can all change with a change in attitude. "Whilst it's important that we have a positive body image, and appreciate ourselves just as we are, it's also important that we understand that putting on those extra pounds around our midriff can be a start of many health problems that can be avoidable," says Binny.

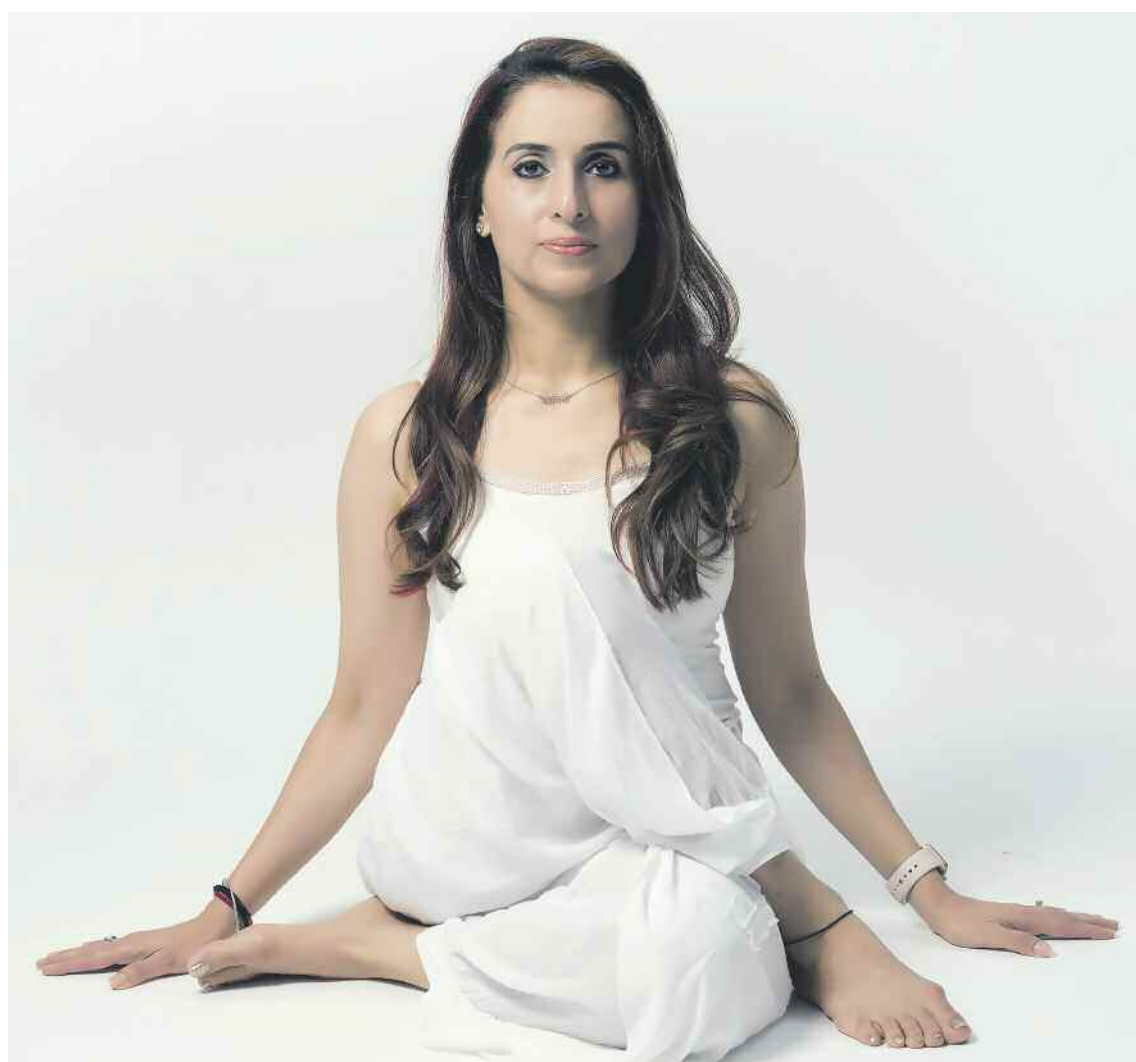
"We need to understand that just by losing few pounds or by giving up smoking/drinking we can start to see some immediate health benefits, like improvement in our mood and stress response.

"Over time these positive changes are in direct quotient to reducing various other health risks like high blood pressure, weak bone density, fertility, liver problems, lung infections, heart and brain degenerative diseases."

The most important part of any weight-loss journey is to add a good 30-60 minute workout 3-6 times a week such as walks, or just staying active during the day for mobility.

Even during these unprecedented times of lockdowns and tiered restrictions, there's an array of both free and paid online classes to choose from.

"Depending upon your GPs advice try few things like Yoga, Zumba, Pilates, Body Balance, etc. don't be afraid to find out what you like, and explore the options with family to make it a fun time



The most important part of any weight-loss journey is to add a good 30-60 minute workout 3-6 times a week such as walks

together," Binny adds.

"For people who don't feel up to braving the winter weather, yoga is the perfect alternative to improving mobility.

"With indoor exercises you don't necessarily need a lot of space - the size of a yoga mat will do just fine.

"Yoga can help you not just become strong in the body but

also in the mind. Studies done by Harvard have shown that the side effects of yoga is relaxed mind, healthy body, strong immune system and at the same time it helps lower blood pressure, blood sugar levels and heart rate.

Binny adds: "Make exercise a top priority, and you don't have to find hours to do it, with 30-minutes of moderate intensity

activity that increases your heart rate and breathing will see you reap benefits.

"Turn everyday things into active time. Make your everyday tasks more active. Take the stairs, walk to the shops, work up a housework sweat, spend time with the kids in the back garden - it all adds up."

To calculate your BMI go to: www.nhs.uk/live-well/healthy-weight/bmi-calculator/

Most of us have experienced bloating, abdominal pain, diarrhoea and headaches from time to time, but if these symptoms are appearing more regularly then you could be one of millions potentially affected by gluten sensitivity and may benefit from a gluten-free diet.

Most of us have experienced bloating, abdominal pain, diarrhoea and headaches from time to time, but if these symptoms are appearing more regularly then you could be one of millions potentially affected by gluten sensitivity and may benefit from a gluten-free diet.

Gluten is a protein composite found in foods processed from wheat and related grain species, including barley and rye. Most of us can digest this with no trouble but those suffering with gluten sensitivity will develop the symptoms.

This condition may affect up to six per cent of the population and

can be easily confused with other gluten related disorders. As a result, gluten sensitivity can be hard to detect and diagnose and so it is vital to go to your GP for a thorough medical assessment.

Therefore, it is critical to rule out any other possibilities. The following key facts will help you understand gluten sensitivity and how this emerging condition can be recognised.

Key ways to identify if you have gluten sensitivity Gluten sensitivity exists alongside the other gluten-related conditions and shares many of the symptoms of coeliac disease

making it trickier to diagnose. Despite this, there are some definable ways of establishing this condition with guidance from a medical professional:

The following symptoms affecting different parts of your body are signs that you could be suffering from gluten sensitivity: bloating abdominal pain diarrhoea and/or constipation nausea and vomiting swelling of tongue and colour changes pain or burning sensation of upper stomach headaches and mental confusion numbness and/or pain in limbs. If you experience any of these

symptoms, it is important to exclude the possibility that you are suffering from coeliac disease, a wheat allergy or any other conditions which cause similar symptoms. To exclude these conditions, you should seek advice from a medical professional and not make any changes to your diet until advised to.

Finally, if the other possible causes of your symptoms have been excluded, you might decide to trial a gluten-free diet to see if your symptoms improve. This is a reliable way of establishing if you may be suffering from gluten sensitivity.

Despite little being known about this condition, researchers believe gluten sensitivity is more common than both coeliac disease and wheat allergy combined. It is estimated that gluten sensitivity may occur in up to six per cent of the population, compared to coeliac disease which affects around one per cent.

Why are people sensitive to gluten?

No one really knows why there is an increase in the number of people who seem to be sensitive to gluten. One school of thought is that in evolutionary terms, gluten is a relatively new food stuff for the digestive system, and we have noticed a trend of increased diagnosis of coeliac disease over the past decades.

If I do have gluten sensitivity, how is it managed? Gluten sensitivity can be managed by excluding gluten from your diet. It is unknown whether this exclusion should be temporary or lifelong (as in the case for coeliac disease), but what we do know, is that cutting out gluten is a step in addressing the symptoms of gluten sensitivity.

If you are experiencing any of the above symptoms, it is extremely important that you visit your doctor to rule out coeliac disease and wheat allergy before commencing a gluten free diet. It is vital that you remain on a gluten containing diet until you have visited a medical professional.

The following symptoms affecting different parts of your body are signs that you could be suffering from gluten sensitivity: bloating abdominal pain diarrhoea and/or constipation nausea and vomiting swelling of tongue and colour changes pain or burning sensation of upper stomach headaches and mental confusion numbness and/or pain in limbs

COULD YOU BE GLUTEN SENSITIVE?

For further information about gluten sensitivity, visit www.glutensensitive.co.uk



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GLIT

Entertainment

THE **LATEST ENTERTAINMENT** AND CELEBRITY NEWS FROM BOLLYWOOD & HOLLYWOOD

Revealed

Ayaan Sami Khan's debut album 'Main Tera' set for launch

Using music as a binding force in times when everything seems unprecedented, composer Azaan Sami Khan, has announced his new project - a debut solo album titled Main Tera.

Usually absent from social media, Khan has taken to Instagram to unveil

the album cover, along with an exciting track list and the release date of his first single, which also happens to be the title track, all set to release on 10th February 2021.

Continued on page 36

MAIN

AZAAN SAMI KHAN

TERA

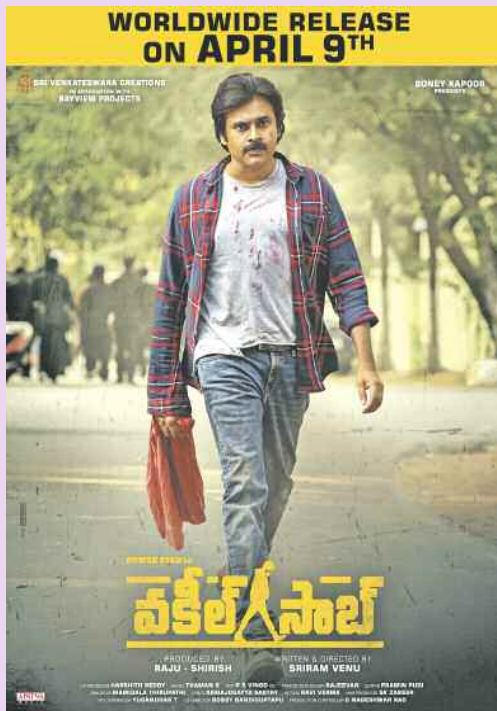
HUMAN
MUSIC

Boney Kapoor's Vakeel Saab is all set to release on 9th April 2021

Eminent producer Boney Kapoor's next venture, Vakeel Saab, is all set to release on 9th April 2021. Directed by Venu Sriram, the film is produced by Boney Kapoor's Bay View Productions and Dil Raju and stars Nivetha Thomas, Anjali, Ananya Nagalla and Pawan Kalyan in lead roles, alongside Shruti Hassan in a special role.

Vakeel Saab is the Telugu remake of the 2016 hit, Pink, which starred Amitabh Bachchan and Taapsee Pannu and tackled the subject of consent. In a Twitter post, Boney Kapoor tweeted: "The POWER is set to unleash on the BIG SCREEN. Get ready for Power Star @PawanKalyan's #VakeelSaab in theatres from April 9, 2021."

Along with the tweet, he shared a new poster of the film. Vakeel Saab will mark Pawan Kalyan's screen



comeback after taking a two-year hiatus to focus on his political career, much to the delight of his fans.

Janhvi Kapoor latest dance reel



Actress Janhvi Kapoor has delighted her fans on social media once again with a graceful, dance throwback to the contemporary classic, 'San Sanana' from Asoka, having already generated close to three million views. As well as her understated acting, Janhvi is passionate about dance and has been ardently honing her craft throughout lockdown.

The rising star of Indian cinema has been making waves in the film world with her starring roles in Gunjan Saxena: The Kargil Girl and her earlier debut in Dhadak, with a number of projects currently in the pipeline. Audiences and media have taken a liking not only to her on-

screen skills but her charming personality off camera as well.

It comes as no surprise that Janhvi enjoys and excels at the art form of dance as she regularly posts clips of her rehearsals and routines on social media. In her latest video, she even pokes fun at herself by captioning the clip, "Missing post burrito belly dance sessions". Her fellow industry and media friends and fans praised her in the comments section with an abundance of fire and heart-eye emojis.

If you haven't yet, join the rest of us in applauding her skillful talent and watch Janhvi Kapoor kill it with her moves in the clip

Revealed

Ayaan Sami Khan's debut album 'Main Tera' set for launch



Continued from page 35

Known for his chart-topping compositions in films, a step towards something far more intimate at this point in his career felt right for Khan. "I wanted to do my own album for many years and have managed to infuse a lot of personal elements in it. It's almost biographical in some ways. I have delved into the first time I fell in love with somebody, the first crush, the first heartbreak, you'd basically witness a lot of firsts in this as it's my first album," he explains.

Moreover, the nine-song track list also reveals a collaboration with the legendary maestro Ustad Rahat Fateh Ali Khan for starters. The full track list includes songs titled Maahiya, Dholna, Mein Tera, Jaadugari, Aashiqui, Ik Lamha, Meri Sajna Re featuring Ustad Rahat Fateh Ali Khan, Zama and Tu.

In addition, there's a bonus side revealing versions of the songs performed at the legendary Abbey Road Studios in London and something interesting to see, a "Karachi Mix" of the song Jaadugari.

With subject matter that many will resonate with, Khan also reveals who's always at the forefront for him whenever he's creating music. "For me, the fans and the listeners are the most important.

"So far, they have given me so much love for my compositions in films, so it is equally important for them to know that I haven't compromised anything when it came to sharing my own album with them. The idea is to give them the absolute best experience that I can," he says.

The album announcement completes what has been a remarkable period for Khan, who gave the Pakistani entertainment industry hit after hit in critically and commercially acclaimed films like Parey Hut Love,



Superstar, and Parwaaz Hai Junoon. The release date of the album is yet to be announced but we'll be on the lookout for what the single has in store for us.

The album will be released under the banner of Hum Music, an initiative established by Hum Network Limited to support and highlight the incredible music and diverse roster of creative musicians that Pakistan has to offer.

The vision behind founding Hum Music is to help revive the lost culture of concerts, album launches and the pop scene that the country was once known for.

Debating with the incredibly talented Azaan Sami Khan's album 'Main Tera', Hum Music aims to revitalise Pakistan's music scene by bringing exclusive and experimental music to global audiences, featuring stalwarts of the country's music scene along with young aspiring talent.

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NEW SEASON FEBRUARY 12 | amazon prime video

EUPHORIA: Amazon Original Series 'The Family Man'

Amazon Prime Video had launched an intriguing teaser of Amazon Original Series The Family Man recently, which led to a wave of euphoria amongst its fans across the globe.

Amidst heightened anticipation, many of the super-fans of 'The Family Man' actually managed to decode the launch date of the new season, from a clue hidden within the teaser.

Putting an end to the speculation and giving joy to millions of fans

who have been awaiting the final confirmation on the launch date, Amazon Prime Video officially announced 12 February 2021 as the launch date for the new season of the award-winning show.

With a multi-layered narrative, the sequel of the action spy thriller marks the return of India's favourite Family Man, Srikanth Tiwari, essayed by Manoj Bajpayee. This time Srikanth, while struggling to balance his personal and professional life, will be pitted

against a new nemesis, Raji played by Samantha Akkineni. Replete with twists and turns, the upcoming season will see Srikanth embarking on a new mission as 'This Time, No One is Safe'.

Speaking on the return of the popular franchise, Aparna Purohit, Head of India Originals, Amazon Prime Video, commented: "The Family Man had set a new benchmark in the spy thriller genre in India. Appreciated by fans and critics alike for its compelling

storyline and phenomenal performances, the show became a part of our popular culture.

"The fact that the fans had successfully managed to decode the show's launch date by reading '2021' as '1202' in reverse when we recently unveiled the teaser poster is a testament to the show's unparalleled fandom! We are excited to present the brand new season of The Family Man to our customers. Watch out as 'This Time, No One is Safe'!"

The maverick duo Raj and DK, creators of the immensely popular, much-loved 'The Family Man' said: "We are thrilled and excited to return to the world of The Family Man. The response to the first season was overwhelming and it struck a real chord with the viewers.

"We are hopeful that we can continue to tell a story which is as compelling and engaging as the first season.

"The one question we were asked for the last 16 months is - when is Season 2 coming.

"Our team has worked from home through the pandemic and amidst all the constraints to complete the season. We wish to thank everyone involved in our show, and fans can be sure that we have plenty of surprises in store for the new season of The Family Man."

The Amazon Original Series features a stellar ensemble cast including Manoj Bajpayee, Samantha Akkineni, Priyamani, along with incredible talent from across India, including Sharib Hashmi, Seema Biswas, Darshan Kumar, Sharad Kelkar, Sunny Hinduja, Shreya Dhanwantary, Shahab Ali, Vedant Sinha and Mahek Thakur. Produced by D2R Films, the much-awaited show will launch exclusively on Amazon Prime Video in over 240 countries and territories.

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More than just a hypercar



The Rimac C_Two isn't just a hypercar, it's an electric GT hypercar; it must be comfortable for long journeys but faster than most purpose-built racing cars on the track. The suspension has been key to achieving this balance, and after years of computer testing and physical trials the C_Two is now in its final stages of suspension fine-tuning.

Rimac Automobili can take you behind the scenes in more detail than any other manufacturer before.

In partnership with KW Suspension, the C_Two dynamic behaviour has been calibrated over and over again on some of the world's most demanding racetracks, all without moving an inch. On KW's four-poster rig, the team can recreate the complete length of travel, full range of frequencies and all

different damper speeds experienced by C_Two on any given road or race track.

The controllable suspension, provided by KW and honed by Rimac Automobili, features electronically adjustable dampers and active ride height to deliver on the full range of requirements needed for an electric GT hypercar; revolutionary acceleration, focused handling, long-distance comfort and 550km of electric range.

The passive parts of the suspension and the C_Two's chassis delivered near-perfect results during KW's testing, but the tuning of the controllable components will allow engineers to achieve the final 1% of capability. The controllable suspension is so sensitive and fast to act that if sensors on the

front axle (of seven total sensors) notice a high rate of acceleration, the rear suspension will react even before it feels the shock of that acceleration.

Klaus Wohlfarth, Managing Director, KW Suspension: "The suspension system in the C_Two is the most innovative product that we have at KW suspension, and it's necessary to deliver the broad range of abilities that Mate wants for the C_Two."

"We're proud to say that this is the latest partnership between our two brands, and we've worked with Mate since the very beginning 10 years ago when we provided the suspension for his all-electric BMW track car that inspired him to start building his own electric hypercars."

Following this latest test, the pre-series prototype will go through another round of physical on-track testing to ensure the behaviour can be recreated in the real world ahead of the start of the final production cars. The C_Two will be fully revealed in just a few months.

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The newest member

EQA - the all-electric compact car from the Mercedes-EQ family

The all-electric Mercedes-Benz EQA is now on sale, with the entry-level EQA 250 Sport priced from £40,495 on-the-road including the plug-in car grant* (£43,495 excluding PiCG). The EQA 250 AMG Line is available from £41,995 (£44,995 excluding PiCG).

With a range of up to 263 miles (WLTP) from its 66.5 kWh battery, the 188 hp EQA 250 is the newest addition to the EQ range, joining the EQC and the EQV premium MPV in the Mercedes-Benz battery electric vehicle (BEV) line-up.

The EQA has a 66.5 kWh battery and a 100 kW DC on-board charger allowing it to

charge from 10 to 80 per cent in around 40 minutes, and from 10 to 100 per cent in five hours and 45 minutes using an 11 kW wall box.

Navigation with Electric Intelligence – included as standard on both trim levels – calculates the route that will get the driver to their destination fastest, taking into account charging times, and taking the stress out of route planning. A three-year subscription to the Mercedes me Charge public charging service is also available as standard.

EQA 250 Sport models come as standard with cruise control; Mirror package; Parking



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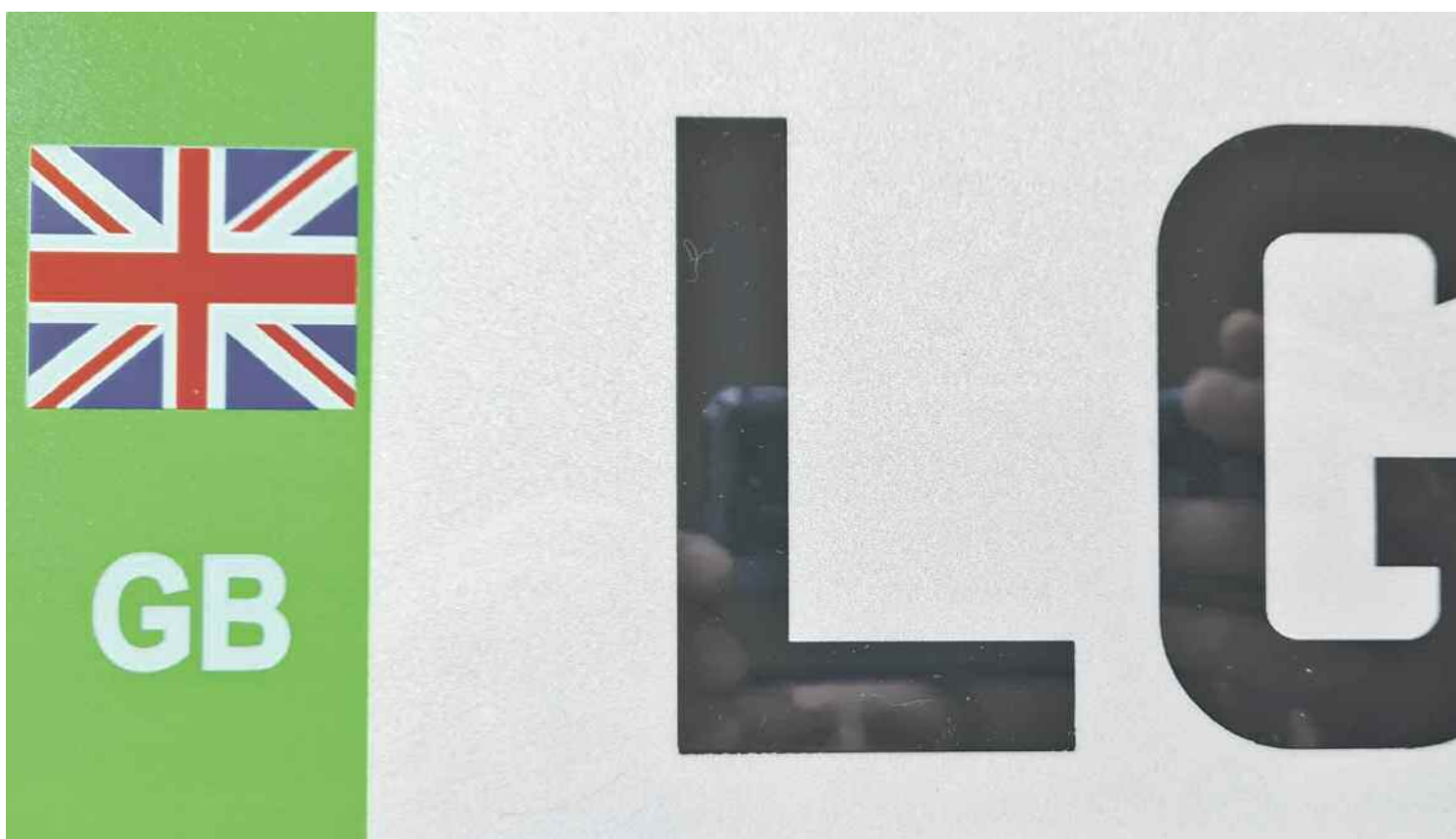
package with reversing camera; LED High-performance headlights with Adaptive Highbeam Assist; Seat Comfort package with electropneumatic four-way lumbar support for front seats; heated front seats; Multifunction sports steering wheel in leather; Thermotronic automatic climate control; 18-inch alloy wheels; Active Brake Assist; Active Lane Keeping Assist; Blind Spot Assist; MBUX multimedia system with widescreen cockpit (two 10-inch digital displays with touchpad); smartphone integration including Android Auto and Apple CarPlay; and ambient lighting with a choice of 64 colours. A range of Mercedes me connected services are also available.

The optional Premium package – available on AMG Line only – can be added for an additional £3,000 and includes 19-inch AMG five-twin-spoke alloy wheels; electrically-operated panoramic glass sunroof; Keyless-Go Comfort package; augmented reality navigation system; advanced sound system; and wireless charging for compatible smartphones.

AMG Line trim adds AMG Line bodystyling; 20-inch alloy wheels; sports seats in ARTICO man-made leather and DINAMICA microfibre; door sills illuminated with 'EQA' lettering; galvanised shift paddles; aluminium trim; aluminium pedals with rubber studs and 'AMG' floor mats.

The optional Premium package – available on AMG Line only – can be added for an additional £3,000 and includes 19-inch AMG five-twin-spoke alloy wheels; electrically-operated panoramic glass sunroof; Keyless-Go Comfort package; augmented reality navigation system; advanced sound system; and wireless charging for compatible smartphones.

The Premium Plus package includes the above equipment, but adds 20-inch AMG multi-spoke alloy wheels; Parking package with 360° camera; electrically adjustable damping suspension with speed-sensitive steering; Burmester Surround Sound System; electrically adjustable front seats with memory function; head-up display; and MBUX Interior Assistant with gesture control. Premium Plus costs an additional £6,000 over AMG Line.



New GB number plate

EU flag removed from UK number plates and replaced with Union Jack

British number plates and driving licences have received a makeover after the EU flag was removed and replaced with the Union Jack.

All number plate designs and licences will be changed with the first new batches issued, the government confirmed.

But UK motorists will still be able to use their photocard licences to drive around Europe without getting a permit after the government struck a deal with the 27 EU member states, Iceland, Norway, Switzerland and Liechtenstein.

Drivers won't need to display a GB sticker in most EU countries if their number plate has GB or GB with a Union Flag on it.

The Department for Transport said: "UK driving licences and number plates have been given a makeover to signify the beginning of a new chapter for the UK."

It added: "The new designs coincide with the beginning of a number of agreements recently made between the UK and member states for British drivers, making it easier for Britons to drive in the EU when existing restrictions end."

The country code GB for Great Britain, Great Britain under the European flag on a car registration plate.

Transport Secretary Grant Shapps commented: "Changing the designs of our driving licences and number plates is a historic moment for British motorists, and a reassertion of our independence from the EU one year on from our departure."

"Looking to the future, whether it's for work or for holidays abroad, these changes mean that those who want to drive in the EU can continue to do so with ease."

The old plates and licences will still be valid but the new versions will be given to everyone renewing a licence or getting one for the first time.



■ The EU flag has been replaced with a British one

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McLaren set 2021 car February launch date for Mercedes-powered MCL35M

McLaren will launch their 2021 car on February 15, when Daniel Ricciardo will publicly appear in his new team's colours for the first time.

With Ricciardo's arrival at the team and the return of Mercedes engines after seven years, there is reason for optimism that the Woking team can build on the form which saw them return to the top three in the Constructors' Championship for the first time since 2012 last season.

The team fired up their MCL35M in front of staff for the first time on Wednesday. After three years powered by Renault, McLaren have returned to Mercedes power

to reunite a relationship that previously ran for 20 years with great race and title-winning success.

The event, where Ricciardo, Lando Norris and the 2021 car will be presented, will take place at 7pm on Sky Sports F1.

McLaren are the second team to put a date on their 2021 launch. Alfa Romeo are holding an event in Warsaw on February 22.

Speaking to McLaren's website this week, production director Piers Thynne said: "Whereas every other team will carry over most of its car from last year into this year, our switch to the Mercedes power unit means that's not

the case for us. It's driven a huge amount of change and, essentially, we've been building a new car. The number of new parts on the MCL35M is about the same as when we built the MCL35.

"The back of the chassis and gearbox bell housing around the engine have changed significantly to adapt to the new power unit.

"Changing power unit greatly alters the architecture of the car and the way everything is packaged, so the entire cooling layout and all the pipework - be that for fluid or air - has changed, along with all electrical harnessing and control boxes."





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Anderson inspired England with 3-17 and Jack Leach took 4-76 as England inflicted just a second home defeat on their hosts in eight years.



England Vs India

One of England's great Test wins but we should expect India to come back

England's first Test win against India in Chennai was their best performance away from home in nearly a decade.

James Anderson and Jack Leach

bowled England to a famous 227-run victory against India on the final day of the first Test in Chennai.

Skipper Joe Root was brilliant in Chennai. He led by example. The

best thing he did was win the toss, which was vital, but after that the way he batted in his 218, the way he managed his bowlers, the way he mixed up seam and spin to get it

right was outstanding.

Anderson inspired England with 3-17 and Jack Leach took 4-76 as England inflicted just a second home defeat on their hosts in eight years.

India made a decent start in their pursuit of a world record 420, before Anderson swung the game in devastating fashion when introduced.

He bowled Shubman Gill and Ajinkya Rahane in an incredible over of reverse swing and had the dangerous Rishabh Pant caught soon after.

Virat Kohli held England up in the afternoon session with 72 but he was bowled by one that scuttled low from Ben Stokes.

Leach claimed the key wicket of Cheteshwar Pujara at the start of the day and saw off Ravichandran Ashwin, who put on 54 with Kohli.

Jofra Archer sealed the win by having Jasprit Bumrah caught behind 35 minutes before tea.

People were writing England off, saying this series could be 4-0 to India. No one really gave this side much of a chance.

England, heavy underdogs before the series began, take a 1-0 lead into the second match of the four-Test series, which begins on Saturday at the same ground.

They have also jumped to the top of the standings in the World Test Championship but must win the series 3-1, 3-0 or 4-0 to reach this summer's final.

So, this win for England has to be right up there, especially away from home. They put in the perfect performance. From ball one to the final delivery, it was outstanding. They now need to carry it on.



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END OF THE SAGA

Sir Lewis Hamilton finally agrees new one-year deal with Mercedes

Back page story continued

But after several weeks of negotiations with Mercedes, the British driver's future has finally been settled, albeit with both parties agreeing to only one extra year.

"I am excited to be heading into my ninth season with my Mercedes teammates," said Hamilton, who has spent much of the off-season training in America.

"Our team has achieved incredible things together and we look forward to building on our success even further, while continuously looking to improve, both on and off the track."

Hamilton, who persuaded his Mercedes team to change their livery from silver to black to highlight the fight against racism, added: "I'm equally determined to continue the journey we started to make motorsport more diverse for future generations and I am grateful that Mercedes has been extremely supportive of my call to address this issue."

"I'm proud to say we are taking that effort further this year by launching a foundation dedicated to diversity and inclusion in the sport. I am inspired by all that we can build together and can't wait to get back on the track in March."

Mercedes team principal Toto Wolff said: "We have always been aligned with Lewis that we would continue, but the very unusual year we had in 2020 meant

it took some time to finish the process.

"Together, we have decided to extend the sporting relationship for another season and to begin a longer-term project to take the next step in our shared commitment to greater diversity within our sport."

Hamilton surpassed Michael Schumacher's record number of victories last season and emulated the German by winning a seventh title.

Wolff, who has overseen Hamilton's six of seven triumphs at Mercedes, added: "Lewis's competitive record stands alongside the best the sports world has ever seen, and he is a valued ambassador for our brand and our partners."

"The story of Mercedes and Lewis has written itself into the history books of our sport over the past eight seasons, and we are hungry to compete and to add more chapters to it."

Hamilton galloped to last year's title, wrapping up the record-equalling triumph with three rounds remaining at November's Turkish Grand Prix.

But the Briton was forced to miss the penultimate round in Bahrain after he contracted coronavirus.

His stand-in, Englishman George Russell, was on course for a brilliant win before a Mercedes pit-stop howler and puncture derailed his chances.

Russell, 22, is entering the final year of his three-season contract with Williams and will be eyeing a seat at Mercedes in 2022.





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END OF THE SAGA

Sir Lewis Hamilton finally agrees new one-year deal with Mercedes

Sir Lewis Hamilton has ended his long-running contract saga with Mercedes by signing a new one-year deal.

The seven-time world champion's extension was announced by the sport's all-conquering team on Monday ahead of the new Formula One campaign which gets under way in Bahrain next month.

Hamilton, 36, will be bidding to win an unprecedented eighth world title.

Hamilton, who was knighted in the New Year Honours, has been in the unusual situation of being out of contract since his last £40million-a-year deal expired on the final day of December.

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